



LIVINGSTON COUNTY ROSC COUNCIL

Membership Protocols

Abstract

The Recovery Oriented System of Care's adherence to etiquette and precedence regarding the ROSC Council.

Recovery Oriented System of Care Membership Protocols

General

By definition, protocol is a system of rules that explain the correct conduct and procedures to follow in different situations. We can add further that it covers anything that is proper etiquette and not in distaste to other people's opinions or lifestyle choices. We will respect one another and not put forth judgement amongst our peers.

We should always display proper respect to anyone that is in recovery at the ROSC council meetings or related events. In no way will we pass judgement or criticize a person for their mental illness or substance use disorders. We are here to support as many recovery-oriented services and supports in the community as our capacity and budget allows.

Mission and Goals

It is the duty of every ROSC Council member to adhere to the mission, vision, values and goals. There is a lack of understanding in the county we serve that recovery happens within the community. The development and sustainability of a collaborative Recovery Oriented System of Care will work to create a culture that builds and nurtures recovery.

ROSC Mission:

"Collaborating to build and empower communities of recovery."

- To improve health, wellness, and recovery for individuals and families with or at risk of substance use problems.
- To promote healthy and safe communities.
- To provide adequate supports and services for recovery to happen in the community.

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ROSC Goals:

- To inform, educate and empower individuals and communities.
- To determine existing services available, as well as the needs to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement.
- To create partnerships that are rich and diverse.
- Identify gaps or unmet needs in the community relative to recovery support.
- To increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability.

Recruitment

The ROSC Council will recruit by informing, educating and empowering our communities. The community health specialist and recovery specialist(s) will recruit via the ROSC website, email blasts, telephone calls, in-person and virtual meetings, distribution of ROSC literature (i.e. one-pager, membership brochure, newsletters, etc.), social media, presentations, the ROSC resource app, in-person and virtual networking events, and community discussions. The importance of recruitment and retention is to build our coalition.

This coalition is important because it will allow our ROSC Council to develop relationships with people, programs and processes that will strengthen our community resources and move the entire county toward a positive social change.

It will also be every member of the ROSC Council's responsibility to recruit by word of mouth. The goal for our ROSC Council is to be inclusive rather than exclusive. It is encouraged to bring new people to our council. The more diversity of perspectives, the more holistic solutions we can develop and implement.

Orientation

Involvement is crucial for the longevity of the ROSC Council. Understanding the council's history, vision, goals, objectives, and structure is important. By taking the time to orient new members to the privileges and responsibilities of membership, the council can create a more educated membership and a more productive council. Orientating new members will make a significant contribution to the ROSC Council. A successful orientation will include but is not limited to:

- Informing new members about the ROSC history, purpose and structure;
- Informing new members about the ROSC Council's vision, goals and objectives;
- Open access to all vital documents via the ROSC Council website;
- Acquainting all new members at ROSC Council meetings; &

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- Motivating new members to return.

By following these tips, ROSC Council members will ensure:

- New members know the council and are able to articulate the purpose;
- Members understand their rights and responsibilities; &
- The purpose of orientation is to gain effective members who make an efficient council.

Training in the ROSC Framework

Members and volunteers will be educated on the principles underlying a ROSC, which is to bring awareness to and educate our communities on the issues of substance use disorders (SUD) and co-occurring disorders (COD).

Members are encouraged to attend trainings when offered through the ROSC Council. This is not mandatory, but education will be a vital piece of conquering the stigmas surrounding substance use disorders in our communities.

Trainings may include:

- Increasing the ROSC status in the community;
- Increasing recovery awareness in the community;
- Identifying individuals in the community with expertise in recovery;
- Identifying individuals with lived experience;
- Project planning;
- Recruiting focus group participants and soliciting community involvement; &
- Advocating for the utilization of peer support services.

Strategic Planning

The strategic prevention framework will help guide planning efforts for the council. Through assessment (conducted annually), capacity building (continued recruitment and retention efforts of members), planning, implementation, and evaluation, the council is better able to understand they are an integral part of the process. Continued council participation helps build sustainability for the ROSC and its defined goals.

Inclusion and Role of Nonparticipants

It is the goal of the ROSC Council to be inclusive rather than exclusive. Participation is encouraged by all members of the council. There is no need to define the role of nonparticipants as all community members are invited to join the council at any time. Rich and diverse community involvement will aid in the success of the ROSC Council. Participation in Sub-Committees or Focus Groups is highly encouraged for all community members.

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