

# October 23, 2023

- a. Are we interested in creating a "logo board" for other facilities to know who is included at our table already?
- b. Are we interested in creating a "new member" folder?



# Approval of minutes & new member introduction

- i. Approval of minutes for last month
- ii. Reminder to sign in on roster and if online: insert name, title, and email into comments
- iii. New member introductions:
  - Your name?
  - Your role in the community? (business owner, community member, person with lived experience, work in recovery, etc.)
  - Why have you chosen to be involved in our coalition? (recovery advocate, loved one who has had dealt with mental health or substances, want to help in the community, lived experience, etc.)

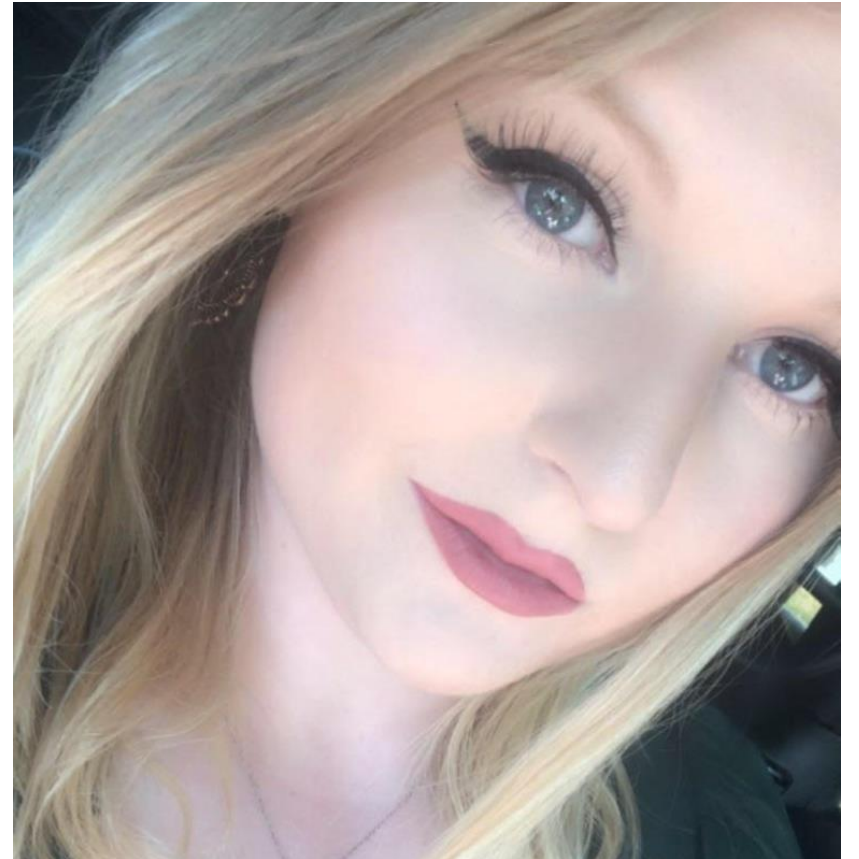
**THANK YOU FOR BEING PART OF OUR ACTION COALITION!**



# Savannah Welch: New MMCR ROSC Coordinator

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- Education: Summa Cum Laude with Bachelors in Psychology from Blackburn College
- Licenses and certifications: Certified mental health First Aid, Blues Program instructor, lean instructor, LGBTQ+ Community Safe Zone Trainer, CrossRoads Anti-Racism Trainee
- Past Experience:
  - Behavioral Health Care Manager at Hillsboro Area Hospital
  - Community Navigator with Madison County Health Department
  - Adult Protective Services Caseworker with Locust Street Resource Center



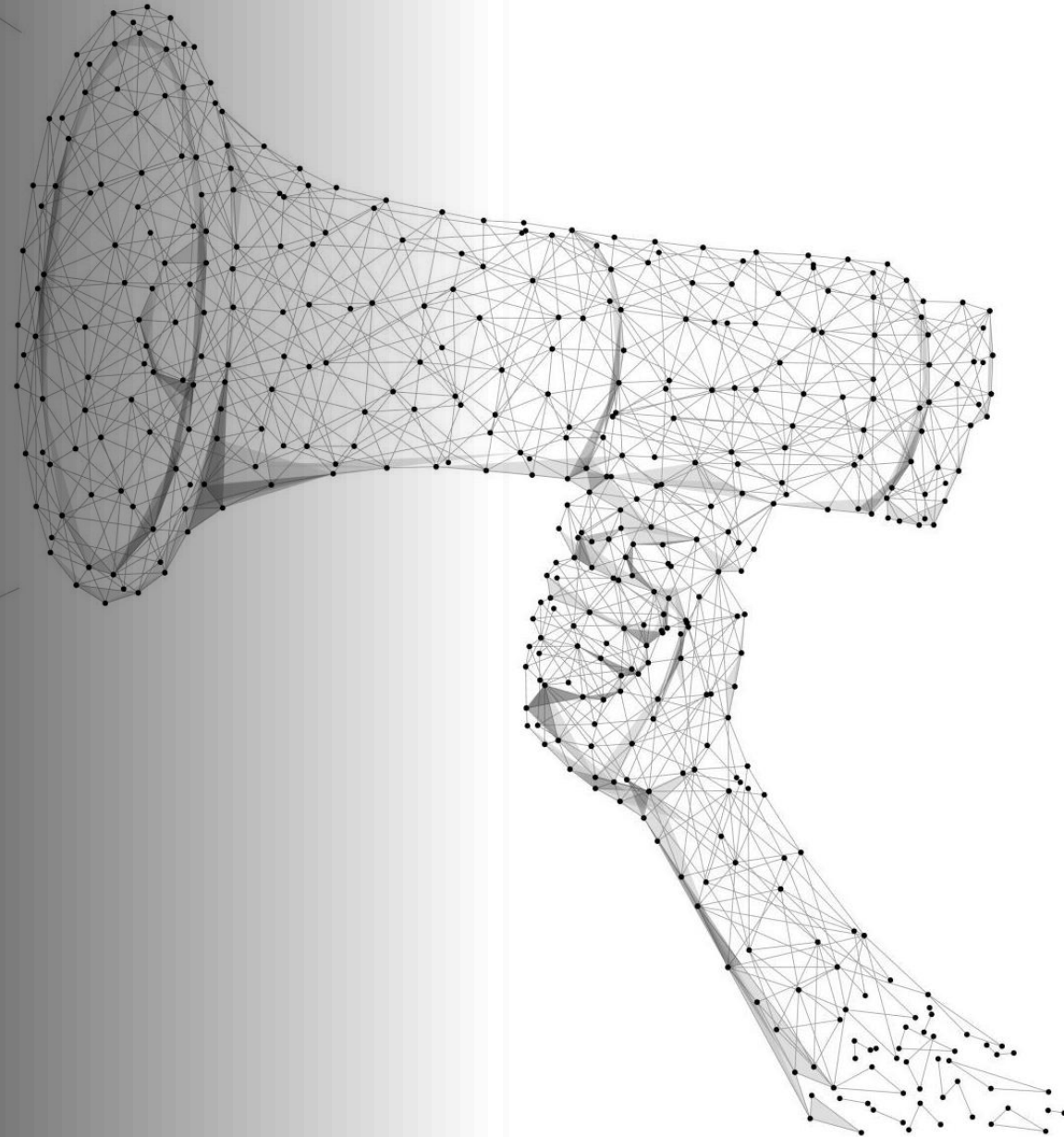
**Michelle Dettwiler** accepted  
Recover-corps Project  
Coordinator Position with  
St. Francis Way Clinic





MMCR ROSC  
Consortium member  
shout out

**Chas Swearingen** is now a  
Macoupin County Board of  
Health member!



# Community Support Meetings in our counties

Al-Anon Meeting every Thursday at 6:30 p.m. at Cross Over Ministries Living Room (102 N. Main St. Hillsboro, IL)

AA Meeting every Friday 6:00pm at Episcopal Church (415 S. Broad Carlinville)

NA Virden Group First Baptist Church Saturday 11:00am (157 W. Franklin, Virden IL)

NAMI Family Support Group: Third Wednesday of the Month 6:00pm-7:30pm, 205 Oakland Ave, Carlinville IL 62626

Thu., 6:30 PM

Thursday

Fri., 6:00 PM

Mon., 10:00 AM

Sat., 11:00 AM

Morning

Wednesday

Tuesday

Emotions Anonymous Meeting every Thursday from 6-7 PM at Beacon Church (622 North Franklin, Litchfield, IL)

AA Virden Group First Baptist Church Monday 10:00am (157 W. Franklin, Virden IL)

Mourning to Morning Grief Support Group: Thursday 4:30pm-5:30pm, Montgomery County Public Health Department (317 W. Union Ave, Litchfield IL)

Macoupin County Networking Alliance: The first Tuesday of every month 10:30am-12pm Carlinville Public Safety Center, Community Room (225 N. Broad St. Carlinville IL)

# CHOICES

Improving the quality of life by connecting people to the most appropriate resources at the earliest time.

You're Invited!

CHOICES Deflection Initiative Launch and Training Session

Good Afternoon!

The CHOICES Leadership team is thrilled to invite you for the "soft" launch of the CHOICES Deflection Initiative, featuring an extensive training session. This event is a significant milestone in the ongoing efforts to create a positive impact on the community, and we are genuinely excited to welcome you on this journey. It's an occasion for celebration, marking the launch of CHOICES and the commencement of deflection referrals. Additionally, it's an opportunity for hands-on learning as our dedicated team members delve into the intricacies of the deflection process. This gathering will foster connections and team building among all participants. Coming together allows everyone to become familiar with one another, putting faces to names, especially as referrals begin to flow in.

**WHO:** Those who will be referring individuals to deflection specialists and the dedicated on-the-ground personnel responsible for accepting deflection participants into various services. This encompasses all individuals actively engaged in deflection, including line staff and supervisors across the police, treatment, and community sectors. Whether they are out on the streets or part of the broader network organizations, this invitation is extended to all those actively involved in the crucial work of deflection.

**WHEN:** November 9-16, 2023, from 1-5 pm

**LOCATION:** Net Community Church 1255 S Hackman St. Staunton, IL 62088

**AGENDA:**

- Welcome and Introductions (1:00 PM - 1:30 PM): Start the day with a warm welcome and an opportunity to meet and greet your colleagues, partners, and supporters who are equally committed to the success of the CHOICES Deflection Initiative.
- Understanding Deflection (1:30 PM - 2:15 PM): Get acquainted with the core concepts and processes of the deflection initiative. Learn about its objectives and strategies.
- Break (2:15 PM - 2:30 PM)
- Training Session (2:30 PM - 2:45 PM): Explore the details of your role in the initiative and the important part you will play, both directly and indirectly.
- Q&A and Feedback Session (2:45 PM - 3:00 PM): Bring your questions, thoughts, and suggestions to the table as we encourage open dialogue and collaboration.
- Interactive Workshops (4:00 PM - 4:45 PM): Engage in hands-on activities to enhance your understanding of the CHOICES Deflection Initiative.
- Closing Remarks (4:00 PM - 4:45 PM): Conclude the day with a recap of key takeaways and an inspirational message on the impact we can achieve together.

This launch event and training session are pivotal in ensuring the success of the CHOICES Deflection Initiative. We value your dedication and commitment to this cause and are eager to equip you with the knowledge and resources needed to make a difference.

Please email [Koren VandeWeele](mailto:Koren.VandeWeele@tasc.org), Program Manager with TASC's Center for Health and Justice, at

[Kvanderweele@tasc.org](mailto:Kvanderweele@tasc.org) RSVP by November 13 to confirm your attendance.

Thank you for being an integral part of the CHOICES mission. Together, we can make a profound impact on our community and the lives of those we serve.

We look forward to seeing you on **November 16, 2023**, and embarking on this meaningful journey together.

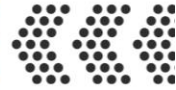


## MACOUPIN COUNTY

# NETWORKING

## ALLIANCE MEETING

Macoupin County  
Public Health Department



THIS MEETING IS FOR THE PURPOSE OF MACOUPIN COUNTY BUSINESSES, PROGRAMS, COMMUNITY MEMBERS, FACILITY EMPLOYEES, ETC. WHERE THEY COME TO NETWORK WITH OTHERS IN THE COUNTY AND TO LEARN MORE ABOUT THE SERVICES OFFERED IN OUR AREA TO BETTER ASSIST THOSE THEY SERVE.

### WHAT

THE FIRST TUESDAY OF THE MONTH 10:30 AM, STARTING AUGUST 1ST.

### WHEN

CARLINVILLE PUBLIC SAFETY CENTER IN THE COMMUNITY ROOM  
ADDRESS: 225 NORTH BROAD STREET CARLINVILLE

### WHERE



CONTACT INFORMATION:  
LINDSAY MINOR: [LMINOR@MCPHD.NET](mailto:LMINOR@MCPHD.NET)  
ELYSE SCHOEN: [ESCHOEN@MCPHD.NET](mailto:ESCHOEN@MCPHD.NET)

# Macoupin County Event Fliers



# Montgomery County Event Fliers



Lincoln Prairie Behavioral Health Center presents

## Dispelling the Myths of Grief and Finding Ways to Honor Our Lost Loved One

Presented by:

Carolyn Irrera, M.A., LCPC, NCC, CADC  
Fox Valley Institute & American Gold Star Families



Learn the myths associated with grief and loss and how to dispel them. Explore therapeutic examples and ways to honor the memory of a loved one.

**11.7.2023**  
12NOON-1PM CT  
VIA ZOOM

Register:  
<https://conta.cc/46xLvK1>

Free CEU available for LSW/LCSW/LPC/LCPC/RN/LPN



**COFFEE AND CONNECTIONS**

**EVERY OTHER THURSDAY @ 10AM**

Join us on Facebook live with your morning coffee and let's discuss local resources!

# Virtual events

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## VETERAN'S CARE DAY

Thursday  
November 9, 2023



Veterans are Invited  
to the SIU School of  
Dental Medicine  
to Receive

★ **FREE** ★

Exams, X-rays, Cleanings,  
Fillings and Extractions

Please call **618-474-7200**  
to schedule your appointment.

(limited appointments available)

Appointment registration begins on October 16, 2023



Out of county events  
open to all

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Next month: ROSC shared calendar  
on outlook

Signup sheet available or add your  
name and email to comments that  
you want to be added to shared  
calendar



DEA NATIONAL <sup>Rx</sup>  
**TAKEBACK**

**Saturday,  
October 28**

**10 a.m. – 2 p.m.**

**DEATakeBack.com**



# Hannah Jones

Recovery Transitional Housing through  
Centerstone



Some ★ Gave ★ All

**TRANSPORTATION**

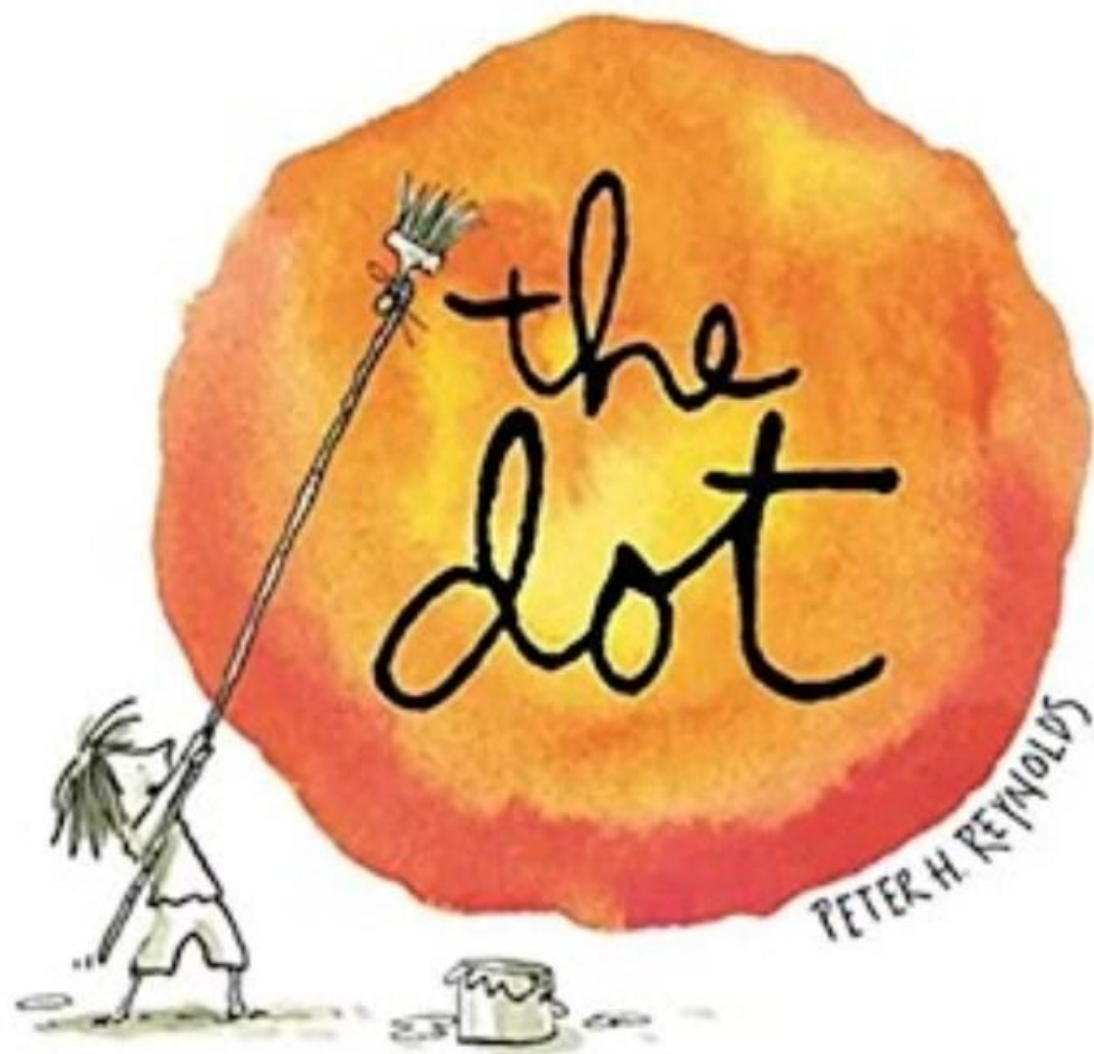
**(618)417-7113**

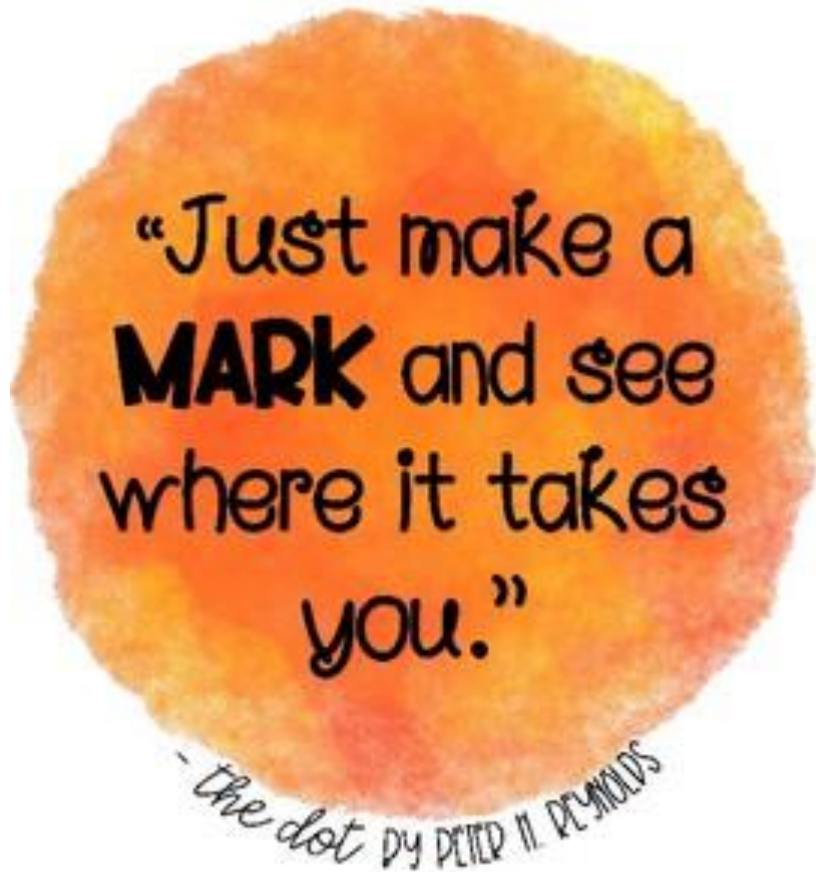


**VETERAN OWNED**

## Ryan Horn

- 1 van/1 driver at this time
- 24-hour access
- Transportation can be utilized by anyone in the area (Macoupin and Montgomery Counties)
- Rates: \$5 from city to city
- How can we work with Ryan?





I. 3 different POV:

- Vashti- who wants to do more, create more, comparing herself to others. She doesn't know where to start, but she cares enough to "make her mark."
- The teacher- that continues to inspire and encourage her to start somewhere. Even Vashti's small mark made a huge impact, because her teacher believed in her.
- The little boy- because Vashti was believed in, she continued to inspire others and didn't try to rub her ideas off on someone else and rather allow them to be authentic.

II. The quote, "just make a mark and see where it takes you." Often, we don't know where to start or how we want the outcome to look, but we need to start somewhere.

III. Always continue to challenge yourself, 1 mark (dot) can lead to the next, leading to something much bigger, even if you weren't even trying to do that. Little dots, became bigger dots!

IV. This is a story about creativity and collaboration. We all are different colored dots that have come together to make a beautiful art piece. The blue dot and the red dot made a purple dot! Although so different, we have worked together to create something new, and just as beautiful!

V. We doubt ourselves but own your authenticity! It doesn't matter who you are or where you're from, if you believe in something, GO FOR IT! And always remember to continue to inspire and believe in others with your creativity and allow them to be creative in their own way. We all have gotten where we are because someone believed in us.





*Scan me*



*to complete the  
evaluation survey*

*Thank  
you*

**Next Meeting will be:  
November 27, 2023 at 2:00PM  
hybrid meeting  
Zoom and Beacon Church  
622 N. Franklin St.  
Litchfield, IL 62056**