

Substance Use Disorder Services

Compass Counseling

(217) 259-5852

Hour House

(217) 348-8108

Celebrate Recovery

(217) 849-4033 (Cumberland)

(217) 889-2161 (Clark)

AA Contact- (217) 994-4984

NA Contact- (618) 707-9423

Substance Use Disorder and Mental Health Services

Life Links

(217) 238-5700

HRC (Human Resource Center)- Forsythe Center

(217) 826-6212

Noble Health Associates

(217) 849-4199

Food Aid

Embarras River Basin Agency (ERBA)

(217) 923-3113

Neoga Community Food Pantry

(217) 273-1198

Toledo Christian Church Food Pantry

(217) 849-3187

Salvation Army-Mattoon

(217) 234-3915

Cumberland Co. Only

Casey First Baptist Church Food Pantry

(217) 932-5736

Westfield United Methodist Church

(217) 967-5294

Martinsville Community Food Pantry

(217) 264-4380

Housing Aid

Embarras River Basin Agency (ERBA)

Clark County

(217) 712-2090

Embarras River Basin Agency (ERBA)

Cumberland County

(217) 921-5505

The Haven-Shelter Mattoon

(217) 234-7237

Health Dept.

Cumberland County Health Dept.

(217) 849-3321

Clark County Health Dept.

(217) 382-4207

Transportation

Rides Mass Transit

(217) 461-6921

Important Hotlines

- **Choices Pregnancy**
(217) 932-5900
- **HOPE of ECI - Coalition Against Domestic Violence**
(217) 348-5931
- **Illinois Helpline for Opioids & Other Substances**
833-2FINDHELP
- **SACIS - Sexual Assault Counseling and Information Services**
1-888-345-2846
- **Substance Abuse Hotline**
1-800-662-4357
- **Suicide Prevention**
988

ROSC Advisory Councils (Recovery Oriented System of Care)

Serving Cumberland & Clark County

**Have questions or need
further assistance?**

Reach out!

We are here for YOU!

Kristina Drum

ROSC Coordinator

(217) 549-7125

kristinad@hourhousercovery.org

or

Kyle Houser

Recovery Navigator

(217) 549-7450

kyleh@hourhousercovery.org

**[https://www.govst.edu/ROSC-GSU/
ROSCC/CEAD/](https://www.govst.edu/ROSC-GSU/ROSCC/CEAD/)**

Cumberland & Clark County Resource Quick Guide

**Recovery Oriented
Systems of Care
(ROSC)
Advisory Council**

Agencies and Persons with Lived Experience, working together to build communities supportive of those in Recovery from Substance Use Disorders

Recovery
IS POSSIBLE!