



TAKE ACTION COALITION OF CLINTON COUNTY RESOURCE LIST*

Adult Literacy

Kaskaskia College

Phone Number: 618-545-3115

Information: The Reading Link Program provides free literacy and pre-GED tutorial services to adult learners who want to improve their reading skills. Our tutors are trained volunteers who will assist you with the tools necessary to build pathways that can lead to education, employment, and career goals. The ABE/ASE (Adult Basic education/Adult Secondary Education) program can help you improve your reading, writing, and math skills. We serve all levels of skills based on reading scores from the TABE (The Test of Adult Basic Education). We have classes in the day and the evening at various locations throughout Marion, Clinton, Bond, Fayette, and Washington Counties. Testing is offered at the Kaskaskia College main Campus. ABE/ASE classes start several times throughout the year and meet twice weekly for 3 hours per class. Day and evening classes are offered in several locations throughout the District where classes take place.

<https://www.kaskaskia.edu/about-kc/directory/office/greenville-center/>

Public Libraries serving Clinton County:

Breese - 530 N. 3rd Street, Breese, IL 62230, Ph#618-526-7361, <https://breeselibrary.org/>

Carlyle - 550 6th St, Carlyle, IL 62231, Ph#618-594-5210, <https://casehalstead.org/>

Centralia – 515 E. Broadway, Centralia, IL 62801, Ph#618-532-5222, <https://www.centralialibrary.org/>

Germantown – 403 Munster St., Germantown, IL 62245, Ph#618-523-4820, <http://www.gtownlibrary.org/>

New Baden – 210 N. 1st Street, New Baden, IL 62265, Ph#618-588-4554, <https://newbadenlibrary.org>

Trenton – 118 E. Indiana, Trenton, IL 62293, Ph#618-224-7662, <http://trentonil.org/library/>

Clothing Closets-All Free!:

BCMw, 625 N. 2nd Street, Breese, Tues and Thurs 9-3, we prefer they call ahead for an appointment, #618-526-7123.

Carlyle Christian Church Outreach Center, 1025 Lake Road, Carlyle, Saturdays 9am-12pm (clothing, hygiene & household items; you can message them your needs on their Facebook page and someone will get back to you. They also do monthly punch cards, 1 per person with a limit of 5 people per household, for personal care items)

Centralia First United Methodist Church, 103 Elm Street, Tuesdays 9:30-11:00am (clothing)

New Baden Zion United Church of Christ, 414 W. Hanover Street, Monday from 11am-2 pm (clothing/household)

Community Services:

BCMw Office, 625 N. Second Street, Breese, IL, Ph#618-526-7123, Mon.-Thurs., 8am-4pm

<http://www.bcmwcommunityservices.org/>

Low Income Home Energy Assistance (LIHEAP), Transitional Housing, Rental Housing Support, Weatherization Program, Housing Rehabilitation Program, Home Modification Program, Community Services Block Grant (CSBG) Emergency Services, Head Start, food, clothing.

Brightpoint (formerly Children's Home and Aid Society), 357 N. Main Street, Breese, IL Ph#618-526-8348,

<https://www.brightpoint.org/> Provides youth services to children, youth and families in the Metro East area.

Department of Human Services, 800 S Locust St., Centralia, IL, Ph#618-532-1966, <https://www.dhs.state.il.us/page.aspx?>

Can help you meet basic needs, cope with illness, emergencies, or other challenges. Can help you get Illinois Link Card, Cash, Medical Programs, Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), Women, Infants and Children (WIC). Emergency services like housing assistance and food.

Family Support Hotline, Ph#314-669-1184, Serving Clinton County

Connect with a volunteer with lived experience dealing with a loved one's substance or alcohol addiction. Receive a packet of support information to help YOU through this situation.

IL Department of Children & Family Services, 1809 W. McCord, Centralia, IL 62801, Ph#618-352-6101

<https://dcfs.illinois.gov/>

The mission of Illinois DCFS is to protect children who are reported to be abused or neglected and to increase their families' capacity to safely care for them; provide for the well-being of children in our care; provide appropriate, permanent families as quickly as possible for those children who cannot safely return home; support early intervention and child abuse prevention activities and work in partnerships with communities to fulfill this mission.

MERS Goodwill-WIOA Youth Services, 951 Fairfax Street Carlyle, IL 62231, Ph#618-322-2328, Mon.-Fri. 8am-4pm

<https://mersgoodwill.org/programs-services/>

GED tutoring and testing fee assistance, Job Readiness Training, Job Search Assistance, Paid Work Experience, Post-Secondary Education Transition Support and Career Counseling. Accepts High School Students, Graduates and Drop-Outs. Ages 16 - 24.

Sexual Assault & Family Emergencies (SAFE), Satellite Office: 276 N. Main Street, Breese, IL, Referrals go through their main office in Vandalia, Ph#618-283-1414, <https://safecrisiscenter.org/>

Therapy and prevention education; provides services related to sexual assault or abuse; prevention programs cover internet safety, bullying dating relationships.

Social Security Administration

Room 103 Federal Building
501 Belle, Alton IL 62002

Phone Number: 855-285-6006

Phone Number: 618-463-6568

<https://www.ssa.gov>

St. Anne Cradle of Hope

2015 W. Main Street, Suite B
Carbondale, IL 62901

Phone Number: 618-722-5022

Mondays & Wednesdays, 10am-2pm

Information: provides materials and emotional support to pregnant mothers, young mothers, and families in need throughout Southern Illinois. www.stannecradleofhope.org

The Restore Network

3993 Fosterburg Road, Alton, IL 62002

Phone Number: 1-618-258-7244

<https://therestorenetwork.org/>

Information: faith-based group helping families and foster kids with what they need to heal from trauma. As a foster family, you will receive trauma-informed training and practical, ongoing support as you open your door to a child. We can help with meals, clothes, beds, car seats, ongoing advocacy, prayers and support that continue as long as the child is there.

2-1-1 Community Helpline: free, confidential information and referral service; available 24 hours a days, 7 days a week; connects you to a broad range of services including counseling, food pantries, health services, housing, support groups, and more; search the online database at UWSCI.org. United Way of South Central Illinois.

Counseling & Mental Health Services:

988 – Dial this number for free and confidential support for anyone with mental health worries or dealing with a mental health crisis. Resources can be provided to local supports. If you or someone you know needs support now, call or text 988 or chat 988lifeline.org.

Branch of Hope Ministry, 951 Fairfax, Carlyle, IL Ph# 618-226-3326, <https://branchofhopeministry.com/>

Offers affordable rates in marriage, family, youth, individual and addiction recovery along with anger management and intervention assistance.

Community Resource Center, 580 8th Street Carlyle, IL, Ph#618-594-4581, www.crconline.info

24 hr crisis hotline, substance abuse counseling, DUI service, psychiatric services, case management and residential living

Coping 4 Kids, Coping 4 Life, 900 N. Walnut Street, Breese, IL, Ph# 618-830-5312, www.coping4life.com

Individual and family counseling. Fees are based on income. Outreach services include workshops/trainings, basic life needs (food, clothing, school supplies, and household donations) and community services (prom clothing, Thanksgiving baskets, Christmas gifts).

Heartlinks Grief Center, 5110 West Main, Belleville, IL, Ph#618-277-1800, www.myheartlinks.com

A program of Family Hospice, assists grieving children, individuals, families, and groups through individual and family counseling, peer support groups, and other supportive community programs regardless of ability to pay.

Lucy Schrage
Breese, IL Counseling

Ph#618-920-5028

National Alliance on Mental Illness Southwestern Illinois (NAMI) 2100 Madison Ave., 4th Floor, Granite City, IL 62040,
Ph#618-798-9788 <https://namiswi.org/about-nami-southwestern-illinois/contact/>

Solutions for Wellness
Breese, IL, Counseling

Phone Number: 618-322-6424
<https://christinadiesen.com/>

Dentists

Azar Orthodontics, 14011 Jamestown Rd., Breese, IL, Ph#618-235-3337, <https://azarorthodontics.com/>
Breese Dental Care, 111 N. Main St., Breese, IL, Ph#618-526-2020, <https://breesehighlanddental.com/>
Breese Dental Group, 9437 Holy Cross Lane, Breese, IL, Ph#618-526-4233, <https://www.breesedentalgroup.com/>
First Arrow Dental, 9 N. 1st Street, New Baden, IL, Ph#618-588-3592, <https://www.firstarrowdental.com/>
Franklin Whipps, Orthodontist, 702 Church St., Germantown, IL, Ph#618-523-4204,
Hyten Dental, 651 9th Street, Carlyle, IL, Ph#618-594-4288, <https://www.hytendental.com/contact-us>
Ronald Kellough, 702 Church St., Germantown, IL, Ph#618-523-4251, <https://www.ronkelloughdmd.com/>
SIU School of Dental Medicine, 2800 College Ave., Alton, IL, Ph#618-474-7000, <https://www.siu.edu/dental/patient-clinics/index.shtml>
Wessol Dentistry, 550 8th St., Carlyle, IL, Ph#618-594-3361, <https://www.wessoldental.com/>

Domestic Violence

Eden's Glory/Foster Kairos
PO BOX 164 Maryville, IL 62062

Main Phone Number: 314-312-3539
Email: healing@edensglory.org

Information: A home fortifying survivors, educating communities, and working to end human trafficking all for the glory of God. Our two-year treatment program for adult female survivors of human trafficking ages 18-45 is designed to treat each aspect of a survivor's health—physical, mental, emotional, spiritual and relational—to fully support her on her journey to holistic recovery. Foster Kairos serves minors between the ages of 5-17 who have experienced trauma or who have been trafficked.

loveisrespect

Phone Number: 1-866-331-9474

Text "loveis" to 22522 Secure online chat: loveisrespect.org

Information: Love is more than the way you feel. Have questions about your relationship? We're here to help.

National Domestic Violence Hotline

Phone Number: 1-800-799-SAFE (7233)

Information: Everyone deserves relationships free from domestic violence. When you're ready, we're here to listen with confidential support 24/7/365.

Sexual Assault and Family Emergencies (SAFE)

Phone Number: 800-625-1414

1410 Sunset Drive, Suite G, Vandalia, IL 62471

<https://www.safecrisiscenter.org/>

Information: SAFE offers free, confidential sexual assault counseling and advocacy services for survivors and their support systems as well as sexual abuse prevention education for the community.

Education & Training

Child & Family Connections, 660 W. Noleman St., Centralia, IL, Ph#618-532-4919

Information: Infants and toddlers (birth to 3 years) can be evaluated to see if there is a delay in: 1. movement, 2. learning, 3. dealing with others, 4. behavior, and/or 5. self-help skills. If services are needed, an Individualized Family Service Plan (IFSP) will be written to set goals and identify needs. Families, with the support of Early Intervention Providers, get home visiting services from therapists to help the child.

Family Matters Parent Training & Information Center

Phone Number: 1-866-436-7842

1901 S. 4th St., Ste. 209, Effingham, IL 62401

<https://www.fmptic.org/>

Information: If your child receives special education services or an accommodation plan or is in need of such services, Family Matters Parent Training and Information Center (FMPTIC) can help. We assist parents of children with disabilities to be informed participants in the special education process. We assist students with disabilities to understand their rights and responsibilities. We supply information to teachers and other professionals who provide special education and related services to children with disabilities.
School Year Hours: 8:00 am to 4:30 pm - Tuesday, Thursday and Friday; 8:00 am to 6:30 pm - Monday and Wednesday
Summer Hours: 8:00 am to 4:30 pm - Monday, Wednesday, Thursday, and Friday

Illinois Center for Autism

548 South Ruby Lane, Fairview Hts., IL 62208

Information: The Illinois Center for Autism (ICA) is a not-for-profit, community-based, mental health treatment, and educational agency dedicated to serving people with autism spectrum disorder (ASD). Referrals are made through local school districts, hospitals, doctors, and the Department of Human Services. Our goal is to educate and serve children and adults with autism to help them achieve their highest level of independence in their home, school, and community. We offer a variety of programs designed to help individuals from 3 years old to adulthood. If you have questions or are in need of resources, we would love to speak with you.

Phone Number: 618-398-7500

<https://illinoiscenterforautism.org/>

Kaskaskia Special Education Services, 224 S. Locust St., Centralia, IL, Ph#618-532-4721, <https://www.ksed801.com/>

Information: provides Occupational/Physical/Speech therapies, social workers, and itinerant services to schools in districts; school psychologists provide Individual Education Plans (IEP's) and Section 504 plans for students. Request an evaluation through your local school district.

MERS Goodwill/WIOA Youth Svcs., Angela Knaub-Case Manager for Clinton County, Phone Number: 618-322-3238

Information: Provides opportunities for persons with barriers to employment to work and live more independently in the community. Services include Job Readiness, Vocational Assessment, Job Finding Assistance, Welfare to Work Programs and WIOA Programs. Provides help with employment, preparation for college, job skill training, and job shadowing/internships. There is also provision of certifications, assistance with job searches, financial education, tutoring, GED assistance, and career exploration.

Southern Illinois Case Coordination Services, 325 S. Poplar, Centralia, IL, Ph#800-828-7422, <http://www.siccs.org/>

Information: is a not-for-profit, independent service coordination agency providing Pre-Admission Screening and Service Coordination to all eligible individuals who have a developmental disability.

Employment Opportunity Links:

<https://illinoisjoblink.illinois.gov/>

<https://www.illinoisworknet.com/>

<https://www.facebook.com/MCETD>

Illinois Department of Employment Services (IDES), <http://www.ides.illinois.gov>

Eye Doctors/Services

Breese Family Vision, 289 N. Main, Breese, IL, Ph#618-526-7765, <https://lebanonoptometriccenter.com/>

Clarkson Eyecare, 103 Clintonian Plaza, Breese, IL, Ph#618-526-7447, <https://www.clarkoneyecare.com/locations>

Lions Club-Assistance for eye exams, glasses or hearing aids should be requested through your local Lions Club

Marion Eye Centers, 1950 Franklin, Carlyle, IL, Ph#618-594-2220, <https://www.marioneye.com/>

Food Pantries/Blessing Boxes:

New Baden Zion United Church of Christ, 414 West Hanover Street, Ph#618-588-4135

As a collaborative effort to provide for those in need, in conjunction with New Baden United Methodist Church and St. George Catholic Church, Zion United Church of Christ is home to the New Baden Food Pantry. The New Baden Food Pantry serves both residents of New Baden as well as New Memphis. Non-residents may be given permission to use the pantry under special circumstances. The application process is simple and the only requirements are identification and proof of residency. Acceptable forms of proof of residency include utility bills (such as water/sewer and electric) or a lease agreement. The New Baden Food Pantry is accessible Monday through Friday from 9am until 3pm. If you have any questions please contact the church.

Trenton Westgate Baptist Church, Greenbean Food Pantry, 843 West Broadway, Ph# 618-224-7581

Wednesdays from 6-7pm, for Trenton residents. Once a month the pantry hosts a food truck from Feeding America that is available for all on the second Tuesday of every month.

Germantown St. Vincent DePaul Food Pantry, 602 Church Street. Please call Shirley Eversgerd 523-4260 or John Feldmann 363-6588 if you need help. Mondays from 10:30am-1pm. Serves residents of Damiansville, Albers, Aviston, Germantown, and Bartelso.

Carlyle Matthew 25 Ecumenical Food Pantry, Hwy. 127/Clinton St. in St. Mary Church School parking lot, Ph#618-594-3223

Anyone who resides in Clinton County and meets requirements may obtain food one time per month. Wednesdays from 9am-11am. Also provides a drive thru distribution, usually on the 3rd Monday of every month at the Emmanuel United Church of Christ at 19th and Clinton Streets. Arrive by 9am and line-up in car.

Breese House of Manna Food Pantry, 480 South Fourth Street Breese, IL 62230, Ph# 618-526-7123, Mondays 6-6:30pm

Must be first approved by BCMW (618) 526-7123. Food pantry serves Beckemeyer, Breese, St. Rose and Breese School Districts. Nonperishables only. **Blessing Box** outside facility for emergency food needs. Take what you need; leave what you can.

Centralia Mobile Market, Fairview Park, 1035 W. McCord, Centralia, IL, 1pm, Second Thursday of each month.
First come, first served. Distribution begins at 1pm.

BCMW, 625 N. 2nd Street, Breese, can come once a week, we have pre-made bags made up. Non-perishable foods.
Usually we require they are clients, but we do make exceptions depending on the situation. Call #618-526-7123.

Health & Wellness:

Chiropractors:

Alternative Solutions, 4989 Old. US Hwy. 50, Aviston, IL, Ph#618-228-7722, <https://alternativesolutions.janeapp.com/>
Integrated Medical Group, 2111 W. Lake Dr., Carlyle, IL, Ph#618-594-4500, www.drthayer.com
Med-Plus Physical Medicine, 18209 Eula May Pkwy, Carlyle, IL, Ph#618-594-3671, www.medplusplus.com
New Baden Chiropractic Center, 701 E. Hanover, New Baden, IL, Ph#618-588-9355,
Smith Chiropractic Clinic, 14015 Jamestown Rd., Breese, IL, Ph#618-526-7732, www.doctormarc.com
Revermann Chiropractic, 397 N. Plum St., Breese, IL, Ph#618-526-4700, www.revermannchiropractic.com
Trenton Chiropractic, 206 W. Broadway, Trenton, IL, Ph#618-224-9118, www.getmepainfree.com
Well Adjusted Chiropractic, 111 E. Hanover St., New Baden, IL, Ph#618-588-9355

Clinton County Health Department

930 Fairfax St., Carlyle, IL

Information: Immunizations; lab services; Women's, Infants & Children's (WIC) Program. WIC is a supplemental food program for women, infants and children who are eligible. The program serves pregnant women, new mothers, infants and children up to the age of five (5). WIC provides nutritious foods.

Phone Number: 618-594-2723

<https://clintoncountyhealth.com/>

Doctors:

AST Primary Care, 12977 Franklin St., Carlyle, IL, Ph#618-227-7229, <https://www.advancedsurgicaltechnology.com/about/locations/>
Deanna DuComb Dermatology, 1210 Jefferson St., Carlyle, Ph#618-594-2454
HSHS Medical Group (many doctors at many locations--General, Surgery, Podiatry, and more), [https://www.hshs.org/medical-](https://www.hshs.org/medical-group/locations)

[group/locations](https://www.hshs.org/medical-group/locations)

Right From the Start Pediatrics, 9423 Holy Cross Ln., Breese, IL, Ph#618-526-8850, www.drmorra.com
Southern Ob/Gyn & Assoc., 9447 Holy Cross Ln., Breese, IL, Ph#618-526-2209. www.sogamds.com

Chestnut Health Systems

50 Northgate Industrial Drive
Granite City, IL 62040

Provided Services: Chestnut Health Systems has multiple substance and mental health services for adults. Substance Services include Inpatients, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services.

Chestnut Primary Phone: 618-877-4420

Crisis After Hours: 618-877-0316

www.chestnut.org

Gateway Regional Medical Center

2100 Madison Ave.
Granite City, IL 62040

<https://gatewayregional.net/>

Provided Services: Gateway Regional Medical Center provides Inpatient Psychiatric Care for 18 years and older. We are open 24/7; anyone in crisis, harm to themselves or others. Please call our Intake Hotline number. We have an IOP (Intensive Outpatient Program), this program is "all-inclusive program" The client will be seen by a Psychiatric NP for medicine management, 1x a week individual counseling, and group counseling which runs 3 days a week Tuesday, Wednesday, Thursday 4pm-8pm. For more information please call our IOP line.

24/7 Intake Hotline Phone: 618-798-3888

IOP (Intensive Outpatient Program) Phone: 618-798-8155

IOP Open: Monday – Friday 9am-5pm

HSHS St. Joseph's Hospital

9515 Holy Cross Lane, Breese, IL

Information: Inpatient and outpatient services; emergent and crisis services; lab/x-ray services; can apply for financial assistance with bills; Wellness Lab Day on Tuesdays, 6:30am-4pm; physical therapy; Senior Renewal program; audiology/speech therapy; dietician; free Narcan Rescue Kits available at ER front desk, no questions asked.




Phone Number: 618-526-4511

<https://www.hshs.org/st-josephs-breese>

Poison Control Center

Phone Number: 1-800-222-1222

Provides trusted information and treatment advice on potentially harmful substances. IPC medical experts include physicians, nurses and pharmacists.

 1	In Case of Emergency Call 911 if someone is unconscious or is having difficulty breathing.	 2	Remain Calm Most poison emergencies can be resolved quickly over the phone.	 3	Call the Helpline Call 1-800-222-1222 if you are concerned that you or someone else has been exposed to a potentially harmful substance.
--------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------

Health Insurance Help:

Chestnut staff have been certified and licensed as Certified Applications Counselors (CAC). The CAC is intended to assist Chestnut Health Systems clients, **as well as non-clients** in applying for insurance coverage at the Health Insurance Marketplace; i.e. Medicaid, etc. CACs will assist the applicants quickly and efficiently in applying for insurance coverage, walking them through the process with care, patience, and compassion, and providing follow up as needed. www.chestnut.org

CACs can be contacted for assistance by calling them at 618-512-1864, and/or emailing them at SR-CAC@chestnut.org. CACs can help either in person, by telephone, or telephonically via Zoom or Teams. Effective 3/20/23, we will have a CAC onsite Monday thru Friday from 7:30 a.m. to 3:30 p.m. at the Northgate location ready and available to help.

When requesting help from a CAC, it is important that you provide the CAC with:

1. Applicants full name
2. Applicants date of birth
3. Applicants contact information

Applicants should be prepared for a meeting with a CAC by having the following available and ready:

1. Social Security Number
 - a. If applying for family coverage, they will need the family members Social Security Numbers.
 2. Last 3 paystubs, if available, or proof of income (if employed)
 - a. If applying for family coverage, they will need the family members income as well.
 3. Driver's License or State Photo ID

Housing/Financial Assistance:

BCMw Community Services, 625 N. Second Street, Breese, IL Ph#618-526-7123, Mondays-Thursdays, 8am-4pm

The Transitional Housing Program is a supportive housing program for homeless families. Participants are provided a subsidized transitional housing unit to live in while they actively work on goals that will make them self-sufficient. Target areas include income, employment, education, transportation, child care, health and housing. The ultimate goal of the program is for families to be able to obtain and remain in affordable permanent housing. The Rental Housing Support Program is a rent subsidy program, similar to the HUD voucher program, that targets extremely low-income renters.

Carlyle Ministerial Alliance, Ph#618-594-205

Provides funds to help ones in the Carlyle Unit School District One in meeting financial needs.

Germantown General Assistance, 705 Prairie Street, Germantown, IL, Ph# 618-971-7695

Germantown Residents only. Basic needs assistance for adults with no children, rent and mortgage. Call for an application to be filled out and taken to a case worker.

Looking Glass General Assistance, 3113 Leisure Street, New Baden, IL, Ph# 618-588-4888 or 618-588-7148

New Baden Residents only. Basic needs assistance for adults with no children.

McKinney-Vento Act

Phone Number: 618-283-5011

% Regional Office of Education #3
1500 W. Jefferson Street, Vandalia, IL

Information: If you are staying temporarily with someone else because you lost your housing, or staying in a motel, campground, shelter, or in an outside or inadequate place, you and your children have special rights at school. If you need assistance getting services for our child from your school, please reach out for help.

St. Rose General Assistance, 14446 Baumann Road, St. Rose, IL, Ph# 618-654-2236

St. Rose Residents only. Basic Needs Assistance for Adults with no children.

TANF (Temporary Assistance for Needy Families): apply at local DHS office or online at <https://www.dhs.state.il.us/page.aspx?item=30358>. Provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.

Judicial/Legal/Law Enforcement:

Clinton County Courthouse
8850 Fairfax St., Carlyle, IL
<https://clintonco.illinois.gov/>

Circuit Clerk: Rod Kloeckner, Ph#618-594-6615
State's Attorney: J.D. Brandmeyer Ph#618-594-6645
County Clerk & Recorder: Vicky Albers, Ph#618-594-6620
Probation Dept./Drug Court: Ph#618-594-6635

Land of Lincoln Legal Aid
8787 State Street, Suite 201
East St. Louis, IL 62203

Phone Number: 877-342-7891
Hours: Mon – Thurs: 9 am to 4 pm
Friday: 9 am to 1:30 pm <https://www.illinoislegalaid.org/>

Information: provide eligible low-income and senior residents of central and southern Illinois with high quality civil legal services in order to obtain and maintain their basic needs.

Legal Advice & Referral Center (LARC)

Phone Number: 877-342-7891

Information: Advice/referral center for housing issues (utility shut-offs, trouble getting landlords to make repairs), family issues (orders of protection, custody cases), consumer issues (debt collection, repossession), public benefits/health issues (TANF, SSI, general assistance, food stamps, Medicaid, Medicare).

Nursing Homes/Assisted Living/Senior Services

Breese Nursing Home, 1155 N 1st St., Breese, IL, Ph#618-526-4521, www.breesenursinghome.com

Carlyle Healthcare, 501 Clinton St., Carlyle, IL, Ph#618-594-3112, <https://carlylehcc.com/>

Clinton County Senior Services, Carlyle, IL, Ph#618-594-2321 (Meals on Wheels, congregate meals, activities, veteran affairs)

Clinton Manor Living Center, 111 E. Illinois, New Baden, IL, Ph#618-588-4924, <https://clintonmanorlivingcenter.com/>

Countryside Manor, 450 W. 1st St., Aviston, IL, #618-228-7615, <http://www.palladianmgt.com/aviston-countryside-manor/>

Legacy Place/Cedarhurst, 13887 Progress Dr., Breese, IL, #618-526-9600, <https://www.cedarhurstliving.com/>

The Villas at St. James, 14335 Jamestown Rd., Breese, IL, Ph#618-613-4316, <https://www.meridiansenior.com/senior-living/il/breese/villas-at-st-james/>

Trenton Village, 980 E. Broadway, Trenton, IL, Ph#618-224-9465, <https://trentonvillageretirement.com/>

Villa Catherine, 491 Clinton St., Carlyle, IL, Ph#618-594-8363, <https://carlylehcc.com/villa-catherine/>

Western Clinton County Senior Services, Trenton, IL, Ph#618-224-9913 (Meals on Wheels, carry-outs, activities)

Support Groups:

Adult Children of Alcoholics (ACA), www.adultchildren.org

Al-Anon Family Groups, www.al-anon.org

Alcoholics Anonymous, www.aa.org (find a meeting near you or look at TAC's Recovery Meeting List)

Celebrate Recovery, www.celebraterecovery.org (find a meeting near you)

Emotions Anonymous, www.emotionsanonymous.org (find a meeting near you)

Grief Recovery After A Substance Passing (GRASP): no local groups here but if interested in starting one, contact administrator@grasphelp.org, <http://grasphelp.org/>

Griefshare: a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone. Find a GriefShare support group or event near you. www.griefshare.org

Narcotics Anonymous, www.na.org (find a meeting near you or look at TAC's Recovery Meeting list)

PAL (Parents of Addicted Loved Ones) Group, weekly meetings Tuesdays, 7-8:30pm, virtual through Zoom, contact Craig Loddeke, Ph#618-567-6095 or Email: craigloddeke@yahoo.com for Zoom link. Website: www.palgroup.org

A nonprofit that provides hope through education and support to parents or friends of adults or loved ones dealing with substance use disorder. The free weekly meetings follow evidence-based practices, and the curriculum used is designed specifically for parents by professionals in the treatment and recovery industry.

SMART Recovery, www.smartrecovery.org, (find a meeting near you or look at TAC's Recovery Meeting list)

Transportation:

South Central Transit 12778 Drive-In Road Breese, IL 62230, Ph#618-526-7431 or 800-660-7433 for scheduling Public transportation. Wheelchair accessible. Daily shuttle services are available as well as scheduled ride services. www.southcentraltransit.org

Friends Van-HSHS Hospital in Breese and Highland, call #618-526-8254, for scheduling. Program provides free transportation for medical, dental, and personal appointments. Medical appointments take priority, which include visits to physicians, dentists, chiropractors, pharmacies, and St. Joseph's Hospitals. The Friends Van service area includes the following towns: Alhambra, Albers, Aviston, Bartelso, Beckemeyer, Breese, Carlyle, Centralia, Damiansville, Germantown, Highland, Grantfork, Keyesport, Marine, New Baden, Pierron, Pocahontas, St. Jacob, St. Rose, Trenton, Troy.

Treatment Centers for Substance & Alcohol Use

Alton Memorial Hospital, 1 Memorial Drive, Alton, IL, call patient navigator at (618) 463-7780.

www.altonmemorialhospital.org

Offers a **Warm Handoff Program** out of the **Center for Behavioral Health and Addiction Medicine**. The program offers help to adults who present to their Emergency Department and are in active withdrawal from opiate or alcohol addiction.

CenterPointe Hospital, 4801 Weldon Spring Parkway, St. Charles, MO, Ph#(888) 508-2813

Provider of acute inpatient and outpatient treatment for adolescents, adults and seniors who have been suffering mental, behavioral health, substance or alcohol addiction challenges. <https://www.centerpointehospital.com/>

Chestnut Health Systems, 50 Northgate Industrial Drive, Granite City, IL, Ph#618-877-4420, Crisis After

Hours: 618-877-0316, www.chestnut.org

Has multiple substance and mental health services for adults. Substance Services include Inpatient, Outpatient, and Intensive Outpatient, Psychiatric, DUI Drug Court, and Gambling Services.

Gateway Foundation, 600 W. Lincoln Avenue, Caseyville, IL, Ph#312-663-1130, <https://www.gatewayfoundation.org/>

Offers a full continuum of care across a wide range of clinical settings, so no matter where a patient is in life or recovery, a program can be personalized for them.

Gateway Regional Medical Center-Behavioral Health Services, 2100 Madison Avenue, Granite City, IL 62040,

Ph#618-798-3888, <https://gatewayregional.net/>

Offers treatment for mental and emotional health problems, substance use disorders (drugs or alcohol), and addiction.

HSHS St. Joseph's Hospital **Warm Handoff Program**, Emergency Room, 9501 Holy Cross Lane, Breese, IL, Ph#618-526-4511

Access to Recovery Resources as well as Emergent and Crisis Care. **Anyone can come at any time for help, wanting help is enough.

Come get a free "Rescue Bag" with resources and 2 boxes of Narcan, the opioid overdose reversal medication.

<https://www.hshs.org/st-josephs-breese>

Illinois Recovery Center, 1450 Caseyville Ave. Swansea, IL 62226, #(888) 492-3281, <https://www.illinoisrecoverycenter.com/>

Substance use treatment, medical detox, residential treatment, partial hospitalization program, intensive outpatient treatment, outpatient treatment programs, relapse prevention program, rehabs for women, sober living, stimulants detox programs, telehealth.

Never Use Alone Hotline, #800-484-3731, <https://neverusealone.com/>, a program to prevent overdose deaths where people can speak to an operator while they are using drugs so that someone can call for help if they experience an overdose. Toll-free national overdose prevention, detection, life-saving crisis response and medical intervention services for people who use drugs while alone. Never Use Alone's peer operators are available 24-hours a day, 7 days a week, 365 days a year. No stigma. No judgment. Just love! ❤️

New Vision, Intake Coordinator for more specific info – #618-358-0200. New Vision is located inside the OSF St Anthony's Hospital in Alton. It is a medical detox program. They accept most all insurances including Medicaid. New Vision is a medically supervised, hospital-based service for adults experiencing impending or active withdrawal from alcohol, prescription medications, and/or certain drugs. New Vision provides safe, confidential, compassionate and reliable care with a typical stay of 72 hours for people who qualify. <https://specialcarecorp.com/locations/alton-illinois/>

The Aviary Treatment Center, 22933 Hwy. 61, Eolia, MO, Ph#888-980-8830 or Melissa Monte-#618-304-9762
Specializes in the treatment of alcohol and drug addiction. Does not take Medicaid. <https://aviaryrecoverycenter.com/>

*If you notice an error in any information above, or know a resource we need to add to this list, please email dsbeckmann@chestnut.org.

Updated 10/29/23