





The School of Extended Learning (SXL)
at Governors State University
is committed to helping adults of all ages
conquer their next personal or professional goal.
We invite you to explore your next
life transition with us!

PREPARE FOR EXAMS | UPGRADE YOUR RESUME | GET CERTIFIED | LEARN ENGLISH

KEEP LEARNING IN RETIREMENT | TRAIN YOUR TEAM | EARN A DEGREE





# **ACADEMIC TEST** PREPARATION



### GRE Preparation Course 100% Online



Acquire strategies in math, reading comprehension, writing, and verbal and quantitative skills to improve GRE scores using acclaimed Cambridge test preparation materials. Fee includes textbook, practice tests, and all course materials.

Date: September 19 – October 31, 2020

Time: 9 a.m. – Noon

**Fee:** \$429

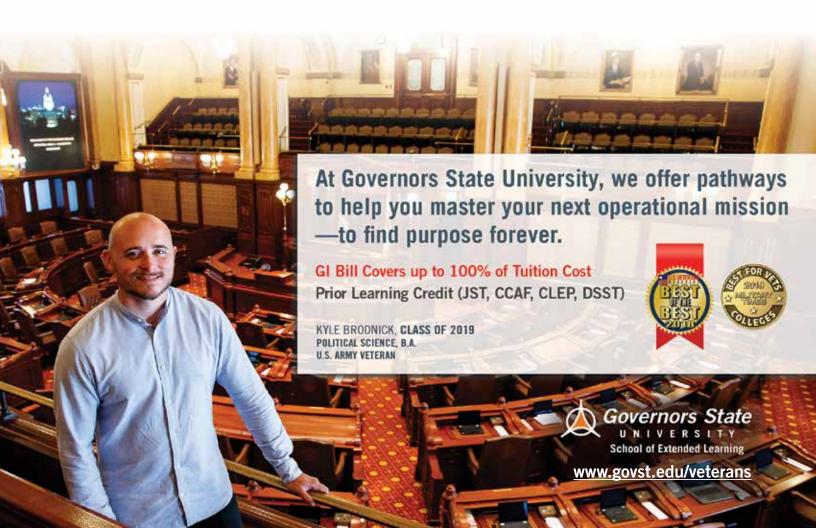
#### **LSAT Preparation Course**

Prepare for the Law School Admissions Test (LSAT). All American Bar Association (ABA)-approved law schools, many non-ABA-approved law schools, and most Canadian law schools require an LSAT score from applicants. The test lasts four hours and consists entirely of multiple-choice questions with one unscored writing exercise at the end. It is divided into five 35-minute sections: reading comprehension, analytical reasoning, two logical reasoning sections, and one un-scored "experimental" section.

Date: September 19 – October 31, 2020

Time: 9 a.m. - Noon

Fee: \$429



# **PROFESSIONAL** DEVELOPMENT



## Business



#### Certified Associate in Project Management Preparation Course-CAPM® ONLINE

This introduction to project management fundamentals includes topics such as Communications, Procurement and Time Management, reinforced through pre-recorded videos and practical examples.

GSU is a Registered Education Provider (R.E.P) with the PMI® The textbook is an additional fee.

Funding Available: WIOA

**Dates:** July 18 – August 22, 2020

**Fee:** \$850

#### John C. Maxwell's Developing the Leader in You **Instructor:** Dr. Terri Winfree

Understand how influence works and use it to launch your leadership career more effectively. Each lesson explores key facets of leadership including priorities, character, expectations, problem-solving, waiting, and more. The time to develop the leader within you is now. Leadership skills are used in the workplace, in the home, and in the community, so this course offers many applications.

**Dates:** August 5 – 26, 2020

**Time:** Online—no set time, asynchronous

Fee: \$199

#### Lean Six Sigma Black Belt Certificate

Students complete a Lean Six Sigma project from inception to completion, preparing them to lead a project while mentoring team members and leading a change event. The student will possess a thorough understanding of all aspects of DMAIC (Define, Measure, Analyze, Improve, and Control). All statistical tools will be reviewed including graphs and illustrations of real-life discussions, benchmarks and events.

Dates: to be scheduled with instructor Fee: \$3,000 plus textbooks and software

#### **Lean Six Sigma Green Belt Certificate**

Detailed and real-world examples of lean thinking will be reviewed with hands – on examples to enhance the learning experience. Learn how to integrate theories of business, statistics, and the elimination of waste with the goal of achieving tangible results.

Funding Available: WIOA

Dates: Face-to-Face September 12 – October 24, 2020

Online: Starts September 19, 2020

Time: Saturdays, 9 a.m. – Noon

Fee: \$1,500 plus textbooks and software

#### SCPro<sup>™</sup> Certification Test Prep: Level 1

In just ten weeks you will learn how to make a competitive impact for your organization. SCPro™ Level 1 is the only industry certification that covers the comprehensive supply chain, from end-to-end, and requires professionals to demonstrate their knowledge of eight foundational core functions, including supply management and procurement, transportation, warehousing, and more.

Dates: September 5 – October 31, 2020

**Time:** Saturdays, 9 a.m. – Noon

**Fee:** \$1,500 plus textbooks and software

Email continuinged@govst.edu to register.





# THE CANNABIS INDUSTRY

# Illinois State Cannabis Certification Course: Responsible Vendor Training

This four-hour Illinois State Cannabis Certification Course: will fulfill the state's mandatory classroom training for individuals seeking to work with Cannabis and Marijuana upon recreational legalization on January 1, 2020 in the State of Illinois.

Dates: August 8, September 12, and October 17, 2020

**Time:** 10 a.m. – 2 p.m.

**Fee:** \$200

**Live Online Workshop** 

#### Cannabis 101



Learn about the different types of cannabis, the effects it can have on you, and how the laws surrounding consumption apply to you.

**Dates:** August 27 **Time:** 6 p.m. **Fee:** \$35

Live Online Workshop

#### Cannabis in the Workplace



Managers learn the impacts of legalized cannabis and considerations for the workplace.

Dates: July 23, October 29

**Time:** 6 p.m. **Fee:** \$35

Live Online Workshop

Email **continuinged@govst.edu** to register.





Courses are presented in partnership with Illinois Equity Staffing; a Chicago-based consulting firm specializing in cannabis education, recruiting,

human resources administration, payroll processing and social equity compliance/reporting for the cannabis industry.

#### **Education**



#### Keys to Quality Service for Administrative **Assistants and School Secretaries**

This one-day seminar assists frontline staff in recognizing and managing the expectations of their customers, and positively representing the organization's commitment to improved customer relations.

Sessions are customized and arranged to meet districts' needs and schedule.

#### **New Leaders Mentor Program**

Designed to provide a system of support to first and second year leaders, this program pairs an experienced administrator as a mentor with a Protégé. Protégé Teams will meet virtually and/or face-to-face for a minimum of 50 hours throughout the school year and also for discussions on topics relevant to their practice.

#### **Emerging Leaders Program**

This program is designed for teacher leaders who want to perfect their leadership skills and are considering becoming a formal school leader. Emerging Leaders will participate in 4 seminars throughout the school year to enhance their effectiveness as an informal school leader.

For a list of topics for this year, program pricing and to enroll for the August cohort, visit www.govst.edu/educator-training. Contact Saundra Mickles at smickles2@govst.edu for details.

## **GROUP TRAININGS FOR** SCHOOLS

#### **Cultural Competency: Considerations for Empowering Students & Schools**

This series of workshops provides educators with a set of tools to create an empowering environment for learning. Concepts explored include positionality, power, funds of knowledge. intersectionality, authentic care, strength-based approaches, white fatigue, stereotype threat, implicit bias, and micro-aggressions.

#### Intro to Universal Design for Learning

Learn how to design a course that accommodates the various needs of learners and effectively eliminate barriers and obstacles to understanding.

#### **Restorative Practices in Schools**

Using approaches such as dialogues, peace circles, and peer-led mediation, restorative practices develop a culture that addresses the missing piece of teaching social-emotional and conflict-resolution skills by turning behaviors into learning opportunities.

To book a group training, contact using email continuinged@govst.edu.



#### **Health & Human Services**

#### **CADC Test Preparation**

This course is intended to prepare applicants for the CADC exam. It has been approved for (21) CEU's from the Illinois Certification Board and/or as a 2-hour credit course to GSU students. The course is divided up into three on-campus full class days.

Dates: July 16, 17, and 18, 2020

**Time:** 9 a.m. to 5 p.m.

**Fee:** \$199

#### **Certificate in Gerontology**



This course provides you with the knowledge and skills to effectively meet the needs of the aging population in a wide range of careers. There are opportunities in nursing, teaching, service, administration, and research that focus on the needs and interests of older adults.

Dates: July 15 for 6 weeks/25 Hours

**Fee:** \$150

Register: www.ed2go.com/gsutrainings

### Certificate in Holistic and Integrative Health



Gain a new respect for the healing power of the integrative health approach. This course covers all the fundamentals of person-centered and person-empowered health care including details on some of the more popular therapies today.

Ongoing enrollment: 3 Months/ Self-paced/33 Hours

Dates: July 15

Self-paced, 6 Week Access/33 Hours

**Fee:** \$198

Register: www.ed2go.com/gsutrainings

#### LSW/LCSW Preparation Course – 2-day Workshop

This review course uses the most **up-to-date** examination materials from Licensing Exam Preparation Services, LLC and reflects the latest diagnostic publication (DSM-5™). Attendees will receive a <u>comprehensive</u> <u>study guide</u> with *current practice questions*, test-taking strategies, and more.

**Dates:** August 8, and 15, 2020

**Time:** 9 a.m. to 4 p.m.

**Fee:** \$285

# Pharmacy Technician Certification Program with Clinical Externship (optional) -ONLINE

This comprehensive *online* 50-hour program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's PTCB exam.

Funding Available: WIOA

**Dates:** Ongoing, given 6 months to complete

Fee including textbook: \$1,199

#### Phlebotomy Technician Certification Program with Clinical Externship



This 90-hour program prepares professionals to collect blood specimens from clients for the purpose of laboratory analysis. Students will develop comprehensive skills to perform venipunctures completely and safely. Course includes terminology, anatomy and physiology; blood collection procedures; specimen hands-on practice; and training in techniques to perform puncture methods.

**Funding Available:** WIOA Approved Program – Workforce Innovation and Opportunity Act

**Dates:** Ongoing, given 6 months to complete

Fee including textbook: \$1,999



#### **Human Resources**



#### PHR/SPHR Certification Preparation ==

The live online course will provide an overview of key areas in human resources management designed to better prepare HR professionals for the national PHR (Professional in HR) or the SPHR (Senior Professional in HR) exams.

Funding Available: WIOA

**Dates:** Offered throughout the year, sign up to start today.

Fee: \$1,299 (includes all books and materials)

#### **Information Technology**

## CompTIA™ Certification Training: A+, Network+, Security+ (Vouchers Included

Become proficient in cyber security concepts such as attacks and mitigation, security applications, risk assessment, disaster recovery and incident response, cloud computing, mobile devices, BYOD and SCADA, in addition to vulnerability assessment. This course will prepare you for three CompTIA IT certifications that are ideal for entry-level and mid-level professionals: A+, Network+ and Security+. The CompTIA certifications are the most-recognized, vendor-neutral credentials in the industry.

Self-paced/12 Months to complete/480 Course Hours

Funding Available: WIOA

Fee: \$3,995

#### **Full Stack Developer**



Full stack software developers use coding languages and intuitive technologies to create web applications that allow people to achieve specific tasks on a computer or on another device. Learn to create a website from scratch, bring data to life by creating visual dashboards of large amounts of data, demonstrate your front-end design ability and work with databases. You will conduct document integration testing, deployment and virtualization. When you complete the course, you will have a professional portfolio of real-world projects to showcase at interviews.

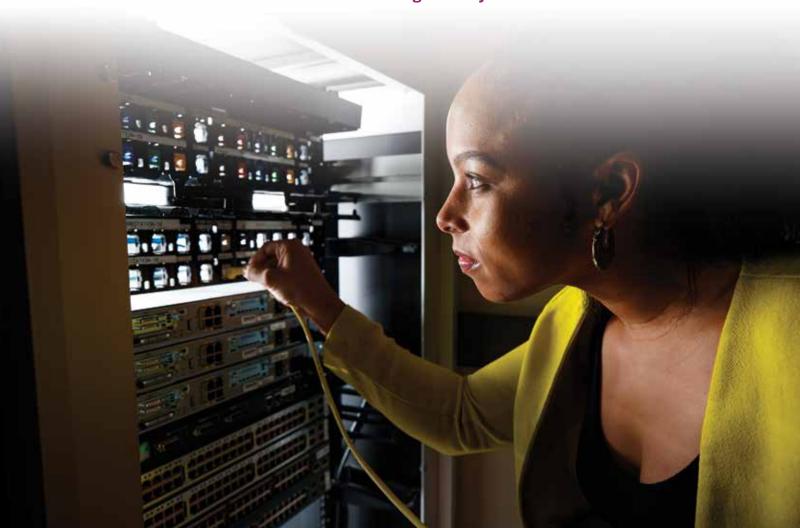
**Dates:** Ongoing Enrollment 12 Months/162 Course Hours **Funding Available:** WIOA

**Fee:** \$4,995

www.govst.edu/wia

Payment plans are available.

HOT Career! Software developers earn an average salary of \$70,604, and the U.S. Bureau of Labor Statistics projects 17% growth by 2024!



## Legal Studies



**Upcoming Sessions: 14-week course** 

Dates: August 24 – October 9, 2020 October 19 – December 4, 2020

#### Paralegal Certificate Course®

Learn how to assist trial attorneys, interview witnesses, investigate complex fact patterns, research the law, and assist in preparing cases for courtroom litigation.

Funding Available: WIOA

Fee: \$1,595

#### SALARY EXPECTATIONS



**Paralegal** 

\$45,750 to \$64,500

Senior Paralegal/Legal Assistant \$69,500 to 89,750

Payment plans are available. Education Loans are also available through Affirm. Contact SXL staff at continuinged@govst.edu for details.

#### eDiscovery for Paralegals

The eDiscovery for Paralegals course is an introductory 7-week course covering the entire eDiscovery process, from preparation to collection and review of Electronically Stored Information (ESI).

Fee: \$995

#### **Alternative Dispute Resolution Certificate Course**

This intensive course is designed to train and qualify students to develop or participate in conflict mediation processes. Participants will review the growth and application of settlement options in the United States. The course focuses on both traditional and non-traditional dispute resolution options.

**Fee:** \$995

#### **Legal Nurse Consultant Training Course**

This course provides the RN and PA with fundamental skills necessary to advise law firms, health care providers, insurance companies and governmental agencies regarding medical issues and to appear in court as witnesses.

Fee including textbook: \$1,195

**DID YOU KNOW? Legal Nurse Consultants** can make up to \$200/hour!

#### **Non-Profit Administration**

#### **Diversified Fundraising and Donor Cultivation**

This course explores the challenges of cultivating donors through relationship-building with individual donors, foundations, and corporations. In this course an overview of the fundraising process will lay a foundation for the planning of annual giving programs, fundraising events, grants, and major gifts. Weeks two and four will occur online.

Funding Available: WIOA

Dates: October 21 – November 11, 2020 Hybrid (Oct 21 and Nov 4 face-to-face) and 100% online options available.

**Fee:** \$199

#### **Managing Volunteer Boards**

Learn best practices in managing and motivating volunteer boards including goal-setting, planning for productivity, building consensus and problem-solving, launching new initiatives, team-building, role differentiation, and more!

**Dates:** September 23 – October 21, 2020 (8 Hours) Hybrid (weeks 1 and 3 face-to-face) and 100% online options available.

Time: 6 p.m. Fee: \$199

Email continuinged@govst.edu to register.



#### **Trades**

#### **American Home Inspection Training**

This comprehensive home inspection course is taught by The American Home Inspectors Training Institute (AHIT) instructors with over 100 years combined experience and is recognized by ASHI, NAHI, NACHI, CREIA, TREC and other professional organizations.

Funding Available: WIOA

**Dates:** September 14 – 18, 2020

Fee: \$1,495 – includes all class materials

#### HVAC/R Certified Technician (Voucher Included)



This course requires one year of HVAC/R experience and uses hands-on service call simulations to prepare for the HVAC Excellence or NATE certification exams. By course completion, you will be ready to pass the HVAC Excellence Core and Professional Technician exams, the NATE Core and Specialty Test exams, and the EPA 608 certification exam. You will also receive a voucher package to take the HVAC Excellence exams.

Funding Available: WIOA

**Dates:** Ongoing Enrollment 12 Months/162 Course Hours

Fee: \$2,895

www.govst.edu/wia

#### **Manufacturing Fundamentals**



This instructor-led course teaches the basic skills required to work in the manufacturing field, including the role of production design, process planning, and the heart of 13 different manufacturing processes. Master product development concepts such as the voice of the customer (VOC), quality function deployment (QFD), and failure mode and effects analysis (FMEA).

Dates: July 1 – need fall date, 2020

**Fee:** \$115

Register: www.ed2go.com/gsutrainings

#### Safety and Risk Management

The OSHA 10-hour General Industry Outreach Training Program is designed to promote workplace safety and health and to make workers more knowledgeable about workplace hazards and their rights. Outreach training does not fulfill the training requirements found in OSHA standards. Employers are responsible for providing additional training for their workers on specific hazards of their job as noted in many OSHA standards.

Dates: May be scheduled with instructor

Fee: Contact Amy Barsha at 708.534.4565 for details.

# MICRO-LEARNING/SKILLS TRAININGS





Learn new skills with instructor-led courses offered online, anytime! You will get 6 weeks of instruction by experts in their fields and interact with fellow classmates in online discussion areas. There are hundreds of courses to choose from and monthly start sessions.

#### Here are some of our favorites!

#### Upcoming Sessions: July 15 and August 12, 2020

- Accounting Fundamentals \$199
- Adobe Value Suite \$299
- Creating Web Pages \$115
- Event Planning Suite \$199
- Fundamentals of Supervision and Management \$115
- Intermediate Microsoft Excel 2019/Office 365 \$129
- Introduction to Quickbooks Online \$115
- Managing Customer Service \$115
- Small Business Suite \$299
- Soft Skills Suite \$395
- Worker's Compensation \$115
- Write Fiction Like a Pro \$100
- And More!

# Certified Administrative Professional with Microsoft Office Specialist 2019 (Exam Vouchers Included)

Prepare for the Certified Administrative Professional (CAP) and Microsoft Office Specialist (MOS) credential exams for Word, Excel, PowerPoint, Outlook, and Access. You will learn the fundamentals of workplace administration, including organizational communication, management, and human resources, as well as how to effectively use the Microsoft Office 2019 suite.

Funding Available: WIOA

Dates: Ongoing Enrollment

12 Months/425 Course Hours

**Fee:** \$3,595

www.govst.edu/wia

Payment plans are available.

# CPC Certified Medical Administrative Assistant with Medical Billing and Coding (Exam Vouchers Included)

Begin a career in the healthcare industry with little to no experience within the sector! This comprehensive program provides a foundation of medical vocabulary and teaches essential medical office management skills that healthcare managers look for when hiring new front office staff. It prepares you to sit for the Certified Professional Coder (CPC) exam and the Certified Medical Administrative Assistant (CMAA) exam.

Funding Available: WIOA

Dates: Ongoing Enrollment

12 Months/500 Course Hours

**Fee:** \$3,195

www.govst.edu/wia

Payment plans are available.



# ENGLISH

# LANGUAGE LEARNING CENTER

We believe that language is the key to inclusion, community connection and job readiness.

These programs go far beyond the basics. Our goal is to provide complete confidence when communicating, whether in writing, speaking, or engaging in online forums. A \$75 placement test is required to determine the level students are at for each course.

Ask about our Intensive English Program if you are interested in pursuing higher education or need advanced instruction for career progression.

Course Dates: August 31 – December 12, 2020

**Fees:** IL Community Members \$1,000/semester/per class International Students \$1,500/semester/per class

Email aota@govst.edu for details.

#### Reading/Vocabulary/Grammar

Develop reading skills including new vocabulary, level-appropriate grammar, effective reading strategies, and synthesizing information.



Learn to express ideas in formal and informal interactions on topics with level-appropriate grammar, pronunciation, and vocabulary.



#### **Writing/Grammar**

Develop proficiency in critical thinking and revision by working through the writing process with input from instructors and classmates.

# **PERSONAL** GROWTH/HOBBY



## Discover Digital Photography

Instructor-led

Gain the skills you need to take great photos with your digital camera and never miss a memorable moment again. This course is an informative introduction to digital photography, from DSLRs to smart phone cameras.

Dates: Starts August 12

6 Weeks Access/24 Course Hours

**Fee:** \$100



#### Personal Finance

#### Instructor-led

Set clear financial goals, make the right investments, increase financial security, and be prepared to retire someday. This course will help you gain control over the financial impact of your choices with tools that are useful, realistic, and easy to work into your regular routine.

Dates: Starts August 12 6 Weeks/24 Course Hours

**Fee:** \$115

#### **SOAR Based Personal Branding Training**

This 10-hour transformational personal branding training is designed with the intent to develop strategic, visionary personal branding strategies through strategic thinking, and in the context of leveraging the use of a career assessment and a strength based personal branding framework.

Dates: October 4 - May 31, 2020, start anytime Students will be required to login for one hour per

day for 10 working days. Fee includes textbook: \$1,999



#### **Health & Wellness**





This low-impact exercise works your entire body. Aside from a strong focus on ab work, the exercises work the inner and outer thighs, as well as strengthen the back, hamstrings, and glutes. Pilates will help you become stronger, more flexible, can lead to better posture and improve your overall sense of wellbeing.

**Dates:** Wednesday, October 21 – November 18, 2020

Live Online Class, noon to 1 p.m. via Zoom

**Fee:** \$25

#### Catching ZZZ's-Secrets for a Sound Sleep

Discover the surprising signs of a poor quality night's sleep, what happens inside your body during the four stages of sleep, and why good sleep matters. Courtesy of ChiroOne Wellness Centers.

**Date:** September 9, 2020 **Time:** Noon to 1 p.m.

Fee: FREE

#### Tai Chi

Reduce stress gently; feel better, through graceful movement and exercise. Tai chi is an ancient low-impact Chinese tradition, which involves movements performed in a slow, concentrated, and intentional way with deep focus on breathing. Tai Chi is different than yoga. It is a practice that combines meditative movement and balance. Students will learn sequences of movements, basic body alignments, the 70% rule of moderation, and more.

Date: September 14 – October 12, 2020

**Time:** Mondays, 6 - 7 p.m.

Face-to-face at GSU Racquetball Court

**Fee:** \$25

#### Yoga



live online class

Yoga is a great way to increase flexibility, improve health and physical fitness, and reduce stress. Developed up to 5,000 years ago in India as a holistic approach to wellbeing, this series of movements and poses work the entire body. Yoga is a no judgement zone, non-competitive, and is about being present in the moment. Every pose can be modified to fit your individual needs.

**Date:** October 6 – November 3, 2020 **Time:** Tuesdays, Noon – 1 p.m.

Fee: \$25 (half hour sessions)

#### What's the State of your Nutrition?

Learn how to boost the nutritional value in your diet, and why it's important to eat right. Courtesy of ChiroOne Wellness Centers.

**Date:** October 14 **Time:** Noon to 1 p.m.

Fee: FREE

#### **Line Dance Class**



The Dancin' Deeva is committed to having fun while increasing physical and emotional well-being through dance. This relaxed, family dancing experience promotes self-confidence, self-respect, inner strength, and discipline.

Date(s): September 10, 17, 24 and October 1, 8, 2020

**Time:** 12 to 1 p.m.

**Fee:** \$25

# The KNOWLEDGE EXCHANGE

This lifelong learning program is designed for the retired/semi-retired and offers a relaxed, friendly classroom environment on the GSU Campus. This group has formed a community of shared learning, social interaction and the free exchange of opinions and ideas.





Classes meet every Friday September 25 – November 13, 2020

\$73 for the first class \$28 for any additional class

10 a.m. - Noon

**Cagney: A Film Retrospective** with Christine Small

Music Inspired by Literature with Ron Small

1 - 3 p.m.

**Great Decisions 2020 Fall Repeat: Foreign Policy Discussion** with Bill Byrnes

**Saints in Medieval Islamic Literature, 1000-1500 A.D.** with Judi Wilks

#### Jane Austen & Charlotte Brontë

Jeffrey Nigro, a Jane Austen Society member, and Suzanne Patterson, a Brontë Society member, are joining forces to create and co-lead a class on two of British literature's most famous and unique women.

Workshops and "Lunch and Learn" presentations are also offered and are listed online at <a href="https://www.govst.edu/tke">www.govst.edu/tke</a>.

For more information, please contact Suzanne Patterson at 708.534.4393.

# CUSTOMIZED BUSINESS TRAININGS



School of Extended Learning (SXL) designs and delivers customized corporate and small business training solutions that enhance employee performance, solve for skills gaps, cross-train your team, and enable transition to management. Our instructors are experienced faculty and industry experts who provide real-world application to ensure successful learning outcomes.

All training may be tailored to individual business needs.

Transition to Management and Supervisory Skills | Microsoft Office Suite Supply Chain Essentials | Process Improvement through Lean Six Sigma Soft Skills for Organizational Effectiveness | Leading through Crisis

And More!

Visit <u>www.govst.edu/business-training</u> to tell us your needs, and request a free consultation with our Director of Corporate and Community Education, Cynthia Staples.



# EARN A DEGREE OFF-CAMPUS COHORTS

If you are ready to earn your bachelor's degree but cannot make it to the Governors State University Campus, study with us at a convenient off-campus location! These partnerships with area community colleges are designed to provide adults with a seamless path to degree completion after earning an associate degree at the community college. Take a mix of upper division and online classes at GSU to earn your accredited Bachelors Degree. Our advisors will provide academic study plans, resources and assistance every step of the way.

#### TRITON COLLEGE

B.A. Communication B.A. Criminal Justice B.S. Information Technology

### KANKAKEE COMMUNITY COLLEGE - North Extension Center in Bradley

Course work from College of Business Course work from BHA Health Administration

**JOLIET JUNIOR COLLEGE – Romeoville Campus** B.A. Criminal Justice

Contact Michelle Sebasco, Director of Academic Partnerships, or visit www.govst.edu/offcampused for details.





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# PAY FOR YOUR COURSES















- 1. Direct pay with all major credit cards except AMEX
- 2. Private loans; Email mzarris@govst.edu
- 3. Workforce Innovation Opportunity Act (WIOA) for those who meet eligibility; approved programs only
- 4. Loans with Affirm for Legal Studies programs; Email <u>msebasco@govst.edu</u>
- 5. Payment plans may be customized on an individual basis
- 6. CEDA funding for those who meet eligibility for approved programs