

**Strategic Plan**  
**Douglas County ROSC Council (DCRC)**

**Region:** ROSC Region 4  
**Lead Agency:** Hour House  
**County:** Douglas County

**Contacts:**  
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**Purpose of the Strategic Plan:**

- The purpose of the Douglas County Recovery Oriented Systems of Care Council (ROSC) Strategic Plan is to provide individualized goals broken down through activities to help achieve the objectives for each goal.

**Goal A:** Maintain local ROSC Council meetings. (Ongoing, FY24)

**Objective 1:** The ROSC Council will meet monthly and members will have a 75% attendance rate.

**Activity 1:** Set calendar of ROSC Council meetings.

**Activity 2:** Create an e-mail and mailing list to communicate with ROSC Council members.

**Activity 3:** ROSC Council members will personally reach out to non-attending members to increase participation. (12/20)

**Activity 4:** Assess and make any adjustments to time of day, type, and location of meetings to increase participation. (12/20)

**Objective 2:** The ROSC Council Administration will stay in consistent communication with ROSC Council members. (Ongoing, FY24)

**Activity 5:** Within 5 days of each council meeting, send meeting minutes to all ROSC Council members.

**Activity 6:** Two weeks prior to the council meeting, send a reminder to each ROSC Council member.

**Activity 7:** Three days prior to the council meeting, send a reminder to each ROSC Council member.

**Goal B:** Fulfill stakeholder required categories. (Ongoing, FY24)

**Objective 3:** The ROSC Council Administration will recruit individuals to represent each stakeholder category.

**Activity 8:** Gather a comprehensive list of stakeholders in the county.

**Activity 9:** Within one month of obtaining the list, reach out to each stakeholder by phone or e-mail, to explain our purpose and garner their possible involvement.

**Activity 10:** Within three months of being awarded the grant, have all stakeholder categories fulfilled.

**Activity 11:** ROSC Council members will continue to seek out stakeholders who were not included in the initial Council. (12/20)

**New Activity 12:** Recruit for Council membership that will represent at least 10 sectors of the 15 target sectors. (PLEs, Recovery Supports, Faith-based Groups, Family/Parents, Service Providers, State/Local/Tribal Government, Substance Use Treatment Organizations, Healthcare, Law Enforcement, Judicial, Volunteer/Civic Organizations, Education/Schools, Youth Serving Organizations, Media, and Business. (Added 08/23)

**New Activity 13:** Recruit at least 1 new council member quarterly. (Added 08/23)

**Objective 4:** The ROSC Council Administration will monitor retention of community stakeholders each month.

**Activity 14:** Provide an attendance sheet at each meeting to ensure stakeholder representation.

**Goal C:** Identify local ROSC Council community needs. (Ongoing, FY24)

**Objective 5:** The ROSC Council will coordinate a meeting each year to identify strengths and barriers within 60 days of being awarded the grant.

**Activity 15:** Provide a meeting for all stakeholders to identify the top five strengths and barriers.

**Activity 16:** Send the strengths and barriers list to the ROSC Council members via email.

**Objective 6:** The ROSC Council Administration will conduct a community needs assessment within 60 days of being awarded the grant.

**Activity 17:** Create a needs assessment.

**Activity 18:** Distribute the needs assessment to each stakeholder via e-mail.

**Activity 19:** Provide the survey, at the next council meeting, for those stakeholders who have not completed the survey.

**Activity 20:** Compile and distribute the community needs assessment data.

**Activity 21:** Ongoing formal and informal Community Needs Assessment will be conducted. (12/20)

**Goal D:** The ROSC Council will assist in increasing substance use treatment options in the county.

**Objective 7:** The ROSC Council Administration will continue to provide support to RISE in expanding their services to include outpatient substance use disorder treatment within three years. (Continue, 11/22)

**Activity 22:** Coordinate a meeting between a current outpatient substance use treatment provider (CEAD Council) and Douglas County Mental Health to provide consultation on obtaining licensure for these services. (Completed)

**Activity 23:** Within 12-18 months of initial consultation, continue to facilitate the collaboration between CEAD Council and RISE to successfully establish outpatient substance use disorder treatment services. (Completed)

**Activity 24:** Encourage collaboration for referrals between CEAD Council and RISE.

(Ongoing)

**Activity 24:** Continue to monitor the expanse of service provision and assist in coordination with referral agencies and persons with lived experience. (Ongoing)

**Activity 25:** Hour House will provide telehealth to support area resident's treatment needs until expansion of In-County treatment services can be established. (Ongoing).

**Objective 8:** The ROSC Council will coordinate efforts to provide transportation for treatment services. (Ongoing, FY24)

**Activity 26:** Meet with the appropriate stakeholders to gather a needs assessment for those needing treatment, as well as transportation to those services. (Completed)

**Activity 27:** Within three to six months of the above meeting, meet with area social service providers, public transportation services and any other possible forms of transportation (i.e. churches, etc.) to determine resources in meeting the county's needs. (Completed)

**Activity 28:** Run pilot program in County to determine if transportation usage rates will support additional service routes. (Update- pilot program was utilized for 3 months.) (Completed).

**Activity 29:** Within three years of being awarded the grant, successfully arrange transportation options for those needing treatment. (Pilot was unsuccessful).

**Activity 30:** Assist Community Transportation committee to address ongoing transportation needs. (Ongoing, FY24)

**New Activity 31:** Assist with the Douglas County Public Transportation Study efforts by Coles County Regional Planning in 2023-2024. (Added 08/23)

**Goal E:** Develop additional support systems for persons in recovery and their families. (Ongoing, FY24)

**Objective 9:** The ROSC Council will develop two additional consistent recovery meetings within five years. (Ongoing, FY24)

**Activity 32:** Work with our Persons with Lived Experience (PLE's) to create additional 12-step AA/NA meetings.

**Activity 33:** Work with our families of PLE's to create a family support group (i.e. Alanon, etc.). (Completed, 11/22)

**Activity 34:** Engage with AA and NA General Service Reps to determine the level of support they could provide for new meetings. (Completed, 10/22)

**Activity 35:** Meet with those who are wanting to start a new meeting in the area to determine their immediate needs and develop an action plan to address those needs. (Completed, 10/22)

**Objective 10:** Provide information campaigns to reduce stigma and provide support to persons with substance use disorders. (Ongoing, FY24)

**Activity 36:** Distribute state and national information campaigns annually.

**Activity 37:** Coordinate local resource information campaigns.

**Activity 38:** Participate in area health and wellness resource fairs and information campaigns.

**Activity 39:** Distribute ROSC information brochure and Douglas County membership ROSC brochure.

**Activity 40:** Develop QR code for ROSC Social media page. (Completed, 12/23)

**New Activity 41:** Coordinate with local resources to translate educational materials for distribution to Spanish-speaking populations in Douglas County and surrounding areas. (Ongoing, 08/23)

**Objective 11:** Increase awareness and information for health promotion around harm reduction and services. (Ongoing, FY24)

**Activity 42:** Provide information on social media on where/how to access harm reduction services and programs.

**Activity 43:** Work with partnering agencies to share social media posts and educational materials.

**Activity 44:** Provide stakeholders updates on harm reduction services, supplies and resource guides.

**Objective 12:** ROSC Council will provide advocacy to explore establishment of a local Drug Court in Douglas County. (Ongoing, FY24)

**Activity 45:** Council members will provide Advocacy and research for a local drug court.

**Activity 46:** Identify potential partnerships with neighboring counties.

**Activity 47:** Assistance with assessing buy-in of judicial system.

**Activity 48:** Identify additional services and self-help groups needed to sustain a drug court.

**Activity 49:** Assist in seeking out additional funding sources as needed.

**New Objective 13:** ROSC Council will provide advocacy to explore the establishment of a Recovery Community Organization (RCO) in Douglas County. (Added, 08/23)

**New Activity 50:** Council members will provide advocacy and research for a local RCO.

**New Activity 51:** Identify additional services needed to sustain an RCO.

**New Activity 52:** Assist in seeking out additional funding sources as needed.

**New Activity 53:** Work with local Persons with Lived Experience (PLEs) for identifying potential advisory roles.

**New Activity 54:** Facilitate meetings between interested organization(s) and Faces of and Voices of Recovery, Statewide ROSC, and other grant consults to provide consultation.

**Goal G:** Develop and maintain ROSC Council subcommittee meetings. (Ongoing, FY24)

**Objective 14: The ROSC Council will develop a Community Resource Subcommittee.**

**Activity 55:** Within 6 months, identify organizational leaders from each stakeholder category. (Completed 02/23)

**Activity 56:** Identify community members that may be interested in assisting to develop additional resources in the community. (Completed 02/23)

**Activity 57:** Target resources needed for but not limited to drug court.

**Objective 15: The ROSC Council will develop PLE (Persons with Lived Experience) subcommittee.** (Ongoing, FY24)

**Activity 58:** Within 3 months, identify locations for outreach to persons with lived experience. (Completed 02/23)

**Activity 59:** Within 6 months, develop unofficial meetings for persons with lived experience to attend. (Continue objective, 07/23)

**Activity 60:** Within 12 months, develop a set location and meeting time for persons with lived experience.

**Objective 16: The subcommittee meetings will meet at the discretion of its members.**  
(Ongoing, FY24)

**Activity 61:** Set calendar of subcommittee meetings.

**Activity 62:** Create an e-mail and mailing list to communicate with subcommittee members.

**Activity 63:** Subcommittee members will personally reach out to non-attending members to increase participation.

**Activity 64:** Assess and make any adjustments to time of day, type, and location of meetings to increase participation.

**Activity 65:** Provide documentation of subcommittee member participation.

**Activity 66:** Provide an attendance sheet at each subcommittee meeting to ensure stakeholder representation.

**Activity 67:** Provide meeting summary to ROSC Council in the next Council meeting.

**Goal H: The ROSC Council will assist key stakeholders with substance use disorder education and resources for the participants they serve.** (Ongoing, FY24)

**Objective 16:** Provide community wide education series to reduce stigma and myth regraded to substance use disorder.

**Activity 68:** Within 3 months, develop a curriculum approved by the Hour House Program Director. (Completed, 11/22)

**Activity 69:** Within 4 months, sign working agreements with organizations with scheduled education groups within their organizations. (i.e. legal, community resource agencies, public health). (Completed, 12/22)

**Activity 70:** Develop and Maintain local resource guides and distribute County wide.

**Objective 17:** Provide Naloxone training and distribution within the community.  
(Ongoing, FY24)

**Activity 71:** Within 3 months, identify unmet needs for Naloxone education and distribution. (Completed, 01/23)

**Activity 72:** Within 4 months, develop a schedule for trainings that complements services of the Douglas County Health Dept. (Completed, 02/23)

**Activity 73:** Provide trainings in the County that high-risk individuals frequent.

**Activity 74:** Report distribution of Naloxone to Douglas County Health Dept.