## Strategic Plan

**Moultrie and Shelby County ROSC Council (MSCRC)** 

**Region:** ROSC Region 4 **Lead Agency:** Hour House

**County:** Moultrie and Shelby County

## **Contacts:**

Tess Miller, ROSC Coordinator Karen Cook, ROSC Supervisor

## **Purpose of the Strategic Plan:**

• The purpose of the Moultrie and Shelby County Recovery Oriented Systems of Care Council (ROSC) Strategic Plan is to provide individualized goals broken down through activities to help achieve the objectives for each goal.

Goal A: Develop and maintain local ROSC Council meetings.

**Objective 1:** The ROSC Council will meet monthly and members will have a 75% attendance rate.

Activity 1: Set calendar of ROSC Council meetings.

Activity 2: Create an e-mail and mailing list to communicate with ROSC Council members.

Activity 3: ROSC Council members will personally reach out to non-attending members to increase participation.

Activity 4: Assess and make any adjustments to time of day, type, and location of meetings to increase participation.

**Objective 2:** The ROSC Council Administration will stay in consistent communication with ROSC Council members.

*Activity 5:* Within 48 hours of each council meeting, send meeting minutes to all ROSC Council members.

Activity 6: Two weeks prior to the council meeting, send a reminder to each ROSC Council member.

Activity 7: Three days prior to the council meeting, send a reminder to each ROSC Council member.

Activity 8: Within 24 hours prior to the council meeting, send any last-minute housekeeping updates.

**Goal B:** Fulfill stakeholder required categories.

**Objective 3:** The ROSC Council Administration will recruit individuals to represent each stakeholder category.

**Activity 9:** Gather a comprehensive list of stakeholders in the county.

Activity 10: Within one month of obtaining the list, reach out to each stakeholder by phone or e-mail, to explain our purpose and garner their possible involvement.

*Activity 11:* Have 2-3 individuals from the ROSC council represent each stakeholder category.

Activity 12: ROSC Council members will continue to seek out stakeholders who were not included in the initial Council and add one new member quarterly.

**Objective 4:** The ROSC Council Administration will monitor retention of community stakeholders each month.

Activity 13: Provide an attendance sheet at each meeting to ensure stakeholder representation.

Activity 14: The ROSC Coordinator will keep documentation of event the council members can partake in and/or contribute to.

Goal C: Identify local ROSC Council community needs.

**Objective 5:** The ROSC Council will coordinate a meeting each year to identify strengths and barriers within 60 days of being awarded the grant.

*Activity 15:* Provide a meeting for all stakeholders to identify the top five strengths and barriers.

Activity 16: Send the strengths and barriers list to the ROSC Council members via e-mail.

**Objective 6:** The ROSC Council Administration will conduct a community needs assessment.

Activity 17: Create a needs assessment.

Activity 18: Distribute the needs assessment to each stakeholder via e-mail or inperson.

Activity 19: Compile and distribute the community needs assessment data.

Activity 20: Ongoing formal and informal Community Needs Assessment will be conducted.

**Objective 7:** The ROSC Council will coordinate efforts to provide transportation for treatment services.

Activity 21: Meet with the appropriate stakeholders to gather a needs assessment for those needing treatment, as well as transportation to those services.

Activity 22: Within three to six months of the above meeting, meet with area social service providers, public transportation services and any other possible forms of transportation (i.e. churches, etc.) to determine resources in meeting the county's needs.

Activity 23: Within three years of being awarded the grant, successfully arrange transportation options for those needing treatment.

**Goal D:** Develop additional support systems for persons in recovery and their families.

**Objective 8:** Explore Recovery Housing options for Shelby/Moultrie Counties

Activity 24: Communicate with local agencies and organizations to analyze the need for safe, sober living locally in the community.

*Activity 25*: Identify recovery homes in surrounding counties and build potential partnerships.

Activity 26: Identify landlords in Shelby/Moultrie Counties and facilitate meetings to discuss potential safe and sober living opportunities for individuals and their families.

Activity 27: Aid Community Resource Agencies in developing safe and sober living resource guides.

**Objective 9:** ROSC Council will aid in the establishment of a Safe Passage Initiative in Shelby/Moultrie Counties

*Activity 28*: Provide advocacy to local law enforcement about a Safe Passage Initiative.

Activity 29: Communicate with law enforcement from other Safe Passage Initiatives to analyze the process of other Safe Passages programs.

Activity 30: Assist law enforcement in the creation of a treatment list and volunteer list for the program.

Activity 31: Identify resources to assist those requesting Safe Passage.

**Objective 10:** Provide information campaigns to reduce stigma and provide support to persons with substance use disorders.

Activity 32: Distribute state and national information campaigns annually.

Activity 33: Coordinate local resource information campaigns.

Activity 34: Participate in area health and wellness resource fairs and information campaigns.

*Activity 35*: Distribute ROSC information brochure and Shelby/Moultrie County membership ROSC brochure.

**Objective 11**: Increase awareness and information for health promotion around harm reduction and services.

*Activity 36*: Provide information on social media on where/how to access harm reduction services and programs.

Activity 37: Work with partnering agencies to share social media posts and educational materials.

*Activity 38*: Provide stakeholders updates on harm reduction services, supplies and resource guides.

**Objective 12:** ROSC Council will provide advocacy to explore establishment of a local Drug Court in Moultrie County.

Activity 39: Council members will provide advocacy and research for a local drug court.

Activity 40: Identify potential partnerships with neighboring counties.

Activity 41: Assistance with assessing buy-in of judicial system.

Activity 42: Identify additional services and self-help groups needed to sustain a drug court.

**Goal E.** The ROSC Coordinator will provide key stakeholders with information regarding the development of an RCO.

**Objective 12:** Identify non-for-profit organizations that meet criteria for a potential RCO in the community.

Activity 43: Schedule initial meetings to discuss the process of becoming an RCO. Activity 44: Refer organizations/individuals, that are interested in an RCO, to the Statewide ROSC/SUPR.

**Goal F:** The ROSC Council will assist key stakeholders with substance use disorder education and resources for the participants they serve.

**Objective 13:** Provide community wide education series to reduce stigma surrounding substance use disorder.

Activity 45: Develop a curriculum approved by the Hour House Program Director. Activity 46: Sign working agreements with organizations with scheduled education groups within their organizations. (i.e. legal, community resource agencies, public health)

Activity 47: Develop and maintain local resource guides and distribute County wide.

**Objective 14:** Provide Naloxone training and distribution within the community.

Activity 48: Identify unmet needs for Naloxone education and distribution.

Activity 49: Develop a schedule for trainings that complements services of the Moultrie and Shelby County Health Dept.

Activity 50: Provide trainings in the County that high-risk individuals frequent.

*Activity 51:* Report distribution of Naloxone to Moultrie and Shelby County Health Dept.

**Objective 15:** Provide community wide education specific to families, parents, and children regarding substance use disorder.

Activity 52: Collaborate with the Illinois Family Resource Center to provide educational resources to families with a loved one with a substance use disorder.

*Activity 53*: Provide education surrounding substance use disorder to schools in both counties.

**Activity 54:** The ROSC Recovery Navigator will provide recovery educational groups within the community that covers topics related to parenting and helping families.