

CURRICULUM VITA 2019

Tracey Kim Snow

Senior Lecturer, Department of Psychology and Counseling

Governors State University

University Park, IL 60466

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EDUCATION

DEGREE

(2019)	Northern Illinois University, DeKalb, IL	ABD - PhD. Candidate Counselor Ed.
2000	Governors State University, University Park, IL	MA Counseling
1994	University of St. Francis, Joliet, IL	BA - Psychology

LICENSES AND CERTIFICATIONS: Illinois

National Certified Counselor	60718
Licensed Clinical Professional Counselor	180-006920
Certified Family Therapist - NCA	605
Reiki Master & Teacher	

PROFESSIONAL AWARDS

2007 ICA Research Award from Illinois Counseling Association, Tinley Park, IL

2003 "Outstanding Mentor Award" from Chi Sigma Iota, Governors State University

2000 Student Leadership Award from Governors State University

2000 "Who's Who Amongst Graduate Students" Award, Governors State University

2000 Outstanding Chapter of Chi Sigma Iota Award, ACA Conference, Washington, D.C.
awarded under my leadership

1994 Pinnacle, the Non-Traditional Honor Society for Adults, Joliet Junior College

WORK EXPERIENCE

2003-present **Governors State University** **University Park, IL 60466**
Full time Senior Lecturer in Counseling Program
 Teach and supervise Masters level counseling students from all 3 tracks:

School, Community, and Marriage and Family Counseling. Also teach some undergraduate psychology classes.

- 2009-present **Beyond Healing – A Wellness, Counseling, and Personal Growth Center, Homer Glen, IL**
Clinical Director, Owner, and Licensed Clinical Professional Counselor.
 Responsibilities include: running a private practice, marketing, billing, creating and running professional development, holistic, and personal transformation workshops, and counseling adults, children, adolescents, couples, families, groups, and supervising counselors and counselors-in-training.
- 2015-2016 **Clinical Supervisor and Senior Administrator, Associated Counseling, Midlothian, IL.**
 Responsibilities include: rebuilding a failing counseling practice, marketing, recruiting new clients, recruiting new counseling staff and administrative staff, developing counseling programs, updating clinical and administrative procedures, clinical and administrative staffing and supervision, redecorating offices, developing a business plan, building a supportive environment and staff.
- 2014-2015 **Family Therapist and Intern Coordinator, Timberline Knolls Residential Treatment Center. Lemont IL 60439**
- 2008-9 **Southside Christian Counseling Center Tinley Park, IL 60477**
Clinical Director/Licensed Clinical Professional Counselor
 Responsibilities include: supervision of therapists and interns, coordination of staff development, developing programs, presentations, consulting with director and assistant director, creating community programs and counseling adults, children, adolescents, couples, and families.
- 2001-3 **Adjunct Professor – Governors State University University Park, IL**
 Supervisor - School Practica Classes – Coun 844& 852
 Co-teaching Multicultural and Social Foundations
 CACREP Accreditation Preparation Assistant
 Division Workshop Planning, Design, Coordination, Participation, and Evaluation
- 2003 **Cancer Support Center, Homewood, IL 60430**
Family and Children Program Coordinator
 Develop and run cancer, transition, and bereavement groups for children, teens, and parents. Counsel individuals, couples, and families counseling with cancer related issues. Provide outreach related to services and programs.
 Facilitate bereavement and caregivers group.
- Coordinator of Participant Services**
 Conduct intakes and assessment for newcomers to the Cancer Support Center.
 Counsel individuals and family members dealing with cancer and bereavement

issues. Phone contact person, introduce and designate participants into various programs and groups. Provide outreach and resource information.

- 1999-2003 **Oak Lawn Family Services** **Oak Lawn, IL**
Licensed professional counselor.
 Clinical counseling experience with individuals, couples, families, groups (both adult & children), and vocational clients
- 2001-2002 **Nolan and Snow Counseling** **Orland Park, IL**
Co-director and counselor
 Private practice focusing in clinical counseling experience with individuals, couples, families, groups (both adult & children)
- 1998-2008 **Governors State University** **University Park, IL**
Productions Research Coordinator for Dr. Jon Carlson
 Video Coordinator for 17 national video series
- 1989-1995 **Happy Home Daycare** **Joliet IL**
Director/coordinator of home day care
- 1981-1986 **Sports World International GmbH, Heidelberg, Germany**
Office Manager/Sales coordinator

TEACHING EXPERIENCE

- 2003-present University Lecturer at Governors State University (GSU). Teaching, Supervision, and Advising Responsibilities include: Couns 600 “Professional Orientation and Ethics”, Couns 620 “Lifespan & Development”, Couns 630 “Counseling Theories and Ethics”, Couns 847” Group Theory and Dynamics”, Couns 810 “Basic Skills and Counseling”, Couns 730 “Career Theories”, Couns 844 & 852 “School Counseling Practicum I & II (Elementary and High School), Psych 720, “Social and Cultural Foundations”, Couns 853 “Parent Education”, Couns 845 (individual Practicum), Couns 847 “Group Theories and Dynamics”, Couns 856 “Group Practicum” Supervisor, Couns 842 “Vocational Counseling Practicum”, Couns 609 “NCE Preparatory Course”, PSYCH 502 (Health Psychology), PSYCH 508 (Creating a Healthy Lifestyle), PSYCH 524 (Principles of Learning and Motivation), PSYCH 546 (Psychological Issues in Psychology) and PSYCH 720 (Cultural and Social Foundations).CACREP Assistant, School Counseling Advisor
- 2003-4 Adjunct professor at Governors State University (GSU), Co-teaching Couns 600 “Professional Orientation and Ethics” with Dr. Julia Yang, Co-teaching Couns 720 “Social and Cultural Foundations” with Dr. Cyrus Ellis, Couns 844 & 852 “School Counseling Practicum”

- 2004 Intern/Assistant Instructor at Northern Illinois University (NIU). Co-taught CAHC 530 “Counseling Theories” with Dr. James Sells.
- 2000-2004 Adjunct professor at Governors State University (GSU).
 Taught Couns 630 - “Counseling Theories and Ethics” to Masters Level Students every trimester
 Help students to examine their own lives and be more aware of their own issues and deal with these before they become counselors themselves. Teach students the fundamental theories and techniques necessary to develop their own style of counseling and work effectively with clients.
 Teach students how to write APA Style Papers
 Screen students for counseling program
- Assistant teacher for Couns 851 - “Consultation”
- 2003-2004 Adjunct professor and supervisor for Couns 844 & 852 School Practicum - Graduate level – Practicum for school counseling at GSU. Teach students clinical aspects of school counseling and supervise school counseling students with running groups and individual sessions.
- 1993 Taught Child Development classes for undergraduate students at Prairie State University

RESEARCH EXPERIENCE

- 2012 “To Be or Not to Be – The Challenges and Barriers of ABD Female Counselor Educators and Their Lived Experiences– Dissertation – Northern Illinois University
- 2006 Involved in research project with Dr. Fran Giordano on “Transformative Anger”, Northern Illinois University.
- 2003-4 Involved in a research team “Academic Women and Career Choices” at Northern Illinois University (2003) with Dr. Carol Minor
- 2003-4 Involved in a research team with Dr. Hugh Crethar at Governors State University on Mentoring and the Implications for the Counseling Field

PROFESSIONAL AFFILIATIONS

- 2007-12 ICA GSU Chapter, Faculty Sponsor
- 2007-12 GSU Chi Sigma Iota, Counseling Honor Society Faculty Sponsor
- 2007-8 Kappa Delta Pi - International Honor Society in Education - Member
- 2003-4 The Family Journal (IAMFC) - Advisory Board Member
- 2002 American Psychological Association - Student affiliate
- 2002-present Illinois Counseling Association – Governing Council Member
 Graduate Student Committee – Chair

Illinois Association for Spirituality, Ethics and Religious Values in Counseling (ISERVIC) – Board and Founding Member, President 2008-9
 Illinois Association for Adult Development and Aging (IAADA) - Member
 Illinois Association for Couples and Family Counselors (IACFC) - Member
 Illinois Association for Multicultural Counseling (IAMC) - Member
 Illinois Association for Counselor Educators and Supervisors (ICES) - Member
 Illinois Counselors for Social Justice (ICSJ) - Member and Communications Officer
 Illinois Mental Health Counseling Association (IMHCA) - Member
 2002-Present Northern Illinois University Counseling Association - Member
 1999-Present American Counseling Association - Member
 1999-2005 International Association for Marriage and Family Counselors – Division Chair & Member
 2002-present ICES student member
 2002-present CSJ member, student representative & Mentoring Chair
 2003 -2004 ACCA – Research Committee Member
 1999-Present Chi Sigma Iota – Member, former President, and Faculty Sponsor of GSU Chapter

PROFESSIONAL PRESENTATIONS

2014 – Coping with the Death of a Loved One – Royal Academy of Family Physicians, Bangkok, Thailand
 2014 – Stress Management for Students – Argosy University, Chicago, IL
 2013 – Stress Management for Students – Argosy University, Chicago, IL
 2012 – Stress Management for Students – Argosy University, Chicago, IL
 2012 – Creating the Life of Your Dreams – Palos Heights, IL
 2012 – Workshop on the Chakras, Palos Heights, IL
 2012 – Loving from the Inside Out, Palos Heights, IL
 2012 – Cord Cutting, Palos Heights, IL
 2012 – Finding Your Dream Job – Living Your Purpose, Orland Park, IL
 2011 – Women and Work – Finding Balance with Work, Family & Life, Palos Heights, IL
 2011 – Energy Healing, Palos Heights, IL
 2011 - Self Care and Wellness – Palos Heights, IL
 2011 – Creating Wellness, Palos Heights, IL
 2011 – Developing Healthy Boundaries, Palos Heights, IL
 2011 – Women in Transition, Palos Heights, IL
 2010 – Women of Wisdom – Empowering Women, Palos Heights, IL
 2010 – Intuition and Counseling, Palos Heights, IL
 2009 – Counselor Health and Wellness, Argosy University, Chicago
 2009 – Bridging the Gap – One Family at a Time, New Day Ministries Chicago, IL
 2009 – Intuition and Counseling, Governors State University, University Park, IL
 2009 – Manifesting Your Dreams, Palos Heights, IL
 2009 – Self Care and Wellness – Palos Heights, IL
 2009 – Intuition Workshop, Palos Heights, IL
 2009 - Energy Healing, Palos Heights, IL
 2009 - Nurturing and Self Care for the Caregiver, Palos Heights, IL
 2009 – Developing and Maintaining Healthy Boundaries, Palos Heights, IL

- 2009 – Developing Your Niche in Private Practice, Tinley Park, IL
- 2009 – Crisis Counseling, Tinley Park, IL
- 2009 - Boundaries and Self Care, Chicago Counseling Association, Chicago, IL
- 2009 – Integrating Theory into Therapeutic Practice, University Park, IL
- 2009 – Working with Parents of At-Risk Youth, Kanakakee, IL
- 2009 – Incorporating Spirituality and Alternative Forms of Healing into the Counseling Process – University Park, IL
- 2008 - Creating Healthy Families, Orland Park, IL
- 2008 - Exploring Spirituality and Religion in Counseling from a Multicultural Perspective – Tinley Park, IL
- 2007 Thriving as a Graduate Student. Half day workshop at Illinois Counseling Association State Conference in Tinley Park, IL
- 2007 Dangerous Avenues – Exploring Adolescent Identity and Substance Abuse with Pamela Harrison at ICA State Conference in Tinley Park, IL
- 2007 Good Intentions Gone Bad – Health Implications of Female Self Sacrifice with Tina Musselman and Brandi Kirk at ICA State Conference in Tinley Park, IL
- 2007 Counselor Health and Body Work, Chicago Counseling Association, Chicago, IL
- 2007 Graduate Student Summit, Graduate Students of ACA, ACA National Conference, Detroit, MI
- 2006 Building the Leaders of Tomorrow – Mentoring and Involving Students in ICA, with Dr. Scott Wickman, ICA State Conference
- 2005 Who Am I? Racial Identity Development in the Middle Schools - A Guide for School Counselors with Dr. Cyrus M. Ellis, Illinois School Counseling Association (ISCA) Spring Conference, Glen Ellyn, IL
- 2005 Mentoring the Leaders of Tomorrow – A Student Forum with Rebecca Farrell, Jeff Hughes, Jim Marquez, and Dr. Robert Conyne, ACA Conference, Atlanta, GA
- 2005 Four Points of a Circle – Bringing Race to the Table with Dr. Cyrus M. Ellis, ACA Conference, Learning Institute, Atlanta, GA.
- 2005 Indigenous Healing and Wellness in Counseling, Chicago Counseling Association, Chicago, IL
- 2004 Rebuilding Shattered Hearts – Working with Grief, ICA Conference, Lisle, IL
- 2004 Mentoring the Leaders of Tomorrow, ICA Conference, Lisle, IL
- 2004 Critical Components of Good Supervision Strategies in Counseling: Effective Planning, Process, and Evaluation, with Dr. Toni Tollerud & Jim Klein, Northern Illinois University, DeKalb, IL
- 2004 "Do You Hear What We Need? - Advocating for the special needs of the deaf community" with Patricia Spano & Katrina Maddox, Louis National University, Wheaton, IL
- 2004 “Social Justice Training in Graduate Programs: What Does It Look Like and How Do We Do It?” with Krista Talka, Azara Santiago-Rivera, Carla Bradley, Derrick Paladino, Michael Rankins, Ken MacKay, and Kent Provost, CSJ Day of Action, ACA Conference, Kansas City, KS.
- 2003 “Intersex: Sex and Gender Issues for Educators and Supervisors” Hugh C. Crethar & Kim Snow. Navigating the Course of Counselor Education and Supervision North Central Association for Counselor Education and Supervision 2003 Conference, Cincinnati, Ohio.
- 2003 Cancer in the Classroom, Ridge Middle School, Orland Hills

- 2003 “Mentoring Multicultural Populations” with 5 of my students at Illinois Association for Multicultural Counseling Conference, Chicago State University, IL
- 2002 “7 Skills of Addiction Free Living” with Dr. Jon Carlson & Dr. Judith Lewis at ACA Conference, New Orleans, LA.
- 2002 “Being a Doctoral Student” to Taiwanese students at Governors State University, University Park, IL
- 2001 “7 Skills of Addiction Free Living” with Dr. Jon Carlson at Smart Marriages International Conference, Orlando, FL

WORKSHOPS, & SPECIAL TRAINING

- 2011 Cord Cutting, Plainfield, IL
- 2010 Clinical Hypnosis Training, Chicago IL
- 2009 WAIT/ART Training. Washington Aggression Interruption Training/Aggression Replacement Training, Normal, IL
- 2005 Child Custody Training, PACES, Tampa, FL
- 2005 Supervision and Counselor Training with Dr. Toni Tollerud, Governors State University, University Park, IL
- 2004 Supervision workshop, Northern Illinois University, DeKalb, IL
- 2004 Issues in Spirituality & Counseling, Northern Illinois University, DeKalb, IL
- 2004 Emerging Leaders Training, American Counseling Association, Kansas City, KS
- 2004 Governing Council Meeting for Illinois Counseling Association, Naperville, IL
- 2004 Adlerian Brief Counseling with Dr. Alan Milliren, GSU, University Park, IL
- 2004 Brief Lifestyle Assessment with Dr. Alan Milliren, GSU, University Park, IL
- 2004 Career Counseling Across the Lifespan with Dr. Byron Waller, GSU, University Park, IL
- 2004 Individual Child and Family Play Therapy Techniques with Dr. Kate Sori, GSU, University Park, IL
- 2004 Rebuilding Shattered Hearts and Lives with Kim Snow, GSU, University Park, IL
- 2004 Intuitive Healing with Caroline Myss & Dr. Judith Orloff, Chicago, IL
- 2003 Ethics training, Santa Fe, New Mexico
- 2003 Governing Council Leadership Training Conference, Illinois Counseling Association (ICA), Lisle, IL
- 2003 Reiki Training & Certification, Levels I, II, III, & IV, Insight & Awareness Institute, Homewood, IL
- 2003 Spiritual Dimensions of Healing, Wellness House, Northbrook, IL
- 2003 Profiles in Healing: An Ethnographic Study of Global Wisdom Traditions” with Dr. Brad Keeney, Governors State University, IL
- 2002 Multicultural Training with Dr. Paul Pedersen,(2 day workshop) Governors State University, IL
- 2002 PREP Certification (3 day training) at Smart Marriages Conference, Washington, D.C.
- 2002 PIC (Precouples Inventory Counseling) 1 day training at Smart Marriages Conference, Washington, D.C
- 2001 ACA Public Policy and Legislative Training, Alexandria, VA
- 2001 Compassion*Power* Certification (anger and emotions regulation training) 5 day workshop, Washington, D.C.
- 2001 Ethics Training, Personal Growth Workshop, Santa Fe, NM

- 2001 Crisis Intervention Conference, Oak Lawn, IL
- 2001 Psychopharmacology and Counseling Issues Conference, Oak Lawn, IL
- 2000 Conference on Senior Issues, Oak Lawn, IL
- 2000 STEP (Systematic Training for Effective Parenting) certification with Don Dinkmeyer Jr., Schaumburg, IL
- 2000 Ethic Training, Personal Growth Workshop, Santa Fe, NM
- 1999 40 hours of domestic violence training, Tinley Park, IL
- 1999 Rainbows Certification (dealing with death and divorce in children), Romeoville, IL
- 1987 Crisis Counselor Training, Joliet IL

PROFESSIONAL SERVICE

- 2009-10 Board Member, Kankakee Courts & Social Services, IL
- 2009-10 Working with adult probation department in Kankakee to develop collaborative group counseling with GSU students and interns.
- 2009-10 Running anger management and behavior modification groups for at- risk adolescents on probation, Kanakakee Probation Dept, Kankakee, IL
- 2007-8 Faculty Sponsor for the 2 student groups at GSU: Chi Sigma Iota and ICA.
- 2007-8 Taskforce Co-Chair, Position Statement Taskforce, Counselors for Social Justice
- 2005-6 ACA Graduate Student Association, Co-Chair, Bylaws Committee
- 2004-5 ACA Graduate & New Professional Task Force, Member
- 2004 Founding member and secretary of ISERVIC (Illinois Association for Spirituality, Ethics, and Religious Values in Counseling)
- 2004-8 Student Representative & Mentoring Chair, Counselors for Social Justice (CSJ).
- 2004 Advisory Committee for ICA Conference in 2005
- 2004-7 Governing Council Member of Illinois Counseling Association (ICA)
- 2003-8 Communications Officer for Illinois Counselors for Social Justice (ICSJ).
- 2003-8 Graduate Student Chair, Illinois Counseling Association
- 2003 Coordinated "Profiles in Healing" Presentation with Dr. Brad Keeney at Governors State University.
- 2003 Coordinated "Mummy at the Dining Room Table" Discussion and Book Signing with Dr. Jon Carlson, Governors State University
- 2002 Chair of the "International Program Development" Committee of IAMFC
- 2002 Task force member of CCIN - Counseling Children Interest Network of the ACA.
- 2002 Associate editor of the "Insight and Hindsight: Psychology Discussion Papers" Student Journal at Governors State University
- 2002 Coordinated workshop and presentation on Multicultural Triad Model and Synthetic Culture Lab for Dr. Paul Pedersen at Governors State University
- 2002 Represented Graduate Completers for NCATE/ISBE Visit to Governors State University
- 2002 Met and hosted a group of Taiwanese Doctoral students at Governors State University and Oak Lawn Family Services
- 2001-Present Mentoring graduate students and offering them opportunities to join in writing projects

- 2001 Coordinated, trained, and supervised over 200 graduate student volunteers to work the learning institutes and over 600 content sessions for the International ACA Conference in San Antonio, TX
- 2001 Assisted Dr. Pat Love and Dr. Susan Schmidt in the coordination of Personal Growth Workshop in Santa Fe, NM
- 2001 Assisted Dr. Steven Stosny during the *CompassionPower* training in Washington, D.C,
- 2000 Served as co-president of Chi Sigma Iota, Gamma Sigma Upsilon Chapter (Counseling and Academic Honors Society) awarded “Outstanding Chapter Award”.
- 2000- 2003 Coordinated and assisted with the plenary sessions and key note speakers for the past three Smart Marriages Conferences in addition to being executive assistant to the director, Diane Sollee.
- 2000 Coordinated a Brown Bag Speakers Series at Governors State University for graduate students and professionals.
- 2000 Created a mentoring directory and program for the counseling students at Governors State University
- 2000- 2003 Assisted in the coordination of four conferences hosted by Oak Lawn Family Services on Senior Issues and Counseling (2000) Crisis Training and Intervention (2001), and Psychoanalytic Theory and Training (2002), and Multicultural Conference (2002).
- 1999- 2002 IAMFC graduate student volunteer
- 1999- 2002 IAMFC graduate student task force member
- 1993 Coordinated and hosted international conference for S.O.F.T. (Support Organization for Trisomy 18/13).
- 1989-1993 Illinois chapter co-chair for international support group S.O.F.T. (Support Organization for Trisomy 18/13).
- 1989-1993 Enhanced public awareness of support group and genetic disorder S.O.F.T. (Support Organization for Trisomy 18/13).

PROFESSIONAL PUBLICATIONS

- Snow, K.**, Crethar, H., Robey, P., Carlson, J. (2005) Theories and models of family therapy – Part One in R. Coombs, *Family therapy review - Preparing for comprehensive and licensing exam*, New Jersey: Lawrence Erlaum Associates, Inc.
- Crethar, H.C., **Snow, K.**, Carlson, J. (2005) Theories and models of family therapy – Part Two in R. Coombs, *Family therapy review - Preparing for comprehensive and licensing exam*, New Jersey: Lawrence Erlaum Associates, Inc.
- Carlson, J., Melton, K., & **Snow, K.** (2004) Family treatment for the passive-aggressive couple, in M. McFarlane, *Family treatment of personality disorders: Interpersonal approaches to relationship change*. New York: Haworth Press
- Crethar, H, **Snow, K.**, & Carlson, J.,(2004). It’s All in the Family - Family therapy with children and adolescents in depression. *The Family Journal*. IAMFC Sage Publications

Snow, K. (2002). Experiential family therapy, in J. Carlson & D. Kjos, *Theories and strategies in family therapy* Boston, MA: Allyn and Bacon

Carlson, J., Kjos, D., **Snow, K.**, Melton, K. (2002) *Student manual for theories and strategies in family therapy*, Boston, MA: Allyn & Bacon

Snow, K., Melton, K., (2002) *Student video and questions to accompany the manual and textbook for theories and strategies in family therapy* Boston, MA: Allyn & Bacon

Snow, K., Carlson, J. (2002) The Rokutani family case study, in K. Evans, J. Rotter, & J. Gold, *Synthesizing family, culture, and career: A model for the 21st century*. Alexandria, VA: ACA Books

PROFESSIONAL PRODUCTIONS/VIDEOS

Productions Coordinator - Recruit, screen, and coordinate clients for each specialized video. Publicize and screen for audience participation, publicize the videos and workshops throughout the local area with local universities, agencies, clubs, organizations, and public forums. Assist the therapists for the duration of the project. Gather all of the written materials necessary for each series (from articles, and bibliographies, to consent forms, and bios on clients and presenters), coordinate and distribute the CEUs for each workshop presentation. Assist in the creation of video inserts. Gather and collect information for web site maintenance. Video series include:

“**Living Love**” - Couples Education, a video based couples workshop hosted by Drs. Jon Carlson and Pat Love. Published by Zeig, Tucker, & Theisen, Inc., these 7 videos teach couples communication skills and techniques to improve their relationships. Each video is broken down into four sub skills that are taught in group format. Topics and guests include:

- A Great Relationship: A Matter of Choice, Not Fate with William and Carleen Glasser;
- Co-Creating a Positive Relationship with Richard Stuart;
- Keeping Passion Alive with John Gray;
- Conscious Communication with Harville Hendrix;
- Loving Sexuality with Pat Love;
- Getting Unstuck with Michelle Weiner-Davis;
- Creating Connection with Kathlyn and Gay Hendricks

“**Parenting with the Experts**”, a video-based parent education program hosted by Drs. Pat Love and Jon Carlson. Published by Allyn & Bacon, these thirteen videos include such topics and experts as:

- Take back your kids with Dr. Bill Doherty;
- Organizing your family with Dr. John Covey;
- Mindful Parenting with Myla and Jon Kabat-Zinn;
- Self Esteem with Dr. Hanoch McCarty;
- Creating Cooperation with Dr. John Gray;
- Compassionate Parenting with Dr. Steven Stosny;
- Getting Through to Your Kids with Dr. Ron Taffel;

Raising Boys with Dr. Mark Kiselica;
 See Jan Win: Raising Healthy Girls with Dr. Sylvia Rimm;
 Talking About Difficult Things with Dr. John Friel;
 Discipline That Counts with Dr. Thomas Phelan;
 Positive Discipline with Dr. Jane Nelsen; and,
 Parenting in the Stepfamily with Dr. James Bray.

“**Imago Master Trainers**” video series, hosted by Dr. Jon Carlson and produced by Harville Hendrix.(couples therapy). A series of five master trainers who discuss their approach, how they use IMAGO, and work with real couples. It is then followed up with a discussion among graduate students and marriage and family therapists. Master trainers include:

Pat Love, Sunny Shulkin, Bruce Crapuchettes, Maya Kollman, and Joyce Buckner

“**Psychotherapy with the Experts**” video series. Hosted by Drs. Jon Carlson, and Diane Kjos. Published by Allyn & Bacon. This series of videos is broken down into an interview about the theoretical application, an individual session, and a question and answer format. Topics and therapists include:

“Integrative Therapy” with Dr. Jeffrey Kottler,

”**Family Therapy with the Experts**” video series Hosted by Drs. Jon Carlson, & Diane Kjos. Published by Allyn & Bacon. This video series demonstrates how expert therapists work with families with various issues. It is broken down into an interview about the theoretical application, an individual session, and a question and answer format. Topics and therapists include:

“Imago Therapy” with Dr. Pat Love;

“Emotionally Focused Couples Therapy” with Dr. Susan Johnson;

“Sex Therapy” with Dr. Domeena Renshaw,

“**Child Therapy with the Experts**” video series. Hosted by Drs. Jon Carlson & Don Keat and produced by Zeig & Tucker. These series of twelve videos demonstrates how to work with children from a variety of approaches. It is broken down into an interview, a session with the child, and then a discussion with professional and students. Topics and presenters include:

Person-Centered Approach with Anin Utigaard;

Multi-Modal Child Therapy with Don Keat;

Eclectic/Integrative Approach with Gerald Koocher;

Narrative Approach with Steven Madigan;

Cognitive Behavioral with Bruce Masek;

Solution-Focused Approach with John Murphy;

Adlerian Play Therapy with Terry Kottman;

Family Therapy with Teens with Janet Sasson Edgette;

Reality Therapy with Robert Wubbolding;

Gestalt Approach with Violet Oaklander;

Object Relations with David Scharff,

Parent Consultation with Drs. Don Dinkmeyer and Jon Carlson. This video demonstrates how to consult with parents individually and in groups. It also focuses on how to consult with parents from a school counseling background.

Teacher Consultation with Drs. William Glasser and Jon Carlson, The Glasser Institute

APA Psychological Theories Video Series I” hosted by Dr. Jon Carlson and produced by the American Psychological Association.. This video illustrates each of the various theories, and how to work with clients using these specific theories. This series includes a theoretical interview with the presenter, a counseling session, and then a discussion after the session where particular parts of the sessions are highlighted and discussed. Topics and presenters include:

- Brief Dynamic Therapy with Stanley Messer;
- Adlerian Therapy with Jon Carlson;
- Emotion Focused Therapy with Leslie Greenberg;
- Constructivist Therapy with Robert Niemeyer;
- Gestalt Therapy with Gordon Wheeler;
- Research-Based Psychotherapy with Scott Miller
- Brief Affective Psychotherapy with Leigh McCullough
- Cognitive Therapy with Dr. Judith Beck
- Focusing with Diana Fosha

“APA Specific Treatments for Specific Populations Video Series II” hosted by Dr. Jon Carlson and produced by the American Psychological Association.. These videos demonstrate how to work with specific populations of clients and how these issues impact the counseling session. This series includes a theoretical interview with the presenter, a counseling session, and then a discussion after the session where particular parts of the sessions are highlighted and discussed. Topics and presenters include:

- “Culture-Centered Counseling - The Triad Model” video with Dr. Paul Pedersen;
- Attention Deficit Disorder with Robert Resnick;
- Perfectionism with Paul Hewitt;
- Spirituality with William Miller
- Obsessive Compulsive Disorder with Reid Wilson
- Depression with Michael Yapko
- Treating Victims of Abuse with Laura Brown
- ADHD with Vince Monastra
- Gambling with Nancy Petry
- Career Counseling with Mark Savickas
- Shyness and Social Phobias with Anne Marie Albano
- Working with Trauma - Laura Brown
- Adolescent Suicide with Alan Berman
- Anger with Ray DiGuiseppe
- Self Injury with Wendy Lader

“APA Behavioral Health Issues in Therapy Video Series III” hosted by Dr. Jon Carlson and produced by the American Psychological Association. This videos series focuses on various behavioral health issues can impact counseling and how to deal with

clients who have these particular issues. This series includes a theoretical interview with the presenter, a counseling session, and then a discussion after the session where particular parts of the sessions are highlighted and discussed. Topics and presenters include:

- Exercise with Kate Hayes;
- Substance Abuse with William Miller;
- Sexual health with Lisa Firestone;
- Sleep with Ed Stepanski;
- Chronic Illness with Len Sperry;
- Pain Management with Robert Gatchel;
- Smoking Cessation with Bonnie Spring;
- Weight Management with Ann-Kearney-Cooke;
- Childhood Asthma with Bruce Bender;
- Cardiac Rehabilitation with Robert Allan;
- Breast Cancer with Suzanne Miller;
- Genetic Counseling with Andrea Patenaude.
- Diabetes with Alan Delamater
- Headaches with Don Penzien
- Alzheimer's Disease with Sara Qualls
- Fertility with Annette Stanton

“APA Therapeutic Relationships Video Series IV” hosted by Dr. Jon Carlson and produced by the American Psychological Association. This videos series focuses on various relationships and how to counsel clients with these dynamics. This series includes a theoretical interview with the presenter, a counseling session, and then a discussion after the session where particular parts of the sessions are highlighted and discussed. Topics and presenters include:

- Cognitive Behavioral Couples Therapy with Art Freeman;
- Teenage Girls with Karen Zager;
- Counseling Men with Mark Stevens;
- Older Couples with Paula Hartman-Stein;
- Parenting Parents with Pat Pitta,
- Parenting Young Children with Edward Christophersen;
- Couples and Illness with Tamara Sher;
- Functional Family Therapy with James Alexander;
- Gay, Lesbian, and Bi-Sexual Couples with Ruperto Perez;
- Forgiveness with Robert Enright & Rick Fitzgibbons;
- Families in Transition with James Bray;
- Depression in Couples with Mark Whisman;
- Victims of Abuse with Laura Brown
- Sex Therapy with Barry McCarthy
- Couples Therapy with Doug Schneider
- Adoption with Marc Nemiroff
- Caregiving with Tim Elliot
- EFT with Couples with Leslie Greenberg
- Divorce with William Doherty
- Child Custody with G. Andrew Benjamin

“APA Therapeutic Relationships Video Series V” hosted by Dr. Jon Carlson and produced by the American Psychological Association. This videos series focuses on multicultural counseling and how to counsel clients from various multicultural perspectives. This series includes a theoretical interview with the presenter, a counseling session, and then a discussion after the session where particular parts of the sessions are highlighted and discussed. Topics and presenters include:

- Working with Latino/Latina Clients with Patricia Arrendondo
- Working with African America Clients with Thomas Parham
- Working with Native Americans with Winona Sims
- Working with Asian Americans with Jean Lau Chin,
- Mixed Race Identities with Maria Root

“APA Therapeutic Relationships Video Series VI” hosted by Dr. Jon Carlson and produced by the American Psychological Association. This videos series focuses on spirituality and how to counsel clients from various spiritual perspectives. This series includes a theoretical interview with the presenter, a counseling session, and then a discussion after the session where particular parts of the sessions are highlighted and discussed. Topics and presenters include:

- Spirituality with Scott Richards
- Mindfulness-Based Cognitive Therapy with Zindel Segal
- Spirituality with Lisa Miller
- Mindfulness Therapy with Alcohol Issues with Alan Marlatt
- Christian Counseling with Mark McMinn
- Religion with Edward Shafranske

“APA Therapeutic Relationships Video Series VII” hosted by Dr. Jon Carlson and produced by the American Psychological Association. This videos series focuses on psychology in the schools and how to counsel clients within the school environment. This series includes a theoretical interview with the presenter, a counseling session, and then a discussion after the session where particular parts of the sessions are highlighted and discussed. Topics and presenters include:

- Working with Families with Abuse and Neglect with Wes Crenshaw
- Harm Reduction with High School Students with Mary Larimer
- Bullies with Arthur M. (Andy) Horne
- Teenage Eating Disorders with Stephen Wonderlich
- Autism and Asperger’s Syndrome with James Mulick

APA Stimulus Video on Ethical Issues ” hosted by Dr. Jon Carlson and produced by the American Psychological Association. This video focuses on ethical issues that may arise in the therapeutic relationship. Expert psychologists demonstrate how to handle various very sticky boundary and ethical situations such as being offered gifts, sexual boundaries, invitations to dinner and funerals, anger, and touch.

VOLUNTEER EXPERIENCE

2003-present Probono individual and couples counseling
 2002-present Mentored graduate level counseling students

- 1999 Facilitated process group for Masters level counseling students, Governors State University, IL
- 1999 Facilitated support group for stay-at-home moms, Homer Glen, IL
- 1999 Rainbows counselor for Reed and Walsh Elementary Schools working with children dealing with divorce or loss
- 1999 Facilitated school programs “Beary Unique” for children with low self-esteem in Walsh & Reed Elementary Schools, Lockport, IL
- 1987 Crisis line counselor, counseled clients in crisis and helped the elderly with “sunshine calls”, Crisis Center, Joliet, IL
- 1989-1993 Organized and facilitated Support Organization for Trisomy 18/13 (SOFT) support group for terminally ill children & families, Joliet, IL
- 1992-1993 Raised \$14,000 for Support Organization for Trisomy 18/13 (SOFT) Support Group
- 1989-1993 Created, published and distributed care packages for hospitals and families
- 1989-1994 Counseled families with terminally ill children, IL

Skilled in foreign languages (Italian, German, Spanish, some French)

REFERENCES

Available upon request