# Douglas County ROSC Meeting Minutes

September 28, 2022 10:00 am Zoom and In-Person Hybrid

**Attendees:** Leanna Morgan, Darlene Smith, Lamont Gordon, Aaron Luth, Jason Pantier, Summer Phillips, Colleen Lehmann, Katie Difanis, Dominik Stallings, Dana Tell, Nicki Hanks, Ambrosia Roberts, Kyle Houser, Kristina Drum, and Julie Pohlman.

# **Minutes**

## **Agenda Item: Updates and Introductions**

- Lemont Gordon, TASC Assessor
- Katie Difanis, Carle Addiction Recovery Center Community Outreach Worker
  - Katie has received names from Leanna and Summer to contact the jail regarding a discussion about Medication Assisted Recovery. She will reach out to Adam Weinstock and possibly Lamont Gordon.
- Julie Pohlman, Chestnut Community Recovery Technical Assistance Specialist
  - Assisting Region 4 ROSC Council Coordinators.
- Summer Phillips, Community Outreach & SUD Prevention Douglas County Health Dept.
  - Currently preparing for the Arcola Senior Health Fair on 9/30.
- Colleen Lehmann, Public Health Liaison Douglas County Health Dept.
  - Has been out on leave but has now returned.
- Aaron Luth- Lifetime resident of Douglas County
  - Happy to assist in any way possible.
- Jason Pantier, Probation
  - Has started passing out resource bags
  - Hoping to connect with Dial-A-Ride for tokens or passes.
- Dana, ROSC Coordinator Coles County
- Darlene, Recovery Navigator Douglas County
- Nicki, Recovery Navigator Edgar County
- Kristina, ROSC Coordinator Clark/Cumberland Counties
- Kyle, Recovery Navigator Clark/Cumberland Counties
- Ambrosia, ROSC Coordinator Edgar County
- Dominik Stallings, The Tuscola Journal
  - Would like to write an article about Narcan- will contact Colleen and Summer.
- Leanna Morgan, Douglas County ROSC Coordinator
  - Coordinating with Shundra Parker at TASC to obtain Fentanyl Test strips.
    - Discussion on what the strips are used for.

- More community education is needed.
- Coordinating with Tia Schum, Piatt County ROSC, and Stacy Welch for outreach in Atwood.
- Coordinating with Tess Miller, Moultrie County ROSC, for outreach in Arthur.
- Council members unable to attend that communicated their updates prior to meeting;
  - Jason Wallace, North Ward Principal- Attending a workshop in Springfield. Has
    referred new social workers and counselors to ROSC. Leanna has reached out to
    each of them as well as the Hour House Prevention staff to office assistance.
  - Liesl Wingert, SIU School of Medicine- out of office but reports she will review minutes when returns. For ROSC recovery month project, Liesl dropped off 800 Narcan for resource bags!
  - Kaycie Sanders, Dial-A-Ride Administrative Director- had a conflicting appointment, due to working with EIU on brochure translation to Spanish. Kaycie reported prior to meeting that there are no updates at this time to report. Leanna began attending quarterly transportation advisory meetings. Let committee know that Kaycie provided pens and brochures for resource bags. Darlene will help by assisting clients in pre-arranging transportation according to Dial-A-Ride rules.
  - Adam Weinstock, Douglas County Chief Deputy- is currently attending training out of state. Has set up an appointment with ROSC team to discuss recovery navigator services. Leanna has also mentioned to him that Katie Difanis will be reaching out regarding a discussion about medication assisted recovery.

#### Overdose Awareness- Candlelight Vigil

- Douglas County candlelight vigil had about 21 participants.
- Stacy Welch set up a table for Shalynn's Hope.
- Linda Scribner with Be Brave assisted with readings.
- Stacy Welch invited WCIA and was interviewed, highlighting Shalynn's Hope and mentioned ROSC.
- There was a beautiful display of photos of those lost loved ones to substance use overdose.
- Photos were posted on the ROSC Facebook page.
- ROSC hopes the event will grow in following years due to the tv and social media attention.

#### Recovery Month

- Example of a resource bag shown, bags have been or will be delivered to the following;
  - Douglas County Probation
  - RISE
  - Douglas County Health Dept
  - Douglas County Jail
  - Be Brave

- Shalynn's Hope
- Some resource bags are still available. Discussion regarding areas needed. Newman and Villa Grove recently received Narcan.
- Facebook and radio featured recovery testimonials, some of the ROSC team recovery navigators.

## • Recovery Navigator referral forms

- o Darlene is ready to go, waiting on the official go ahead.
- Referral forms available at meeting to review.
- Meeting locations already discussed are RISE, Probation, Newman library, and potentially the jail. Looking for locations in Arcola, Arthur, Villa Grove, etc.

## Strategic Plan

- Calendar
  - Council had discussion about upcoming meetings at the Douglas County Health Dept and Zoom.
    - October 26th 10:00
    - November 16th 10:00 (for November and December)
    - December- Cancelled due to holidays
    - January 25th 10:00
  - Member participation
    - We need referrals! Areas most needed are recovery support groups, faithbased groups, government officials, volunteer organizations, and local businesses
    - Discussion about starting informal subcommittees for Persons with Lived Experience
      - Leanna and Darlene will begin outreach to look for possible members.
      - Would meet possibly outside of normal working hours or on weekend.
    - Need to start going to county board meetings in order to find elected officials.
      - 3rd Wednesday of the month is county board meeting. Summer and Leanna will start going as much as possible.

### • Other Business

- Hour House 50th celebration flyer discussed.
- Next Meeting: October 26th, 2022 at 10:00 AM