

# Douglas County ROSC Meeting Minutes

April 27, 2022

10:00 am

Zoom and In-Person Hybrid

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**Note taker:** Kari Knapp

**Attendees:** Karen Cook, Kari Knapp, Colleen Lehmann, Summer Phillips, Liesl Wingert, Heather Skinner, Adam Weinstock, Matthew Hales, Sarah Ruholl

## *Minutes*

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### **Agenda Item: Introductions and Updates**

- Hour House applied and received for funding to expand ROSC Efforts! The expansion will include Edgar, Clark, and Moultrie counties. Hour House plans to hire 1 ROSC Supervisor and 5 ROSC Coordinators. Additionally, Hour House will hire 6 Recovery Navigators (similar to a Peer Specialist; at least 2 years of active sobriety/recovery – looking for someone who is community specific. If you are aware of anyone that might be a good fit for this, please let Karen know They do not need to live in the county in which they will serve). Implementation will begin FY23 (July 1, 2022). Karen has recovery navigator brochures if any additional community members need more.
- Currently Douglas County is utilizing a Recovery Navigator to provide support to the Douglas County Probation office.

#### **Hidden in Plain Sight (May 2<sup>nd</sup>, 2022 @ Arcola Jr./Sr. High School)**

The Hidden in Plain Sight event is an Educational event to increase awareness of SUD for parents & caregivers. Douglas County ROSC members have come together to provide Raffles, concession coupons, and restaurant gift cards to be given away.

- Karen reminded the members to Please share the save the date & invite as many people as you can! Karen and Kari also reminded the ROSC members that if anyone else would like to volunteer to please reach out!
- Summer provided an update stating that the Arcola Police Department will be volunteering as well as Carle Recovery.

### **Agenda Item: Strategic Goals Update and Review of Community Health Needs Assessment ---**

- How can we enhance our current strategic goals?
- Karen described that we need community collaboration and support to address these efforts!

#### **Promotion Efforts:**

- Summer mentioned the idea of cross-training opportunities with local organizations.
- Colleen mentioned that bringing in/collaboration with medical personnel to our events would have a positive impact.

- Karen mentioned that the ROSC members need to be vigilant of who is at the table and who do we need to invite?

### **Anti-stigma efforts/campaigns objective**

- Karen asked the ROSC members if our current billboards making a difference and if we want to proceed in having them.
- Summer asked if we can post the billboards on social media sites.
- Karen reminded the ROSC members that our current billboards state "Recovery is Possible". Karen also asked the member how can we tie the billboards back to the ROSC especially in some communities are not aware of what that means; do we want to change the billboards? Do we want to change the slogan?
- Summer mentioned that it might be beneficial to change the slogan
- If you have any slogan ideas, send them to Karen
- ROSC members suggested of having a uniformed ROSC T-shirt for events. Karen will look into the cost.
- ROSC members stated that they would be willing to buy their own shirts. ROSC members also mentioned that we should partner with a local printing company.
- Matthew suggested using print on demand so we do not have to utilize a pre-order form.
- ROSC members provided insight on National Recovery Month and possible events.
- Karen stated that due to COVID that a Recovery Walk or picnic might not be an option this year. Karen will brainstorm for other activities for September.
- **Possible- ADD OBJECTIVE:** increasing community event activities to address substance use stigma amongst the community?
- Summer mentioned that the ROSC should create a flyer that outlines what each ROSC partnered community agency does to support substance use services and supports in the community
- **Possible- ADD OBJECTIVE:** One flyer/ROSC promotion brochure that outlines the organizations within the ROSC, ROSC goals, QR code for social media pages, etc.
- Matthew Hales mentioned Odd Fellows Event/ The Odd Market; (Tuscola, IL) June 18<sup>th</sup> 10 AM – 3PM
- Matt stated that there was one Table left for one non-profit (ROSC could be involved, if desired) the event will include a 5k, vendors, and then a drag show. The event targets the LGBTQ+ population (which tend to be at higher risk for substance use) if ROSC would like to be included the time for tables would be 10 AM-3 PM.
- Summer volunteered as a ROSC member to help out on June 18<sup>th</sup> and provide substance use disorder educational information.

### **Prevention Efforts:**

- Summer suggested offering training days with the schools and offer CEU's.
- Hour House Prevention- awarded funding for 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grade to do SUPPS. Additionally, Hour House will be hiring additional staff members.
- Sara mentioned that educational staff might be uncomfortable teaching additional health topics, etc. Sara mentioned that teacher's will not want to participate in trainings unless CEU's are provided; Sara mentioned that teachers are unaware of the substance use needs amongst families and students
- Hour House does not implement trainings but they work directly with other organizations (such as Family Resource Center) to provide trainings
- Kari mentioned that educators are hesitant to this education due to stigma; so, we need to look into providing some anti-stigma trainings for schools (administration and teachers) Kari

mentioned that Chestnut has presentations ready to go that could be provided to school staff. Kari will let Karen know when those presentations will be able to be implemented for CEU's

- Red Ribbon Week- Karen will check with Michelle to see what efforts Hour House does to support these efforts within schools

**August 31<sup>st</sup> (National Overdose Awareness Month)** ; Candle Vigil in Douglas County

- Volunteers will be needed for this event, there will need to be a designated leader at each area. It was suggested that there be a Script or a prayer; moment of silence
- Possible event time would be during the Evening time- 7:00 or 7:30 PM (30 min event; but at least 1 hour of set up)
- The event should include a table with information and resources
- Karen mentioned that she is working on creating county specific social media pages where resources could be provided, community voices, etc.
- Colleen asked if the ROSC videos could be provided to the ROSC member. Karen stated that the videos will be finalized soon. Colleen said that she would want to post the videos on DCHD's socials. Karen welcomed all organizations to post the videos on social media sites

### **Next Steps**

- Brainstorm prevention and intervention/harm reduction strategies over the next month. We will discuss these two parts of the continuum at May's ROSC meeting.

### **Community Agencies Updates**

- Matthew Hales- Newman library is now fine free! The library is mask-optional, this is something to look deeper into
- Matt also mentioned that ROSC efforts could implement an event geared towards teens and SUD education. The event could include pizza, lemon shakeups, fun activities for kids. SUD Educational opportunities
- Matt suggested to look during the summer time months because no school Kari will connect Matthew to Linda and Stacy.
- Liesl shared that FFA students do a great job with a petting zoo for kiddos (reach out to local high school)
- Possible next steps will be communicating with local organizations to determine support, volunteers, date/time, location, etc.