## On Your Mark - Ready - Set - 60!

## Freshman Year: EXPLORATION

☐ Set up an appointment with a career counselor to discuss your career plans.

☐ Identify interests, skills, work values and personality preferences – key factors in the career decision making process – by taking career assessments and utilizing the online career cruising system.
■ Explore the What Can I Do With This Major? resource posted on the Office of Career Services website.
☐ Pursue summer jobs or volunteer opportunities related to your interests. Develop a good work ethic!
☐ Develop good study practices and keep your grades up. Employers want candidates with high academic achievements.
<ul> <li>Attend relevant Career Services workshops such as:</li> <li>Myers-Briggs Type Indicator (MBTI)</li> <li>Strong Interest Inventory</li> </ul>

• Knowledge, Skills, and Abilities

Work Values