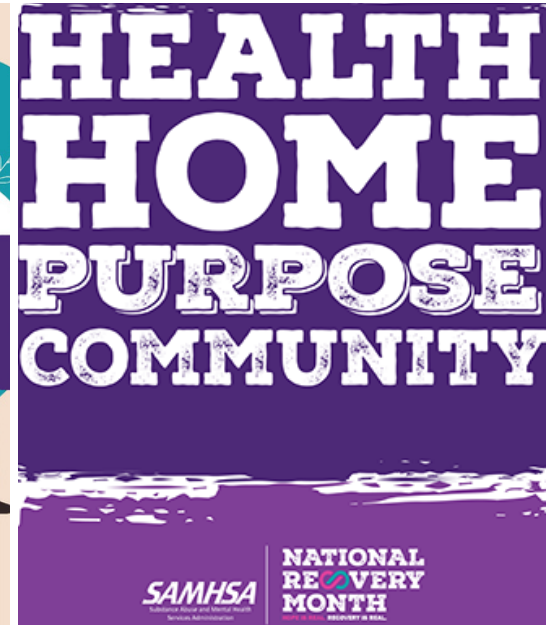


Coles County ROSC Newsletter



What's Happening?

SEPTEMBER IS RECOVERY MONTH!

Every Person, Every Family, Every Community

This tagline emphasizes that recovery is possible for Everyone. Treatment can save a life and help people with substance use recover from addiction's powerful effects on the brain and behavior. Treatment and recovery make it possible for individuals, families, and communities to heal and thrive.

Inside:

- Candlelight Vigil - P2
- Upcoming Panel - P2
- Narcan Locations - P4
- Other Local Meetings -P5
- Narcan Trainings - P7
- Goodie Bags - P8
- Community Flyers - P10+



Candlelight Vigil

TO REMEMBER THOSE LOST TO
SUBSTANCE USE OR OVERDOSE

Several in our community joined on August 31st at the Family Worship Center in Charleston to remember our loved ones who lost their lives to substance use and mental health issues.

Kelly Richardson shared her testimonial on addiction and recovery with the group. Gary Stephen read the names of 47 remembered people with a moment of silence.

My recovery from drug addiction is the single greatest accomplishment of my life... but it takes work-hard, painful work- but the help is there, in every town and career, drug/drink freed members of society, from every single walk and talk of life to help and guide.”

BY JAMIE LEE CURTIS

“Fall into Recovery”

Join us for National Recovery Month as we host a panel discussion on September 28th, 6-8pm, to learn about the recovery process and find recovery support and local resources. You will hear first-hand testimonies of how recovery can and does happen.

This event will occur at the Family Worship Center at 411 Jackson Ave. Charleston, IL.



FALL INTO RECOVERY

Join the Coles County ROSC Council for National Recovery Month, 2023, as they host a panel discussion to learn about the recovery process and find recovery support and local resources. You will hear first-hand testimonies of how recovery can and does happen.

Our featured panelists will include local community members, law enforcement, Substance Use Disorder professionals, peers in recovery, and family members.

Narcan and additional resources will be readily available throughout the evening.



NEW


September 28th
6 pm-8 pm
Family Worship Center
411 Jackson Ave.
Charleston, IL 61920



Recovery
is possible!

East Central Illinois ROSC

For questions or concerns please contact
Dana Tell /Coordinator
217-549-9045
Gabriel Sergent /Navigator
217-549-7516



PLACES TO PICK UP NARCAN IN COLES COUNTY

Charleston Locations

- Charleston Food Pantry, 990 W State St.
- Charleston Carnegie Public Library, 6th St and Van Buren Ave.
- SACIS, 825 18th Street Ste 409
- Lifespan Center 11021 E. Co 800N
- Jackson Avenue Coffee, 708 Jackson Ave.
- Eastern IL University School of Extended Learning, 1920 9th St.
- Family Worship Center Charleston, 411 Jackson
- Coles County Health Department 825 18th Street

Mattoon Locations

- Family Worship Center Mattoon, 5475 Lerna Rd.
- Wingman Ministries, P.O. Box 436
- Mattoon Food Pantry, 600 Moultrie Ave.
- Mattoon Library, 1600 Charleston Ave.
- The Haven, 1812 Western Ave.
- Milk and Honey Coffee House, 621 Charleston Ave.
- C & C KettleCorn, 700 Broadway Ave #18
- Lifelinks, 750 Broadway Ave. East
- Homestead Church 2220 Champaign Ave.
- First Presbyterian Church, 10 Charleston Ave.
- The Mission House, 2321 Prairie Ave.

Cooks Mills Location

- Pleasant Grove Baptist Church 14447 Cooks Mills Rd.

COLES COUNTY ROSC

Council Meeting!

MONDAY, September 25TH 12PM
Lifespan Center

**11021 E Co. Rd. 800 N,
Charleston, IL**

**** Council meetings are held the 4th Monday of
every month.****

**This meeting is hybrid, taking place both in
person and over zoom. to receive the zoom
key contact the phone numbers below.**

Recovery
is possible!

East Central Illinois ROSC

RSVP BY CALLING

DANA
TELL/COORDINATOR
(217)549-9045

GABRIEL
SERGENT/NAVIGATOR
(217) 549-7516



Get Involved

COLES COUNTY INTERAGENCY MEETING

This meeting is the 3rd Friday of each month at the Coles County Health Department at Noon. If you would like more information email Ky Newsome at Ky@sacis.org or ColesCountyinteragency@gmail.com

COMMUNITY WELLNESS COLLABORATIVE MEETING

This meeting meets the third Monday of each month. This meeting rotates its location each month. For more information contact Laura Bollan at LBollan@sbllhs.org

*Small acts,
when multiplied by
millions of people,
can transform the
world.*

BY ANONYMOUS

Educational Groups - This month's topic Parenting

Every Month on the second Wednesday Gabe has a class at the Mattoon Library 11am.

Every Month on the third Wednesday Gabe has a class at the Charleston Library 11am.

COLES COUNTY ROSC

Educational Group

Parenting:

**Understanding How Substance use disorder
impacts parenting and tips for parenting during
recovery.**

Wednesday, 6 September 2023 11am-12pm

Mattoon Public Library
1600 Charleston Ave
Mattoon, IL

Wednesday, 20 September 11am-12pm

Charleston Public Library
6th St. Van Buren Ave
Charleston, IL

Recovery
is possible!

East Central Illinois ROSC

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TELL/COORDINATOR
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SERGENT/NAVIGATOR
(217) 549-7516

Upcoming Narcan Training

EIU School of Extended Learning- October 23, 2023, 4-5 p.m. Open to the Public. Sign up online.

<https://sce.eiu.edu/wconnect/CourseStatus.asp?&course=FA23ALNARCAN>

EIU Addictions in the Family- October 4th. Closed to the public.

Mattoon Public Library Staff Training- To Be Announced

Lake Land College Staff Development- November 22. Closed to the public.

We are still offering Narcan training to groups in the community. Contact Dana Tell at DanaT@HourHouseRecovery.org

We will be distributing goodie bags at the end of the month in honor of Recovery Month. These bags will go to places like the Haven, local Jail, Police Departments, The Mission House, and Wingman Ministries.

We are collecting items now to put in them. If you would like to contribute resources, or items such as deodorant, tooth brushes, tooth paste, stress balls, journals, or anything else that seems fitting please reach out to Dana Tell at Danat@HourHouseRecovery.org



We are collecting items to go in the 100 Recovery/Goodie Bags for Recovery Month.

CONTACT DANA OR GABE TO DONATE



2nd Annual Anti-Tracking Training

**COLES COUNTY ROSC
DISTRUBUTED NARCAN**

Partnering with SACIS and MTU #13 Law Enforcement Training Unit on August 25th at the McKenna-Yost Convention Center Hilton Garden Inn in Mattoon, IL, The Coles County ROSC handed out Narcan and offered training along with resources to those in attendance.



For National Recovery Month, The Coles County Center for Health Services Building and The Coles County ROSC partnered to offer this display to our Community in the Sam Owen Conference Room.

SACIS FALL 2023

crisis intervention training

completely FREE & lunch will be provided!

when:

Friday, October 20, 5-9pm Saturday, October 21, 8am-5pm

Friday, November 10, 5-9pm Saturday, November 11, 8am-5pm

where:

Lake Land College

Field House Room 103

5001 Lake Land Blvd, Mattoon, IL 61938

**Registration is required and must
be completed by October 6th.**

***participants must attend ALL sessions &
complete self-study modules***



24 Hr Hotline: (888) 345-2846

sacis.org

825 18th Street, Suite 409, Charleston, IL 61920

to register:

