

**Community Asset Mapping FY24  
Douglas County ROSC Council (DCRC)**

**Region:** ROSC Region 4

**Agency:** Hour House

**ROSC County:** Douglas County

**Contacts:**

ROSC Coordinator, Leanna Morgan

ROSC Program Supervisor, Karen Cook

**Purpose of the Community Asset Mapping:** To document a community's existing resources and assets, incorporating these strengths into community ROSC and RCO development work.

**Community Asset Directory**

**Appendix A. Substance Use Disorder and Co-Occurring Disorders Resources**

**Appendix B. Medication Assisted Treatment Services**

**Appendix C. Licensed Substance Use Disorder and Co-Occurring Disorders (Mental Health and Substance Use) Prevention and Treatment Resources**

**Appendix D. Recovery Support Services**

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**Appendix F. Mental Health & Substance Abuse**

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**Community Readiness to support the ROSC and RCO Development  
Strengths  
Opportunities**

**ROSC Technical Assistance Priorities for ROSC Expansion**

## **Appendix A: Substance Use Disorder**

### **Chestnut Health Systems**

1003 Martin Luther King Dr. Bloomington, IL 61701

888-924-3786

[www.chestnut.org](http://www.chestnut.org)

### **Elements at Crossing Health**

420 E Central Ave, Decatur, IL 62521

[www.crossinghealthcare.org](http://www.crossinghealthcare.org)

217-877-9117

### **Gateway Foundation**

2200 LK Victoria DR, Springfield, IL 62703

217-529-9266 X 2670

[www.gatewayfoundation.org](http://www.gatewayfoundation.org)

### **Heritage Behavioral Health Center**

151 N Main St, Decatur, IL 62523

217-362-6262

[www.heritagenet.org](http://www.heritagenet.org)

### **Hour House**

635 Division St, Charleston, IL 61920

217-348-8108

<http://hourhouserecovery.org>

### **New Vision**

200 S. Cedar Street, Shelbyville, Illinois 62505

217-716-2145

[www.specialcarecorp.com](http://www.specialcarecorp.com)

### **RISE Behavioral Health & Wellness**

114 W Houghton St, Tuscola, IL 61953

217-253-4137

### **Rosecrance**

2302 Moreland Blvd., Champaign, IL 61822

815-391-1000

[www.rosecrance.org](http://www.rosecrance.org)

### **The Pavilion**

809 W Church St., Champaign, Il 61820

217-373-1700

[www.pavilionhospital.com](http://www.pavilionhospital.com)

## **Appendix B.: MAT (Medication Assisted Treatment) Services**

### **Douglas County Health Center**

1250 E. U.S. Hwy. 36 Tuscola, IL 61953

217-253-4137

<https://www.dchealthil.org/>

### **SIHF Healthcare**

1710 State Route 133, Arthur, IL 61911

217-543-2446

## **Appendix C: Licensed SUD Prevention and Treatment Resources**

### **Chestnut Health Systems**

1003 Martin Luther King Dr. Bloomington, IL 61701

\*Detox, Adult Residential, and Outpatient/Intensive Outpatient Treatment Services

309-827-0818

### **Hour House**

635 Division St, Charleston, IL 61920

Stabilization and Transition Unit, Detox, Adult Residential, and Outpatient/Intensive Outpatient Treatment Services

217-348-8108

<http://hourhouserecovery.org>

## **Appendix D: Recovery Support Services**

\*As of this writing, according to Illinois Alcohol and Professional Certification Association (IODAPCA) metrics, there are Credentialed Recovery Support Specialists, Certified Family Partnership Professional, Certified Prevention Specialist, National Certified Recovery Specialist (CRSS, CFPP, CPS, NCRS) in Coles County. There are 7 with these varying designations and 1 Certified Alcohol and Drug Professionals (CADP) as well in Douglas County.

### **AA- East Central Illinois District 12 Alcoholics Anonymous**

217-373-4200 (24/7 hotline)

<http://aa-eci.org/>

### **Addiction Guide**

866-525-8023

<http://www.addictionhelp.com/>

### **Adult Children of Alcoholics & Dysfunctional Families**

<https://adultchildren.org/>

### **Al-Anon (Electronic)**

<https://al-anon.org/>

**Alateen (Electronic)**

<https://al-anon.org/>

**Celebrate Recovery**

<https://celebraterecovery.com>

**Douglas County Recovery Oriented System of Care (ROSC)**

\*Peer Support Education Resources

513 N 15<sup>th</sup> St Mattoon IL, 61938

**Eating Disorder Anonymous**

[www.eatingdisordersanonymous.org](http://www.eatingdisordersanonymous.org)

**HOPE of ECI – Coalition Against Domestic Violence**

217-348-5931

**Illinois Domestic Violence Helpline**

877-863-6338

**Illinois Helpline for Opioids and Other Substances**

833-234-6343

**Illinois Mental Health Collaborative**

W.R.A.P.

866-359-7953

**Narcotics Anonymous**

<http://ppana.org>

**National Alliance on Mental Illness (NAMI) Helpline**

800-950-6264

**NAMI – Champaign**

P.O. Box 3552 Champaign, Illinois 61826

217-419-5345

<https://namichampaign.org/>

**Illinois Mental Health Collaborative (Illinois Residents)**

866-359-7953

**Self-Management and Recovery Training (SMART) Recovery Support Group - Online**

[www.smartrecovery.org](http://www.smartrecovery.org)

**Suicide Prevention**

800-273-8255 or 988

## **Appendix E. Peer Recovery Support Professionals**

### **East Central IL Recovery Oriented System of Care (ROSC)**

513 N. 13<sup>th</sup> Street  
Mattoon, IL 61938

### **Hour House**

635 Division St, Charleston, IL 61920  
217-348-8108  
<http://hourhouserecovery.org>

## **Appendix F: Mental Health & Substance Use**

Treatment programs and mental health services specializing in long-term Dual Diagnoses and treatment has- been identified as a gap in the community. The facilities below do treat clients with co-occurring disorders (i.e. clients who have mental health diagnoses are treated for substance use), but typically not for residential treatment stays longer than 21-28 days.

### **Douglas County Health Center**

1250 E. U.S. Hwy. 36 Tuscola, IL 61953  
217-253-4137  
<https://www.dchealthil.org/>

### **Life Links**

750 Broadway Ave. East Mattoon, IL 61938  
217-238-5700  
<http://www.lifelinksinc.org>

### **RISE Behavioral Health & Wellness**

114 W. Houghton St., Tuscola, IL 61953  
217-253-4731  
<https://www.risedoco.com>

## **Appendix G. Recovery Residences**

### **Elements at Crossing Health**

420 E Central Ave, Decatur, IL 62521  
[www.crossinghealthcare.org](http://www.crossinghealthcare.org)  
217-877-9117

### **Gateway Foundation**

2200 LK Victoria DR, Springfield, IL 62703  
217-529-9266 X 2670  
[www.gatewayfoundation.org](http://www.gatewayfoundation.org)

### **Hour House**

635 Division St, Charleston, IL 61920

217-348-8108  
<http://hourhourecovery.org>

**Rosecrance**  
2302 Moreland Boulevard, Champaign, IL 61822  
866-330-8729

### **Appendix H: Housing Support**

**ERBA Emergency Food and Shelter - Douglas County**  
107 South Central Ave W Tuscola, IL 61953  
217-253-4434  
<http://www.erbainc.org/>

**The Haven**  
2017 Broadway Ave., Mattoon, IL 61938  
217-234-7237  
<http://mattoonhaven.org/>

### **Appendix I. Education Support**

**Arcola Carnegie Public Library**  
407 E. Main St, Arcola, IL 61910  
217-268-4477

**Arthur Public Library**  
225 S. Walnut Arthur, IL 61911  
217-543-2037  
<https://www.arthurlibrary.org/>

**Atwood-Hammond Public Library**  
123 N Main St., Atwood, IL 61913  
217-578-2727  
<https://www.ahlibrary.com/>

**Camargo Township District Library**  
14 N. Main St. Villa Grove, IL 61956  
217-832-5211

**Lake Land College - Adult Education**  
5001 Lakeland Blvd. Mattoon, IL 61938  
217-238-8383  
<http://www.lakelandcollege.edu/adulteducation>

**Newman Regional Public Library**  
207 S. Coffin St, Suite D., Newman, IL 61942  
217-837-2412

**Parkland College**

Adult and Returning Student Services  
2400 West Bradley Avenue, Champaign, IL 61821  
217-351-2482  
Admissions@parkland.edu

**Tuscola Public Library**

112 E. Sale St. Tuscola, IL 61953  
217-253-3812  
<https://www.tuscolalibrary.org/>

**University of Illinois Extension – Moultrie & Douglas County**

304 E. Progress Arthur, IL 61911  
217 -543 -3755  
<http://extension.illinois.edu/>

**Workforce Development**

A division of the Champaign County Regional Planning Commission  
401 S. Main Street, Tuscola, IL 61953  
217-253-7555  
<https://www.eciwork.net>

**Appendix J. Providers for Justice Support****Douglas County State's Attorney**

401 S. Center, Rm 105 Tuscola, IL 61953  
217-253-5471  
<https://douglascountyil.gov/states-attorney>

**Home Care Ombudsman Program**

One Natural Way, Suite 100, Springfield, IL 62702  
800-252-8966  
<https://ilaging.illinois.gov/programs/ltombudsman/the-home-care-ombudsmanprogram.html>

**Illinois Guardianship and Advocacy Commission**

Human Rights Authority  
East Central Regional Office  
2125 South First Street, Champaign, IL 61820  
Office: 217-278-5577 Statewide intake 1-866-274-8023

**PACE - Personal Assistant Referral**

1317 E. Florida Ave. Urbana, IL 61801  
217- 344-5433  
<http://www.pacecil.org/>

## **Appendix K. Harm Reduction**

NARCAN is a medication that can block or reverse the effects of an opioid overdose. Anyone can easily use NARCAN to save the life of someone overdosing on opioids, including heroin or prescription medicines like OxyContin® or Percocet®. If you or your agency would like to receive additional training on using NARCAN, please get in touch with the Douglas County Health Department at 217-253-4137, Shalynn's Hope, Inc at 217-493-4184, or Douglas County ROSC at leannam@hourhouserecovery.org. If you or someone you know is overdosing and needs immediate attention, please call 911. In the instance you are with that individual, the Good Samaritan Law states that anyone who calls for help or drops off someone experiencing a drug overdose will not receive charges for possession of paraphernalia. One limitation of this law is that the person who overdosed is not covered, and any other crime committed at the scene is not protected by law.

### **Douglas County Health Department (PROMPT)**

1250 E US Highway 36, Tuscola, IL 217-253-4137

### **Shalynn's Hope, Inc.**

Contact Stacy Welch at 217-493-4184 or skwelch04@gmail.com

### **Hour House Drug Overdose Prevention Program (DOPP) Sites**

\*Narcan displays are accessible during each organization's normal business hours

- **Arthur Public Library District**, 225 S Walnut St., Arthur, IL 61911
- **Arcola Food Pantry**, 126 S. Locust, Arcola, IL 61910
- **Atwood-Hammond Public Library**, 123 Main St, Atwood, IL 61913
- **Camargo Township District Library**, 14 N Main St, Villa Grove, IL 61956
- **Newman Regional Library District**, 207 S Coffin St Suite D, Newman, IL 61942
- **RISE Behavioral Health**, 114 W. Houghton St, Tuscola, IL 61953
- **Rural Grace Food Pantry**, 208 N 2nd St, Murdock, IL 61941
- **Tuscola United Methodist Church**, 901 N Prairie S., Tuscola, IL 61953

## **Appendix L. Community Resources**

AA- East Central Illinois District 12 Alcoholics Anonymous

Addiction Guide

Adult Children of Alcoholics & Dysfunctional Families

Al-Anon (Electronic)

Alateen (Electronic)

Arcola Carnegie Public Library

Arthur Public Library

Atwood-Hammond Public Library

Camargo Township District Library

Celebrate Recovery

Chestnut Health Systems

Douglas County Health Center

Douglas County Health Department



Douglas County State's Attorney  
Eating Disorder Anonymous  
ERBA Emergency Food and Shelter - Douglas County  
Elements at Crossing Health  
Gateway Foundation  
Heritage Behavioral Health Center  
Home Care Ombudsman Program  
HOPE of ECI – Coalition Against Domestic Violence  
Hour House  
Illinois Domestic Violence Helpline  
Illinois Guardianship and Advocacy Commission  
Illinois Helpline for Opioids and Other Substances  
Illinois Mental Health Collaborative  
Lake Land College - Adult Education  
Life Links  
Narcotics Anonymous  
National Alliance on Mental Illness (NAMI) Helpline  
NAMI – Champaign  
Newman Regional Public Library  
New Vision  
PACE - Personal Assistant Referral  
Parkland College  
RISE Behavioral Health & Wellness  
Rosecrance  
Self-Management and Recovery Training (SMART) Recovery Support Group - Online  
Shalynn's Hope, Inc. (DOPP)  
SIHF Healthcare  
Suicide Prevention  
The Haven  
The Pavilion  
Tuscola Public Library  
University of Illinois Extension – Moultrie & Douglas County  
Workforce Development

**\*For additional resources in and around Douglas County, IL**  
Dial 211 or visit [www.211.org](http://www.211.org)

## **Community Readiness**

The professional communities have demonstrated enthusiasm and willingness to participate with the Douglas County ROSC efforts, under lead agency of Hour House. The team is continuously seeking to bring new stakeholders to the table, in order to ensure that a wide array of roles and perspectives is represented. This includes those organizations and agencies listed in the Community Resources Appendix.

### **Community readiness is also deemed positive due to the following:**

- Community providers willingness to expand their services to individuals in recovery.
- The strong support and potential to expand upon the Wellness and Recovery Education with Recovery Navigator in the Douglas County Jail and HOPE of East Central Illinois.

### **The following opportunities are available to support the Douglas County ROSC efforts:**

- Continued facilitated sessions among Council members to further clarify requirements for implementing identified gaps in services.
- Research community providers to fill the service gaps for individuals in recovery within the rural area of Douglas County.
- Increasing openness to harm reduction education and harm reduction materials.

## **Priorities for Expansion**

The Douglas County ROSC will require continuous commitment and involvement from its stakeholders in order to overcome many of the risks and challenges associated with community-wide change. Risks to the project effort could include member complacency, key stakeholders missed or not involved, lack of funding, loss of buy-in or interest, too many perspectives to the point the council becomes unwieldy, group think about certain priorities, and other potential issues that may be identified further into this effort. With this in mind, some of the measures required to continue expanding the ROSC are as follows:

- Continual Council membership recruitment
- Provide training and education within the ROSC Framework
- Educational Sessions such as Stigma Reduction, MAT Services, 12 Steps, Different Recovery Paths, Pathways to Spirituality, Harm Reduction, Narcan, etc.
- Continued support for Recovery Housing, Support Groups, and RCO development within the county lines of Douglas County.
- Increasing awareness of harm reduction that is available within Douglas County.
- Provide education and funding opportunities to support RCO Development.