

Southern Illinois Community Resource Guide

THIRD EDITION
2022

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Southern Illinois Community Resource Guide

Third Edition 2022

This resource guide has been developed by



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Growth. Community. Transformation.

Suggestions or updates can be directed to
Arrowleaf by calling 618-658-3079 or
emailing info@myarrowleaf.org

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Illinois and National Hotlines/Helplines

Crisis and hotlines addressing a range of services including, but not limited to, substance use recovery, mental health crisis, gambling, suicide prevention, and COVID-19 support.

Addiction & Recovery

Illinois Helpline for Opioids and Other Substances

Call: 1-833-234-6343
Press 1 for Opioid Line
Text HELP to 833234
www.HelpLineIL.org

If you or a loved one is struggling with substance use, talk with a Helpline Specialist about the treatment services best for you. It is free and confidential, and you don't need to have insurance to access treatment.

Illinois Tobacco Quitline

Call: 1-866-784-8937
www.quityes.org

A free resource for individuals wanting to quit tobacco or tobacco-related products. The Quitline's counselors all have at least 25 years of medical experience and attend accredited, nicotine dependence training programs to be certified in tobacco-cessation therapies. They are qualified to offer guidance in lung health and disease-related comorbidities, in addition to tobacco cessation.

The Partnership for Drug-Free Kids Helpline

Call: 1-855-378-4373
www.drugfree.org

If you are having difficulty accessing support for your family, or a loved one struggling with addiction faces care or treatment challenges resulting from COVID-19 circumstances, the Partnership for Drug-free Kids' specialists can guide you. Support is available in English and Spanish.

National Council on Problem Gambling

Call: 1-800-522-4700
Text: 1-800-522-4700

The network is a single national access point to local resources for those seeking help for a gambling problem. Help is available 24/7 and is 100% confidential.

weknowthefeeling.org

Call: 1-800-GAMBLER
(1-800-426-2537)
Text: ILGAMB to 53342

This helpline is answered by experts 24/7. They can help determine whether you or someone you know has symptoms of a gambling problem. If treatment is needed, they can refer you to therapists near you.

SAMHSA's National Helpline

Call: 1-800-622-HELP
(1-800-662-4357)
www.samhsa.gov

A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

LGBTQ+

Trans Lifeline

Call: 877-565-8860

Trans Lifeline's Hotline is a peer support service run by trans people, for trans and questioning callers.

The Trevor Project

Call: 1-866-466-7386
Text: START to 678678

A national 24-hour, toll free confidential, judgment-free suicide hotline for LGBTQ youth. Trained counselors are available 24/7.

Local Resources

Dial 2-1-1

Call: 211
www.211.org

If you need assistance finding food, paying for housing bills, accessing free childcare, or other essential services, visit 211.org or dial 211 to speak to someone who can help.

Disaster Distress Helpline

Call: 1-800-985-5990
Text: TalkWithUs to 66746

The Disaster Distress Helpline (DDH) provides crisis counseling and support for anyone in the U.S. experiencing distress or other behavioral health concerns related to any natural or human-caused disaster, including public health emergencies.

IL Call4Calm TextLine

Text TALK to 55200 for English or HABLAR for Spanish

This service is free and available 24 hours a day, seven days a week for those struggling with stress related to the COVID-19 pandemic and need emotional support. People seeking assistance will remain anonymous and will provide only their first name and zip code, which enables the service to link you to a counselor in your area.



Illinois and National Hotlines/Helplines

Mental Health

Arrowleaf Crisis Hotline

Call: 1-618-658-2611
www.myarrowleaf.org

Available 24/7 throughout the southern 7 counties for adults and youth experiencing a psychiatric crisis (harm to self, others, and/or property). Includes youth with destabilizing factors, youth runaway, parental lock-out, and youth refusal to return home.

CARES Line

Call: 1-800-345-9049

If you or your child is a risk to themselves or others, having a mental health crisis, or if you would like a referral to services for children, youth, and families, call the 24 hour Crisis and Referral Entry Services (CARES) line to talk to a mental health professional.

Crisis Text Line

Text HOME to 741741
www.crisistextline.org

For anyone in the US, anytime and for any crisis. A live, trained Crisis Counselor receives the text and responds, all from a secure online platform.

Friends for Survival Suicide Loss Helpline

Call: 1-800-646-7322
www.friendsforsurvival.org

If your child is a risk to themselves or others, having a mental health crisis, or if you would like a referral to services for children, youth, and families, call the 24 hour Crisis and Referral Entry Services (CARES) line to talk to a mental health professional.

Illinois Warm Line

Call: 1-888-359-7953

Not a crisis hotline, but for you or one of your family members having mental health and/or substance use challenges and would like to receive support by phone from Wellness Support Specialists. Monday to Friday from 8:00 am to 5:00 pm except holidays.

Military/Veterans Crisis Line

Call: 1-800-273-8255 (Press 1)
Text: 838255

Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

Suicide Prevention Lifeline

Call: 1-800-273-8255
www.suicidepreventionlifeline.org

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

If you are in immediate need of assistance please present to your nearest Emergency Room or dial 9-1-1 to be connected to local crisis response services

Illinois and National Hotlines/Helplines

Physical & Emotional Support

DCFS: Child Abuse/Neglect Hotline

Call: 1-800-25-ABUSE
(1-800-252-2873)

Call the 24-hour Hotline at if you suspect that a child has been harmed or is at risk of being harmed by abuse or neglect. If you believe a child is in immediate danger of harm, call 911 first.

Eating Disorders Helpline

Call: 1-888-375-7767
www.anad.org

Free, peer-led helpline providing emotional support and referrals for individuals and loved ones of those experiencing an eating disorder.

HIV/AIDS/Hepatitis C Nightline

Call: 1-800-273-2437

Hotline providing support for people with HIV or hepatitis C and their caregivers during the evening and nighttime hours.

Illinois Elder Abuse Hotline

Call: 1-866-800-1409
TTY: 1-888-206-1327

To report abuse, neglect or exploitation of an older person living in the community.

Illinois Poison Center

Call: 1-800-222-1222

A non-profit health service that provides those who live and work in Illinois with access to comprehensive and trusted information and treatment advice on potentially harmful substances via a free, confidential 24-hour hotline. Staffed by specially trained medical experts, including physicians, nurses and pharmacists.

National Domestic Violence Hotline

Text START to 1-800-799-SAFE
(1-800-799-7233)

www.thehotline.org

Available 24/7 for any victims and survivors of domestic violence who need support.

National Runaway Safeline

Call: 1-800-RUNAWAY
(1-800-786-2929)

www.1800runaway.org

If you are thinking of running from home, if you have a friend who has run away and needs help, or if you are a runaway and need someone to talk to or help returning home, call the Safeline, 24 hours a day, seven days a week.

The National Sexual Assault Telephone Hotline

Call: 1-800-656-HOPE
(1-800-656-4673)

Be connected with a trained staff member from a sexual assault service provider in your area. Available 24/7 and completely confidential.

National Parent Helpline

Call: 1-855-4A-PARENT
(1-855-427-2736)

Being a parent is a critically important job, 24 hours a day. It's not always easy. Call the National Parent Helpline® to get emotional support from a trained Advocate and become empowered and a stronger parent. Hours of operation are Monday through Friday from 10:00 am to 7:00 pm PST.

Sexual Health Counseling & Referral Hotline

Call: 800-258-4448 opt. 3
Text PPNOW to 774636

Anonymous, confidential, and free hotline to connect with healthcare providers and educators to navigate sexual and reproductive health needs. Assists with identifying linkages and referrals to local services and provider.

The Survivor Empowerment Center Hotline

Call: 1-800-334-2094
www.empoweringsurvivors.org

Supporting survivors of violence and promoting a safer community. Confidential, free of charge, and available 24 hours a day, 7 days a week, 365 days a year to women, men, adolescents & children in Franklin, Gallatin, Jackson, Johnson, Perry, Saline, Williamson, and Union Counties.

Women's Health Helpline

Call: 1-888-522-1282

Free and confidential resource available to all Illinois women with health related questions.



First Responders and Emergency Services

Local First Responders and Emergency Services serving the Southern Seven counties.

Alexander County

Alexander County Ambulance

26711 State Hwy. 3
Olive Branch, IL 62969
Phone: 618-776-5958

Alexander County Sheriff

2000 Washington Ave.
Cairo, IL 62914
Phone: 618-734-2141

Cairo Fire Department

1513 Washington Ave.
Cairo, IL 62914
Phone: 618-734-1947

Cairo Police Department

1501 Washington Ave.
Cairo, IL 62914
Phone: 618-734-2131
Fax: 618-734-1947

Tamms Fire Rescue

190 Railroad St.
Tamms, IL 62988
Phone: 618-747-2141

Hardin County

Cave-in-Rock Fire Department

100 E. Main St.
Cave-in-Rock, IL 62919
Phone: 618-289-3238
Fax: 618-289-3255

Hardin County General Hospital

6 Ferrell Rd.
Rosiclare, IL 62982
Phone: 618-285-6634

Hardin County Sheriff

104 E. Market St.
Elizabethtown, IL 62931
Phone: 618-287-2271
Fax: 618-287-2992

Hardin County (cont.)

Hardin County Ambulance

1 Postal Way
Rosiclare, IL 62982
Phone: 618-287-2251

Hardin County Police Department

226 Main St.
Rosiclare, IL 62982
Phone: 618-285-2000
Fax: 618-285-3447

Rosiclare Fire Department

5th and Pell St.
Rosiclare, IL 62982
Phone: 618-285-6800

Johnson County

Cypress Fire Department

7790 Main St.
Cypress, IL 62923
Phone: 618-657-2906

Goreville Police Department

105 W. Collins St.
Goreville, IL 62939
Phone: 618-995-2157

Johnson County Ambulance

155 Industrial Dr.
Vienna, IL 62995
Phone: 618-658-2131
Fax: 618-658-8134

Johnson County Sheriff's Department

113 1/2 N. 5th St.
Vienna, IL 62995
Phone: 618-658-8264
Fax: 618-658-5951

Vienna Fire Department

203 N. 4th St.
Vienna, IL 62995
Phone: 618-658-2341

Johnson County (cont.)

Vienna Police Department/City Hall

205 N. 4th St.
Vienna, IL 62995
Phone: 618-658-8264
City Hall: 618-658-7004

Massac County

Memorial Ambulance Service

1017 North Ave.
Metropolis, IL 62960
Phone: 618-524-2176

Civil Defense Unit:

Phone: 618-524-2002

Brookport Fire Department

Non-Emergency
108 W. 3rd St.
Brookport, IL 62910
Phone: 618-564-2351

Brookport Police Department Non-Emergency

301 Ferry St.
Brookport, IL 62910
Phone: 618-564-3405

Joppa Fire Department Non-Emergency

115 Church St.
Joppa, IL 62953
Phone: 618-543-7320

Joppa Police Department Non-Emergency

515 Market St.
Metropolis, IL 62960
Phone: 618-524-2912

Massac County Fire Protection District

2734 North Ave.
Metropolis, IL 62960
Phone: 618-524-3200

First Responders and Emergency Services

Massac County (cont.)

Massac County Sheriff's Department
515 Market St.
Metropolis, IL 62960
Phone: 618-524-2912

Metropolis Fire Department Non-Emergency
213 W. 7th St.
Metropolis, IL 62960
Phone: 618-524-2121

Metropolis Police Department Non-Emergency
515 Market St.
Metropolis, IL 62960
Phone: 618-524-2912

Pope County

Golconda Fire Department
118 N. Monroe St.
P.O. Box 511
Golconda, IL 62938
Phone: 618-683-3473

Pope County Ambulance
407 E. Main St.
Golconda, IL 62938
Phone: 618-683-2707

Pope County Sheriff's Department
216 E. Decatur St.
P.O. Box 807
Golconda, IL 62938
Phone: 618-683-4321
Fax: 618-683-2201

Rural Pope County Fire Department
Phone: 618-638-4015

Pulaski County

Karnak Fire Department
304 E. Washington
Karnak, IL 62956
Phone: 618-634-2223

Mounds City Police
204 Main St.
Mounds City, IL 62963
Phone: 618-748-9112

Mounds Fire Department
215 1st St.
Mounds, IL 62946
Phone: 618-745-9516

Olmstead Fire Department
150 N. Front St.
Olmstead, IL 62970
Phone: 618-742-6486

Pulaski County Ambulance
75 Camo Clad Dr.
Mounds, IL 62964
Phone: 618-342-6209
Fax: 618-342-6254

Pulaski County Sheriff's Department
500 Illinois Ave.
Mounds City, IL 62963
Phone: 618-748-9374
Fax: 618-748-9338

Ullin Police Department
171 Railroad St.
Ullin, IL 62992
Phone: 618-845-3109
Fax: 618-845-3792

Union County

Anna Fire Department Non-Emergency
101 E. Market St.
Anna, IL 62906
Phone: 618-833-2231

Anna Police Department Non-Emergency
201 E. Vienna St.
Phone: 618-833-8571

Union County Ambulance
301 W. Mississippi St.
Jonesboro, IL 62952
Phone: 618-833-2871

Union County Hospital
517 N. Main St.
Anna, IL 62906
Phone: 618-833-4511

Union County Sheriff's Office
308 W. Mississippi St.
Jonesboro, IL 62952
Phone: 618-833-5500
618-833-2844

State Police Headquarters
1154 Shawnee College Rd.
Ullin, IL 62992
Phone: 618-845-3740

Emergency & Disaster Agency
Phone: 618-833-5742

Please call 9-1-1 or present to your nearest emergency room if you need immediate assistance.

Public Health Department

Southern 7 Health Department offers immunizations/screenings, STD/HIV testing and other general nursing services. Offers WIC and Head Start programs at multiple sites along with community public health education on a variety of issues.

Alexander County

3014 Elm St.
Cairo, IL 62914
Phone: 618-734-4167
Fax: 618-734-3923
Hours: 8:30AM - 4:30PM (M-W)
Closed 12:00 - 1:00PM

Head Start:
Cairo Early Learning Ctr.
4115 Sycamore St.
Building B
Cairo, IL 62914-1069
Phone: 618-734-4220
Fax: 618-734-1985

Egyptian Early Learning Center
(Located in the school)
20023 Diswood Rd.
Tamms, IL 62988-3234
Phone: 618-776-5756
Fax: 618-776-5758

Hardin County

IL Route 146, Bldg. 2
Elizabethtown, IL 62931
Phone: 618-285-6215
Fax: 618-285-6218
Hours: 1:00PM - 4:00PM (W)

Head Start:
Hardin County Early Learning Center
(Located in the school)
Route 2, P.O. Box 313
Elizabethtown, IL 62931
Phone: 618-287-9098
Fax: 618-287-9099

Johnson County

513-1/2 East Vine St.
Vienna, IL 62995
Phone: 618-658-5011
Fax: 618-658-2547
Hours: 8:30AM - 4:30PM
(M/T/TH/F)
Closed 12:00 - 1:00PM

Vienna Early Learning Center
513 E. Vine St.
Vienna, IL 62995
Phone: 618-658-9229
Fax: 618-658-6064

Massac County

1230 Commercial Park Rd.
Metropolis, IL 62960
Phone: 618-524-2657
Fax: 618-524-2900
Hours: 8:30AM - 4:30PM
(M/T & TH/F)
Closed 12:00PM -1:00PM

Head Start:
Metropolis Early Learning Center
416 E. 9th St.
Metropolis, IL 62960-1954
Phone: 618-524-5222
Fax: 618-524-5322

Pope County

205 N. Main St.
Golconda, IL 62938
Phone: 618-285-6564
Fax: 618-285-6218
Hours: 9AM - 12PM (W)

Head Start:
Pope County Early Learning Center
(Located in the school)
125 State Hwy. 146 W.
Golconda, IL 62938
Phone: 618-638-2142
Fax: 618-683-2148

Pulaski County

Administration Office
37 Rustic Campus Dr.
Ullin, IL 62992
Phone: 618-634-2297
Fax: 618-634-9394

County Office:
37 Rustic Campus Dr.
Ullin, IL 62992
Phone: 618-634-9405
Fax: 618-634-2656
Hours: 8:30AM - 4:30PM (W)
Closed 12:00PM-1:00PM

Head Start:
Mounds Early Learning Center
327 N. Reader
P.O. Box 476
Mounds IL 62964-0476
Phone: 618-745-6703
Fax: 618-745-9418

Union County

260 Lick Creek Rd.
Anna, IL 62906
Phone: 618-833-8561
Fax: 618-833-6393
Hours: 8:30AM - 4:30PM
(M-F)
Closed 12:00PM-1:00PM

Head Start:
Anna Early Learning Center
Barnes Hall
1000 N. Main St.
Anna IL 62906-1699
Phone: 618-833-8932
Fax: 618-833-5845

Cobden Early Learning Center
(Located in Cobden Elementary School)
413 Appleknocker Dr.
Cobden IL 62920
Phone: 618-614-2350
Fax: 618-893-1636

Dongola Early Learning Center
(Located in Dongola Elementary School)
1000 High St.
Dongola, IL 62926
Phone/Fax: 618-697-3254

Jonesboro Early Learning Center
(Located in the school)
309 Cook Ave.
Jonesboro IL 62952-1118
Phone/Fax: 618-967-0171



HIV Prevention and Treatment

By enrolling in Illinois HIV Care Connect at no charge, people living with HIV receive help in finding the care and support they need. Once enrolled, a case manager will determine the individual's eligibility for services and benefits from programs including the AIDS Drug Assistance Program (ADAP Medication Assistance), Ryan White Part B, Continuation of Health Insurance of Coverage Program (CHIC Premium Assistance), Housing Opportunities for Persons Living With AIDS (HOPWA), and others. In this way, Illinois HIV Care Connect can help individuals better afford the health care and support services they need to manage HIV and achieve optimal health and self-sufficiency. In many cases, services will be available near an individual's home.

Illinois HIV Care Connect

Southern Illinois Regional HIV Prevention Providers

The Community Action Place, Inc.

Contact: Scott Fletcher
1400 N. Wood Rd., Suite F
Murphysboro, IL 62966
Phone: 618-364-8053
Fax: 618-732-2085
Email: scott.fletcher@tcapinc.org

Services: Risk-Targeted HIV Testing; HIV Navigation Services; Harm Reduction; and Risk-Targeted Monthly Condom Distribution

Jackson County Health Department

Contact: Paula Clark
415 Health Department Rd.
Murphysboro, IL 62966
Phone: 618-684-3143 ext. 160
Fax: 618-687-4933
Email: paulac@jchdonline.org

Services: Surveillance Based Services

Egyptian Health Department

Contact: Jamie Byrd
1412 US Highway 45 N
Eldorado, IL 62930
Phone: 618-273-3326 ext. 2155
Fax: 618-273-2808
Email: jbyrd@egyptian.org

Services: Targeted HIV Testing; Surveillance Based Services (Regional Lead); HIV Navigation Services; Risk-Targeted Monthly Condom Distribution; and HIV Routine Testing.

Lead HIV Care Agency

Jackson County Health Department
415 Health Department Rd.
P.O. Box 307
Murphysboro, IL 62966-6108

Regional Project Director

Paula Clark
Phone: 618-684-3143 ext. 160
877-745-1424
Fax: 618-687-4933
Email: paulac@jchdonline.org

Prevention Lead Agent

Contact: Phil Talley
Illinois Public Health Association
500 W. Monroe, Suite 1E
Springfield, IL 62704
Phone: 217-522-5687
Fax: 217-522-5689
Email: cwade@ipha.com

For more information visit:

www.hivcareconnect.com

Drug Disposal Locations

To reduce prescription drug abuse and accidental poisoning, safely & responsibly dispose of unused prescription and over-the-counter medication at participating locations.

Hardin County

Hardin County Sheriff's Department
104 E. Market St.
Elizabethtown, IL 62931
Phone: 618-287-2271
Hours: Available 24/7

Hardin County Pharmacy
7 Ferrell Rd.
Rosiclare, IL 62982
Phone: 618-285-6618
Hours: 9AM - 5PM (M-F)
9AM - 12PM (SAT)

Jackson County

Shawnee Health Care
400 S. Lewis Ln.
Carbondale, IL 62901
Phone: 618-519-9200
Hours: 8AM - 5PM (M-F)

Walgreens-East
206 S. Wall St.
Carbondale, IL 62901
Phone: 618-457-4104
Hours: 8AM - 10PM (M-F)
9AM - 9PM (SAT/SUN)

Memorial Hospital of Carbondale
405 W. Jackson St.
Carbondale, IL 62901
Phone: 618-549-0721
Hours: Available 24/7

SIH Cancer Institute
1400 Pin Oak Dr.
Carterville, IL 62918
Phone: 618-985-3333
Hours: 8AM - 5PM (M-TH)
8AM - 4:30PM (F)

Johnson County

Goreville Professional Pharmacy
901 S. Broadway
Goreville, IL 62939
Phone: 618-995-1555
Hours: 9AM - 6PM (M-TH)
9AM - 5PM (F)
9AM - 1PM (SAT)

Vienna City Hall
205 N. 4th St.
Vienna, IL 62995
Phone: 618-658-5161
Hours: 8AM - 4PM (M-W/F)
8AM - 12PM (TH)

Massac County

Massac County Sheriff's Department
515 Market St.
Metropolis, IL 62960
Phone: 618-524-2912
Drop box available 24/7

Pope County

Pope Co. Sheriff's Dept.
216 E Decatur St
Golconda, IL 62938
Phone: 618-683-4321
Hours: 8AM - 4PM (M-F)

Pulaski County

Pulaski County Sheriff's Department
500 Illinois Ave. #A
Mound City, IL 62963
Phone: 618-748-9374
Hours: 8AM - 4PM (M-F)

Saline County

Saline County Sheriff's Department
Parking Lot of Saline County Courthouse
1 N. Main St.
Harrisburg, IL 62946
Phone: 618-252-8661
Hours: 2 events per year

Beck's Drugs
1409 Locust St.
Eldorado, IL 62930
Phone: 800-851-6857
ext. 1
Hours: 9AM - 5:30PM (M-F)
9AM - 12PM (SAT)

Union County

Anna Police Department
201 E. Vienna St.
Anna, IL 62906
Phone: 618-833-8571
ext. 2
Hours: Available 24/7

Williamson County

William County Sheriff's Department
404 N. Van Buren St.
Marion, IL 62959
Phone: 618-997-6541
Hours: Advertises a take-back program twice per year.

Herrin Hospital Lab
201 S. 14th St.
Herrin, IL 62948
Phone: 618-942-2171
Hours: 6:30AM - 5PM (M-F)
6:30AM - 12PM (SAT)



Government Services and Organizations

Includes State Department, local government entities, and elected officials.

Child Support Enforcement

3419 Professional Park Dr.
Marion, IL 62959
Phone: 800-447-4278

DCFS Offices

108 Denny Industrial Dr.
Anna IL 62906
Phone: 618-833-4449
Fax: 618-833-3871

1315 Washington Ave.
Cairo, IL 62914
Phone: 618-734-0858
Fax: 618-734-0861

324 E. Raymond St.
Harrisburg IL 62946
Phone: 618-253-7604
Fax: 618-253-3813

2309 W. Main St.
Marion, IL 62959
Phone: 618-993-7100
Fax: 618-993-5467

200 W. 5th St.
Metropolis IL 62960
Phone: 618-524-2428
Fax: 618-524-3573

Illinois Department of Public Health Division of Vital Records

925 E. Ridgely Ave.
Springfield, IL 62702-2737
Phone: 217-782-4977
Fax: 217-523-2648

Illinois Department of Human Services (DHS)

100 S. Grand Ave. E.
Springfield, IL 62704
Phone: 800-843-6154
www.dhs.state.il.us

Johnson & Union

1000 N. Main St.
Anna, IL 62906
Phone: 618-833-2118
Fax: 618-833-5608

Massac & Hardin

2301 Metropolis St.
Metropolis, IL 62960
Phone: 618-524-2631
Fax: 618-524-3499

Alexander & Pulaski

422 S. Blanche St.
Mounds, IL 62964
Phone: 618-745-9411
Fax: 618-745-6869

Pope County

320 Raymond St.
Harrisburg, IL 62946
Phone: 618-253-7161
Fax: 618-252-0514

Williamson County

1107 W. DeYoung St.
Marion, IL 62959
Phone: 618-997-6591
Fax: 618-993-8906

Jackson County

342 North St.
Murphysboro, IL 62966
Phone: 618-687-1705
Fax: 618-684-2732

Social Security Admin.

Local Office Serving Johnson, Pope, Hardin, and Massac

18 Veterans Dr.
Harrisburg, IL 62963
Phone: 866-366-3980
Fax: 833-950-2798

Local Office Serving Union, Pulaski, and Alexander

250 W. Cherry St.
Rm 104
Carbondale, IL 62901
Phone: 877-714-0377
Fax: 833-950-3441

www.ssa.gov

US Department of Veteran's Affairs

www.va.gov
Phone: 800-827-1000

Marion Regional Office

2401 W. Main St.
Marion, IL 62959
Phone: 618-997-5311



Courthouses and State's Attorney Offices

Alexander County

Courthouse

2000 Washington Ave.
Cairo, IL 62914

County Clerk & Recorder

Phone: 618-734-7000

Circuit Clerk

Phone: 618-734-0107

Probation Officer

306 20th St.
Cairo, IL 62914
Phone: 618-734-2192
Fax: 618-734-7008

State's Attorney

Zachary Gowin
2000 Washington Ave.
Cairo, IL 62914
Phone: 618-734-0408
Fax: 618-734-4389

Hardin County

Courthouse

102 E. Market St.
PO Box 308
Elizabethtown, IL 62931

County Clerk & Recorder

Phone: 618-287-2251

Circuit Clerk

Phone: 618-287-2735

Probation Officer

Phone: 618-287-8891
Fax: 618-287-7833

State's Attorney

Todd Bittle
102 E. Market St.
PO Box 328
Elizabethtown, IL 62931
Phone: 618-287-3691
Fax: 618-287-8743

Johnson County

Courthouse

400 Court St.
Vienna, IL 62995

County Clerk & Recorder

Phone: 618-658-3611

Circuit Clerk

Phone: 618-658-4751

Johnson County (cont.)

Probation Officer

109 N. 5th St.
Vienna, IL 62995
Phone: 618-658-2841
Fax: 618-658-2118

State's Attorney

Tambra Cain
400 Court St.
Vienna, IL 62995
Phone: 618-658-9318
Fax: 618-658-9339

Massac County

Courthouse

101 W. 8th St.
Metropolis, IL 62960

County Clerk & Recorder

Phone: 618-524-5213

Circuit Clerk

Phone: 618-524-9359

Probation Officer

101 W. 8th St., Room M2
Metropolis, IL 62960
Phone: 618-524-7080
Fax: 618-524-4915

State's Attorney

Josh Stratemeyer
101 W. 8th St.
Metropolis, IL 62960
Phone: 618-524-2587
Fax: 618-524-4230

Pope County

Courthouse

310 E. Main St.
PO Box 490
Golconda, IL 62938

County Clerk & Recorder

Phone: 618-683-3941

Circuit Clerk

Phone: 618-683-3941

Probation Officer

Phone: 618-683-8383
Fax: 618-683-2211

State's Attorney

Jason Olsen
226 E. Main St.
Golconda, IL 62938
Phone: 618-683-2221
Fax: 618-683-6101

Pulaski County

Courthouse

500 Illinois Ave.
Mound City, IL 62963

County Clerk & Recorder

Phone: 618-748-9360

Circuit Clerk

Phone: 618-748-9300

Probation Officer

Phone: 618-748-9643
Fax: 618-748-9815

State's Attorney

Lisa Casper
500 Illinois Ave.
Mound City, IL 62963
Phone: 618-748-9134
Fax: 618-748-9367

Union County

Courthouse

309 W. Market St.
Jonesboro, IL 62952

County Clerk & Recorder

Phone: 618-833-5711

Circuit Clerk

Phone: 618-833-5913

Probation Officer

Phone: 618-833-7913
Fax: 618-833-5600

State's Attorney

Daniel Klingeman
309 W. Market St.
Jonesboro, IL 62952
Phone: 618-833-7216
Fax: 618-833-3349

Government Elected Officials

Elected officials representing the southern seven counties of Illinois.

Illinois Governor **JB Pritzker**

Office of the Governor
207 State House
Springfield, IL 62706
Phone: 217-782-0244

Illinois Senator **Dale Fowler (R)**

Senator 59th District
103 B State House
Springfield, IL 62706
Phone: 217-782-5509

District Office
2 N. Vine, 6th Floor
Harrisburg, IL 62946
Phone: 618-294-8951

US Senator **Richard (Dick) Durbin**

711 Hart Senate Building
Washington, D.C. 20510
Phone: 202-224-2152
Fax: 202-228-0400

250 West Cherry Street
Suite 115-D
Carbondale, IL 62901
Phone: 618-351-1122
Fax: 618-351-1124

US Senator **Tammy Duckworth**

524 Hart Senate Building
Washington, D.C. 20510
Phone: 202-224-2854

441 E. Willow St.
Carbondale, IL 62901
Phone: 618-677-7000
Fax: 618-351-1551

Congresswoman **Mary Miller (R)**

15th District Representative
1529 Longworth House
Office Building
Washington, DC 20515
Phone: 202-225-5271
Fax: 202-225-5880

District Office
101 North 4th Street
Suite 302
Effingham, IL 62401
Phone: 217-240-3155

Congressman **Mike Bost (R)**

12th District Representative
1211 Longworth House
Office Building
Washington, DC 20515
Phone: 202-225-5661
Fax: 202-225-0285

300 E. Main St.
Hunter Building - Suite 4
Carbondale, IL 62901
Phone: 618-457-5787
Fax: 618-457-2990

Illinois Attorney General **Kwame Raoul**

500 S. Second St.
Springfield, IL 62701
Phone: 217-782-1090

601 S. University Ave.
Carbondale, IL 62901
Phone: 618-529-6400/6401

Illinois Senator **Terri Bryant (R)**

Senator 58th District
M103F Capitol Building
Springfield, IL 62706
Phone: 217-782-8137

District Office
1032 W. Industrial Park Rd.
Murphysboro, IL 62966
Phone: 618-684-1100

Representative **Patrick Windhorst (R)**

House District 118
210 N. Stratton Office Building
Springfield, IL 62706
Phone: 217-782-5131
Fax: 217-782-1275

2 N. Vine St.
Suite 5A
Harrisburg, IL 62946
Phone: 618-294-8703

Representative **Paul Jacobs (R)**

House District 115
211-A N. Stratton
Office Building
Springfield, IL 62706
Phone: 217-782-0387

206 W. College St.
Suite 22
Carbondale, IL 62901
Phone: 618-534-9880

Educational Services & Institutions

Includes regional and local schools and educational resources.

See Pg. 6 for Head Start locations.

Alexander County

Cairo School District
4201 Sycamore St.
Cairo, IL 62914
Phone: 618-734-4102
Fax: 618-734-4047
cairoschooldistrict1.com

Cairo Early Learning Center
4115 Sycamore St.
Building B
Cairo, IL 62914-1069
Phone: 618-734-4220
Fax: 618-734-1985

Egyptian School District
20023 Diswood Rd.
Tamms, IL 62988
Phone: 618-776-5251
Fax: 618-776-5122
egyptianschool.com

Shawnee Community College Cairo Center Located inside Cairo Senior High School
4201 Sycamore
Cairo, IL 62914
Phone: 618-634-3490
shawneecc.edu

Hardin County

Hardin County K-12
4 School Rd.
Elizabethtown, IL
62931 Phone: 618-287-2141
Fax: 618-287-8381
hardink12.net

Johnson County

Buncombe Elementary District #43
164 Main St.
PO Box 40
Buncombe, IL 62912
Phone: 618-658-8830

Cypress Elementary School District #63
4580 Mt. Pisgah Rd.
Cypress, IL 62923
Phone: 618-657-2525
Fax: 618-657-2570
cypressgradeschool.org

Johnson County (cont.)

Goreville Community Unit School District #1
201 S. Ferne Clyffe Rd.
Goreville, IL 62939
Phone: 618-995-9831
Fax: 618-995-9832
gorevilleschools.com

New Simpson Hill School District #32
95 Tunnel Hill Rd.
Tunnel Hill, IL 62972
Phone: 618-658-8536
Fax: 618-658-5034
newsimpsonhill.com

Vienna Elementary District #55
310 N 3rd St.
Vienna, IL 62995
Phone: 618-658-8286
Fax: 618-658-9036
viennagradeschool.com

Vienna High School District #13-3
601 North 1st Street
Vienna, IL 62995
Phone: 618-658-3011
Fax: 618-658-2122
viennahighschool.com

Massac County

Brookport Early Learning Center
Located in Brookport Elementary School
319 Ferry St.
Brookport, IL 62910
Phone: 618-564-3494
Fax: 618-564-3941

Brookport Elementary School
319 Ferry St.
PO Box 298
Brookport, IL 62910
Phone: 618-564-2482
Fax: 618-564-3509
brookport.massac.org

Massac County (cont.)

Franklin Elementary School
1006 Mt. Mission Rd.
Metropolis, IL 62960
Phone: 618-524-2243
Fax: 618-524-2725
franklin.massac.org

Jefferson Elementary School
4915 Jefferson School Rd.
Metropolis, IL 62960
Phone: 618-524-4390
Fax: 618-524-3019
jefferson.massac.org

Joppa Jr/Sr High School District #38
911 North Ave.
P.O. Box 10 J
oppa, IL 62953
Phone: 618-543-7589
Fax: 618-543-9264
jmg38.com

Maple Grove Elementary School
1698 Grand Chain Rd.
Metropolis, IL 62960
Phone: 618-543-7434
Fax: 618-543-7486
jmg38.com

Pope County

Pope County School District #1
125 State Hwy. 146
PO Box 22
Golconda, IL 62938
Phone: 618-683-2301
Fax: 618-683-5181
popek12.org



Educational Services & Institutions

Pulaski County

Century Elementary
4819 Shawnee College Rd.
Ullin, IL 62992
Phone: 618-845-3572
Fax: 618-845-3476
centuryschool100.com

Century Junior/Senior High School
4712 Shawnee College Rd.
Ullin, IL 62992
Phone: 618-845-3518
centuryschool100.com

Meridian Community Unit School #1
1401 Mounds Rd.
Mounds, IL 62964
Phone: 618-342-6776
Fax: 618-342-6401
meridian101.com

Union County

Anna Early Learning Center Barnes Hall
1000 N. Main St.
Anna, IL 62906
Phone: 618-833-8932
Fax: 618-833-5845
annaheights.com

Anna-Jonesboro Community High School District #81
608 S. Main St.
Anna, IL 62906
Phone: 618-833-8502
Fax: 618-833-5931
aj81.net

Anna Junior High School
301 S. Green St.
Anna, IL 62906
Phone: 618-833-6415
Fax: 618-833-6535
anna37.com

Cobden Early Learning Center
413 N. Appleknocker Drive
Cobden, IL 62920
Phone: 618-614-2350
Fax: 618-893-4742

Union County (cont.)

Cobden Unit School District #17
413 N. Appleknocker Dr.
Cobden, IL 62920
Phone: 618-893-2313
Fax: 618-893-4772
cobdenappleknockers.com

Cobden Elem. School
413 N. Appleknocker Dr.
Cobden, IL 62920
Phone: 618-893-2311
Fax: 618-893-4742
cobdenappleknockers.com

Davie School
301 S. Green St.
Anna, IL 62906
Phone: 618-833-6415
Fax: 618-833-6535

Dongola Unit School Dist. #661
1000 High St.
Dongola, IL 62926
Phone: 618-827-3524
Fax: 618-827-4422
dongolaschool.com

Jonesboro Community School District #43
309 Cook Ave.
Jonesboro, IL 62952
Phone: 618-833-5148
Fax: 618-833-3410
jonesboro43.com

Jonesboro Early Learning Center
309 Cook Ave.
Jonesboro, IL 62952
Phone: 618-833-5148
Fax: 618-967-0171

Lick Creek Community Consolidated School Dist. #16
7355 Lick Creek Rd.
Buncombe, IL 62912
Phone: 618-833-2545
Fax: 618-883-3262
lickcreekschool.com

Union County (cont.)

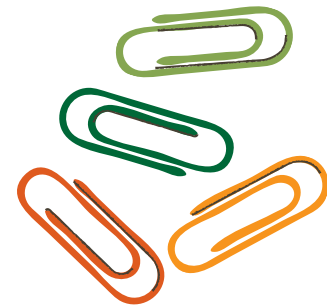
Lincoln School #108
108 Warren St.
Anna, IL 62906
Phone: 618-833-6851

Shawnee Community Unit District #84
3365 St. Rte. 3 N.
Wolf Lake, IL 62998
Phone: 618-833-5709
Fax: 618-833-4171

Shawnee Elementary School
3365 St. Rte. 3 N.
Wolf Lake, IL 62998
Phone: 618-833-4975
Fax: 618-833-4977

Shawnee Jr-Sr High School
3365 St. Rte. 3 N.
Wolf Lake, IL 62998
Phone: 618-833-5307
Fax: 618-833-5468

SuCasa Migrant Head Start
8125 Old Hwy. 51 N.
Cobden, IL 62920
Phone: 618-893-4022
Phone: 618-893-4541



Educational Services & Institutions

Regional Office of Education #20 (Hardin/Pope County)

Saline County Office
512 N. Main St.
Harrisburg, IL
Phone: 618-253-5581
roe20.org

Regional Office of Education #21 (Johnson/Massac County)

Massac County Office
1102 W. 10th St.
Metropolis, IL
Phone: 618-524-3736
roe21.org

Regional Office of Education #30 (Alexander, Pulaski & Union County)

Union County Office
1150 E. Vienna St.
Anna, IL 62906
Phone: 618-634-3458
roe30.org

JAMP Special Education Services

Administrative Office & Grand Chain Learning Center
251 W. 2nd St.
PO Box 107
Grand Chain, IL 62941
Phone: 618-634-9800
Fax: 618-634-9864

Tri-County Education Cooperative

1000 N. Main St.
P.O. Box 379
Anna, IL 62906
Phone: 618-833-4541
Fax: 618-833-4833
tcse.us

Division of Specialized Care of Children

Marion Regional Office
2309 W. Main St. Suite 119
Marion, IL 62959
Phone: 800-451-0464
Phone: 618-997-4396

Child & Family Connections

Early Intervention Services
2751 W. Main St.
Carbondale, IL 62901
Phone: 888-340-6702
Phone: 618-529-3147
cfconnection.org

University of Illinois Extension Offices

515 E. Vienna St.
Suite G Anna, IL 62906
Phone: 618-833-6363
Fax: 618-833-6304
web.extension.illinois.edu

1438 W. 10th St.
Metropolis, IL 62960
Phone: 618-524-2270
Fax: 618-524-3948

502 Oakley Ln.
Mounds, IL 62964
Phone: 618-745-5200
Fax: 618-745-5201

Dixon Springs Agricultural
354 St. Hwy 145 N.
Simpson, IL 62985
Phone: 618-695-6060
Fax: 618-695-2492

208 E. Main St.
Vienna, IL 62995
Phone: 618-658-5321
Fax: 618-658-2028

Shawnee Community College/Extensions

8364 Shawnee College Rd.
Ullin, IL 62992
Phone: 618-634-3200
shawneecc.edu

Anna Extension Center
1150 E. Vienna St.
Anna, IL 62906
Phone: 618-833-3399

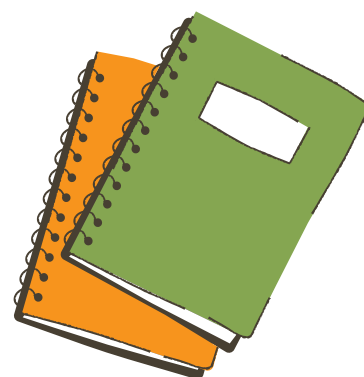
Cairo Extension Center
2035 Washington Ave.
Cairo, IL 62914
Phone: 618-634-3490

Metropolis Extension Center
5385 Industrial Park Rd.
Metropolis, IL 62960
Phone: 618-524-3003

Vienna Extension Center
601 N. 6th St.
Vienna, IL 62995
Phone: 618-634-3441

Southeastern Illinois College

6575 College Rd.
Harrisburg, IL 62946
Phone: 618-252-5400
sic.edu



Libraries

Public libraries providing access to internet, printing services, and youth & family activities, and more.

Alexander County

Cairo Public Library

1609 Washington Ave.
Cairo, IL 62914
Phone: 618-734-1840
Hours: 9:30AM - 4:30PM
(M-F)

cairopubliclibrary.org

Dodge Memorial Public Library

22434 Railroad St.
Olive Branch, IL 62969
Phone: 618-776-5115
Hours: 12PM - 5PM (M-F)

Hardin County

Rosiclare Memorial Public Library

308 Main St.
Rosiclare, IL 62982
Phone: 618-285-6213
Hours: 1PM - 5PM (M, W-F)
1PM - 6PM (T)

rosiclarelibrary.net

Johnson County

Vienna Public Library

401 Poplar St.
Vienna, IL 62995
Phone: 618-658-5051
Hours: 1PM - 5PM (M-W)
1PM - 5PM (F-SAT)

Massac County

Brookport Public Library

7425 S. US 45 Rd.
Brookport, IL 62910
Phone: 618-564-3630
Hours: 10AM - 5PM (M-F)

Metropolis Public Library

317 Metropolis St.
Metropolis, IL 62960
Phone: 618-524-4312
Hours: 10AM - 6PM (M-F)
10AM - 4PM (SAT)

metropolispubliclibrary.com

Pope County

Golconda Public Library

126 W. Main St.
Golconda, IL 62938
Phone: 618-683-6531
Hours: 9AM - 5PM (M-T)
1PM - 5PM (W & F)
9AM - 1PM (TH & SAT)

golcondapubliclibrary.webs.com

Pulaski County

Mounds Public Library

418 1st St.
Mounds, IL 62964
Phone: 618-745-6610
Hours: 3PM - 6PM (T-F)
10AM - 1PM (SAT)

Olmsted Public Library

140 N. Front St.
Olmsted, IL 62970
Phone: 618-742-8296
Hours: 12:30PM - 4:30PM
(T-TH)

Union County

Cobden Branch Library

100 S. Front St.
Cobden, IL 62920
Phone: 618-893-4637
Hours: 2PM - 6PM (M/T)
9AM - 12PM (TH)

Dongola Public Library

114 N.E. Front St.
Dongola, IL 62926
Phone: 618-827-3622
Hours: 2PM - 6PM (T/W)
10AM - 7PM (TH)
9AM - 1PM (SAT)

Jonesboro Public Library

412 S. Main St.
Jonesboro, IL 62952
Phone: 618-833-8121
Hours: 1PM - 5PM (T-SAT)

Union County (cont.)

Stinson Memorial Library

409 S. Main St.
Anna, IL 62906
Phone: 618-833-2521
Hours: 10AM - 6PM (M-F)
10AM - 3PM (SAT)

stinsonlibrary.org

Wolf Lake Branch Library

4720 State Route 3 North
Wolf Lake, IL 62998
Phone: 618-833-4923

Additional Libraries

Anne West Lindsey District Library

600 N. Division St.
Carterville, IL 62918
Phone: 618-985-3298
Hours: 10AM - 7PM (M/W)
10AM - 5PM (T/TH/F)
10AM - 4PM (SAT)

awlindsey.com

Cape Girardeau Public Library

711 Clark St.
Cape Girardeau, MO 63701
Phone: 573-334-5279
Hours: 9AM - 9PM (M-SAT)
1PM - 5PM (SUN)

capelibrary.org

Harrisburg District Library

2 W. Walnut St.
Harrisburg, IL 62946
Phone: 618-252-1239
Hours: 9AM - 8PM (M-F)
1PM - 5PM (SUN)

harrisburglibrary.org



Social and Human Services

Organizations providing resources and aid to families, individuals, and communities to improve quality of life, remediate problems, and coordinate services through a multidisciplinary approach with all kinds of needs, as well as providing access to resources that benefit society in a larger sense.

Addus Home Care

Services Provided:

Provides in home care and support during chronic illness, surgery, recovery, or simply needing assistance maintaining health and independence. Support services include assistance with ADLs (cooking, cleaning, personal grooming, transportation)

Payer Sources:

Medicaid, Medicare, Private & Long-Term Care Insurance, Veterans Aid, & Self-Pay

Services:

Older adults and adults with disabilities

Contact Information

4503 W. Deyoung St.
Suite 200
Marion, IL 62959
Phone: 618-997-8008
Call Center: 888-233-8746

Office Hours

8AM - 5PM (M-F)
Call Center Available
Afterhours

Alzheimer's Association

Services Provided:

Mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

National Help Line

800-272-3900 (Available 24/7)

Payer Sources:

No fees

Services:

Those with Alzheimer's as well as caregivers and professionals providing assistance

Contact Information

Southern IL Office
805 W. Deyoung St.
Suite B
Marion, IL 62959
Phone: 618-319-4950

Office Hours

8AM - 5PM (M-F)
Call Center Available
Afterhours

American Cancer Society

Services Provided:

Programs and services to help one manage cancer treatment, recovery, and find the emotional support needed such as transportation, advocacy, cancer information, and lodging.

Help Line

800-227-2345 (Available 24/7)

Payer Sources:

No fees

Services:

All ages.

Live Chat Online

www.cancer.org
(Available 24/7)

Contact Information

4503 W. Deyoung St.
Suite C-200
Marion, IL 62959
Phone: 618-998-9898

Office Hours

8AM - 5PM (M-F)

American Red Cross

Services Provided:

Shelters, feeds and provides emotional support to victims of disasters; conducts blood drives; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families

Website:

www.redcross.org

Payer Sources:

No fees

Services:

All ages.

**South Central Illinois -
Springfield Office**

1045 Outer Park Dr.
Springfield, IL 62704
Phone: 217-787-7602
Toll-Free: 800-753-2767
Available 24/7

Social and Human Services

Arrowleaf

Services Provided:

Committed to mental health and improved quality of life by providing a variety of services: developmental services Community Employment, Developmental Training, Community Integrated Living Arrangement (CILA), Residential, Community Home-Based Support (HBS), as well as Senior Supportive Living Services and Projects for Assistance in Transition from Homelessness (PATH).

Payer Sources:

Medicaid, Medicare, Private Insurance, Self-Pay, and Grant Based Programs

Services:

All ages

Alexander County Office

1401 Washington Ave.
Cairo, IL 62914
Phone: 618-734-2665
Fax: 618-734-1999

Johnson County Offices

101 Oliver St.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2501

300 Redbud Ln.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2759

Office Hours:

8:30AM - 4:30PM (M-F)
Evening appointments available as needed

Pope County Office

125 N. Market St.
PO Box 759
Golconda, IL 62938
Phone: 618-683-2461
Fax: 618-683-2066

Union County Office

204 South St.
Anna, IL 62906
Phone: 618-658-3079

Additional locations available

Website:

www.myarrowleaf.org

24/7 Crisis Line:

618-658-2611

Caritas Family Solutions

Services Provided:

Provides a variety of family services aimed at addressing the social/emotional needs of persons of all backgrounds. Offers a wide range of family services including adoption services and pregnancy care as well as help for families seeking to adopt.

Payer Sources:

Private pay unless a DCFS case

Services:

All ages

Contact Information

10286 Fleming Rd.
Carterville, IL 62718
Phone: 618-985-2000
Fax: 618-985-2033
Toll-Free: 800-997-9381

Hours of Operation:

8:30AM - 4:30PM (M-F)

Child & Family Connections

Services Provided:

If concerned about a child's development, offers evaluations & assessments, additional testing, developmental monitoring, direct therapy sessions, and assistive technology.

Payer Sources:

Free initial assessment. Medicaid, Private Insurance, Sliding Fee Scale, & Self-Pay

Services:

Birth to 3 years of age

Early Intervention Services

2751 W. Main St.
PO Box 1180
Carbondale, IL 62901
Phone: 618-529-3147
Fax: 618-549-8137
Toll-Free: 888-340-6702

Hours of Operation:

8AM - 4PM (M-F)



arrowleaf®

Growth. Community. Transformation.

Social and Human Services

Center for Autism Spectrum Disorders - SIU

Services Provided:

A multidisciplinary research and training center that provides high quality leadership in the study of autism spectrum disorders. Services include autism screening and diagnostics and clinical services.

Website/E-Mail

autismspeaks.org | autism@siu.edu

Payer Sources:

No fees in most cases as long as grant funds are available

Services:

All ages

Early Intervention Services

625 Wham Dr.
Carbondale, IL 62901
Phone: 618-453-7130

Hours of Operation:

8:30AM - 4:30PM (M-F)

Child Care Resource & Referral

Services Provided:

Dedicated to enhancing the quality of children's lives in the southern fifteen counties in Illinois. Provides information, referrals, and financial assistance to families, resources and support for child care and early education programs as well as training, education, etc.

Payer Sources:

No fees to apply. Co-pay may be required and based on income.

Services:

Low income working families or students and child care providers.

John A. Logan College

Mailing Address:

700 Logan College Dr.
Carterville, IL 62918

Office Location:

607 S. Greenbriar
Carterville, IL 62918
Phone: 618-985-5975
Toll Free: 800-548-5563

Hours of Operation:

Summer Hours:

7AM - 4:30PM (M-TH)

Normal Hours:

8AM - 4:30PM (M/W-F)

10:30AM - 4:30PM (T)

Golden Circle

Services Provided:

Offers home delivered meals, legal assistance, in-home services, congregated meals, arranges transportation through RIDES for the senior center, and assistance in managing senior health insurance programs.

Payer Sources:

Meals are \$4

Services:

Adults starting at age 60 years and disabled individuals 18+

Pope County

217 Adams St.
Golconda, IL 62938
Phone: 618-683-7741

Hardin County

129 IL Route 146E
Elizabethtown, IL 62931
Phone: 618-287-5592

Hours of Operation:

8AM - 2PM (M-F)

Social and Human Services

Habitat for Humanity

Services Provided:

Working locally and international whose vision is of a world where everyone has a decent place to live. Habitat works toward this vision by building and improving homes in partnership with individuals and families in need of a decent and affordable place to live. Because of Habitat's no-profit, no-interest loans, and because houses are built principally by volunteers, mortgage payments are affordable for those unable to obtain conventional financing for a home.

Jackson & Union Counties:

PO Box 1064
Carbondale, IL 62903
Phone: 618-893-1717

Williamson County

PO Box 754
Marion, IL 62959-0754
Phone: 618-660-4377
christinelipe@yahoo.com

Hours of Operation:

No set office hours. Need to leave a message.

Housing Authority

Services Provided:

Committed to providing quality, affordable housing, that is decent and safe, to eligible families in the community. Strives to make the best use of all available resources so that residents may live in an environment that is clean, well maintained and attractive. The goal is to manage public housing units in a that is consistent with good, financially sound property management practices.

Payer Sources:

Rent is dependent on income. To have a pet, there are additional fees each month plus a pet security deposit.

Services:

Men, women, and families. limited availability for those with felonies or unpaid utility bills.

Alexander County

110 Halliday Ave.
Cairo, IL 62914
Phone: 618-734-1910

Hardin County

355 E. Walnut St.
Elizabethtown, IL 62931
Phone: 618-287-2786

Johnson County

501 N. 4th St.
Vienna, IL 62995
Phone: 618-658-5811

Massac County

1209 E. 5th St.
Metropolis, IL 62960
Phone: 618-524-8411

Pope County

802 Franklin St.
Golconda, IL 62938
Phone: 618-683-4791

Pulaski County

130 Richland Terrace
Mounds, IL 62964
Phone: 618-745-6330

Union County

131 Hillside Terrace
Anna, IL 62906
Phone: 618-833-5129

Illinois Department of Employment Security

Services Provided:

Offers unemployment insurance, job development services, recruitment of job seekers, hiring events & job search workshops, veterans employment services, migrant seasonal farm workers program, re-entry employment services program, bonding, and work opportunity tax credit.

Website

www.ides.illinois.gov

Payer Sources:

No fees

Services:

Adults

333 Potomac Blvd
Suite E
Mt. Vernon, IL 62864
Phone: 800-244-5631

Southern IL Workforce
Development Board

Illinois Star Center
3000 W. Deyoung St.
Suite 800B
Marion, IL 62959
Phone: 618-998-0970
Fax: 618-998-1291

Southern 14 Workforce
Investment Board

216 Industrial Ave.
Carmi, IL 62821
Phone: 618-252-6020
618-382-8869

Hours of Operation:

8:30AM - 4:30PM (M-TH)

Social and Human Services

Illinois Department of Child and Family Services

Services Provided:

The mission of Illinois DCFS is to protect children who are reported to be abused or neglected and to increase their families' capacity to safely care for them; provide for the well-being of children in our care; provide appropriate, permanent families as quickly as possible for those children who cannot safely return home; support early intervention and child abuse prevention activities and work in partnerships with communities to fulfill this mission.

Website:

www2.illinois.gov/dcfs

Hotline: 1-800-252-2873
1-800-25-ABUSE

Alexander County

1315 Washington Ave.
 Cairo, IL 62914
 Phone: 618-734-0858

Massac County

200 W. 5th St.
 Metropolis, IL 62960
 Phone: 618-524-2428

Saline County

324 E. Raymond St.
 Harrisburg, IL 62946
 Phone: 618-253-7604
 Fax: 618-253-3813

Union County

108 Denny Industrial Dr.
 Anna, IL 62906
 Phone: 618-833-4449

Williamson County

2309 W. Main St.
 Marion, IL 62959
 Phone: 618-993-7100
 Fax: 618-993-5467

Payer Sources:

No fees

Services:

All ages

Illinois Healthcare

Services Provided:

Offers highly skilled home care professionals under direct supervision of a physician delivering in the comfort of your home: skilled nursing, physical therapy, occupational therapy, pain management, medication management, speech therapy, infusion therapy, chronic disease management, fall prevention, etc.

Payer Sources:

Medicare, Private & Long-Term Care Insurance, & Self-Pay

Services:

Individuals 18+ and those who are homebound

Contact Information:

906 Skyline Dr.
 Suite 200
 Marion, IL 62995
 Phone: 618-997-6565

Hours of Operation:

8AM - 5PM (M-F)
 24 Hour Call Center

Land of Lincoln Legal Assistance Foundation Inc.

Services Provided:

Provides eligible low-income and senior residents of central and southern Illinois with high quality civil legal services in order to obtain and maintain their basic human needs through advice, representation, advocacy, education, and collaboration.

Website:

lollaf.org

Payer Sources:

Free civil legal services; not including criminal charges, traffic violations, personal injury & workman's compensation.

Services:

Eligible low-income residents

Contact Information:

Old National Bank Building
 Third Floor
 509 S. University Ave.
 Carbondale, IL 62901
 Phone: 618-457-7800
 800-642-5335

Hours of Operation:

9AM - 5PM (M-F)

Social and Human Services

Lions of Illinois Foundation

Services Provided:

Provides services to the people of Illinois for the detection, treatment, and rehabilitation of visual and hearing impairments

Website

lionsofillinoisfoundation.org

Payer Sources:

Locates resources to get a reduced cost for eye glasses and hearing aids

Services:

Men, women, and children

Contact Information:

700 N. Peace Rd.
Suite B
DeKalb, IL 60115
Phone: 815-756-5633
Fax: 815-748-9087

Hours of Operation:

9AM - 2PM (M-F)

Lutheran Social Services

Services Provided:

Offers care, early childhood development, mental health services, alcohol and drug treatment, home care for seniors, affordable senior housing, residential programs for people with developmental disabilities, and programs that help formerly incarcerated individuals integrate back into society.

Website

lssi.org

Payer Sources:

No fees unless program specifies

Services:

All ages

Hours of Operation:

8:30AM - 4:30PM
(M-F)

Marion Children's Programs

1616 W. Main St.
Marion, IL 62959
Phone: 618-997-9196
Fax: 618-997-6843

Marion Family Ministry Office

102 E. Deyoung St.
Marion, IL 62959
Phone: 618-997-9076
Fax: 618-998-0604

Vienna Children's Programs

45 Industrial Dr.
Vienna, IL 62995
Phone: 618-658-9512
Fax: 618-658-8151

Shawnee Alliance for Seniors

Services Provided:

Helps older adults and their caregivers connect to services available in the community, which enables them to maintain their independence in the following areas; function, physical health, behavioral health, medication, nutrition, transportation, home environment, financial, legal, and spiritual/social.

Website

shawneehhealth.com

Payer Sources:

Medicaid, Medicare, Private Insurance, Asset-Based

Services:

Adults ages 60+ and those with disabilities

6355 Brandhorst Dr.
Carterville, IL 62918
Phone: 618-985-8322
800-642-7773

Branch Offices In:

Anna
Golconda
Metropolis

Hours of Operation:

8:30AM - 4:30PM (M-F)
Can be reached 24/7 for emergencies

Social and Human Services

Shawnee Development Council, Inc.

Services Provided:

Some program applications include Head Start, R.S.V.P., Senior Nutrition funds, Senior Companion, Weatherization, Residential Energy Assistance, Community Care, CETA, J.T.P.A., Transportation, and dozens of other extended and short-term community improvement and employment programs

Payer Sources:

Each program has different requirements

Services:

All ages

Hours of Operation:

8AM - 4PM (M-TH)
8AM - 1PM (F)

Administrative Office

530 W. Washington St.
Karnak, IL 62956
Phone: 618-634-2201
Fax: 618-634-9551

Hardin County Outreach Office

147 N. Main St.
Elizabethtown, IL 62931
Phone: 618-287-7071

Pope County Outreach Office

12 Decatur St.
Golconda, IL 62938
Phone: 618-683-2107

Pulaski County

Outreach Office
124 N. Oak St.
Mounds, IL 62964
Phone: 618-745-6388

Union County Outreach Office

Choate Mental Health Center
1000 N. Main St.
Anna, IL 62906
Phone: 618-833-7431

Southern Pride Senior Program

Services Provided:

Offers congregated and home delivered meals, health promotions, fitness programs, in-home respite, benefit applications, home visits, home modifications, nutritional education, transportation services, Medicare Part D assistance, etc.

Payer Sources:

Suggested donation of \$3 per meal

Services:

Adults age 60+ and those 18+ with disabilities

Hours of Operation:

8AM - 2PM (M-F)

Alexander County

Happy Days
2728-B Martin Luther King Dr.
Cairo, IL 62914
Phone: 618-734-1050

Johnson County

Whistlers & Whittlers
60 St. Route 37N
Vienna, IL 62995
Phone: 618-658-8140

Massac County

Happy Hearts
701 Market St.
Metropolis, IL 62960
Phone: 618-524-9755

Pulaski County

Smiles Senior Center
412 Blanche St.
Mounds, IL 62964
Phone: 618-745-6149

Union County

Sunshine Inn
1921 E. Market St.
Anna, IL 62906
Phone: 618-833-6734

Mental Health--Adult Inpatient

Inpatient psychiatric care is the most intensive level of treatment for individuals with mental illness. It offers 24-hour care in a safe and secure facility, making it best for patients with severe mental health who require constant monitoring.

Some locations offer partial hospitalization options.

Choate Mental Health and Developmental Center

Services Provided:

Offers a variety of treatment services including: Psychiatric/psychological, medical/physical, social, educational, vocational/rehabilitation, recreational, speech, language and hearing, pharmacy, dental, and dietary services, etc.

Payer Sources:

Medicaid, Medicare, Most Insurances

Services:

Adults ages 19 to 75

Contact Information:

1000 N. Main St.
Anna, IL 62906
Phone: 618-833-5161

Hours of Operation:

8AM - 4:30PM (M-F)

Emergency assessments
available 24 hours

Deaconess Cross Pointe

Services Provided:

Develops a plan of care to stabilize the symptoms that led to hospitalization and creates a path to partial hospitalization, outpatient programs, or discharge for the patient.

Payer Sources:

IL Medicaid for inpatient hospitalization, Medicare, and most insurances

Services:

Adults 18 and older

Contact Information:

7200 E. Indiana St.
Evansville, IL 47715
Phone: 812-476-7200
Toll Free: 800-947-6789

Open 24 hours for evaluation

Gateway Regional Medical Center

Services Provided:

Psychiatric adult and geriatric unit offering cognitive and dialectical behavior therapies, couples/family/individual therapy, medication management, etc.

Payer Sources:

Medicaid, Medicare, most private insurances

Services:

Adults 18 and older

Contact Information:

Resource Center
2100 Madison Ave.
Granite City, IL 62040
Phone: 618-798-3000

Open 24 hours for evaluation

Harrisburg Medical Center - Mulberry Center

Services Provided:

Offers quality psychiatric care in an environment where comprehensive medical care is available.

Payer Sources:

Medicaid, Medicare, most private insurances

Services:

Adults 18 and older

Contact Information:

100 Dr. Warren Dr.
Harrisburg, IL 62946
Phone: 618-253-7671
Referrals: 618-252-0999

Open 24 hours for evaluation

Mental Health--Adult Inpatient

Harsha Behavioral Center

Services Provided:

Offers acute inpatient psychiatric hospital that provides crisis treatment and medication management.

Payer Sources:

Traditional Medicaid for youth under 21, Illinicare and Molina Managed Care, and some private insurance

Services:

Adults 18 and older including geriatrics

Contact Information:

1980 E. Woodsmall Dr.
Terre Haute, IN 47802
Phone: 812-298-8888
Fax: 812-231-5283

Open 24 hours for evaluation

The Pavilion

Services Provided:

Acute adult and senior inpatient care, partial hospitalization programs, residential programs, addiction treatment services and intensive outpatient programs

Payer Sources:

Medicaid, Medicare, and most private insurances as well as self-pay

Services:

Adults 18 and older

Contact Information:

809 W. Church St.
Champaign, IL 61820
Phone: 217-373-1700
Toll-Free: 800-373-1700
Fax: 217-373-1737

Open 24 hours for evaluation

Southeast Behavioral Health Center

Services Provided:

Provides an adult inpatient program that specializes in helping adults with depression, bipolar disorder, anxiety and other mood disorders. Offers treatment for patients who struggle with co-occurring mental health and substance use disorders. Designed to assist patients with an acute mental health issue.

Payer Sources:

IL Medicaid for inpatient hospitalization, Medicare, and most private insurances

Services:

Ages 18+ including geriatrics

Contact Information:

7200 E. Indiana St.
Evansville, IL 47715
Phone: 812-476-7200
Toll Free: 800-947-6789
Referral Line: 573-708-5000
Ask for admissions

Open 24 hours for evaluation

St. Mary's Hospital

Services Provided:

Offers inpatient psychiatric services including medical monitoring and social work

Payer Sources:

Medicaid, Medicare, and most private insurances as well as financial assistance

Services:

Adults including geriatrics

Contact Information:

400 N. Pleasant St.
Centralia, IL 62801
Phone: 618-436-8000

Open 24 hours for evaluation but will have to be admitted from an emergency room

Mental Health--Youth Inpatient

Acute youth inpatient psychiatric treatment provides crisis stabilization for children and adolescents who may benefit from consistent care in a secure therapeutic environment.

Deaconess Cross Pointe

Services Provided:

Provides the support and treatment necessary to relieve severe symptoms, eliminate suicidal/homicidal thoughts.

Payer Sources:

IL Medicaid, Medicare, and most private insurances

Contact Information:

7200 E. Indiana St.
Evansville, IL 47715
Phone: 812-476-7200
Toll Free: 800-947-6789

Services:

Youth ages 10-17

Open 24 hours for evaluation

Harsha Behavioral Health

Services Provided:

Offers acute inpatient psychiatric hospitalization that provides crisis treatment and medication management

Payer Sources:

Accepts traditional Medicaid for youth under 21 years; Aetna Medicaid Managed Care, and some private insurances

Contact Information:

1980 E. Woodsmall Dr.
Terre Haute, IN 47802
Phone: 812-298-8888
Fax: 812-231-5283

Services:

Youth starting at age 3

Open 24 hours for evaluation

Lincoln Prairie Behavioral Health

Services Provided:

Offers a number of mental health treatment programs and a full continuum of care including inpatient, partial hospitalization, and dual diagnosis (MISA).

Payer Sources:

Traditional Medicaid and Medicaid Managed Care, most private insurances, and self-pay

Contact Information:

5230 S. Sixth Rd.
Springfield, IL 62703
Phone: 217-585-1180
Fax: 217-585-4745
Toll Free: 888-501-1180

Services:

Youth starting at ages 3-17

Assessment and Referral Specialist available 24/7

The Pavilion

Services Provided:

Range of services includes acute children and adolescent inpatient care, partial hospitalization programs (PHP), residential programs, addiction treatment services and intensive outpatient programs (IOP).

Payer Sources:

Traditional Medicaid and Medicaid Managed Care, most private insurances, and self-pay

Contact Information:

809 W. Church St.
Champaign, IL 61820
Phone: 217-373-1700
Fax: 217-373-1737
Toll Free: 800-373-1700

Services:

Youth ages 4-17

Open 24 hours for evaluation

Southeast Behavioral Health Center

Services Provided:

Offers inpatient care for adolescents who struggle at home and school due to an acute mental health disorder or co-occurring substance use issue. Inpatient treatment provides a structured and supportive treatment environment, which promotes self-acceptance and helps young patients stabilize so they can return home or to a less intensive level of care with new coping skills.

Payer Sources:

IL Medicaid for inpatient hospitalization, Medicare, and most private insurances

Contact Information:

639 S. Silver Springs Rd.
Cape Girardeau, MO 63703

Services:

Youth ages 13-17

Referral Line:

573-708-5000
Ask for admissions

Open 24 hours for evaluation

Mental Health--Outpatient Centers

Outpatient services are provided to treat behavioral health disorders and serious mental illness.

Arrowleaf

Services Provided:

Offers adult and youth outpatient and crisis intervention that covers a wide range of services that address the holistic needs of the person, their natural environment, relationships, and support systems.

Payer Sources:

Private Insurance, Medicaid, Grants, and Self-Pay

Services:

Youth ages 3-17, adults, families, and caregivers

Hours of Operation:

8:30AM - 4:30PM (M-F)

24/7 Crisis Line: 618-658-2611

Alexander County

1401 Washington Ave.
Cairo, IL 62914
Phone: 618-734-2665
Fax: 618-734-1999

Johnson County

101 Oliver St.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2501

Hardin County

300 Redbud Ln.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2759

147 N. Main St.
Elizabethtown, IL 62931
Phone: 618-287-7010
Fax: 618-287-7016

Pope County

125 N. Market St.
PO Box 759
Golconda, IL 62938
Phone: 618-683-2461
Fax: 618-683-2066

Union County

204 South St.
Anna, IL 62906
Phone: 618-658-3079

Additional locations available

Website:

www.myarrowleaf.org

Centerstone

Services Provided:

A not-for-profit mental health care provider that provides emotional counseling, behavioral counseling, psychological care, drug and alcohol addiction treatment

24/7 Crisis Line: 855-985-0911

Payer Sources:

Medicare, Medicaid, Private Insurance, State SUPR contract, Sliding Fee

Services:

Youth and adults

Hours of Operation:

9AM - 5PM (M-F)

Contact Information:

Administrative Office
200 N. Emerald Ln.
Carbondale, IL 62901

Multiple Sites Available

Initial Appointments:

855-608-3560
Fax: 618-549-3734

Egyptian Mental Health

Services Provided:

Multiple youth and adult outpatient services. Offers full-service, outpatient treatment programs for adults of any age who are facing depression, anxiety, or other mental health concerns.

Payer Sources:

Medicare, Medicaid, Private Insurance, Grants, and Self-Pay

Services:

All ages

Contact Information:

Main Office
1412 US 45N
Eldorado, IL 62930
Phone: 618-273-3326
Fax: 618-273-2808

Multiple Sites Available

Hours of Operation:

8AM - 5PM (M/W/F)
8AM - 8PM (T/TH)

Harrisburg Medical Center - Behavioral Health

Services Provided:

Offers diagnostic interviews, psychiatric consultations, medication management, psychological testing and assessments, and behavioral therapy.

Services:

Adults, youth ages 6+

Hours of Operation:

8:30AM - 4PM (M-F)

Payer Sources:

Medicare, Medicaid, Private Insurance, Grants, Self-Pay, and Payment Plans

Contact Information:

HMC Clinic at Harrisburg
901 S. Commercial St.
Phone: 618-252-0411
Fax: 618-252-3246

HMC Clinic at Marion

3106 Outer Dr.
Marion, IL 62959
Phone: 618-997-4332
Fax: 618-997-6205

Eldorado Primary Care

1007 Route 45N
Eldorado, IL 62930
Phone: 618-273-7723
Fax: 618-252-4027

Mental Health--Outpatient Centers

Massac Mental Health

Services Provided:

Offers individual and group counseling, marriage and family counseling, consumer support group and individual, crisis intervention, etc.

Payer Sources:

Medicaid, Private Insurance, and Self-Pay

Services:

All ages

Hours of Operation:

8AM - 5PM (M-F)
Tuesday Evenings
by Appointment

Contact Information:

206 W. Fifth St.
Metropolis, IL 62960
Toll Free: 800-851-1251

Local/Crisis Line:

618-524-9368
Fax: 618-524-9551

Rural Health, Inc.

Services Provided:

Offers outpatient behavioral health counseling with licensed professionals and provides psychiatric services.

Payer Sources:

Medicare, Medicaid, Private Insurance, Sliding Fee, Discounts

Services:

Youth and adults

Hours of Operation:

Anna
8:30AM - 5PM (M/W/F)
8:30AM - 8PM (T/TH)
8AM - 2PM (SAT)

Metropolis

8:30AM - 5PM (M, W-F)
8:30AM - 8PM (T)

Vienna

8:30AM - 5PM (M, W-F)
8:30AM - 8PM (T)

Contact Information:

Anna Location
513 N. Main St.
Anna, IL 62906
Phone: 618-833-4471
Fax: 618-833-6267

Vienna Location

803 N. 1st St.
Vienna, IL 62995
Phone: 618-658-2811
Fax: 618-658-2439

Metropolis Location

1003 E. 5th St.
Metropolis, IL 62960
Phone: 628-524-7499
Fax: 618-524-7509

Two Rivers Child Advocacy Center

Services Provided:

The CAC model is designed to coordinate a multi-disciplinary approach to the investigation and prosecution of child abuse, while keeping the child victim the priority. Provides follow-up care and support to children and their families, as well as community education. Referral has been given through State's Attorney, law enforcement, or DCFS.

Payer Sources:

No fees

Services:

Youth who have experienced childhood abuse

Contact Information:

109 Denny Dr.
Anna, IL 62906
Phone: 618-833-7470
Fax: 618-833-7579

Hours of Operation:

8:30AM - 4PM (M-F)

Substance Use Treatment

Prevention, intervention, treatment and recovery support services for individuals with Substance Use Disorders, those in recovery and those at-risk. See page 38 for a list of recovery support groups.

Arrowleaf

Services Provided:

Substance Abuse Prevention and Recovery (SUPR): for individuals who have a psychoactive substance use disorder diagnosis or individuals who have a family member or significant other who has a substance use problem. Special consent needed for youth under 12 years of age. Level I & II Outpatient Care.

Payer Sources:

Medicare, Medicaid, Private Insurance, State Grant, Self-Pay

Services:

Ages 12+

Hours of Operation:

8:30AM - 4:30PM (M-F)
Appointment only after 4:30PM

Contact Information:

300 Red Bud Lane
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2759

Multiple sites available

Visit Online:

www.myarrowleaf.org

Brentwood Springs

Services Provided:

4-bed facility offering outpatient and inpatient services including medically assisted detox and therapeutic interventions for substance use disorders. Includes virtual intensive outpatient for teens.

Payer Sources:

Indiana Medicaid, Medicare, Most Private Insurances

Services:

Adults & Adolescents

Contact Information:

4488 Roslin Rd.
Newburgh, IN 47630
Phone: 812-641-8645
812-858-7200

Hours of Operation:

Open 24 Hours

CenterPointe Hospital

Services Provided:

Addiction treatment offering a full continuum of care: detoxification, 4-week residential treatment, dual diagnosis, intensive outpatient program/partial hospitalization, medication-assisted recovery, family services, and aftercare

Payer Sources:

Medicare and accepts most commercial insurance

Services:

Adults & Adolescents

Contact Information:

4801 Weldon Spring Pkwy
St. Charles, MO 63304
Toll Free: 800-345-5407
Admissions: 636-477-2136

Hours of Operation:

Open 24 Hours

Centerstone

Services Provided:

A not-for-profit behavioral health care provider that provides emotional counseling, behavioral counseling, psychological care, drug and alcohol addiction treatment including Medication-Assisted Treatment (MAT). Also includes a 71-bed recovery home for up to 90 days.

Payer Sources:

Medicare, Medicaid, Private Insurance, State SUPR Contract, Sliding Fee, Discounts

Services:

Youth and Adults

Hours of Operation:

9AM - 5PM (M-F)

Contact Information:

Administrative Office
200 N. Emerald Ln.
Carbondale, IL 62901

Multiple Sites Available

Initial Appointments:

855-608-3560
Fax: 618-549-3734

24/7 Crisis Line:

855-985-0911

Substance Use Treatment

Centerstone Fellowship House Campus

Services Provided:

Offers an array of services including Substance Use Prevention, Adult Inpatient/Outpatient Treatment, Detox Center, Adolescent Outpatient and Family Program. Services include assessment, referral, education, and individual and family counseling as well as provides alcohol and drug education, communication skills, introduction to Al-anon, co-dependency, and other relevant information for family/significant others affected by substance use

Payer Sources:

Medicaid, State SUPR Grant

Services:

Detox Center:
Men/Women 18+
Adult Inpatient: Only Men 18+
Adolescent: 12-17

Contact Information:

300 Red Bud Lane
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2759

Multiple sites available

SUPR Coordinator:
Wendy Oxford, CADC

Visit Online:
www.myarrowleaf.org

Community Health & Emergency Services (CHESI)

Services Provided:

Alcohol/Substance Abuse Prevention, Outpatient Treatment, and Outpatient Intensive Treatment

Payer Sources:

Medicaid, SUPR Contract

Services:

Adults and Adolescents

Contact Information:

Cairo Megaclinic
13245 Kessler Rd.
Cairo, IL 62914
Phone: 618-734-4400
Fax: 618-477-8557

Hours of Operation:
8AM - 6PM (M)
8AM - 5PM (T-F)

Chesnut Health Systems

Services Provided:

Comprised of the following four core service areas: substance use treatment and prevention; mental health treatment and housing for persons with mental illness; applied behavioral research, training, and publications; primary care treatment and preventive services.

Payer Sources:

Medicaid, SUPR Contract

Services:

Youth and Adults

Hours of Operation:

8:30AM - 4:30PM (M-F)

Contact Information:

12 N. 64th St.
Belleville, IL 62223
Phone: 618-397-0900

50 N. Gate Industrial Dr.
Granite City, IL 62040
Phone: 618-877-4420

Detox Center Open 24 Hours

Comprehensive Connections

Services Provided:

Offers non-medical, medically monitored detox services and provides transportation to and from detox in 18 counties of Southern Illinois in addition to offering residential and outpatient treatment.

Payer Sources:

Medicaid

Services:

Adults that are a resident of Illinois. Proof of residency required.

Hours of Operation:

8:30AM - 4:30PM (M-F)

Contact Information:

16338 N. IL Hwy 37
Mt. Vernon, IL 62864
Phone: 618-242-1510

Detox/Residential Option 4
Outpatient Option 3

Website
www.compconnect.org

Detox Center Open 24 Hours

Substance Use Treatment

Christopher Rural Health

Services Provided:

In collaboration with Egyptian Health Department, offers Medication Assisted Treatment (MAT) for those with alcohol and opioid substance use disorders.

Payer Sources:

Medicaid, Medicare, Private Insurance, Sliding Fee, Discounts

Services:

Adults

Contact Information:

1401 US Hwy 45 N
Eldorado, IL 62930
Phone: 618-273-2951
Fax: 618-273-2726

Hours of Operation:

7:30AM - 5PM (M-F)

Egyptian Health Department

Services Provided:

To assist those that are experiencing increased stress or consequences in life due to, or increased by, substance use disorders by offering comprehensive assessments and personalized treatment plans that help individuals understand and manage their addiction with the help of an interdisciplinary team providing counseling services. Special consent for youth under 12 years old. Level I & II Outpatient Care.

Payer Sources:

Private Insurance, Medicaid, State Grant Funding, and Self-Pay

Services:

Youth (12+) and Adults

Contact Information:

Main Office
1412 US 45N
Eldorado, IL 62930
Phone: 618-273-3326
Fax: 618-273-2808

Multiple Sites Available

Hours of Operation:

8AM - 5PM (M/W/F)
8AM - 8PM (T/TH)

Gateway Foundation Drug and Alcohol Treatment

Services Provided:

Offering a dual diagnosis treatment center to help those struggling with both addiction and mental illness. Multiple residential age groups. Includes the new Women's Trauma and Substance Use Disorder Program.

Payer Sources:

Medicaid, Some Private Insurance, Payment Plans, and State SUPR Contract

Services:

Youth and Adults

Contact Information:

1080 E. Park St.
Carbondale, IL 62901
Phone: 877-381-6538 or
618-319-7523

Website

gatewayfoundation.org

Hours of Operation:

Services available 24/7

Payer Sources:

Medicaid, Some Private Insurance, Payment Plans, and State SUPR Contract

Services:

Youth and Adults

The Hour House

Services Provided:

Offers Alcohol/Substance Abuse Prevention and Illinois SUPR Outpatient Treatment & Outpatient Intensive Treatment. Special consent needed for youth under 12 years of age. Level I & II Outpatient care.

Payer Sources:

Private Insurance, Medicaid, State Grant, and Self-Pay

Services:

Youth (12+) and Adults

Contact Information:

635 Division St.
Charleston, IL 61920
Phone: 217-348-8108

Hours of Operation:

Services available 24/7

Website

hourhourecovery.org

Multiple Sites Available

Substance Use Treatment

Massac County Mental Health Center

Services Provided:

For individuals who have a psychoactive substance use disorder diagnosis or individuals who have a family member/significant other who has a substance use problem. Special consent needed for youth under 12 years of age. Level I & II Outpatient Care.

Payer Sources:

Private Insurance, Medicaid, State Grant Funding, and Self-Pay

Services:

Youth (12+) and Adults

Contact Information:

206 W. Fifth St.
Metropolis, IL 62960
Phone: 800-851-1251
Crisis Line: 618-524-9368
Fax: 618-524-9551

Hours of Operation:

8AM-5PM (M-F)
Tuesday Evening by
Appointment

New Season: Cape Girardeau Metro Treatment Center

Services Provided:

Provides opioid addiction treatment and recovery in the following: Medication Assisted Treatment (MAT), Counseling (individual, group, and family), medically supervised withdrawal and outpatient services. MAT medications are only available within the facility.

Payer Sources:

No fees for medical and counseling services. Client is only responsible for in-house medication costs. No insurance accepted.

Services:

Adults

Contact Information:

760. S. Kingshighway
Suite F
Cape Girardeau, MO 63703

New Patients Phone:

877-284-7074

Existing Patients Phone:

573-335-4333

Fax: 573-335-4345

Hours of Operation:

5:15AM - 1:30PM (M-F)
6AM - 9AM (SAT)
6AM - 8AM (Holidays)

The Pavillion

Services Provided:

Based on the 12-step model, addiction treatment includes inpatient medical detoxification to help patients manage the acute withdrawal, dual diagnosis treatment for those struggling with substance abuse and mental health issues, and residential or partial hospitalization treatment.

Payer Sources:

Medicaid, Medicaid Managed Care, State Contract, and Most Private Insurances

Services:

Youth (12+) & Adults

Contact Information:

809 W. Church St.
Champaign, IL 61820
Toll Free: 800-373-1700
Local: 217-373-1700

Hours of Operation:

Free assessments available
24/7

Union County Hospital

Services Provided:

Detox: inpatient medical stabilization & withdrawal management services for adults with drug, alcohol, and related health issues. Can be admitted through the Emergency Room 24 hours a day.

Payer Sources:

Medicare, Medicaid, and Private Insurance

Services:

Adults

Contact Information:

517 N. Main St.
Anna, IL 62906
Phone: 618-833-4511

Hours of Operation:

8AM-5PM (M-F)

The WISH (Women & Infants Substance Help) Center

Services Provided:

Located on the campus of SSM Health St. Mary's Hospital in St. Louis, the WISH Center's multidisciplinary team offers MAT and a full two-year program that extends care for new moms after the baby is born when the risk of relapse is the greatest.

Payer Sources:

Illinois Medicaid including Managed Care and accepts most private insurances

Services:

Pregnant women with substance use disorder

Contact Information:

1035 Bellevue Ave.
Suite #205
St. Louis, MO 63117
Phone: 314-768-8230

Hours of Operation:

8AM-4PM (M-TH)

Family and Recovery Support Groups

Recovery-oriented care and recovery support systems help people with substance use disorders manage their conditions successfully.

Alcoholics Anonymous (AA)
southernillinoisaa.org
alcoholicsanonymous.org

Hotline: 800-307-6600

Recovery support group for individuals with an alcohol use disorder or related issues. Meetings can be open (everyone welcome) or closed (only individuals with an alcohol issue).

Hardin County

Hardin County Gargoyles
TUES @ 7PM
United Methodist Church
303 Fifth St.
Rosiclare, IL 62982
Phone: 618-285-6914

Jackson County

Here's How Group
M/T/TH @ 12PM
Gaia House of Interfaith Center
913 S. Illinois Ave.
Carbondale, IL 62901
Phone: 618-549-7387

The Turning Point Group
TUES @ 5:30PM
Southern Illinois Center for
Independent Living
2135 W. Ramada Ln.
Carbondale, IL 62901
Phone: 618-457-3318

A New Way to Fly Group
WED @ 7PM
Murphysboro Group
SAT @ 10AM
United Methodist Church
1500 Pine St.
Murphysboro, IL 62966
Phone: 618-687-2317

Wednesday Wonder's Men's Group
WED @ 7:30PM
First Presbyterian Church
310 S. University Ave.
Carbondale, IL 62901
Phone: 618-549-2148

Keep It Simple Sister's (Women)
THURS @ 6PM
St. Xavier Catholic Church
303 S. Poplar St.
Carbondale, IL 62901
Phone: 618-457-4556

Jackson County (cont.)

Miracles Do Happen Group
THURS @ 6:30PM
The View Church
725 S. Lewis Ln.
Carbondale, IL 62901
Phone: 618-351-0811

The Wesley Foundation
FRI @ 8PM
816 S. Illinois Ave.
Carbondale, IL 62901
Phone: 618-457-8165

St. Francis Xavier Church
TUES @ 7:30PM
303 S. Poplar St.
Carbondale, IL 62901
Phone: 618-457-4556

The Potter's Group
SUN @ 2PM
First Baptist Church
206 2nd St.
Grand Tower, IL 62942
Phone: 618-565-2527

Park Street Meeting
MON @ 7PM
Gateway Foundation
1080 E. Park St.
Carbondale, IL 62901

Johnson County

The Renegades Group
MON @ 7PM
First Baptist Church
608 W. Main Street
Goreville, IL
Phone: 618-995-2127

There Is A Solution Group
WED @ 6PM
Vienna Group
THURS @ 7PM
U of I Extension Building
208 Main St.
Vienna, IL 62995
Phone: 618-658-5321

Pope County

Golden Circle Office
TUES @ 7PM
217 Adams St.
Golconda, IL 62938
Phone: 618-253-9163
Phone: 618-979-1099

Saline County

First Presbyterian Church Annex "Harrisburg AFG"
SUN - FRI @ 7PM
W/F @ 11:00AM
21 W. Locust
Harrisburg, IL 62946
Phone: 618-253-8955

Union County

Anna Downtown "G.H." Group
MON @ 7:00PM
Glum Lot We're Not Group
FRI @ 7PM
First Evangelical Presbyterian
Church
315 South St.
Anna, IL 62906
Phone: 618-833-5225

Williamson County

Carterville Lions Club
SUN @ 5PM & 7PM
300 E Illinois Ave.
Carterville, IL 62918
Phone: 618-985-6868

Fellowship in Christ Church
SAT @ 6PM
1204 Pin Oak Dr.
Carterville, IL 62918
Phone: 618-967-9575

Family and Recovery Support Groups

Williamson County (cont.)

Marion Friendship Group

WED @ 8PM

Marion VA Medical Center
2401 W. Main St.
Marion, IL 62959
Phone: 618-997-5311

First United Methodist Church

MON @ 7PM

301 Pine St.
Carterville, IL 62918
Phone: 618-985-4511

Little Egypt Group

TUES @ 7PM

First Presbyterian Church
421 N. 14th St. Herrin, IL 62948
Phone: 618-942-6176

Little Egypt Satellite Group

THURS @ 7PM

Helen Honey's Building
808 E. Herrin St.
Herrin, IL 62948
Phone: 618-988-8178

Little Egypt Satellite Group

SUN @ 9:30AM

Herrin Hospital
201 S. 14th St.
Herrin, IL 62948
Phone: 618-942-2171

Twelve by Twelve Study Group

MON @ 7PM

Incommon Group

FRI @ 7PM

SOS- Serenity on Saturday

SAT @ 7PM

First United Methodist Church
208 West Main St.
Marion, IL 62959
Phone: 618-993-5421

Friendship Group

SUN @ 9AM

Boyton Street Community
Center
501 West Boyton St.
Marion, IL 62959
Phone: 618-997-1113

First Christian Church

WED @ 7:30PM

2804 S. Park St.
Herrin, IL 62948
Phone: 618-942-2955

Herrin Church of Christ

FRI @ 6PM

3101 S. Park St.
Herrin, IL 62948
Phone: 618-942-3413

Herrin House of Hope

SAT @ 11AM

112 N. 14th St.
Herrin, IL 62948
Phone: 618-942-8500

First United Methodist Church

M/TH @ 7PM

208 W. Main St.
Marion, IL 62959
Phone: 618-993-5421
Note Use rear entrance to
basement

The Stable of the Darkhorse

THURS @ 10:30AM

210 E. Union St.
Marion, IL 62959
Phone: 618-969-7275

SAMHSA's National Helpline

www.samhsa.gov/find-help/national-helpline

24 Hour Help Line: 1-800-662-HELP (4357)

Confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

Narcotics Anonymous

www.na.org

24 Hour Help Line: 618-322-3178

12 step recovery program.

Only requirement for membership
is a desire to stop using.



Family and Recovery Support Groups

Al-Anon (al-anon.org)

A group for family members/ friends concerned about a loved one's substance use. Provides an opportunity to learn from the experiences of others who have faced similar problems.

Jackson County

"Stepping Stones AFG"
WED @ 7PM
1618 Edith Street
Murphysboro, IL 62966
Phone: 618-687-2317
*Use door off of back parking lot-room 105

Saline County

First Presbyterian Church Annex "Harrisburg AFG"
THURS @ 11AM
21 West Locust
Harrisburg, IL 62946
Phone: 618-253-8955

Williamson County

St. Francis Xavier Church "Steps to Serenity AFG"
SUN @ 7PM
303 South Poplar Street
Carbondale, IL 62901
Phone: 618-457-4556

First Presbyterian Church "Little Egypt AFG"
TUES @ 8PM
421 North 14th Street
Herrin, IL 62948
Phone: 618-942-6176

Celebrate Recovery

www.celebraterecovery.com
Christian-based 12 step recovery program. Uses 8 recovery principles found in the Bible. Membership of the church not required.

SMART Recovery

smartrecoverytest.org/local
Mutual support meetings are free and open to anyone seeking science-based, self-empowered addiction recovery.

Gamblers Anonymous
gamblersanonymous.org/ga/
12 step recovery program for individuals with gambling problems.

Saline County

Harrisburg First Baptist
FRI @ 7PM
204 N. Main St.
Harrisburg, IL 62946
Phone: 618-252-7491

Williamson County

Christian Covenant Fellowship
SAT @ 6PM
1025 S. Division St.
Carterville, IL 62918
Phone: 618-985-4011

Cornerstone Church

WED @ 6:30PM
2705 Walton Way
Marion, IL 62959
Phone: 618-997-7884

Saline County

Harrisburg Library
WED @ 2PM
THURS @ 6PM
2 West Walnut Street
Harrisburg, IL 62946
Phone: 618-638-8747

Jackson County

United Methodist Church
THURS @ 6PM
1500 Pine St.
Murphysboro, IL 62966
Phone: 618-687-2317

Massac County

First United Methodist
THURS @ 6PM
100 E. 5th St.
Metropolis, IL 62960
Phone: 618-524-9325

Emergency Shelters and Domestic Violence Centers

Provides victims of abuse and their children/families with immediate protection from danger and safe, emergency shelter and longer term transitional housing. Includes organizations that just offer emergency shelters for all needs.

Bethany Village

Services Provided:

20-unit Bethany Village Transitions Apartments offer temporary and permanent, supportive housing, and assistance in transitioning from homelessness to homes. Families may stay in the transitions program up to 24 months or permanent supportive housing indefinitely. The Transitions Residency Program is highly structured, providing life-skills training, job training, work service, educational opportunities, and case management.

Payer Sources:

Housing cost at 30% of income if someone has income.

Services:

Women, Men, and Children. No couples.

Contact Information:

414 E. Davie St.
Anna, IL 62906
Phone: 618-833-1777
Fax: 618-833-1610

Hours of Operation:

9AM-12PM & 1PM - 4PM (M-F)

Cairo Women's Shelter

Services Provided:

Offers emergency shelter, adult domestic violence counseling, assistance in obtaining orders of protection, children's counseling, assisting in independent living and provides transportation and referrals.

Payer Sources:

No fees.

Services:

Women with children (males only up to 17 years of age)

Contact Information:

911 Cedar St.
PO Box 911
Cairo, IL 62914
Phone: 618-734-4357
Crisis Line: 618-734-4357

Hours of Operation:

8:30AM - 5PM (M-F)

Crisis line available 24/7

Good Samaritan

Services Provided:

Provides an emergency shelter, a transitional housing program, a soup kitchen, a food pantry, and an emergency assistance program. Testing positive for drugs and alcohol disqualifies admission.

Payer Sources:

No fees.

Services:

Men, women, and children

Contact Information:

701 S. Marion St.
Carbondale, IL 62901
Phone: 618-457-5794
Fax: 618-549-5138

Hours of Operation:

9AM - 5PM (M-F)

Shelter is operational 24/7

Shelter & Emergency Assistance Coordinator:

Francis Murphy

Emergency Shelters and Domestic Violence Centers

Guardian Family Services Center

Services Provided:

Offers referrals for general assistance and domestic violence counseling along with assisting in obtaining orders of protection. Provides emergency shelter.

Payer Sources:

No fees.

Services:

Women, Men, and Children. Shelter only accepts women and children.

Contact Information:

Hardin County Office
147 N. Main St.
Elizabethtown, IL 62931
Phone: 618-638-3447

Massac County Office
117 W. 10th St.
Metropolis, IL 62960
Phone: 618-524-4357

Pope County Office
125 N. Market St.
Golconda, IL 62938
Phone: 618-638-3447

Hours of Operation:

Open 24 hours

The Lighthouse Shelter

Services Provided:

Serves homeless as a faith-based organization dedicated to promoting the general welfare of the homeless in Southern Illinois. The shelter has three wings which serve up to 60 men, women, and families that can stay up to 30 days or later on a case-by-case basis. Drug and alcohol tests and background checks are required. May accept those with felonies.

Payer Sources:

No fees.

Services:

Men, Women, and Families.

Contact Information:

1101 N. Madison St.
PO Box 732
Marion, IL 62959
Phone: 618-993-8180
Fax: 618-997-3625
thelighthouseshelter.com

Hours of Operation:

8AM - 3PM (M-F)
Shelter Open 24/7

Intakes may be provided during the weekend for domestic violence cases.

Shawnee Development

Services Provided:

This program provides assistance to persons who are experiencing emergency need for rent assistance, utility payment, or those who are facing the threat of eviction or losing utility services in Alexander, Hardin, Johnson, Massac, Pope, Pulaski, and Union Counties. Assistance is limited to one-month rent or utility payment.

Payer Sources:

Will need to show income and an eviction notice along with hardship explanation. Different programs may have additional requirements.

Services:

Anyone meeting eligibility requirements.

Contact Information:

Administrative Office
530 W. Washington St.
PO Box 298
Karnak, IL 62956
Phone: 618-634-2201
Fax: 618-634-9551

Hours of Operation:

8AM - 4PM (M-TH)
8AM - 1PM (F)

Emergency Shelters and Domestic Violence Centers

Southern Illinois Coalition for the Homeless

Services Provided:

Provides permanent and transitional housing for low income and homeless families and singles including case management services. Services homeless or those at-risk of becoming homeless. Opportunities for housing are open to all sub-populations, including ex-felons and persons living with HIV/AIDS.

Payer Sources:

Rent is based on income; no fees up to 30% of income.

Services:

Men, Women, and Families.

Contact Information:

1009 W. Cherry St.
Marion, IL 62959
Phone: 618-993-0094
Email:
sichome_05@yahoo.com
sihomelesscoalition.org

Executive Director:

Camille Dorris

Hours of Operation:

8AM - 6PM (M-TH)

The Survivor Empowerment Center (Formerly The Women's Center)

Services Provided:

Provides safe shelter, transportation, child care, parental services, employment assistance, economic assistance, education assistance, life skills, transitional housing, referrals, in-person and telehealth counseling, individual and group counseling, substance use services, crisis intervention, community education, advocacy services, and more.

Payer Sources:

No fees.

Services:

All in Franklin, Gallatin, Jackson, Johnson, Perry, Saline, Williamson, and Union Counties

24-Hour Hotline:

800-334-2094

Contact Information:

Carbondale Center
610 S. Thompson St.
Carbondale, IL 62901
Phone: 618-549-4507
Fax: 618-529-1802

Harrisburg Office

540 N. Commercial St.
#192
Harrisburg, IL 62946
Phone: 618-294-8641

Marion Outreach Center

1111 Anker Dr.
Marion, IL 62959
Phone: 618-997-0949
618-993-0803

Hours of Operation:

Open 24/7



Clothing and Food Outreach

Local community and faith-based organizations providing outreach services.

Anna First Baptist Church

Services:

Union County

Services Provided:

Drive-thru food pantry.

Contact Information:

409 Morgan St.
Anna, IL 62906
Phone: 618-833-5416
Fax: 618-833-4156

Hours of Operation:

2nd Thursday starting at 11AM
until food is gone.

Anna United Methodist Church

Services:

Anyone

Services Provided:

Soup Kitchen and/or Food Pantry

Contact Information:

111 W. Monroe St.
Anna, IL 62906
Phone: 618-833-2234

Hours of Operation:

Every 3rd Tues. from
5PM - 6:30PM

Arrowleaf

Services:

Anyone

Services Provided:

Client-Choice Food Pantry and
clothing and household items as
donations allow.

Contact Information:

Pope County Workshop
216 N. Market St.
Golconda, IL 62938
Phone: 618-683-2461
Fax: 618-683-3737

Alexander County Office

1401 Washington Ave.
Cairo, IL 62914
Phone: 618-734-2665
Fax: 618-734-1999

Johnson County Office

101 Oliver St.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2501

Hours of Operation:

8:30AM - 4:30PM (M-F)

Bethany Village

Services:

Anyone

Services Provided:

Food pantry and thrift shop on
site. Offers clothing vouchers.
Clothing at reasonable prices.

Contact Information:

414 E. Davie St.
Anna, IL 62906
Phone: 618-833-1777
bethanyvillageinc@gmail.com

Hours of Operation:

Food Pantry
9AM - 4PM (T-TH)
12PM - 2PM (W)

Thrift Shop

10AM - 5PM (M-F)
9AM - 1PM (SAT)

Daystar Community Program

Services:

Southern Seven Counties

Services Provided:

Mobile food pantry, veteran's
program, outreach, rental
assistance, and help with
medical bills. Identification of
some kind required for each
person in the household.

Contact Information:

909 Washington Ave.
Cairo, IL 62914
Phone: 618-734-0178

Hours of Operation:

9:30AM - 1PM (M/T/TH/F)

DCP: The Kitchen Table

Services:

Anyone

Services Provided:

The Kitchen Table is a soup
kitchen that supplements
families in need of food.

Contact Information:

1001 Washington Ave.
Cairo, IL 62914
Phone: 618-734-0178
618-734-9441

Hours of Operation:

11:30AM - 1PM (T-F)

Dongola First Baptist Church

Services:

Union County

Services Provided:

Food Pantry: no restrictions, can
receive assistance once per
month. Call Monday before date
of pantry and give name, phone
number, and number of people in
household. All households may
receive food once a month.

Contact Information:

203 E. Cross St.
Dongola, IL 62926
Phone: 618-827-4391

Hours of Operation:

10AM - 11AM on the 1st
Wednesday of the month

Faith Alive

Services:

Southern Seven Counties

Services Provided:

As funds are available, offers
thrift store, emergency utility
assistance, and emergency food
services.

Contact Information:

112 N. 4th St.
Vienna, IL 62995
Phone: 618-658-7110
618-658-4501

Hours of Operation:

9AM - 3PM (TH/F)
9AM - 12PM (SAT)

Faith Tabernacle Food Miracle

Services:

Anyone

Services Provided:

Food pantry

Contact Information:

721 Broadway St.
Metropolis, IL 62960
Phone: 618-524-4229
618-524-8763

Hours of Operation:

Need to call to confirm

Clothing and Food Outreach

Feed My Lambs Ministry

Services:
Massac County

Services Provided:
Food pantry

Contact Information:
818 W. 10th St.
Metropolis, IL 62960
Contact: Jim Davis
Phone: 618-309-2427
618-309-2562

Hours of Operation:
11AM - 6PM (TH)

First Baptist Church of Karnak

Services:
Pulaski County

Services Provided:
Food pantry

Contact Information:
309 E. Main St.
Karnak, IL 62956
Phone: 618-638-4676

Hours of Operation:
1st & 3rd Wednesdays
2PM - 4PM

First Baptist Church of Vienna

Services:
Johnson County

Services Provided:
Drive-thru food pantry. Photo ID,
proof of income, and family size
needed.

Contact Information:
301 N. 7th St.
Vienna, IL 62995
Phone: 618-658-3741

Hours of Operation:
Third Saturday of the Month
9AM - 11AM

Good Samaritan

Services:
Anyone

Services Provided:
The food pantry provides canned
goods and perishables to people
in need. Area churches and civic
organizations provide food and
augment federal commodities.
The soup kitchen provides
nutritionally balanced meals
served three times a day, every
day of the year, to residents of
the emergency shelter as well as
people from the community who
are hungry.

Contact Information:
Food Pantry:
Kathleen Gallivan
University Baptist Church
700 S. Oakland St.
Carbondale, IL 62901
Phone: 618-457-0323

Soup Kitchen:
Coordinator: Aaron Barnett
701 S. Marion St.
Carbondale, IL 62901
Phone: 618-457-5794

Hours of Operation:
Food Pantry
9:30AM - 12:30PM (F)
Soup Kitchen
5:30PM (M-F)

Golden Circle

Services:
Adults starting at 60 years and
disabled individuals 18 years and
older

Services Provided:
Offers home delivered meals,
legal assistance, in-home
services, congregated meals,
arranges transportation through
RIDES for the senior center, and
assists in managing senior health
insurance programs.

Contact Information:
129 IL Route 146 E
Elizabethtown, IL 62931
Phone: 618-287-5590

217 S. Adams St.
Golconda, IL 62938
Phone: 618-683-7741
Fax: 618-683-6402

Hours of Operation:
8AM - 3PM (M-TH)
8AM - 2PM (F)
Congregated meals at the center
every day at 11:30AM

Goreville Ministerial Alliance

Services:
Goreville Area

Services Provided:
Food pantry and thrift store.
Nominal charges with waivers for
emergencies

Contact Information:
114 S. Broadway St.
Goreville, IL 62939
Phone: 618-995-9360

Hours of Operation:
9AM - 4PM (T/TH)
9AM - 12PM (SAT)

Clothing and Food Outreach

Illinois Department of Human Services: Family and Community Resource Centers

Services:

Low-income individuals and families

Services Provided:

The Supplemental Nutrition Assistance Program (SNAP) helps low-income individuals and families buy the food they need for good health.

Contact Information:

Alexander & Pulaski Counties
22 S. Blanche St.
Mounds, IL 62964
Phone: 618-745-9411

Hardin & Massac Counties

2301 Metropolis St.
Metropolis, IL 62960
Phone: 618-524-2631

Johnson & Union Counties

1000 N. Main St.
Anna, IL 62906
Phone: 618-833-2118

Pope County

320 Raymond St.
Harrisburg, IL 62946
Phone: 618-253-7161

Hours of Operation:

8:30AM - 5PM (M-F)

Jesus Es El Senior Methodist Church

Services:

Anyone

Services Provided:

Drive-thru Food Pantry and Clothing. May receive food once per month. Spanish speaking available.

Contact Information:

Contact: Alex Uribe
7780 Old Highway 51N
Cobden, IL 62920
Phone: 618-893-2050
Email: jeescof@live.com

Hours of Operation:

Clothing:

1st Saturday from
9AM - 2PM

Food Pantry:

3rd Saturday
10AM - 12PM

Lighthouse Assembly of God

Services:

Massac County

Services Provided:

Drive-thru Food Pantry; must fill out a waiver and form with current address, phone number, and number in household.

Contact Information:

670 Airport Rd.
Metropolis, IL 62960
Phone: 618-524-2256

Hours of Operation:

2nd & 4th Tuesday of the Month
6PM - 7:30PM

Potters Church

Services:

Anyone

Services Provided:

Clothing and food pantry. Need to complete a proxy letter (provided at the pantry) in order to pick up for someone else.

Contact Information:

Contact: Alisha Foster
590 N. Mill St.
Cave-in-Rock, IL 62919
Phone: 618-289-4869

Hours of Operation:

Last Saturday of the month from 9AM - 11AM. Moved up one week if it lands on a holiday weekend.

Salem Lutheran Church

Services:

Anyone

Services Provided:

Food pantry and free meals

Contact Information:

101 E. Market St.
Jonesboro, IL 62952
Phone: 618-833-0704

Hours of Operation:

Food Pantry:

2nd & 3rd Tuesdays
4PM - 5PM

Free Meal:

Last Wednesday
5PM - 6PM



Clothing and Food Outreach

Salvation Army

Services:
Johnson & Williamson Counties

Services Provided:
Thrift store and curbside food pantry. Need ID and proof of residency. Nominal charges at thrift store. No fees for food pantry.

Contact Information:
906 B Tower Square
Marion, IL 62959
Phone:
618-997-9355 (Thrift Store)
618-993-5854 (Food Pantry)

Hours of Operation:
Thrift Store:
9AM - 5PM (M-SAT)
Food Pantry:
9AM - 11:30AM (W/F)

Shawnee Development Council

Services:
Anyone

Services Provided:
Surplus Food/Commodities Distribution Program; food pantries to help reduce hunger among low-income individuals.

Contact Information:
Hardin County Outreach
147 N. Main St.
Elizabethtown, IL 62931
Phone: 618-287-7071

Pope County:
Housing Community Center
922 Adams St.
Golconda, IL 62938

Union County Outreach Office
(Choate Mental Health Center)
1000 N. Main St.
Anna, IL 62906
Phone: 618-833-7431

Hours of Operation:
Hardin County:
9:30AM - 2:30PM (W)

Pope County:
9:30AM - 12:30PM (T)

Union County:
9AM - 11AM & 1PM - 3PM (W)

Southern Pride Senior Program

Services:
Adults age 60 years old and disabled individuals 18 years and older

Services Provided:
Congregated and home delivered meals, health and fitness programs, in-home respite, benefits applications, home visits, home modifications, nutritional education, transportation services, Medicare Part D assistance, family caregiver assistance, grandparents raising grandchildren, etc. Suggested donation of \$3 per meal. Additional services have no fees.

Contact Information:
60 State Route 37N
Vienna, IL 62995
Phone: 618-658-9669
Fax: 618-658-8203

Hours of Operation:
8AM - 2PM (M-F)

Weaver Creek

Services:
Anyone

Services Provided:
Food pantry

Contact Information:
2997 North Ave.
Metropolis, IL 62960
Phone: 618-524-4863

Hours of Operation:
2nd Tuesday of the Month
9AM - 3PM



Medical Services--Dental Services

Don Akridge, DDS

Services Provided:

Offers general dentistry.

Payer Sources:

Payment plans, discount plans, and most dental insurances

Services:

Youth and adults.

Contact Information:

35 Old Bloomfield Rd.

Vienna, IL 62995

Phone: 618-658-9732

Aspen Dental

www.aspendental.com

Services Provided:

Offers general dentistry.

Payer Sources:

Payment plans, discount plans, and most dental insurances

Services:

Youth and adults.

Contact Information:

2702 W. Deyoung St.

Marion, IL 62959

Phone: 618-993-9092

Hours of Operation:

8AM - 6PM (M-W)

10AM - 7PM (TH)

8AM - 2PM (F)

8AM - 3PM (SAT)

Barnes Family Dentistry

Services Provided:

Offers general dentistry.

Payer Sources:

Payment plans, discount plans, and most dental insurances

Services:

Youth and adults.

Contact Information:

901 N. Carbon St.

Marion, IL 62995

Phone: 618-993-3775

Hours of Operation:

8AM - 5PM (M-W)

8AM - 4PM (TH)

Brunk Family Dental Care

Services Provided:

Offers general dentistry.

Payer Sources:

Payment plans, discount plans, and most dental insurances

Services:

Youth and adults.

Contact Information:

805 Market St.

Unit B

Metropolis, IL 62960

Phone: 618-940-0542

Hours of Operation:

8AM - 5PM (T-TH)

Carterville Dental Center

www.cartervilledental.com

Services Provided:

Offers general dentistry, oral surgery, Invisalign, dentures, and more.

Payer Sources:

Payment plans, discount plans, and most dental insurances

Services:

Youth and adults.

Contact Information:

501 Plaza Dr.

Suite 1

Carterville, IL 62918

Phone: 618-985-2400

Hours of Operation:

8AM - 5PM (M-TH)

Dogwood Dental Care

Services Provided:

Offers general dentistry and Invisalign

Payer Sources:

Payment plans, discount plans, and most dental insurances

Services:

Youth and adults.

Contact Information:

1111 E. Walnut Street

Suite A1

Carbondale, IL 62901

Phone: 618-529-2471

Hours of Operation:

8AM - 5PM

Hardin County Dental Clinic - CHESI

Services Provided:

Offers general dentistry

Payer Sources:

Medicaid, most dental insurances, self-pay and sliding fees

Services:

Youth and adults

Contact Information:

226 Main St.

Rosiclare, IL 62982

Phone: 618-285-3930

Fax: 618-285-3931

Hours of Operation:

8AM - 4PM (M/W/TH)

8AM - 12PM

(Friday - Hygiene Only)

Harrisburg Community Health Center - CHESI

Services Provided:

Offers general dentistry

Payer Sources:

Medicaid and most insurance plans

Services:

Youth and adults.

Contact Information:

205 N. Main St.

Harrisburg, IL 62946

Phone: 618-253-8450

Fax: 618-253-8454

Hours of Operation:

8AM - 4PM (M-TH)

8AM - 12PM (F)

Hughes Dental Arts Centre

www.hughesdentalarts.com

Services Provided:

Offers general dentistry

Payer Sources:

Medicaid and most insurance plans

Services:

Youth and adults.

Contact Information:

501 Rushing Dr.

Herrin, IL 62948

Phone: 618-993-3100

Hours of Operation:

8AM - 4PM (M/W)

7AM - 4PM (T/TH)

Medical Services--Dental Services

Jammie Stricklin, DDS

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances and self-pay

Services:

Youth and adults

Contact Information:

300 Small Street #D

Harrisburg, IL 62946

Phone: 618-252-1725

Fax: 618-252-5437

Hours of Operation:

8AM - 5PM (M-TH)

John Shelton, DMD

Services Provided:

Offers general dentistry, root canals, implants, etc.

Payer Sources:

Care Credit, self-pay, and most dental insurances

Services:

Youth and adults

Contact Information:

1015 Market St.

Metropolis, IL 62960

Phone: 618-524-8011

Fax: 618-524-5129

Hours of Operation:

8AM - 5PM (M/W/TH)

8AM - 6PM (T)

Marion Dentures and Dental

Services Provided:

Offers general dentistry and dentures

Payer Sources:

Most dental insurances and self-pay

Services:

Youth and adults.

Contact Information:

210 E. Deyoung St.

Marion, IL 62959

Phone: 618-993-7505

Fax: 618-993-6756

Hours of Operation:

9AM - 5PM (M-F)

Marion Family Dentistry

marionfamilydentistry.com

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances and self-pay

Services:

Youth and adults.

Contact Information:

1504 Sioux Dr.

#5209

Marion, IL 62995

Phone: 618-997-0127

Hours of Operation:

8:30AM - 5PM (M-F)

Massie Dental

www.massiedental.com

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances and self-pay

Services:

Youth and adults.

Contact Information:

200 N. Giant City Rd.

Carbondale, IL 62902

Phone: 618-529-2711

Hours of Operation:

8AM - 6PM (M/TH)

8AM - 5PM (T/W)

8AM - 4PM (F)

Rural Health Inc.

www.ruralhealthinc.com

Services Provided:

Prevention is a primary focus of a dental program that offers a variety of services including general dentistry.

Payer Sources:

Medicaid and most insurance plans, sliding fees

Services:

Youth and adults.

Contact Information:

Anna-Main Site

513 N. Main St.

Anna, IL 62906

Phone: 618-833-4475

Fax: 618-833-3764

Hours of Operation:

7:30AM - 5PM (M/W/F)

8AM - 5PM (T/TH)

Shawnee Health Service

www.shawneehealth.com

Services Provided:

Offers a variety of services including general dentistry.

Payer Sources:

Medicaid and most insurance plans, sliding fees

Services:

Youth and adults.

Contact Information:

402 S. Lewis Ln.

Carbondale, IL 62901

OR

6115 Williamson County Pkwy

Marion, IL 62959

Phone: 618-529-9200

Hours of Operation:

7:30AM - 5PM (M/W/F)

8AM - 5PM (T/TH)

SIU Dental Hygiene Clinic

Services Provided:

Students offer general dentistry; exams, cleanings, x-rays, etc.

Payer Sources:

Fee for service only. Sliding fee scales

Services:

Youth and adults.

Contact Information:

1365 Douglas Dr.

Carbondale, IL 62901

Phone: 618-453-8826

Fax: 618-453-8827

Hours of Operation:

8AM - 5PM (M-F)

Fall & Spring Semesters

University Place Dental

Services Provided:

Offers general dentistry including implants, extractions, and root canals

Payer Sources:

Care Credit, self-pay, and most dental insurances

Services:

Youth and adults

Contact Information:

1366 E. Main St.

Carbondale, IL 62901

Phone: 618-440-5814

Fax: 618-549-0182

Hours of Operation:

8AM - 6PM (M)

7AM - 5PM (T/W)

8AM - 5PM (TH)

8AM - 12PM (F)

Medical Services--Eye Centers

Brush Optometrist

www.brushoptical.com

Services Provided:

Offers patients of all ages comprehensive eye exams, eyeglass fittings, contact lenses and treatment of eye diseases and conditions including LASIK pre- and post-op surgical care.

Payer Sources:

Medicaid, Medicare, most vision insurance plans, and self-pay options

Services:

Adults, youth, and infants.

Contact Information:

1801 E. 5th St.
Metropolis, IL 62960
Phone: 800-851-3601

Hours of Operation:

9AM - 6PM (M/W/F)
10AM - 7PM (T)
9AM - 5PM (TH)

Saturday By Appointment

Complete Family Eyecare

Services Provided:

Offers services in eye resources, contact lenses, lenses and frames, and eye health & disease.

Payer Sources:

Most insurances, Medicaid, self-pay, and payment plans

Services:

Youth, adults, and infants.

Contact Information:

960 S. Commercial St.
Harrisburg, IL 62946
Phone: 618-253-7057
Fax: 618-252-1632

Hours of Operation:

8AM - 5PM (M/W/F)
8AM - 6PM (T/TH)

Jacob and Crabtree: The Doctors of Optometry

Services Provided:

Specializes in general optometry, ocular disease, and contact lens services.

Payer Sources:

Accepts some vision insurances, payment plans (requires half to be paid at start of services)

Services:

Adults, youth, and infants.

Contact Information:

Anna Location
316 S. Main St.
Anna, IL 62906
Phone: 618-833-3777

Marion Location
1508 N. Sioux Dr.
Marion, IL 62959
Phone: 618-993-8787

Carbondale Location

1001 N. Beadle Dr.
Carbondale, IL 62901
Phone: 618-529-4817

Hours of Operation:

8AM - 5PM (M-F)

Herrin Location

9AM - 5PM (T-TH)

Herrin Location

223 N. Park Ave.
Herrin, IL 62948
Phone: 618-942-6887

Marion Eye Center

Services Provided:

A comprehensive practice offering cataract surgery, laser vision correction, eye care, corneal transplant surgery, oculoplastic surgery, & eye disease care.

Payer Sources:

Medicaid, most vision insurances, & self-pay

Services:

Adults, youth, & infants

Contact Information:

Anna Location
165 Plaza Dr.
Anna, IL 62906
Phone: 618-833-8359
Fax: 618-833-8365

Herrin Location
321 S. Park Ave.
Herrin, IL 62948
Phone: 618-942-2900
Fax: 618-942-4199

Carbondale Location

1001 N. Beadle Dr.
Carbondale, IL 62901
Phone: 618-549-2282
Fax: 618-549-6017

Marion Location

1200 W. Deyoung St.
Marion, IL 62959
Phone: 618-993-5686
Fax: 618-997-5505

Harrisburg Location

5 Eye Center Dr.
Harrisburg, IL 62946
Phone: 618-252-5377
Fax: 618-252-3028

Vienna Location

1005 W. Vine St.
Vienna, IL 62995
Phone: 618-658-2195
Fax: 618-658-3094

Moreland Eye Care

Services Provided:

A full-scope optometric practice offering primary eye care including spectacle and specialty contact lenses and ocular disease management.

Payer Sources:

Medicare, most vision and medical insurances

Services:

Youth, adults, and infants.

Contact Information:

100 Peach Ridge Rd.
Anna, IL 62906
Phone: 618-833-9208

Emergency Contact:

618-521-9679

Hours of Operation:

8AM - 7PM (M)
8AM - 5PM (T/TH/F)

Medical Services--Hospitals

Baptist Health

Services Provided:

Offers comprehensive services such as emergency care, laboratory, imaging & diagnostics, rehabilitation, heart care, mother & baby care, women's services, neuroscience and stroke care, respiratory therapy, health information, and risk management.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

2501 Kentucky Ave.
Paducah, KY 42003
Phone: 270-575-2100
baptisthealth.com

Hours of Operation:

11AM - 9PM (Visiting Hours)
Open 24/7

Carbondale Memorial Hospital

Services Provided:

Offers comprehensive services featuring cancer care (treatment and diagnostic), birthing center, heart and vascular, weight loss, neurosciences, rehabilitation, and plastic surgery.

Payer Sources:

Most insurances, Medicare, Medicaid, self-pay, and payment plans

Services:

All ages

Contact Information:

405 W. Jackson St
Carbondale, IL 62901
Phone: 618-549-0721
Fax: 618-529-0449
sih.net

Hours of Operation:

12PM - 8:30PM (Visiting Hours)
Open 24/7

Ferrell Hospital

Services Provided:

Offers comprehensive services such as breast services, diabetes, digestive/gastro services, emergency care, heart care, imaging/radiology, lab services, pain management, podiatry, rehabilitation services, respiratory/pulmonary services, rheumatology services, urology and wound care.

Payer Sources:

Medicaid, Medicare, most insurances, self-pay, and payment plans for low-income

Services:

All ages

Contact Information:

1201 Pine St.
Eldorado, IL 62930
Phone: 618-273-3361
Fax: 618-273-2571
ferrellhosp.org

Hours of Operation:

8AM - 8PM (Visiting Hours)
Open 24/7

Medical Services--Hospitals

Hardin County General Hospital

Services Provided:

Offers comprehensive services such as emergency care, laboratory, radiology, rehabilitation, respiratory therapy, health information, risk management, medical/nursing, dietary, and social services.

Payer Sources:

Most insurances, Medicare, self-pay, and payment plans

Services:

All ages

Contact Information:

6 Ferrell Rd.
Rosiclare, IL 62982
Phone: 618-285-6634
Fax: 618-285-3564
ilhcggh.org

Hours of Operation:

Visiting Hours varies by patient
Open 24/7

Harrisburg Medical Center

Services Provided:

Accelerated therapy center, home health, laboratory, radiology, respiratory therapy, surgery, cardiology services, in-patient dialysis, pain management, STAT heart program, hospitalist program, cardiac rehabilitation, stroke program, urology, and wound care.

Payer Sources:

Most insurances, Medicare, Medicaid, self-pay, HMMC Foundation and payment plans

Services:

All ages

Contact Information:

100 Dr. Warren Tuttle Dr.
Harrisburg, IL 62946
Phone: 618-253-7671
Fax: 618-253-0198
harrisburgmc.com

Hours of Operation:

8AM - 8PM (Visiting Hours -
No Children Under 12)
Open 24/7

Heartland Regional Medical Center

Services Provided:

Community healthcare provider and 98-bed facility offering a comprehensive range of health and hospital services to the residents of greater Williamson County including diagnostic, medical, surgical, and emergency services.

Payer Sources:

Accepts most insurances, Medicare, Medicaid, self-pay, and payment plans

Services:

All ages

Contact Information:

3333 W. Deyoung St.
Marion, IL 62959
Phone: 618-998-7000
heartlandregional.com

Hours of Operation:

Visiting Hours
8AM - 2PM
4PM - 6PM
8PM - 8:30PM

Open 24/7

Medical Services--Hospitals

SIH Herrin Hospital

Services Provided:

Offers comprehensive services featuring rehabilitation and emergency services such as: Chest Pain Center, cancer care (treatment and diagnostic), birth center, weight loss, neuroscience, and plastic surgery.

Payer Sources:

Accepts most insurances, Medicare, Medicaid, self-pay, and payment plans

Services:

All ages

Contact Information:

201 S. 14th St.
Herrin, IL 62948
Phone: 618-942-2171

sih.net

Hours of Operation:

12PM - 8:30PM (Visiting Hours)

Open 24/7

Massac Memorial Hospital

Services Provided:

Offers comprehensive services such as outpatient clinic, cardiopulmonary, emergency medicine, inpatient care, laboratory, radiology, cardiac rehab, rehabilitation services, transitional care, sleep disorders, New Beginnings and outpatient surgery.

Payer Sources:

Medicaid, Medicare, accepts most medical insurance, self-pay, and payment plans

Services:

All ages

Contact Information:

28 Chick St.
Metropolis, IL 62960
Phone: 618-524-2176

massachealth.org

Hours of Operation:

8AM - 8:30PM (Visiting Hours)

Open 24/7

Mercy Health - Lourdes Hospital

Services Provided:

Offers an encompassing set of services with featured services in: primary care and family medicine, heart and vascular care, orthopediatrics, sports medicine, spinal care, cancer care, and oncology.

Payer Sources:

Most medical insurances, financial assistance, may accept Medicaid

Services:

All ages

Contact Information:

1530 Lone Oak Rd.
Paducah, KY 42003
Phone: 270-444-2444

mercy.com

Hours of Operation:

11AM - 8:30PM (Visiting Hours)

Open 24/7

Medical Services--Hospitals

Southeast Health Hospital

Services Provided:

Offers services in brain and spine, cancer, children's services, heart and vascular, orthopedics, rehabilitation services, women's services, and imaging and radiology.

Payer Sources:

Illinois Medicaid for ER visits, Medicare, & most insurances

Services:

All ages

Contact Information:

1701 Lacy St.
Cape Girardeau, MO 63701
Phone: 573-334-4822
sehealth.org

Hours of Operation:

11AM - 8:30PM (Visiting Hours)

Open 24/7

Union County Hospital

Services Provided:

Services include cardiac care, chest pain center, care clinic and family practice, emergency services, general surgery, infusion services center, medical drug and alcohol detox, pain management, podiatry services, and pulmonary and respiratory health.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Contact Information:

517 N. Main St.
Anna, IL 62906
Phone: 618-833-4511
unioncountyhospital.com

Hours of Operation:

11AM - 8PM (Visiting Hours)

Open 24/7



Medical Services--Primary Care

CHESI Clinic

Services Provided:

Offers a broad range of medical and dental services including general practice, internal medicine, pediatrics, obstetrics-gynecology, well women care, podiatry, radiology, certified high complexity, laboratory, mammography, nutritional counseling, clinical social work/counseling, bone densitometry, respiratory therapy and a Wellness on Wheels van.

Payer Sources:

Medicaid, Medicare, most insurances, self-pay, and sliding fee grant

Services:

All ages

Contact Information:

Cairo Megaclinic

13245 Kessler Rd.
Cairo, IL 62914
Phone: 618-734-4400
Hours: 8AM - 6PM (M)
8AM - 5PM (T-F)

Hardin County Medical

IL Route 146
Building 2
Elizabethtown, IL 62931
Phone: 618-287-6191
Hours: 8:30AM - 5PM
(T/TH)

Pope County Clinic

217 S. Adams St.
Golconda, IL 62938
Phone: 618-683-3781
Hours: 8:30AM - 5PM
(M/W/F)

Pulaski County Clinic

100 Market St.
Pulaski, IL 62976
Phone: 618-342-6767
Hours: 9AM - 5PM (W)

Tamms Health Center

290 Railroad St.
Tamms, IL 62988
Phone: 618-747-2391
Hours: 9AM - 5PM (M-TH)

Additional Sites Available

Christopher Rural Health - Eldorado

Services Provided:

To provide accessible, comprehensive, quality health care to all within the communities we serve.

Payer Sources:

Medicare, Medicaid, private insurance, sliding fee scale, and discounts available

Services:

All ages

Contact Information:

1401 US Hwy 45N
Eldorado, IL 62930
Phone: 618-273-2951
Fax: 618-273-2726

Hours of Operation:

7AM - 5PM (M/TH)
7:30AM - 6PM (T)
7:30AM - 5PM (W/F)

Eldorado Primary Care

Services Provided:

Offers a broad range of services to maintain and improve the health of the communities we serve.

Payer Sources:

Most insurances, Medicare, Medicaid, self-pay, and payment plans accepted

Services:

All ages

Contact Information:

1007 US Hwy 45N
Eldorado, IL 62930
Phone: 618-273-7723
Fax: 618-252-4027

Hours of Operation:

8AM - 8PM (M-W)
8AM - 5PM (TH)
8AM - 4:30PM (F)

Medical Services--Primary Care

Hardin County General Hospital - Clinic

Services Provided:

Offers services in family practice, daycare, sports, school, Department of Transportation and employment physicals, therapeutic injections, referrals to specialists, well baby checks, and child and adult immunizations.

Payer Sources:

Medicare, Medicaid, private insurance, sliding fee scale, and discounts available

Services:

All ages

Contact Information:

6 Ferrell Rd.
Rosiclare, IL 62982
Phone: 618-285-2800
Fax: 618-285-2804
ilhcggh.org

Hours of Operation:

9AM - 5PM (M-F)

Southern Illinois Healthcare - SIH

Services Provided:

Offers services in pediatrics, immunizations, well child exams, adolescent care, gynecology and women's health, minor procedures, cryosurgery, radiology services, lab services, school and sports physicals, counseling, psychotherapy, and EKGs.

Payer Sources:

Medicaid, Medicare, most insurances, self-pay, payment plans, and financial assistance

Services:

All ages

Contact Information:

Herrin Location
405 Rushing Dr.
Herrin, IL 62948
Phone: 618-993-3300
Hours: 8AM - 4:30PM (M-F)

Anna Location
98 Peach Ridge Rd.
Anna, IL 62906
Phone: 618-614-1400
Hours: 8AM - 4:30PM (M-F)

Harrisburg Location

117 E. Clark St.
Harrisburg, IL 62946
Phone: 618-252-8625
Hours: 8AM - 8PM (M-TH)
8AM - 5PM (F)
8AM - 4PM (SAT)

Carrier Mills Location

7211 US Hwy 45S
Carrier Mills, IL 62917
Phone: 618-252-8625
Hours: 8AM - 8PM (M-TH)
8AM - 5PM (F)
8AM - 4PM (SAT)

Massac Family Care Center

Services Provided:

Provides services to treat minor cuts, minor injuries, infections, rashes, general health, chronic disease management, small wound debridement, and school and sports physicals.

Payer Sources:

Medicare, Medicaid, private insurance, sliding fee scale, and discounts available

Services:

All ages

Contact Information:

1204 W. 10th St.
Metropolis, IL 62960
Phone: 618-524-3572

Hours of Operation:

8AM - 4:30PM (M-F)

Medical Services--Primary Care

Rural Health Clinic

Services Provided:

Services include primary care services, immunizations, well and sick child care, family planning, school and sports physicals, health maintenance, chronic disease management, behavioral health services, pregnancy testing, infant and child development screening, health education, immunizations, and social services.

Payer Sources:

Medicaid, Medicare, most insurances, self-pay, and payment plans

Services:

All ages

Contact Information:

Anna Clinic (Main Site)

513 N. Main St.
Anna, IL 62906
Phone: 618-833-4471
Fax: 618-833-6267
Hours: 8:30AM - 5PM (M/W/F)
8:30AM - 8PM (T/TH)
8AM - 2PM (SAT)

Dongola Medical Clinic

318 N. Old Hwy 51
Dongola, IL 62926
Phone: 618-827-3545
Fax: 618-827-4891
Hours: 8:30AM - 5PM (M-W/F)
8:30AM - 8PM (TH)

Goreville Medical Clinic

400 S. Broadway
Goreville, IL 62939
Phone: 618-995-1002
Fax: 618-995-1133
Hours: 8:30AM - 5PM (M/W-F)
8:30AM - 7PM (T)

Metropolis Clinic

1003 E. 5th St.
Metropolis, IL 62960
Phone: 618-524-7499
Fax: 618-524-7509
Hours: 8:30AM - 5PM (M/W-F)
8:30AM - 7PM (T)

Vienna Medical Clinic

803 N. 1st St.
Vienna, IL 62995
Phone: 618-658-2811
Fax: 618-658-2439
Hours: 8:30AM - 5PM (M/W-F)
8:30AM - 8PM (T)

Massac Family Care Center

Services Provided:

Provides services to treat minor cuts, minor injuries, infections, rashes, general health, chronic disease management, small wound debridement, and school and sports physicals.

Payer Sources:

Medicare, Medicaid, private insurance, sliding fee scale, and discounts available

Services:

All ages

Contact Information:

1204 W. 10th St.
Metropolis, IL 62960
Phone: 618-524-3572

Hours of Operation:

8AM - 4:30PM (M-F)

Transportation

Independent and public transportation organizations serving the southern seven counties of Illinois

RIDES Mass Transit

Services Provided:

Provides door to door and established route service. The fleet consists of lift equipped and ramped vehicles making the system fully accessible. Serves Hardin, Pope, Saline, and Gallatin along with additional southern and central Illinois counties. All vehicles are wheelchair accessible.

Payer Sources:

Medicaid
In-County OneWay Case Fares: Adults (11+): \$2
Children (6-10), Persons with Disabilities/60+: \$1
Children (0-5): Free
Additional passes available

Services:

All ages. Some minors may need to be accompanied by an adult.

24 Hour Advance Registration Suggested

Contact Information:

Administration
30 Veterans Dr.
Harrisburg, IL 62946
Phone: 618-253-8761
Fax: 618-252-2754

Saline County Call Center

1310 Frank Leberman Rd.
Harrisburg, IL 62946
Phone: 618-252-4662
Fax: 618-252-2168

Schedule a Ride:

844-220-1243

Hours of Operation:

6AM - 3PM (M-F)
6AM - 12PM (SAT)

Shawnee Mass Transit

Services Provided:

Offers shuttle service in Anna, Jonesboro, Metropolis, and Vienna. Also offers shuttle routes from Cape to Cairo and from Carbondale to Cairo. Monthly passes available. All vehicles are wheelchair accessible.

Payer Sources:

Medicaid
Monthly Shuttle Pass: \$30
Senior Citizens and/or Veterans: \$20
Inter-City Fare: \$3
In-Town Service Fare: \$1

Services:

All ages. Some minors may need to be accompanied by an adult.

24 Hour Advance Registration Suggested

Contact Information:

100-102 Smart Dr.
Vienna, IL 62995
Phone: 618-658-8380
Toll Free: 866-577-6278
Fax: 618-658-8398
shawneemtd.com

Hours of Operation:

7:30AM - 4PM (M-F)

Dispatch Hours:

6AM - 5PM (M-F)
8AM - 2PM (SAT)

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Referral Form

Complete information requested below and select any/all services you may be interested in receiving. Submit completed form by any of the following options:

Once a referral submission has been received, you will receive a response within 48 business hours. If you feel that you need immediate assistance, please contact Arrowleaf at its 24/7 Crisis Hotline at 618-658-2611 or call 911.

Drop off/mail to either location:

Arrowleaf
101 Oliver St.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2501

Arrowleaf
300 Redbud Ln.
Vienna, IL 62995
Phone: 618-658-2039
Fax: 618-658-2759

Submit electronically via email to: info@myarrowleaf.org

Submit electronically via website submission at:
<https://myarrowleaf.org/southern-illinois-community-resource-guide>

NAME: _____ **DATE OF REFERRAL:** _____

PHONE NUMBER: _____ **EMAIL:** _____

PARENT/GUARDIAN NAME (OPTIONAL): _____

PARENT/GUARDIAN PHONE NUMBER (OPTIONAL): _____

SERVICE REFERRED TO/INTERESTED IN: _____

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