

**Community Asset Mapping FY24
Effingham County ROSC Council (EfCRC)**

Region: ROSC Region 4

Agency: Hour House

ROSC County: Effingham County

Contacts:

ROSC Coordinator, Samantha Hicks

ROSC Program Supervisor, Karen Cook

Purpose of the Community Asset Mapping: To document a community's existing resources and assets, incorporating these strengths into community ROSC and RCO development work.

Community Asset Directory

Appendix A. Substance Use Disorder and Co-Occurring Disorders Resources

Appendix B. Medication Assisted Treatment Services

Appendix C. Licensed Substance Use Disorder and Co-Occurring Disorders (Mental Health and Substance Use) Prevention and Treatment Resources

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**Community Readiness to support the ROSC and RCO Development
Strengths**

Opportunities

ROSC Technical Assistance Priorities for ROSC Expansion

Appendix A: Substance Use Disorder & Co-Occurring Disorders Resources

*Indicates Outpatient Mental Health services only with the exception of Kemmer Village

Diel-Evolve Counseling

217-347-7384

612 S. Willow St, Effingham, IL

Substance Use Disorder & Mental health counseling, DUI services.

Compass Counseling- Chasity Dunaway, MS, LCPC, CADC

217-259-5852

204 S. Meridian St, Toledo, IL

Substance Use disorder & Mental health treatment, DUI evaluations, & other various therapies.

Community Resource Center- Vandalia

618-283-4229

421 W. Main St, Vandalia, IL

Adult & Adolescent Mental health and Substance Use disorder services, peer recovery groups. Individual Placement & Support services, parenting classes.

***Crossroads Counseling & Consultation- Jonathan Kabbes**

217-994-1074

702 N. Keller, Suite B, Effingham, IL

Mental health- trauma, anxiety- works with parents, children & provides recreational activities.

Gentle Care Consultants- Kelly Kuhns, APNR-FPA, CCNS

217-772-1896

602 W. Franklin Ave, Effingham, IL

Substance Use and mental health.

***Grace Counseling LLC- Samantha Kledzik, MS, LCPC**

217-500-2103

214 W. Jefferson, Effingham, IL

Mental health counseling, specializing in trauma, LGBTQ+

***Griffin Therapeutic Solutions**

217-994-9056

405 S. 3rd St. Effingham, IL

Adolescents and adults- Wide range of therapies; primarily Mental Health, can offer family therapy

Heartland Human Services

217-347-7179

1200 N. 4th St, Effingham, IL

Substance Use Disorder & Mental health counseling, Information & Assistance program, Individual Employment placement.

***Julie's Counseling**

217-821-2876

1901 S. 4th St, Suite 7, Effingham, IL

Adult, adolescent, & family Mental health counseling, parenting, & anger management.

***Kemmer Village**

217-226-4451

941 N. 2500 East Rd, Assumption, IL

Residential treatment center for adolescents with Mental health disorders. DCFS, school district, & Family Support Program referrals.

New Light Counseling

217-342-7155

1300 S. Raney St. Suite 2, Effingham, IL

Substance Use & mental health.

***SIHF Healthcare**

Sandra Tate , APN*- employed by Tate Psychiatry

618-292-9999

900 West Temple Avenue Building A , Suite 208 Effingham, IL 62401

The Wellness Loft

217-347-5118

408 S. 4th St, Effingham, IL

Mental health & Substance Use disorder treatment, Marital & family therapy.

Appendix B.: MAT (Medication Assisted Treatment) Services

Gentle Care Consultants- Kelly Kuhns, APNR-FPA, CCNS

217-772-1896

602 W. Franklin Ave, Effingham, IL

Prompt Care- Effingham, IL

217-347-0768

401 N. Mulberry St, Effingham, IL 62401

SIHF Healthcare- Arthur, Olney, Salem locations

Arthur, IL: 217-543-2446; 1710 State Highway 133, Arthur, IL 61911

Salem, IL: 618-548-4545; 1275 Hawthorn Rd, Salem, IL 62881

Olney, IL: 618-395-5222; 1200 N. East St, Olney, IL 62450

Appendix C: Licensed SUD Prevention and Treatment Resources

None exist within Effingham County. Outside entities often come into the county to present trainings and resources

Hour House

635 Division Street, Charleston, IL 61920
217-348-8108

Appendix D: Recovery Support Services

Al-Anon

Meets every Tuesday @ 7pm

Location: Centenary Methodist Church, Effingham, IL 62401

Alcoholic Anonymous 12 Step Groups

10 meetings per week in Effingham County

*See EfCRC Local Recovery Meeting List for dates, times, locations

Crisis Nursery

Provides childcare from ages 0-6 when a family crisis arises- "Crisis" is defined on a continuum. Parents can schedule a drop off in advance to go to a recovery meeting.

217-342-3000

924 N. Merchant St, Effingham, IL 62401

Effingham County Courthouse (Problem Solving Court)

217-342-6166

201 W. Jefferson Ave., Effingham, IL 62401

Family Mental Health Support

2nd Tuesday of each month @ 5:30pm-7:00pm

217-240-2330

202 N. Banker St, Effingham, IL 62401

Family Life Center

217-342-5433

605 Eden Ave, Effingham, IL 62401

Gateway Foundation Warm Hand-Off Program at HSHS Hospital

217-249-7997

503 N. Maple, Effingham, IL 62401

Grandparents Raising Grandchildren Support Group

Heartland Human Services, Effingham, IL 62014
217-347-7179 ext 1062

Heartland Human Services 24 Hour Crisis Line- Effingham, IL
217-342-5504

Illinois Family Resource Center
217-258-6018 ext 525

Narcotics Anonymous 12 Step Groups
2 meetings per week in Effingham County
*See EfCRC Local Recovery Meeting List for dates, times, locations

National Alliance on Mental Illness (NAMI) Family Support and Connection Recovery Group
Covers Champaign, Coles, Douglas, Effingham, Ford, and Vermillion Counties
P.O. Box 3552 Champaign, IL 61826-3552
Warm Line: 217-419-5345

ROSC Wellness Group
Every Thursday 5pm-6pm
Kirby Foods IGA: 101 S. Merchant, Effingham, IL 62401

The Chamber of Commerce- Workforce Development (2nd chance employment opportunities)
Contact: Jeff Fritchnich
217-342-4147
903 N. Keller Dr, Effingham, IL 62401

The Lotus Group: LGBTQ+ Adolescent Support Group
Hazel-Jayne; 112 E. Section Ave, Effingham, IL 62401
3rd Tuesdays of each month (through year 2023) @ 5:30pm
312-339-6863

Appendix E. Peer Recovery Support Professionals

The number of credentialed and available coaches in the community are still being determined. At this time, there is no evidence to support the assertion that Peer Recovery Support Specialists are abundant and sufficiently accessible in the community.

Effingham County ROSC Council
Recovery Navigator- Felicia Depoister- 217-549-7713

Hour House- Stabilization and Transition Unit
635 Division Street, Charleston, IL 61920
217-348-8108

Appendix F: Mental Health & Substance Abuse

Treatment programs and mental health services specializing in long-term Dual Diagnoses and treatment has been identified as a gap in the community. The facilities below do treat clients with co-occurring disorders (i.e. clients who have mental health diagnoses are treated for substance use disorder), but only off outpatient services.

Community Resource Center- Vandalia, IL

618-283-4229

421 W. Main St, Vandalia, IL

Compass Counseling- Chasity Dunaway, MS, LCPC, CADC

217-259-5852

204 S. Meridian St, Toledo, IL

Diel-Evolve Counseling

217-347-7384

612 S. Willow St, Effingham, IL

Gentle Care Consultants- Kelly Kuhns, APNR-FPA, CCNS

217-772-1896

602 W. Franklin Ave, Effingham, IL

Heartland Human Services

217-347-7179

1200 N. 4th St, Effingham, IL

New Light Counseling

217-342-7155

1300 S. Raney St. Suite 2, Effingham, IL

The Wellness Loft

217-347-5118

408 S. 4th St, Effingham, IL

Appendix G. Recovery Residences

Recovery Residences has been identified as a gap in the community as there are zero recovery housing facilities in Effingham County, IL.

***El Shaddia Maternity Home** located in Effingham, IL supports SUD recovery, but an individual must be clean/sober to remain in housing. The owner refers clients to treatment and must complete Level 3.5 stay before entering into the home.

Restoration Farms is due to open its doors as a women's and children's recovery home, but this is to TBD. The home resides in Cowden-Herrick, IL in Shelbyville County.
217-821-0678

Appendix H: Housing Support

Effingham County Housing Authority

217-342-3520

215 Banker St., Effingham, IL 62401

Emergency Housing options

C.E.F.S. Effingham Co. Outreach: 217-347-7514; requirements for support vary

Emergency Solutions Grant Program

Housing Counseling Program

LIHEAP

Permanent Supportive Housing Program

Rapid Re-Housing Program

Rental Housing Support Program

Supportive Housing Program

Regional Office Education #3 (Vandalia): Savannah Holthaus; office: 618-283-5011, cell: 618-944-1534—for children who are McKinney-Vento Act eligible

Non-Subsidized Housing supports

Evergreen Terrace Apartments: 217-347-5100

John Koester: 217-347-7095

Larry Buening: 217-343-8685

Michael Brown: 217-536-6603

Mike Cornwell: 217-254-3331

Remax: 217-342-4050

Smith Reality: 217-994-9024

Subsidized Housing supports

Colonnade Apartments (Effingham): 217-347-0415

Effingham Village Apartments (Effingham): 217-347-3337

Lake Pointe Apartments (Effingham): 217-347-5514

Slate Creek Apartments (Effingham-Senior/Disabled): 217-347-5616

Village Apartments of Effingham (Effingham): 217-347-0127

Zink Apartments (Beecher City): 618-665-4081

Appendix I. Education Support

C.E.F.S. Literacy Program

217-342-2193

1805 S. Banker St, Effingham, IL 62401

Effingham County Case Manager

217-663-5291

200 N. 3rd St, Suite 2, Effingham, IL 62401

Effingham County Connections

Early learning programs for families 0-3.

217-342-1151

104 Blohm Ave, Effingham, IL 62401

Effingham County Health Department

217-342-9237

901 W. Virginia Ave, Effingham, IL 62401

Deysi (pronounced Daisy)- Bi-Lingual Specialist

Effingham Public Library

217-342-2464

200 N. 3rd St, Effingham, IL 62401

GED/Adult Literacy Program

Lake Land College Kluthe Center

1204 Network Center Blvd, Effingham, IL 62401

217-540-3555

Family Life Center

Parent classes & resources.

217-342-5433

605 Eden Ave, Effingham, IL 62401

Family Mental Health Support

Parent classes & resources.

217-240-2330

202 N. Banker St, Effingham, IL 62401

Family Matter Parent Training & Information Center

1-866-436-78-42

1901 S. 4th St, Suite 209, Effingham, IL 62401

Appendix J. Providers for Justice Support

Altamont Fire Department

618-483-6161

109 W. Jefferson Ave, Altamont, IL 62411

Altamont Police Department

618-483-6219

202 North 2nd Street, Altamont, IL, 62411

Effingham County Courthouse (Problem Solving Court & Adult/Adolescent Probation)

217-342-6166

201 W. Jefferson Ave., Effingham, IL 62401

Effingham Fire Department

217-342-2555

505 W. Fayette, Ave, Effingham, IL 62401

Effingham Police Department (Safe Passages Initiative)

217-347-0774

110 S. 3rd St, Effingham, IL 62401

Effingham Sherriff's Office & Jail

Sherriff Paul Kuhns

217-342-2101

101 N. 4th St. Suite 101, Effingham, IL, 62401

Land of Lincoln Legal Aid

Eastern Regional Office- serving multiple counties including Effingham

217-356-1351

302 N. 1st St, Champaign, IL 61820

Mason Fire Department

618-238-4900

306 Oak St, Edgewood, IL 62426

Shumway (Lake Sara) Fire Protection District

14949 N. Park Rd, Effingham, IL 62401

217-868-5202

S.T.A.R., Strategic Training and Restoration

Support for Problem-Solving court participants

217-347-7921

120 W. Jefferson Suite 102, Effingham, IL 62401

Tri- County Fire Department

618-487-5700

101 W. Poplar St, Beecher City, IL 62414

Appendix K. Harm Reduction

NARCAN is a medication that can block or reverse the effects of an opioid overdose. Anyone can easily use NARCAN to save the life of someone overdosing on opioids, including heroin or prescription medicines like OxyContin® or Percocet®. If you or your agency would like to receive additional training on using NARCAN, please get in touch with the Effingham County Health Department at 217-342-9237 or the Effingham County ROSC at samanthah@hourhousecovery.org. If you or someone you know is overdosing and needs immediate attention, please call 911. In the instance you are with that individual, the Good Samaritan Law states that anyone who calls for help or drops off someone experiencing a drug overdose will not receive charges for possession of paraphernalia. One limitation of this law is that the person who overdosed is not covered, and any other crime committed at the scene is not protected by law.

Appendix L. Community Resources

Al-Anon
Alcoholics Anonymous
Big Brothers Big Sisters
C.E.F.S. Economic Opportunity Corporation
C.I.P.T./ Medical Transport/E-Trax (Transportation)
Calvary Baptist Church
CARITAS Family Solutions
CASA
Catholic Charities
Celebrate Recovery
Centenary United Methodist Church
Child and Family Connections
Children's Advocacy Center of East Central Illinois
Community Support Systems
Effingham Chamber of Commerce
Effingham County Case Manager
Effingham County FISH
Effingham County Health Department (Narcan distributor)
Effingham County Probation
Effingham County ROSC
Effingham Park District
Effingham Public Library (DOPP site)
Effingham VA Clinic
Enduring Freedom Ministries (Shumway)
Family Matters Community Support
Family Mental Health Support
First Church of God
First United Methodist Church (Altamont)
FISH Human Services
Grace Counseling, LLC
Hazel-Jayne (DOPP site)

Heartland Human Services
HSHS St. Anthony Hospital
Journey Church
Land of Lincoln Legal Aid
Lived-in Cosmetics (DOPP site)
Narcotics Anonymous
Niemerg's Steakhouse (ask for Rex)
One Hope United
S.A.F.E, Sexual Assault and Family Emergencies
S.T.A.R.
Salvation Army
Sarah Bush Lincoln Healthcare
SIHF Healthcare
Silk Purse
St. John's Lutheran Church (Altamont)
St. Paul Lutheran Church (Altamont)
SWAN, Stopping Women Abuse Now
Unit #40 Mentoring Program
United Way of Effingham County
Veteran Affairs Department

Community Readiness

Professional and community readiness to participate in ROSC efforts have been well received. The Effingham County ROSC Council has a very active PLE committee that assists in volunteering, donations, identification of gaps, and enthusiasm to help. Individuals from other assisting organizations are engaged in providing resources, data, and ideas to the ROSC but need hands-on involvement. Effingham County provides numerous non-recovery-oriented resources to its people. Most organizations primarily focus on the client they serve as a service rather than support, so their business takes precedence during an 8 a.m.-5 p.m. work day. Little involvement from other organizations outside working hours engage in ROSC efforts. The ROSC Council continuously seeks to bring new stakeholders and PLEs to the ROSC Council table to ensure diversity.

The City of Effingham has limits and rules that make it substantially more challenging to implement recovery housing and a homeless shelter. A "not in my backyard" attitude contributes to a lack of resources for the highly impoverished. Community champions are slowly addressing this misconception.

The professional and lived experience recovery communities have demonstrated enthusiasm and willingness to participate in the Effingham County ROSC efforts, under lead agency the Hour House. The team continuously seeks to bring new stakeholders to the table to ensure that a wide array of roles and perspectives is represented. This includes those organizations and agencies listed in the Community Resources Appendix.

Priorities for Expansion

Effingham County ROSC aims to create partnerships with recovery champions of organizations, businesses, and persons with lived experience to connect individuals with direct recovery resources, support, and services. Achieving this goal will require continuous outreach with individuals met throughout the community and the ability to communicate EfCRC's goals and objectives clearly and accurately via the FY24 Strategic Plan, which has been ongoing throughout FY23. Another goal is to reduce the stigma of addiction by providing educational material and presentations to each community sector focusing on judicial, education, friends/parents, and healthcare. To achieve this goal, objectives such as education about the science of addiction, prevention, recovery, and harm reduction supplies must be presented community-wide. Lastly, EfCRC aims to provide community and family events to foster a sense of fellowship for all pathways to recovery. To achieve this goal, EfCRC will continue to attend local recovery meetings to educate peers on the ROSC concept and offer opportunities to voice suggestions, help plan events, and empower peers by delegating responsibilities.

The Effingham County ROSC will require continuous outreach to remain in the eyes of the community as the county has numerous resources, events, training, and groups already provided within the county. With that being said, most of these groups are not recovery-oriented. There remains a handful of Council members who have been with Effingham County ROSC since 2019 and several new members who continue to show interest and willingness to act within the community to reduce the stigma of substance use. Effingham County remains dense in its penetrability to accept individuals with SUD. The community lacks education and resources for adolescents. The SUD problem continues to rise as the deep-rooted culture of acceptance of alcohol will take substantial time to break down.

Effingham County ROSC plans to focus on faith-based groups for FY24, as many of our churches are "hubs" for like-minded individuals who want to help build a healthier community with access to resources. Effingham County is deep-rooted in faith, and buy-ins from the community are more accessible when facilitated by a church pastor/administrator. Many participate in food pantry distribution and weekly recovery meetings within the church. Celebrate Recovery is a significant resource, and the city appears more receptive to the concept than 12-step groups.

We also focus on building relationships within Effingham County school districts to facilitate a partnership with Hour House Prevention services or another outside entity the schools deem fit for them. Healthcare is another target of expansion in the area. HSHS St. Anthony's Hospital continues seeing patients enter the ER for Detox services, with alcohol being the primary substance.

The Effingham County ROSC will require continuous commitment and involvement from its stakeholders in order to overcome many of the risks and challenges associated with community-wide change. Risks to the project effort could include member complacency, key stakeholders missed or not involved, lack of funding, loss of buy-in or interest, too many perspectives to the point the council becomes unwieldy, group think about certain priorities, and other potential

issues that may be identified further into this effort. With this in mind, some of the measures required to continue expanding the ROSC are as follows:

- Continual Council membership recruitment
- Provide training and education within the ROSC Framework
- Educational Sessions such as Stigma Reduction, MAT Services, 12 Steps, Different Recovery Paths, Pathways to Spirituality, Harm Reduction, Narcan, etc.
- Continued support for Recovery Housing, Support Groups, and RCO development within the county lines.
- Increasing awareness of harm reduction that is available within Effingham County.
- Provide education and funding opportunities to support RCO Development.