

Strategic Plan
Clark and Cumberland County ROSC Council (CCCRC)

Region: ROSC Region 4
Lead Agency: Hour House
County: Clark and Cumberland County

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Purpose of the Strategic Plan:

- The purpose of the Douglas County Recovery Oriented Systems of Care Council (ROSC) Strategic Plan is to provide individualized goals broken down through activities to help achieve the objectives for each goal

Goal A: Develop and maintain a joint ROSC Council for Clark and Cumberland Counties. (1–3-year goal)

Objective 1: (Both Counties): Recruit and maintain community stakeholders for ongoing ROSC council membership.

Activity 1: Contact potential ROSC council members via phone, email, face-to-face interactions, letter, and text message to set up meet and greets to educate on the ROSC concept.

Activity 2: Create and maintain social media platforms to reach potential ROSC council members.

Activity 3: Utilize local newspapers to promote and increase awareness about ROSC and current events.

Objective 2: (Both Counties): The ROSC Council will stay in consistent communication with all ROSC Council members and community key stakeholders.

Activity 4: The ROSC Council Coordinator will set calendar dates for ROSC Council meeting throughout FY 23.

Activity 5: The ROSC Council Coordinator will establish a ROSC Council stakeholder membership email mailing list to maintain communication between ROSC Council members.

Activity 6: The ROSC Council Coordinator will maintain consistent contact with existing ROSC council members by providing updates and reminders for upcoming ROSC Council meetings, activities, and events.

Activity 7: Within 48 hours of each council meeting, send meeting minutes to all ROSC Council members.

Activity 8: Two weeks prior to the council meeting, send a reminder to each ROSC Council member.

Activity 9: Three days prior to the council meeting, send a reminder to each ROSC Council member

Activity 10: The ROSC Council will identify missing key stakeholders and organizations that are not represented on the ROSC Council membership list and educate them one-on-one about the ROSC concept.

Activity 11: ROSC Council members will reach out to non-attending members or community stakeholders to increase the ROSC Council membership.

Goal B: The ROSC council will fulfill required stakeholder sectors. **(1-3-year goal)**

Objective 3 (Both Counties): The ROSC Council will recruit individuals to represent each stakeholder sector by July of 2023.

Activity 12: Create a list of stakeholders in the county to identify gaps in the ROSC council sectors.

Activity 13: 6-9 months after formation of joint council, half of the stakeholder sectors will be fulfilled.

Objective 4 (Both Counties): The ROSC Council will monitor the retention and contribution of council members monthly.

Activity 14: Provide an attendance sheet at each council meeting and event to ensure stakeholder representation.

Goal C: Identify local ROSC Council community needs. **(1-3-year goal).**

Objective 5: The ROSC Council will coordinate a meeting each year to identify strengths and barriers within 60 days of being awarded the grant.

Activity 15: Provide a meeting for all stakeholders to identify the top five strengths and barriers.

Activity 16: Send the strengths and barriers list to the ROSC Council members via e-mail.

Objective 6: The ROSC Council Administration will conduct a community needs assessment within 60 days of being awarded the grant.

Activity 17: Conduct ongoing formal and informal Community Needs assessment to identify additional gaps and barriers that could prevent a person from entering and maintaining long-term recovery

Activity 18: Compile and distribute the community needs assessment data to local stakeholders.

Goal D: Develop additional support systems for persons in recovery and their families. **(1-3-year goal)**

Objective 7 (Clark Specific): ROSC Council will provide advocacy to explore the establishment of a local Drug Court in Clark County.

Activity 19: Council members will provide advocacy and assistance in establishing local drug court.

Activity 20: Assistance with assessing buy-in of judicial system.

Activity 21: Identify barriers to additional services, resources, and self-help groups needed to sustain a drug court.

Activity 22: Assist in seeking out additional funding sources as needed.

Objective 8 (Cumberland Specific): The ROSC Council will assist Cumberland County's active Drug Court.

Activity 23: Utilize the ROSC Council Recovery Navigator to provide additional resources and education opportunities to aid clients on Drug Court within the county.

Goal E: The ROSC Council will assist key stakeholders with substance use disorder education, harm reduction education, and resources for the participants they serve. **(1-3-year goals).**

Objective 9 (Both Counties): Provide community wide education series to reduce stigma and myth regraded to substance use disorder.

Activity 24: Within 3 months, develop a curriculum approved by the Hour House Program Director.

Activity 25: Within 4 months of the finalizing of strategic goals, sign working agreements with organizations with scheduled education groups within them organizations. (i.e., law enforcement, legal, community resource agencies, public health)

Activity 26: Develop and Maintain local resource guides and distribute County wide.

Activity 27: Collaborate with key community stakeholders to organize community wide panel series to educate and reduce stigma concerning substance use disorder.

Activity 28: Assist in events that provide awareness to the continuum of care regarding substance use disorder. (i.e., Hidden in Plain Sight events, resource bag distribution, coat drives).

Objective 10 (Both Counties): Provide community wide education specific to families, parents, and children regarding substance use disorder.

Activity 29: Collaborate with the Illinois Family Resource Center to provide educational resources to families with a loved one with a substance use disorder.

Activity 30: Partner with other agencies to provide substance use disorder education in the schools (i.e. HRC Prevention, Clark and Cumberland County Health Departments, etc).

Activity 31: The ROSC Recovery Navigator will provide recovery educational groups within the community that covers topics related to parenting and helping families.

Objective 11 (Both Counties): Provide Naloxone training and distribution within the community.

Activity 32: Within 3 months, identify unmet needs for Naloxone education and distribution.

Activity 33: Within 4 months, develop a schedule for trainings that compliments services of the Clark and Cumberland County Health Dept.

Activity 34: Continue to find additional sites to set up NARCAN displays.

Goal F: Collaborate with the County Jails to identify gaps and barriers to incarcerated individuals seeking recovery. **(1-3-year goals).**

Objective 12 (Both Counties): Assist in implementing a ROSC Council Recovery Navigator in the jail to provide a recovery-orientated education series to incarcerated individuals.

Activity 35: Collaborate a meeting between the jail administrator and sheriff to identify recovery-orientated education options in the jail

Activity 36: Collaborate with other counties to access buy-in

Activity 37: Provide resource guides and education opportunities to inmates and law enforcement staff

Objective 13 (Both Counties): Work with PLE's and explore the set-up to start 12 step meetings in the jails that meets on a regular basis to provide recovery options to inmates who wish to be involved in these groups.

Activity 38: Collaborate with the Sheriff, jail administrator, and other individuals who would be involved in establishing a safety protocol and procedures for these in-house jail meetings.

Objective 14 (Both Counties): Work to collaborate efforts for starting a Safe Passage Program.

Activity 39: Provide Information and education to key stakeholders on the concept of having a Safe Passage.

Activity 40: Collaborate a meeting between Clark and/or Cumberland County law enforcement agencies, Hour House staff, and other law enforcement agencies who have implemented the Safe Passage in to assess buy-in.

Activity 41: Assist in the set-up procedures of a Safe Passage as needed.

Goal G: (Both Counties): Enhance the recovery capital in Clark and Cumberland Counties by supporting the efforts being made by ROSC Council. **(3-5+-year goal).**

Objective 15 (Both Counties): Explore Recovery Housing options for both counties.

Activity 42: Communicate with local agencies and organizations to analyze the need for safe, sober living locally in the community.

Activity 43: Identify recovery homes in surrounding counties and build potential partnerships.

Activity 44: Identify landlords in both counties and facilitate meetings to discuss potential safe and sober living opportunities for individuals and their families.

Activity 45: Aid Community Resource Agencies in developing safe and sober living resource guides.

Objective 16 (Both Counties): Provide general recovery support in identified key areas of early recovery

Activity 46: Aid key stakeholders in the exploration to develop an RCO/Recovery café environment in a convenient location where recovering volunteers or employees could work.

Activity 47: Provide expungement classes and assistance to those who are eligible who have criminal records that can potentially hinder them getting housing or jobs.

Objective 17 (Both Counties): The ROSC Council will aid in the exploration of developing additional recovery meetings.

Activity 48: Determine the immediate needs and develop an action plan to address those needs by working with our Persons with Lived Experience (PLE's) to create additional recovery support meetings.

Activity 49: Work with our families of PLE's to create a family support group (i.e., Al-anon, etc.).

Activity 50: Engage recovery support meeting General Service Reps to determine the level of support they could provide for new recovery support meetings.

Objective 18 (Both Counties): Increase awareness and information for prevention, health promotion, treatment, and recovery support in Clark and Cumberland Counties.

Activity 51: Distribute state and national information campaigns annually.

Activity 52: Coordinate local resource information campaigns.

Activity 53: Participate in area health and wellness resource fairs and information campaigns.

Activity 54: Distribute ROSC information brochures and resource guides.

Activity 55: Provide local resource information on where and how to access recovery related services and supports on the ROSC Council Social media page.

Activity 56: Work with partnering agencies to share social media posts and educational materials.