



The McLean County ROSC (Recovery Oriented Systems of Care) is a group of volunteers who work together to build and coordinate a network of community-based services and supports for those at risk for those struggling with, or at risk of, substance use, mental health, and/or co-occurring disorders (SUD/MH/COD). We view ourselves as a “coalition” of members that that represents many different areas of the community as possible—Treatment centers, hospitals, sober living/housing agencies, people with lived experience (PLE), faith groups and churches, schools, established recovery programs, and many more. One of our main goals is to share our knowledge and resources to bring a variety of recovery supports to McLean County’s recovering people (i.e. ‘holistic’ recovery supports).

Values Underlying a ROSC

- Person-centered approach (the individual in recovery leads their own care and is treated as a person first and are not identified merely as “addicts” or “alcoholics”).
- Self-directed approach (recoveryee decides which path to wellness suits them best).
- Strength-based approach (recovery that caters to individual’s preferences and talents).
- Participation of family members, caregivers, significant others, friends and the community (i.e. “*Recovery Happens in the Community*”).
- Multiple paths of recovery are required because “one size fits all” is not always true for recovery. This includes creating new support groups where the need exists.
- Maximize existing recovery programs (the ROSC hopes to partner with 12-step, Celebrate Recovery (CR) and other local, established recovery approaches by sharing resources and opportunities).

Goals of the ROSC

- Identify unmet community needs relative to recovery supports and brainstorm solutions.
- Build a diverse member base of active volunteers to support long-term ROSC objectives.
- Increase awareness and education of SUD/COD as a disease to help reduce community-wide stigma.
- Increase positive relationships with peers through pro-social activities, sober recreation, etc.
- Evolve ROSC into an RCO (Recovery Community Organization) whereby the McLean County Recovery Community as a whole “owns” and operates the entity going forward (without benefit of a fiscal agent, which is presently Chestnut Health Systems).

A ROSC is not a local, state, or federal treatment agency, but rather, a community-owned organization within McLean County. It can be described as a more progressive and realistic view of recovery based on decades of research and lived experience about what is needed most beyond traditional reliance almost solely on ‘treatment and support group meetings’.

The work of the ROSC is not possible without community volunteers. The level of the ROSC’s success depends on the level of commitment we receive from volunteers and council members. We are always looking for help and fresh ideas. The McLean ROSC meets monthly on the third Tuesday of each month (at 3:30-4:30 p.m. Zoom Code: 372 979 8714). It is moving to hybrid (as of November 2022), so please contact McLeanCountyROSC@gmail.com for more information.