

Hour House -Cumberland County ROSC Council Meeting Minutes March 21st, 2022

Members Present: Kristin Davis, Karen Cook, Sarah Ruholl, Joe Mounce, Jennifer Houser, Kylie Goss, Cindy Hanley, Taylor Spain, Shawn Strader

Membership Sharing:

Recovery Navigator Update:

- Hour House is providing Recovery Navigator services (around 8 weeks in) Recovery Navigators provide recovery support services for those in recovery (one on one sessions and group sessions to help individuals on their journey); also called Peer Recovery Support Specialist or Peer Based Recovery Services

Kristin Davis: Hour House Prevention

- Shared that they have completed Project Alert with the Cumberland School district. Prevention is promoting the Illinois Youth Survey and Cumberland Middle School will be participating. Kristin also shared Hour House Prevention will be promoting Drug Take back Day for April.

Problem Gambling Awareness Month Presentation: Taylor Spain

Continuation of meeting with strategic goals discussion:

ROSC will develop additional meetings or develop plans surrounding transportation; Karen inquired about contacts

- Sara and Karen presented on a volunteer transportation option.
- The concept is to have conversation with the local churches to engage the church members and request transportation volunteers to help those in the community who struggle obtaining transport to court appointments, doctor appoints, treatment, etc. Shawn and Sara said they will review the local church contacts that Karen has.
- Karen will set up a meeting with the churches and ROSC members to discuss the possible volunteer transportation system.
- If local members are interested Karen will have a volunteer form created to hand out. This form will identify the availability of the volunteer. Liability also needs to be addressed and Narcan training for each Volunteer.
- Transportation to treatment is also a barrier, Karen mentioned Safe Passages and requested for additional law enforcement contact. Sara provided law enforcement contact to Karen.
- Community events were discussed and possible methods on how to involve the ROSC.

The next Cumberland County meeting- April 18th at 4:30 PM, meeting will be hybrid.