



## MERC Meeting Minutes

9:00 a.m. via Zoom

July 20, 2023

### Welcome and Introductions

#### We welcomed 20 Attendees to the meeting.

- Angella Holloway
- Beverly Holland
- Catherine McLaughlin
- Cora Hughes
- Jamie Armstrong
- Jean Nagel-Fischer
- Julie Pohlman
- Kat Houghton
- Liz McQuaid
- Mark Knott
- Monique Brunious
- Naomi Fulton
- Ranley Killian
- Stacey Coleman-Bragg
- Stephanie Everheart
- T.L. White
- Teresa Cornelius
- Toni Randall
- Tracy Danes
- Violette Book

### Old Business

- **Ranley Killian**- United States Attorney
  1. Good Samaritan laws- 745 ILCS 49- In the state of Illinois there are laws that protect individuals to aid others in time of need and cover many areas of aiding individuals. (Including substance misuse)
  2. The State of Missouri does have good Samaritan laws but does not have good Samaritan laws that cover drug overdose immunity.
  3. They do have a program while incarcerated which is called R-Dapt.

4. This is a 24-month program while incarcerated followed by 6 months of intensive outpatient care and they receive treatment if needed.

#### **Wellness Moment**

- Teresa Cornelius- Chief Nursing Officer  
HSHS St. Joseph's Hospital, Highland
  1. Anything that you do for yourself outside of a physician is self-care.
  2. Recommended listening to Mike Veny on You Tube.

#### **Announcements and upcoming events**

- The Smart Recovery-Meets every Tuesday 12:30-1:30 via Zoom (flyer attached)
- Kingdom Life Ministries is hosting a give away August 19<sup>th</sup> from 10am-2pm, 10400 West Main Street Belleville, IL
- Gift of Voice found at Eden Church, Edwardsville hosts food and fellowship meetings for those that have been in prison or jail. The address is 903 North Second Street, Edwardsville, IL.
- Driven2Impact is hosting a back-to-school event will be held August 5 from 2-5 at 4600 Caseyville, Washington Park, IL

#### **MERC Upcoming Zoom Meeting**

August 17, 2023, Site to be announced.

#### **Metro East Recovery Council (MERC) Vision:**

A community system that nurtures and supports individuals and families seeking or maintaining recovery for themselves or a loved one.

#### **Recovery Oriented Systems of Care (ROSC) Mission:**

Collaborating to build and empower communities of recovery.