
Governors State University; College of Health and Human Services
1 University Parkway, University Park, IL 60484
Email: copenshaw@govst.edu

LICENSURE

Licensed Clinical Professional Counselor

License Number: 180.012809

EDUCATION

PhD in Counselor Education and Supervision

The Chicago School of Professional Psychology

Chicago, IL

Aug 2017 - Jul 2020

Master of Arts in Counseling Psychology

The Chicago School of Professional Psychology

Chicago, IL

Sep 2014 - Jul 2016

Bachelor of Arts in Psychology (Honors)

Dublin Business School

Dublin, Ireland

Sep 2010 - May 2014

ACADEMIC APPOINTMENTS

Assistant Professor

Governors State University

Department of Addiction Studies and Behavioral Health

Aug 2020 - Present

Teaching Assistant

The Chicago School of Professional Psychology

Clinical Mental Health Counseling Online Residency

Jul 2020

Teaching Internship

The Chicago School of Professional Psychology

Trauma and Crisis Counseling: Causes, Effects & Contexts

May 2019 - Jun 2019

Guest Lecturer

The Chicago School of Professional Psychology

Foundations of Professional Counselors Identity; Counseling Leadership, Accreditation, & Licensure

Sep 2018

Guest Lecturer

The Chicago School of Professional Psychology

Grief Counseling; Grief and Loss: Trauma-Informed Care

Jun 2018

CLINICAL POSITIONS

Psychology Counseling Intern

Sankofa Psychological Services

Chicago, IL

Sep 2018 - May 2019

Group Facilitator

The Chicago School of Professional Psychology

Chicago, IL

Feb 2018 - Apr 2018

Intake Specialist

Loyola Medicine MacNeal Hospital-Behavioral Health Services

Berwyn, IL

Sep 2016 - Jul 2017

Counseling Intern

Concordia University Chicago Counseling Services

River Forest, IL

Aug 2015 - May 2016

ADDITIONAL EXPERIENCE

Project Evaluator

SAMHSA Mental Health Awareness Training Grant

Chicago, IL

Aug 2018 - Present

QPR Instructor

QPR Institute

Online

Jun 2020 - Present

Mental Health First Aid Adult Instructor (including Higher Education Module)

National Council for Behavioral Health

Chicago, IL

Apr 2019 - Present

Fellow Naomi Ruth Cohen Institute for Mental Health Education	Chicago, IL Aug 2017 - Aug 2020
Supervisor Intern The Chicago School of Professional Psychology	Chicago, IL 2018 - 2019
Volunteer Medical Advocate and Rape Crisis Counselor Resilience (Rape Victims Advocates)	Chicago, IL Apr 2017 - Jun 2018

CONSULTATION

Developed <i>Cultivating Emotional Wellness Amidst COVID-19</i> training for staff Valiant Integrated Services	Online May 2020
Provided <i>Mental Health First Aid</i> training for staff and volunteers Salt and Light Coalition	Chicago, IL Nov 2019
Conducted program development for newly developed Full Circle Program Sankofa Psychological Services, LLC	Chicago, IL Jun 2018
Developed <i>Cultural and Diversity Sensitivity Training</i> for staff Writers, Planners, and Trainers, Inc.	East St. Louis, IL Mar 2018

RESEARCH

- Mc Grotty, C.** (2020). *Effects of a Sex Trafficking Educational Intervention on Counselors' Knowledge, Awareness, Attitudes, Empathy, and Efficacy*. (Manuscript in preparation). Department of Counselor Education and Supervision, The Chicago School of Professional Psychology.
- Openshaw, C.** (2014). *The Effects of a Flight Educational Intervention on Flying Anxiety, Self-efficacy, and Locus of Control*. (Undergraduate thesis, Dublin Business School).
<https://pdfs.semanticscholar.org/9ccb/7b8f0b47bc86f368289ee9c32461e3cb9a09.pdf>

GRANT WRITING

SAMHSA Mental Health Awareness Training (\$250,000) - <i>Funded</i>	2018 - 2021
Retirement Research Foundation (\$85,790) - <i>Funded</i>	2018 - 2019
Illinois Humanities Envisioning Justice (\$5,000) - <i>Unfunded</i>	2017

PUBLICATIONS

- Mc Grotty, C.** (2020). *Effects of a Sex Trafficking Educational Intervention on Counselors' Knowledge, Awareness, Attitudes, Empathy, and Efficacy*. (Manuscript submitted for publication). Journal for Social Action in Counseling and Psychology.
- Mc Grotty, C.** (2020). *Effects of a Sex Trafficking Educational Intervention on Counselors' Knowledge, Awareness, Attitudes, Empathy, and Efficacy*. (Manuscript in preparation). Department of Counselor Education and Supervision, The Chicago School of Professional Psychology.
- Openshaw, C.** (2014). *The Effects of a Flight Educational Intervention on Flying Anxiety, Self-efficacy, and Locus of Control*. (Undergraduate thesis, Dublin Business School).
<https://pdfs.semanticscholar.org/9ccb/7b8f0b47bc86f368289ee9c32461e3cb9a09.pdf>

PROFESSIONAL PRESENTATIONS

- Mahoney, K., & **Openshaw, C.** (Recurring). *Cultivating Emotional Wellness Amidst COVID-19*. Valiant Integrated Services; Online.
- Openshaw, C.** (Recurring). *Mental Health First Aid Training*. The Chicago School Education System; Chicago, IL
- Mahoney, K., & **Openshaw, C.** (Recurring). *Addressing Ethical Issues in Clinical Practice: A Case Study Approach*. The Chicago School of Professional Psychology; Chicago, IL.
- Mahoney, K., Williams, E., **Mc Grotty, C.**, & Pines, M. (June, 2020). *Reducing Youth Suicide*. Institute for Adolescent Suicide Prevention; Online.
- Mc Grotty, C.** (June, 2020). *Effects of a Sex Trafficking Educational Intervention on Counselors' Knowledge, Awareness, Attitudes, Empathy, and Efficacy*. Chicago Campus Graduate Research Forum; Online.
- Openshaw, C.**, Eldregde, E., Foster, S., & Crosby, L. (April, 2020). *Child Abuse as a Common Factor in Sex Trafficking*. 3rd Annual CMHC Online Virtual Conference 2020; Online.

- Openshaw, C.** (October, 2019). *How to Speak Up for Survivors of Human Trafficking*. Let the Voices be Heard: An International Conversation on Counselling, Psychotherapy and Social Justice; Belfast, Northern Ireland.
- Openshaw, C.** (September, 2019). *Using Counselors to Assist in Anti-Trafficking Efforts*. International Human Trafficking and Social Justice Conference; Toledo, OH.
- Openshaw, C.** (November, 2018). *How Important are Human Rights?* The Chicago School of Professional Psychology; Chicago, IL.
- Openshaw, C.** (May, 2018). *#TimesUpForThatToo: Recognizing and Responding to Non-Physical Forms of Sexual Misconduct*. The Chicago School of Professional Psychology; Chicago, IL.
- Kocet, M., **Openshaw, C.**, & Owca, J. (January, 2018). *Integrating Relational Ethical Decision-Making into Counseling Practice*. Law and Ethics Institute Conference; New Orleans, LA.

SERVICE

Member Naomi Ruth Cohen Institute for Mental Health Education Conference Planning Committee	Chicago, IL 2020 - Present
Member American Counseling Association Human Rights Committee	Chicago, IL 2018 - Present
Member Social Impact Awards Committee	Chicago, IL 2018 - 2019
Assistant CACREP accreditation application for the Clinical Mental Health Counseling program	Chicago, IL 2018
Peer Mentor International student Peer Mentor Program	Chicago, IL 2015 - 2016
Member Social Justice Leadership Academy	Chicago, IL Sep 2017 - Aug 2018
Visiting Volunteer Little Brothers-Friends of the Elderly	Chicago, IL Dec 2014 - Sep 2015
Youth Leader Foreoige	Dublin, Ireland May 2013 - Sep 2013

ORGANIZATIONS/AFFILIATIONS

Global Association of Human Trafficking Scholars	2020 - Present
Association of Counseling Sexology and Sexual Wellness	2020 - Present
Association for Counselor Education and Supervision	2017 - Present
Chi-Sigma-Iota Delta Beta Sigma	2015 - Present
Illinois Counseling Association	2015 - Present
American Counseling Association	2014 - Present

AWARDS

Global Leaders Scholarship Award	2019
Outstanding Student Award	2019
International Impact Scholarship Award	2015

CERTIFICATIONS/TRAININGS

Dialectical Behavior Therapy Accredited Certificate	2020
Telehealth for Mental Health Professionals: 2-day Distance Therapy Training	2020
Commercial Sexual Exploitation of Children Advocacy Training Certificate	2019
Teaching Online Pedagogy and Standards Course	2019
An Introduction to the Neuroaffective Relational Model	2018
Cognitive Processing Therapy: Evidence-Based treatment for PTSD Certificate	2018
Sexual Assault Crisis Intervention Certificate Training	2017
An Overview and Application of Emotionally Focused Couples Therapy	2017
Opiate Overdose Prevention Training	2016
Motivational Interviewing: An Introductory Workshop	2016