

FOURTH EDITION 2023

Southern Illinois Community Resource Guide



arrowleaf®

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Suggestions or updates can be directed to Arrowleaf by calling 618-658-3079 or emailing info@myarrowleaf.org

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery through a grant from the Substance Abuse and Mental Health Services Administration

Illinois & National Hotlines/Hotlines

Crisis hotlines and helplines addressing a range of services including, but not limited to, substance use recovery, mental health crisis, domestic violence, local resources, gender and sexuality, and physical and emotional support.

Addiction & Recovery

Al-Anon/Al-A-Teen

Call: 1-800-344-2666
845-339-5116

www.al-anon.org
www.al-anon.alateen.org

Offers hope and help to family and friends of individuals struggling with alcohol misuse. Provides information about local meetings and provides referrals.

Nar-Anon/Nar-A-Teen

Call: 1-800-477-6291

www.nar-anon.org

Offers hope and help to family and friends of individuals struggling with substance misuse. Provides information about local meetings and provides referrals.

Illinois Helpline for Opioids and Other Substances

Call: 1-833-234-6343
Press 1 for Opioid Line
Text HELP to 833234
www.HelpLineIL.org

If you or a loved one is struggling with substance use, talk with a Helpline Specialist about the treatment services best for you. It is free and confidential, and you don't need to have insurance to access treatment.

Illinois Tobacco Quitline

Call: 1-866-784-8937
www.quityes.org

A free resource for individuals wanting to quit tobacco or related products. Counselors have at least 25 years of medical experience and attend accredited, training programs to be certified in tobacco-cessation therapies. They are qualified to offer guidance in lung health and related comorbidities, in addition to tobacco cessation.

National Council on Problem Gambling

Call: 1-800-522-4700
Text: 1-800-522-4700

The network is a single national access point to local resources for those seeking help for a gambling problem. Help is available 24/7 and is 100% confidential.

The Partnership for Drug-Free Kids Helpline

Call: 1-855-378-4373
www.drugfree.org

If you are having difficulty accessing support for your family, or a loved one struggling with addiction faces care or treatment challenges resulting from COVID-19 circumstances, specialists can guide you. Support is available in English and Spanish.

SAMHSA's National Helpline

Call: 1-800-622-HELP
(1-800-662-4357)
www.samhsa.gov

A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

weknowthefeeling.org

Call: 1-800-GAMBLER
(1-800-426-2537)
Text: ILGAMB to 53342

This helpline is answered by experts 24/7. They can help determine whether you or someone you know has symptoms of a gambling problem. If treatment is needed, they can refer you to therapists near you.

Illinois & National Hotlines/Helplines

LGBTQIA+

Trans Lifeline

Call: 877-565-8860
www.translifeline.org

Trans Lifeline's Hotline is a peer support service run by trans people, for trans and questioning callers.

The Trevor Project

Call: 1-866-466-7386
Text: START to 678678
www.thetrevorproject.org

Offers hope and help to family and friends of individuals struggling with substance misuse. Provides information about local meetings and provides referrals

LGBT National Hotlines

General Hotline:
1-888-843-4564
Youth (Under 25):
1-800-246-7743
Seniors (50+):
1-800-246-7243
www.lgbthotline.org

A safe, confidential space where callers can speak on many different issues and concerns including, but not limited to, coming out issues, gender and/or sexuality identifies, relationship concerns, anxiety, suicide, and more.

National Coming Out Support Hotline

Call: 1-888-OUT-LGBT
1-888-688-5428
www.lgbthotline.org

Coming out can mean different things to different people. Everything starts with coming out to yourself, and that can take time and support. The LGBT National Coming out Hotline is there to provide you with that support. For some people, coming out can also include friends and family. But each person gets to make those choices in their own time.

Local Resources

Dial 2-1-1

Call: 211
www.211.org

If you need assistance finding food, paying for housing bills, accessing free childcare, or other essential services, visit 211.org or dial 211 to speak to someone who can help.

Disaster Distress Helpline

Call: 1-80-985-5990
Text: TalkWithUs to 66746

The Disaster Distress Helpline (DDH) provides crisis counseling and support for anyone in the U.S. experiencing distress or other behavioral health concerns related to any natural or human-caused disaster, including public health emergencies.

Illinois Call4Calm TextLine

Text TALK to 55200 for English
or HABLAR for Spanish

This service is free and available 24 hours a day, seven days a week for those struggling with stress related to the COVID-19 pandemic and need emotional support. Individuals can also text keywords such as "unemployment" or "food" or "shelter" and will receive information on how to navigate and access supports and services. People seeking assistance will remain anonymous and will provide only their first name and zip code, which enables the service to link you to a counselor in your area.

Illinois & National Hotlines/Helplines

Mental Health

Arrowleaf Crisis Hotline

Call: 1-618-658-2611

www.myarrowleaf.org

Available 24/7 throughout the southern 7 counties for adults and youth experiencing a psychiatric crisis (harm to self, others, and/or property). Includes youth with destabilizing factors, youth runaway, parental lock-out, and youth refusal to return home.

CARES Line

Call: 1-800-345-9049

If you or your child is a risk to themselves or others, having a mental health crisis, or if you would like a referral to services for children, youth, and families, call the 24 hour Crisis and Referral Entry Services (CARES) line to talk to a mental health professional.

Crisis Text Line

Text HOME to 741741

www.crisistextline.org

For anyone in the US, anytime and for any crisis. A live, trained Crisis Counselor receives the text and responds, all from a secure online platform.

Friends for Survival Suicide Loss Helpline

Call: 1-800-646-7322

www.friendsforsurvival.org

Organized by and for survivors of those grieving a suicide death of a family member or friend. All staff and volunteers offering support have been directly impacted by a suicide death.

Illinois Warm Line

Call: 1-888-359-7953

Not a crisis hotline, but for you or one of your family members having mental health and/or substance use challenges and would like to receive support by phone from Wellness Support Specialists. Monday to Friday from 8:00 am to 5:00 pm except holidays.

Military/Veterans Crisis Line

Call: 1-800-273-8255 (Press 1)

Text: 838255

Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves.

Suicide Prevention Line

Dial 9-8-8

suicidepreventionlifeline.org

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

If you are in immediate need of assistance please present to your nearest Emergency Room or dial 9-1-1 to be connected to local crisis response services

Illinois & National Hotlines/Helplines

Physical & Emotional Support

DCFS: Child Abuse or Neglect Hotline

Call: 1-800-25-ABUSE
1-800-252-2873

Call the 24-hour Hotline at if you suspect that a child has been harmed or is at risk of being harmed by abuse or neglect. If you believe a child is in immediate danger of harm, call 911 first.

Eating Disorders Helpline

Call: 1-888-375-7767
www.anad.org

Peer-led helpline providing support and referrals for individuals or loved ones of those experiencing an eating disorder.

HIV/AIDS/Hepatitis C Nightline

Call: 1-800-273-2437

Provides support for people with HIV or hepatitis C and their caregivers.

Illinois Elder Abuse Hotline

Call: 1-866-800-1409
TTY: 1-888-206-1327

To report abuse, neglect or exploitation of an older person living in the community.

Illinois Poison Center

Call: 1-800-222-1222

A non-profit health service that provides those who live and work in Illinois with access to comprehensive and trusted information and treatment advice on potentially harmful substances via a free, confidential 24-hour hotline. Staffed by specially trained medical experts.

National Parent Helpline

Call: 1-855-4A-PARENT
1-855-427-2736

nationalparenthelpline.org

Being a parent is a critically important job, 24 hours a day. It's not always easy. Call to receive emotional support from a trained advocate.

National Runaway Safeline

Call: 1-800-RUNAWAY
1-800-786-2929

www.1800runaway.org

If you are thinking of running from home, if you have a friend who has run away and needs help, or if you are a runaway and need someone to talk to or help returning home, call the Safeline, 24/7.

Overeaters Anonymous

Call: 1-505-891-2664
www.oa.org

Overeaters Anonymous (OA) is a community of people who support each other in order to recover from compulsive eating and food behaviors.

Sexual Health Counseling & Referral Hotline

Call: 1-800-258-4448 opt. 3
Text: PPNOW to 774363

Anonymous, confidential, and free hotline to connect with healthcare providers and educators to navigate sexual and reproductive health needs. Assists with identifying linkages and referrals to local services and provider.

Women's Health Helpline

Call: 1-888-522-1282

Free and confidential resource available to all Illinois women with health related questions.

Illinois & National Hotlines/Helplines

Domestic Violence & Sexual Assault

National Domestic Violence Hotline (RAINN)

Call: 1-800-656-HOPE
1-800-656-4673

www.rainn.org

The nation's largest organization fighting sexual violence, Rape, Abuse, and Incest National Network (RAINN) also carries out programs to prevent sexual violence, help victims and ensure that rapists are brought to justice. Available 24/7 for survivors who need support.

National Teen Dating Violence Hotline

Call: 1-866-331-9474
Text LOVEIS to: 22522

loveisrespect.org

Provides confidential support for teens, young adults, and their loved ones seeking help, resources, or information related to healthy relationships and dating abuse in the US.

The Survivor Empowerment Center

Call: 1-800-334-2094

empoweringsurvivors.org

Local to Southern Illinois. Supporting survivors of violence and promoting a safer community. Confidential, free of charge, and available 24 hours a day, 7 days a week, 365 days a year to women, men, adolescents & children in Franklin, Gallatin, Jackson, Johnson, Perry, Saline, Williamson, and Union Counties.

Western Illinois Regional Council (WIRC)

Call: 1-309-837-5555

www.wirpc.org

Victim Services is a special department of Western Illinois Regional Council (WIRC) that provides free and confidential services to survivors of domestic violence, sexual assault, stalking, child abuse, and all other forms of abuse.

Women's Health Helpline

Call: 1-888-522-1282

Free and confidential resource available to all Illinois women with health related questions.

Your safety is most important.
If you are in immediate danger dial
9-1-1 to be connected to local crisis
response services

First Responders & Emergency Services

First Responders and Emergency Services serving the Southern Seven counties.

Alexander County

Alexander County Ambulance

26711 State Hwy. 3
Olive Branch, IL 62969
Phone: 618-776-5958

Alexander County Sheriff

2000 Washington Ave.
Cairo, IL 62914
Phone: 618-734-2141

Cairo Fire Department

1513 Washington Ave.
Cairo, IL 62914
Phone: 618-734-1947

Cairo Police Department

1501 Washington Ave.
Cairo, IL 62914
Phone: 618-734-2131
Fax: 618-734-1947

Tamms Fire Rescue

190 Railroad St.
Tamms, IL 62988
Phone: 618-747-2141

Hardin County

Cave-in-Rock Fire Department

100 E. Main St.
Cave-in-Rock, IL 62919
Phone: 618-289-3238
Fax: 618-289-3255

Hardin County General Hospital

6 Ferrell Rd.
Rosiclare, IL 62982
Phone: 618-285-6634

Hardin County Ambulance

1 Postal Way
Rosiclare, IL 62982
Phone: 618-287-2251

Hardin County Police Department

226 Main St.
Rosiclare, IL 62982
Phone: 618-285-2000
Fax: 618-285-3447

Rosiclare Fire Department

5th and Pell St.
Rosiclare, IL 62982
Phone: 618-285-6800

Johnson County

Cypress Fire Department

7790 Main St.
Cypress, IL 62923
Phone: 618-657-2906

Goreville Police Department

105 W. Collins St.
Goreville, IL 62939
Phone: 618-995-2157

Johnson County Ambulance

155 Industrial Dr.
Vienna, IL 62995
Phone: 618-658-2131
Fax: 618-658-8134

Johnson County Sheriff's Department

113 1/2 N. 5th St.
Vienna, IL 62995
Phone: 618-658-8264
Fax: 618-658-5951

Vienna Fire Department

203 N. 4th St.
Vienna, IL 62995
Phone: 618-658-2341

Vienna Police Department/City Hall

205 N. 4th St.
Vienna, IL 62995
Phone: 618-658-8264
City Hall: 618-658-7004



First Responders & Emergency Services

Massac County

Memorial Ambulance Service
1017 North Ave.
Metropolis, IL 62960
Phone: 618-524-2176

Civil Defense Unit:
Phone: 618-524-2002

Brookport Fire Department Non-Emergency
108 W. 3rd St.
Brookport, IL 62910
Phone: 618-564-2351

Brookport Police Department Non-Emergency
301 Ferry St.
Brookport, IL 62910
Phone: 618-564-3405

Joppa Fire Department Non-Emergency
115 Church St.
Joppa, IL 62953
Phone: 618-543-7320

Joppa Police Department Non-Emergency
515 Market St.
Metropolis, IL 62960
Phone: 618-524-2912

Massac County Fire Protection District
2734 North Ave.
Metropolis, IL 62960
Phone: 618-524-3200

Massac County Sheriff's Department
515 Market St.
Metropolis, IL 62960
Phone: 618-524-2912

Metropolis Fire Department Non-Emergency
213 W. 7th St.
Metropolis, IL 62960
Phone: 618-524-2121

Metropolis Police Department Non-Emergency
515 Market St.
Metropolis, IL 62960
Phone: 618-524-2912

Pope County

Golconda Fire Department
118 N. Monroe St.
P.O. Box 511
Golconda, IL 62938
Phone: 618-683-3473

Pope County Ambulance
407 E. Main St.
Golconda, IL 62938
Phone: 618-683-2707

Pope County Sheriff's Department
216 E. Decatur St.
P.O. Box 807
Golconda, IL 62938
Phone: 618-683-4321
Fax: 618-683-2201

Rural Pope County Fire Department
Phone: 618-638-4015

First Responders & Emergency Services

Pulaski County

Karnak Fire Department
304 E. Washington
Karnak, IL 62956
Phone: 618-634-2223

Mounds City Police
204 Main St.
Mounds City, IL 62963
Phone: 618-748-9112

Mounds Fire Department
215 1st St.
Mounds, IL 62946
Phone: 618-745-9516

Olmstead Fire Department
150 N. Front St.
Olmstead, IL 62970
Phone: 618-742-6486

Pulaski County Ambulance
75 Camo Clad Dr.
Mounds, IL 62964
Phone: 618-342-6209
Fax: 618-342-6254

Pulaski County Sheriff's Department
500 Illinois Ave.
Mounds City, IL 62963
Phone: 618-748-9374
Fax: 618-748-9338

Ullin Police Department
171 Railroad St.
Ullin, IL 62992
Phone: 618-845-3109
Fax: 618-845-3792



Union County

Anna Fire Department Non-Emergency
101 E. Market St.
Anna, IL 62906
Phone: 618-833-2231

Anna Police Department Non-Emergency
201 E. Vienna St.
Phone: 618-833-8571

State Police Headquarters
1154 Shawnee College Rd.
Ullin, IL 62992
Phone: 618-845-3740

Union County Ambulance
301 W. Mississippi St.
Jonesboro, IL 62952
Phone: 618-833-2871

Union County Hospital
517 N. Main St.
Anna, IL 62906
Phone: 618-833-4511

Union County Sheriff's Office
308 W. Mississippi St.
Jonesboro, IL 62952
Phone: 618-833-5500
618-833-2844

Emergency & Disaster Agency
Phone: 618-833-5742

Public Health Departments

Public Health Departments offer immunizations/screenings, STD/HIV testing, public health education, family planning, and other general nursing services. Many offer Women, Infant, Children (WIC) and Head Start programs, including Southern 7 Health Department.

Southern Seven Health Department Locations

*All locations close for lunch from 12:00PM to 1:00PM.
Closed most state and federal holidays.
Earlier and later appointments are available upon request.*

Alexander County

3014 Elm St.
Cairo, IL 62914
Phone: 618-734-4167
Fax: 618-734-3923
Hours: 8:30AM - 4:30PM (M-W)

Hardin County

IL Route 146, Bldg. 2
PO Box 177
Elizabethtown, IL 62931
Phone: 618-285-6215
Fax: 618-285-6218
Hours: 1:00PM - 4:00PM (W)

Johnson County

513 1/2 E. Vine St.
Vienna, IL 62995
Phone: 618-658-5011
Fax: 618-658-2547
Hours: 8:30AM - 4:30PM
(M/T/TH/F)

Massac County

1230 Commercial Park Rd.
Metropolis, IL 62960
Phone: 618-524-2657
Fax: 618-524-2900
Hours: 8:30AM - 4:30PM
(M-F)

Pope County

106 N. Market St.
Golconda, IL 62938
Phone: 618-683-8022
Fax: 618-683-8122
Hours:
Tuesday
WIC/FCM
9:00AM - 4:00PM

Wednesday
Clinic
9:00AM - 12:00PM

Pulaski County

37 Rustic Campus Drive
Building B
Ullin, IL 62992
Phone: 618-634-9405
Fax: 618-634-2656
Hours: 8:30AM - 4:30PM
(W-F)

Union County

260 Lick Creek Rd.
Anna, IL 62906
Phone: 618-833-8561
Fax: 618-833-6393
Hours: 8:30AM - 4:30PM
(M-F)

Visit Online:

www.southern7.org

Public Health Departments

Additional Health Departments

Public Health Departments in Neighboring Counties

Franklin County

Bi-County Health
Department
bicountyhealth.org

403 E. Park,
Benton, IL 62812
Phone: 618-439-0951
Hours: 8:00AM - 4:00PM
(M-F)
*Closed 12:00PM - 1:00PM
for lunch*

Gallatin County

Egyptian Health
Department
egyptian.org

Main Office
1412 US 45N
Shawneetown, IL 62984
Phone: 618-273-3326

9525 Gold Hill Rd.,
Shawneetown, IL 62984
Phone: 618-269-3454

Hours: 8:00AM - 4:00PM
(M-F)

Jackson County

Jackson County Health
Department
jchdonline.org

415 Health Dept. Rd.,
Murphysboro, IL 62966
Phone: 618-684-3143
Hours: 8:00AM - 4:00PM
(M-F)

Perry County

Perry County Health
Department
perryhealth.net

907 S. Main St.
Pinckneyville, IL 62274
Phone: 618-357-5371
Hours: 7:45AM - 5PM
(M-TH)

Saline County

Egyptian Health
Department
egyptian.org

946 Fourth St.
Eldorado, IL 62930
Phone: 618-297-9380
Hours: 8:00AM - 5:00PM
(M/W/F)
8:00AM - 8:00PM
(T/TH)

White County

Egyptian Health
Department
egyptian.org

1705 College Ave.
Carmi, IL 62821
Phone: 618-382-7311
Hours: 8:00AM - 5:00PM
(M/W/F)
8:00AM - 8:00PM
(T/TH)

Williamson County

Bi-County Health
Department
bicountyhealth.org

8160 Express Dr.,
Marion, IL 62959
Phone: 618-993-8111
Hours: 8:00AM - 4:00PM
(M-F)
*Closed 12:00PM - 1:00PM
for lunch*



HIV Prevention & Treatment

By enrolling in Illinois HIV Care Connect at no charge, people living with HIV receive help in finding the care and support they need. Once enrolled, a case manager will determine the individual's eligibility for services and benefits from programs including the AIDS Drug Assistance Program (ADAP Medication Assistance), Ryan White Part B, Continuation of Health Insurance of Coverage Program (CHIC Premium Assistance), Housing Opportunities for Persons Living With AIDS (HOPWA), and others. In this way, Illinois HIV Care Connect can help individuals better afford the health care and support services they need to manage HIV and achieve optimal health and self-sufficiency. In many cases, services will be available near an individual's home.

Illinois HIV Care Connect

Southern Illinois Regional HIV Prevention Providers

The Community Action Place, Inc.

Contact: Scott Fletcher
1400 N. Wood Rd., Suite F
Murphysboro, IL 62966
Phone: 618-364-8053
Fax: 618-732-2085

Services: Risk-Targeted HIV Testing; HIV Navigation Services; Harm Reduction; and Risk-Targeted Monthly Condom Distribution

Jackson County Health Department

Contact: Paula Clark
415 Health Department Rd.
Murphysboro, IL 62966
Phone: 618-684-3143 ext. 160
Fax: 618-687-4933

Services: Surveillance Based Services

Egyptian Health Department

Contact: Jamie Byrd
1412 US Highway 45 N
Eldorado, IL 62930
Phone: 618-273-3326
ext. 2155
Fax: 618-273-2808

Services: Targeted HIV Testing; Surveillance Based Services (Regional Lead); HIV Navigation Services; Risk-Targeted Monthly Condom Distribution; and HIV Routine Testing.

Lead HIV Care Agency

Jackson County Health
Department
415 Health Department Rd.
P.O. Box 307
Murphysboro, IL 62966-6108

Regional Project Director

Paula Clark
Phone: 618-684-3143 ext. 160
877-745-1424
Fax: 618-687-4933

Prevention Lead Agent

Contact: Phil Talley
Illinois Public Health
Association
500 W. Monroe, Suite 1E
Springfield, IL 62704
Phone: 217-522-5687
Fax: 217-522-5689

For more information visit:
www.hivcareconnect.com

Drug Disposal Locations

To reduce prescription drug abuse and accidental poisoning, safely & responsibly dispose of unused prescription and over-the-counter medication at participating locations.

Hardin County

Hardin County Sheriff's Department
104 E. Market St.
Elizabethtown, IL 62931
Phone: 618-287-2271
Hours: Available 24/7

Hardin County Pharmacy
7 Ferrell Rd.
Rosiclare, IL 62982
Phone: 618-285-6618
Hours: 9AM - 5PM (M-F)
9AM - 12PM (SAT)

Jackson County

Shawnee Health Care
400 S. Lewis Ln.
Carbondale, IL 62901
Phone: 618-519-9200
Hours: 8AM - 5PM (M-F)

Walgreens-East
206 S. Wall St.
Carbondale, IL 62901
Phone: 618-457-4104
Hours: 8AM - 10PM (M-F)
9AM - 9PM (SAT/SUN)

Jackson County (cont.)

Memorial Hospital of Carbondale
405 W. Jackson St.
Carbondale, IL 62901
Phone: 618-549-0721
Hours: Available 24/7

SIH Cancer Institute
1400 Pin Oak Dr.
Carterville, IL 62918
Phone: 618-985-3333
Hours: 8AM - 5PM (M-TH)
8AM - 4:30PM (F)

Johnson County

Goreville Professional Pharmacy
901 S. Broadway
Goreville, IL 62939
Phone: 618-995-1555
Hours: 9AM - 6PM (M-TH)
9AM - 5PM (F)
9AM - 1PM (SAT)

Vienna City Hall
205 N. 4th St.
Vienna, IL 62995
Phone: 618-658-5161
Hours: 8AM - 4PM (M-W/F)
8AM - 12PM (TH)

Massac County

Massac County Sheriff's Department
515 Market St.
Metropolis, IL 62960
Phone: 618-524-2912
Drop box available 24/7

Pope County

Pope Co. Sheriff's Dept.
216 E Decatur St
Golconda, IL 62938
Phone: 618-683-4321
Hours: 8AM - 4PM (M-F)

Pulaski County

Pulaski County Sheriff's Department
500 Illinois Ave. #A
Mound City, IL 62963
Phone: 618-748-9374
Hours: 8AM - 4PM (M-F)

Saline County

Beck's Drugs
1409 Locust St.
Eldorado, IL 62930
Phone: 800-851-6857 ext. 1
Hours: 9AM - 5:30PM (M-F)
9AM - 12PM (SAT)

Saline County Sheriff's Department
Parking Lot of Saline County Courthouse
1 N. Main St.
Harrisburg, IL 62946
Phone: 618-252-8661
Hours: 2 events per year

Union County

Anna Police Department
201 E. Vienna St.
Anna, IL 62906
Phone: 618-833-8571
ext. 2
Hours: Available 24/7

Williamson County

William County Sheriff's Department
404 N. Van Buren St.
Marion, IL 62959
Phone: 618-997-6541
Hours: Advertises a take-back program twice per year.

Herrin Hospital Lab
201 S. 14th St.
Herrin, IL 62948
Phone: 618-942-2171
Hours: 6:30AM - 5PM (M-F)
6:30AM - 12PM (SAT)



Government Elected Officials

Elected officials representing the southern seven counties of Illinois.

Illinois Governor

JB Pritzker
Office of the Governor
207 State House
Springfield, IL 62706
Phone: 217-782-0244

James R. Thompson Center
100 West. Randolph St.
Suite 16-100
Chicago, IL 60601
Phone: 312-814-2121

Lieutenant Governor

Juliana Stratton
214 State House
Springfield, IL 62706
Phone: 217-558-3085

State Attorney General

Kwame Raoul
500 S. Second St.
Springfield, IL 62701
Phone: 217-782-1090

601 S. University Ave.
Carbondale, IL 62901
Phone: 618-529-6400

Secretary of State

Alexi Giannoulis
213 State Capitol
Springfield, IL 62756
Phone: 217-785-8980

State Comptroller

Susana A. Mendoza
325 W. Adams St.
Springfield, IL 62704
Phone: 217-782-6000

State Treasurer

Michael W. Freichs
219 State House
Springfield, IL 62706
Phone: 866-458-7327

US Senator

Tammy Duckworth
8 S. Old State Capitol Plz.
Springfield, IL 62701
Phone: 217-528-6124

441 E. Willow St.
Carbondale, IL 62901
Phone: 618-319-6710

US Senator

Richard "Dick" Durbin
525 S. 8th St.
Springfield, IL 62703
Phone: 217-492-4062

250 W. Cherry St.
Suite 115-D
Carbondale, IL 62901
Phone: 618-351-1122

Illinois Senator 59th District

Dale Fowler
103 B State House
Springfield, IL 62706
Phone: 217-782-5509

District Office
2 N. Vine
6th Floor
Harrisburg, IL 62946
Phone: 618-294-8951

US Congressman

Mike Bost
1109 Chestnut St.
Murphysboro, IL 62966
Phone: 618-457-5787

352 Cannon House Office
Building
Washington, DC 20515
Phone: 202-225-5661

State Representative

Paul Jacobs
234-N Stratton Building
Springfield, IL 62706
Phone: 217-782-0387

206 W. College
Suite 22
Carbondale, IL 62901
Phone: 618-534-9880

600 Halfway Rd.
Marion, IL 62959
Phone: 618-534-9880

State Representative

Patrick Windhorst
314 Capitol Building
Springfield, IL 62706
Phone: 217-782-5131

2 N. Vine St., 5A
Harrisburg, IL 62946
Phone: 618-294-8703

Government Services & Assistance

Illinois Department of Human Services Offices

www.dhs.state.il.us

Services: Cash Assistance, Supplemental Nutrition Assistance Program (SNAP), Medicaid/Medical Assistance, Temporary Assistance for Needy Families (TANF), Women, Infant, and Children (WIC), obtain Proof of Income

Jackson County

342 North St.
Murphysboro, IL 62966
Phone: 618-687-1705

Massac County

2301 Metropolis St.
Metropolis, IL 62960
Phone: 618-524-2631

Union County

1000 N. Main St.
Anna, IL 62906
Phone: 618-833-2118

Williamson Co.

107 Airway Dr.
Marion, IL 62959
Phone: 618-993-8639

Secretary of State Offices

www.ilsos.gov

From issuing driver's licenses and registering vehicles, to promoting organ/tissue donation awareness, overseeing the Illinois State Library and administering the state's literacy efforts, the Secretary of State's office directly touches the lives of nearly everyone in Illinois.

Alexander County

216 10th St.
Cairo, IL 62914
Phone: 618-734-7034

Jackson County

2516 W. Murphysboro Rd.
Carbondale, IL 62901
Phone: 618-457-0488

Union County

101A Transcraft Dr.
Anna, IL 62906
Phone: 618-833-8234

Franklin County

812 North Main Street
Benton, IL 62812
Phone: 618-438-4491

Johnson County

400 E. Vine
Vienna, IL 62995
Phone: 618-658-8062

Saline County

350 Seright, Ste. C
Harrisburg, IL 62946
Phone: 618-253-7976

Massac County

1112 W. 10th
Metropolis, IL 62960
Phone: 618-524-7451

Williamson County

1905 Rendleman St.
Marion, IL 62959
Phone: 618-993-2587

Social Security Administration Offices

www.ssa.gov

Administers retirement, disability, survivor, and family benefits, and enroll individuals in Medicare. Also provides Social Security Numbers, which are unique identifiers needed to work, handle financial transactions, and determine eligibility for certain government services. Provides proof of income and benefits needed for applications such as housing and various utilities.

Jackson County

250 Cherry St.
Room 104
Carbondale, IL 62901
Phone: 1-877-714-0377
TTY: 1-800-325-0778
Hours: 9:00AM - 4:00PM (M-F)

Saline County

18 Veterans Drive
Harrisburg, IL 62946
Phone: 1-866-366-3980
TTY: 1-800-325-0778
Hours: 9:00AM - 4:00PM (M-F)

Courthouses & State's Attorney Offices

Alexander County

Courthouse

2000 Washington Ave.
Cairo, IL 62914

County Clerk & Recorder

Phone: 618-734-7000

Circuit Clerk

Phone: 618-734-0107

Probation Officer

306 20th St.
Cairo, IL 62914
Phone: 618-734-2192
Fax: 618-734-7008

State's Attorney

Zachary Gowin
2000 Washington Ave.
Cairo, IL 62914
Phone: 618-734-0408
Fax: 618-734-4389

Hardin County

Courthouse

102 E. Market St.
PO Box 308
Elizabethtown, IL 62931

County Clerk & Recorder

Phone: 618-287-2251

Circuit Clerk

Phone: 618-287-2735

Probation Officer

Phone: 618-287-8891
Fax: 618-287-7833

State's Attorney

Todd Bittle
102 E. Market St.
PO Box 328
Elizabethtown, IL 62931
Phone: 618-287-3691
Fax: 618-287-8743

Johnson County

Courthouse

400 Court St.
Vienna, IL 62995

County Clerk & Recorder

Phone: 618-658-3611

Circuit Clerk

Phone: 618-658-4751

Probation Officer

109 N. 5th St.
Vienna, IL 62995
Phone: 618-658-2841
Fax: 618-658-2118

State's Attorney

Tambra Cain
400 Court St.
Vienna, IL 62995
Phone: 618-658-9318
Fax: 618-658-9339

Massac County

Courthouse

101 W. 8th St.
Metropolis, IL 62960

County Clerk & Recorder

Phone: 618-524-5213

Circuit Clerk

Phone: 618-524-9359

Probation Officer

101 W. 8th St., Room M2
Metropolis, IL 62960
Phone: 618-524-7080
Fax: 618-524-4915

State's Attorney

Josh Stratemeyer
101 W. 8th St.
Metropolis, IL 62960
Phone: 618-524-2587
Fax: 618-524-4230

Pope County

Courthouse

310 E. Main St.
PO Box 490
Golconda, IL 62938

County Clerk & Recorder

Phone: 618-683-3941

Circuit Clerk

Phone: 618-683-3941

Probation Officer

Phone: 618-683-8383
Fax: 618-683-2211

State's Attorney

Jason Olsen
226 E. Main St.
Golconda, IL 62938
Phone: 618-683-2221
Fax: 618-683-6101

Pulaski County

Courthouse

500 Illinois Ave.
Mound City, IL 62963

County Clerk & Recorder

Phone: 618-748-9360

Circuit Clerk

Phone: 618-748-9300

Probation Officer

Phone: 618-748-9643
Fax: 618-748-9815

State's Attorney

Lisa Casper
500 Illinois Ave.
Mound City, IL 62963
Phone: 618-748-9134
Fax: 618-748-9367

Union County

Courthouse

309 W. Market St.
Jonesboro, IL 62952

Probation Officer

Phone: 618-833-7913
Fax: 618-833-5600

County Clerk & Recorder

Phone: 618-833-5711

Circuit Clerk

Phone: 618-833-5913

State's Attorney

Tyler Tripp
309 W. Market St.
Jonesboro, IL 62952
Phone: 618-833-7216
Fax: 618-833-3349

Educational Services & Institutions

Educational services for children, adults, and families within the southern seven counties and neighboring communities. Includes early education services, K-12, post-secondary opportunities, and educational assistance programs.

Early Childhood/Pre-K Learning

Alexander County

Cairo Early Learning Center*
4115 Sycamore St.
Building B
Cairo, IL 62914-1069
Phone: 618-734-4220
Fax: 618-734-1985

Egyptian Early Learning Center*
Egyptian Elem. School
20023 Diswood Rd
Tamms, IL 62988
Phone: 618-776-5756
Fax: 618-776-5758

Hardin County

Hardin County Early Learning Center*
Hardin County Elementary School
4 School Road
P.O. Box 313
Elizabethtown, IL 62931
Phone: 618-287-9098
Fax: 618-287-9099

Johnson County

Little Treasures Child Development Center
9043 Galeener St.
Vienna, IL 62995
Phone: 618-553-0187
littletreasureschildren.com

Vienna Early Learning Center
513 East Vine Street
Vienna, IL 62995
Phone: 618-658-9229
Fax: 618-658-6064

Massac County

Brookport Early Learning Center
Located in Brookport Elementary School
319 Ferry St.
Brookport, IL 62910
Phone: 618-564-3494
Fax: 618-564-3941

Metropolis Head Start*
416 E. Ninth St.
Metropolis, IL 62960
Phone: 618-524-5222
Fax: 618-524-5322

Pulaski County

Mounds Head Start*
327 North Reader
P.O. Box 476
Mounds, IL 62964
Phone: 618-745-6703
Phone: 618-745-9418

Union County

Anna Early Learning Center Barnes Hall
1000 N. Main St.
Anna, IL 62906
Phone: 618-833-8932
Fax: 618-833-5845
annaheights.com

Cobden Early Learning Center*
413 N. Appleknocker Dr.
Cobden, IL 62920
Phone: 618-614-2350
Fax: 618-893-4742

Dongola Early Learning Center*
1000 High St.
Dongola, IL 62926
Phone: 618-771-0742
Fax: 618-967-3254

Jonesboro Early Learning Center*
309 Cook Ave.
Jonesboro, IL 62952
Phone: 618-833-5148
Fax: 618-967-0171

SuCasa Migrant Head Start*
8125 Old Hwy. 51 N.
Cobden, IL 62920
Phone: 618-893-4022
Fax: 618-893-4541

*visit www.southern7.org for more information

Educational Services & Institutions

K-12 Public Schools

Alexander County

Cairo School District
4201 Sycamore St.
Cairo, IL 62914
Phone: 618-734-4102
Fax: 618-734-4047
cairoschooldistrict1.com

Egyptian School District
20023 Diswood Rd.
Tamms, IL 62988
Phone: 618-776-5251
Fax: 618-776-5122
egyptianschool.com

Hardin County

Hardin County K-12
4 School Rd.
Elizabethtown, IL 62931
Phone: 618-287-2141
Fax: 618-287-8381
hardink12.net

Johnson County

**Buncombe Elementary
District #43**
164 Main St.
PO Box 40
Buncombe, IL 62912
Phone: 618-658-8830

**Cypress Elementary
School District #63**
4580 Mt. Pisgah Rd.
Cypress, IL 62923
Phone: 618-657-2525 Fax:
618-657-2570
cypressgradeschool.org

**Goreville Community Unit
School District #1**
201 S. Ferne Clyffe Rd.
Goreville, IL 62939
Phone: 618-995-9831
Fax: 618-995-9832
gorevilleschools.com

**New Simpson Hill School
District #32**
95 Tunnel Hill Rd.
Tunnel Hill, IL 62972
Phone: 618-658-8536
Fax: 618-658-5034
newsimpsonhill.com

**Vienna Elementary
District #55**
310 N 3rd St.
Vienna, IL 62995
Phone: 618-658-8286
Fax: 618-658-9036
viennagradeschool.com

**Vienna High School
District #13-3**
601 North 1st Street
Vienna, IL 62995
Phone: 618-658-3011
Fax: 618-658-2122
viennahighschool.com

Massac County

**Brookport Elementary
School**
319 Ferry St.
PO Box 298
Brookport, IL 62910
Phone: 618-564-2482
Fax: 618-564-3509
brookport.massac.org

**Franklin Elementary
School**
1006 Mt. Mission Rd.
Metropolis, IL 62960
Phone: 618-524-2243
Fax: 618-524-2725
franklin.massac.org

**Jefferson Elementary
School**
4915 Jefferson School Rd.
Metropolis, IL 62960
Phone: 618-524-4390
Fax: 618-524-3019
jefferson.massac.org

**Joppa Jr/Sr High School
District #38**
911 North Ave.
P.O. Box 10 J
oppa, IL 62953
Phone: 618-543-7589
Fax: 618-543-9264
jmg38.com

**Maple Grove Elementary
School**
1698 Grand Chain Rd.
Metropolis, IL 62960
Phone: 618-543-7434
Fax: 618-543-7486
jmg38.com

Pope County

**Pope County School
District #1**
125 State Hwy. 146
PO Box 22
Golconda, IL 62938
Phone: 618-683-2301
Fax: 618-683-5181
popek12.org

Educational Services & Institutions

K-12 Public Schools

Pulaski County

Century Elementary
4819 Shawnee College Rd.
Ullin, IL 62992
Phone: 618-845-3572
Fax: 618-845-3476
centuryschool100.com

Century Junior/Senior High School
4712 Shawnee College Rd.
Ullin, IL 62992
Phone: 618-845-3518
centuryschool100.com

Meridian Community Unit School #1
1401 Mounds Rd.
Mounds, IL 62964
Phone: 618-342-6776
Fax: 618-342-6401
meridian101.com

Union County

Anna-Jonesboro Community High School District #81
608 S. Main St.
Anna, IL 62906
Phone: 618-833-8502
Fax: 618-833-5931
aj81.net

Anna Junior High School
301 S. Green St.
Anna, IL 62906
Phone: 618-833-6415
Fax: 618-833-6535
anna37.com

Cobden Unit School District #17
413 N. Appleknocker Dr.
Cobden, IL 62920
Phone: 618-893-2313
Fax: 618-893-4772
cobdenappleknockers.com

Cobden Elem. School
413 N. Appleknocker Dr.
Cobden, IL 62920
Phone: 618-893-2311
Fax: 618-893-4742
cobdenappleknockers.com

Davie School
301 S. Green St.
Anna, IL 62906
Phone: 618-833-6415
Fax: 618-833-6535

Dongola Unit School Dist. #661
1000 High St.
Dongola, IL 62926
Phone: 618-827-3524
Fax: 618-827-4422
dongolaschool.com

Jonesboro Community School District #43
309 Cook Ave.
Jonesboro, IL 62952
Phone: 618-833-5148
Fax: 618-833-3410
jonesboro43.com

Lick Creek Community Consolidated School Dist. #16
7355 Lick Creek Rd.
Buncombe, IL 62912
Phone: 618-833-2545
Fax: 618-883-3262
lickcreekschool.com

Lincoln School #108
108 Warren St.
Anna, IL 62906
Phone: 618-833-6851

Shawnee Community Unit District #84
3365 St. Rte. 3 N.
Wolf Lake, IL 62998
Phone: 618-833-5709
Fax: 618-833-4171

Shawnee Elementary School
3365 St. Rte. 3 N.
Wolf Lake, IL 62998
Phone: 618-833-4975
Fax: 618-833-4977

Shawnee Jr-Sr High School
3365 St. Rte. 3 N.
Wolf Lake, IL 62998
Phone: 618-833-5307
Fax: 618-833-5468

Educational Services & Institutions

Shawnee Community College Extension Centers

www.shawneecc.edu

Established in 1967, Shawnee Community College offers over 40 associate degrees, diplomas, and certificate programs, including specialties in Healthcare, Business, Accounting, Agri-Business, and Information Technology. Located in Southernmost Illinois, Shawnee has expanded throughout its history to include four extension sites serving the five counties district and beyond.

Administrative Office
8364 Shawnee College Rd.
Ullin, IL 62992
Phone: 618-634-3200

Cairo Extension Center
2035 Washington Ave.
Cairo, IL 62914
Phone: 618-634-3490

Metropolis Extension Center
5385 Industrial Park Rd.
Metropolis, IL 62960
Phone: 618-524-3003

Anna Extension Center
1150 E. Vienna St.
Anna, IL 62906
Phone: 618-833-3399

Cairo Sr. High School Center
4201 Sycamore
Cairo, IL 62914
Phone: 618-634-3490

Vienna Extension Center
601 N. 6th St.
Vienna, IL 62995
Phone: 618-634-3441

University of Illinois - Extension Offices

www.web.extension.edu

Committed to our mission linking local communities to the University to develop programs, tools, and knowledge that will support needed change. Our mission is to align research to needs and translate research into action plans that allow Illinois families, businesses, and community leaders to solve problems, make informed decisions, and adapt to changes and opportunities.

515 E. Vienna St.
Suite G Anna, IL 62906
Phone: 618-833-6363
Fax: 618-833-6304

1438 W. 10th St.
Metropolis, IL 62960
Phone: 618-524-2270
Fax: 618-524-3948

208 E. Main St.
Vienna, IL 62995
Phone: 618-658-5321
Fax: 618-658-2028

502 Oakley Ln.
Mounds, IL 62964
Phone: 618-745-5200
Fax: 618-745-5201

Dixon Springs Agricultural
354 St. Hwy 145 N.
Simpson, IL 62985
Phone: 618-695-6060
Fax: 618-695-2492

Educational Services & Institutions

Regional Office of Education Offices

Regional Office of Education is a service organization whose responsibilities are defined by Illinois School Code. Services include: licensure and certification for educators, alternative school programs, special education programming, and more.

**Regional Office of Education #20
(Hardin/Pope County)**

Saline County Office
512 N. Main St.
Harrisburg, IL
Phone: 618-253-5581
roe20.org

**Regional Office of Education #21
(Johnson/Massac County)**

Massac County Office
1102 W. 10th St.
Metropolis, IL
Phone: 618-524-3736
roe21.org

**Regional Office of Education #30
(Alexander, Pulaski & Union County)**

Union County Office
1150 E. Vienna St.
Anna, IL 62906
Phone: 618-634-3458
roe30.org

Alternative School Programs

Providing alternative learning for students referred by their home school district with needs to address suspension, juvenile justice system involvement, etc.

JAMP Special Education Services

Administrative Office & Grand Chain Learning Center
251 W. 2nd St.
PO Box 107
Grand Chain, IL 62941
Phone: 618-634-9800
Fax: 618-634-9864

S.T.A.R. Quest Academy

1102 W. 10th St.
Metropolis, IL 62960
Phone: 618-524-3736
roe21.org

Tri-County Education Cooperative

1000 N. Main St.
P.O. Box 379
Anna, IL 62906
Phone: 618-833-4541
Fax: 618-833-4833
tcse.us

Education Support Services

Provides assistance through referrals to treatment providers and intervention services to support children in meeting educational milestones.

Child & Family Connections

Early Intervention Services
2751 W. Main St.
Carbondale, IL 62901
Phone: 888-340-6702
Phone: 618-529-3147
cfconnection.org

Division of Specialized Care of Children

Marion Regional Office
2309 W. Main St.
Suite 119
Marion, IL 62959
Phone: 800-451-0464
Phone: 618-997-4396

J.R.'s Center

100 Florsheim Dr.
Anna, IL 62906
Phone: 618-833-4956

Educational Services & Institutions

Post-Secondary Education

Post-secondary education including Community colleges and Universities within Southern Illinois and neighboring communities. Education opportunities include skilled trade programs and degrees to further your career.

John A. Logan College

jalc.edu

700 Logan College Dr.
Carterville, IL 62918
Phone: 618-985-2828

Southeastern Illinois College

sic.edu

6575 College Rd.
Harrisburg, IL 62946
Phone: 618-252-5400

Southeast Missouri University

semo.edu

1 University Plaza
Cape Girardeau, MO 63701
Phone: 573-651-2000

Shawnee Community College

shawneecc.edu

8364 Shawnee College Rd.
Ullin, IL 62992
Phone: 618-634-3200

Southeastern Illinois University

siu.edu

1263 Lincoln Dr.
Carbondale, IL 62901
Phone: 618-453-2121

West Kentucky Community & Technical College

westkentucky.kctcs.edu

4810 Alben Barkley Dr.
Paducah, KY 42001, 270-
554-9200

Training & Education Programming

Job Corps is the largest job training and education program in the country, free to low-income 16- to 24-year-olds. With over 120 campuses across the country you can get the experience and skills you need to start a career that's right for you, go on to college, or join the military. Provides free career training, education/GED completion, and housing.

Job Corps

info.joinjobcorps.com

Earl C. Clements Job Center

3875 KY-181
Greenville, KY 42345

Mingo Job Corps Civilian Conservation Center

4253 State Highway T
Puxico, MO 63960

Muhlenberg Job Corps Center

2302 US-60
Morganfield, KY 42437

St. Louis Corps Center

3860 Lindell Blvd.
St. Louis, MO 63108

For More Information Call:

800-773-JOBS

800-773-5627

TTY: 877-889-5627

Libraries

Public libraries providing access to internet, printing services, and youth & family activities, and more.

Alexander County

Cairo Public Library
1609 Washington Ave.
Cairo, IL 62914
Phone: 618-734-1840
Hours: 9:30AM - 4:30PM
(M-F)
cairopubliclibrary.org

Dodge Memorial Public Library
22434 Railroad St.
Olive Branch, IL 62969
Phone: 618-776-5115
Hours: 12PM - 5PM (M-F)

Hardin County

Rosiclare Memorial Public Library
308 Main St.
Rosiclare, IL 62982
Phone: 618-285-6213
Hours: 1PM - 5PM (M, W-F)
1PM - 6PM (T)
rosiclarelibrary.net

Johnson County

Vienna Public Library
401 Poplar St.
Vienna, IL 62995
Phone: 618-658-5051
Hours: 1PM - 5PM (M-W)
1PM - 5PM (F-SAT)

Massac County

Brookport Public Library
7425 S. US 45 Rd.
Brookport, IL 62910
Phone: 618-564-3630
Hours: 10AM - 5PM (M-F)

Metropolis Public Library
317 Metropolis St.
Metropolis, IL 62960
Phone: 618-524-4312
Hours: 10AM - 6PM (M-F)
10AM - 4PM (SAT)
metropolispubliclibrary.com

Pope County

Golconda Public Library
126 W. Main St.
Golconda, IL 62938
Phone: 618-683-6531
Hours: 9AM - 5PM (M-T)
1PM - 5PM (W & F)
9AM - 1PM (TH & SAT)
golcondapubliclibrary.webs.com

Pulaski County

Mounds Public Library
418 1st St.
Mounds, IL 62964
Phone: 618-745-6610
Hours: 3PM - 6PM (T-F)
10AM - 1PM (SAT)

Olmsted Public Library
140 N. Front St.
Olmsted, IL 62970
Phone: 618-742-8296
Hours: 12:30PM - 4:30PM
(T-TH)

Union County

Cobden Branch Library
100 S. Front St.
Cobden, IL 62920
Phone: 618-893-4637
Hours: 2PM - 6PM (M/T)
9AM - 12PM (TH)

Dongola Public Library
114 N.E. Front St.
Dongola, IL 62926
Phone: 618-827-3622
Hours: 2PM - 6PM (T/W)
10AM - 7PM (TH)
9AM - 1PM (SAT)

Jonesboro Public Library
412 S. Main St.
Jonesboro, IL 62952
Phone: 618-833-8121
Hours: 1PM - 5PM (T-SAT)

Stinson Memorial Library
409 S. Main St.
Anna, IL 62906
Phone: 618-833-2521
Hours: 10AM - 6PM (M-F)
10AM - 3PM (SAT)
stinsonlibrary.org

Wolf Lake Branch Library
4720 State Route 3 North
Wolf Lake, IL 62998
Phone: 618-833-4923



Libraries

Cape Girardeau County

Cape Girardeau Public Library

711 Clark St.
Cape Girardeau, MO 63701
Phone: 573-334- 5279
Hours: 9AM - 9PM (M-SAT)
1PM - 5PM (SUN)

capelibrary.org

Jackson County

Carbondale Public Library

405 W Main St.
Carbondale, IL 62901
Phone: 618-457-0354
Hours: 9AM - 8PM (M-TH)
9PM - 6PM (F-SAT)
1PM - 6PM (SUN)

carbondalepubliclibrary.org

McCracken County

McCracken County Public Library

555 Washington St.
Paducah, KY 42003
Phone: 270-442-2510
Hours: 9AM - 7PM (M-TH)
9AM - 5PM (F/SAT)
1PM - 5PM (SUN)

mclib.net

Saline County

Harrisburg District Library

2 W. Walnut St.
Harrisburg, IL 62946
Phone: 618-252-1239
Hours: 9AM - 8PM (M-F)
1PM - 5PM (SUN)

harrisburglibrary.org

Williamson County

Anne West Lindsey District Library

600 N. Division St.
Carterville, IL 62918
Phone: 618-985-3298
Hours: 10AM - 7PM (M/W)
10AM - 5PM (T/TH/F)
10AM - 4PM (SAT)

awlindsey.com

Herrin City Library

120 N. 13th St.
Herrin, IL 62948
Phone: 618-942-6109
Hours: 10AM - 7PM (M-TH)
10AM - 6PM (F)
12PM - 5PM (SAT)

herrincitylibrary.org

Marion Carnegie Library

206 S. Market St.
Marion, IL 62959
Phone: 618-993-5935
Hours: 9AM - 8PM (M-TH)
9AM - 5PM (F/SAT)

marioncarnegielibrary.org



Social & Human Services

Organizations providing resources and aid to families, individuals, and communities to improve quality of life, remediate problems, and coordinate services through a multidisciplinary approach with all kinds of needs, as well as providing access to resources that benefit society in a larger sense.

Aging

Addus Home Care

addus.com

Services Provided:

Provides in home care and support during chronic illness, surgery, recovery, or simply needing assistance maintaining health and independence.

Payer Sources:

Medicaid, Medicare, Private & Long-Term Care Insurance, Veterans Aid, & Self-Pay

Services:

Older adults and adults with disabilities

Contact Information:

4503 W. Deyoung St.
Suite 200
Marion, IL 62959
Phone: 618-997-8008
Call Center: 888-233-8746

Hours of Operation:

8AM - 5PM (M-F)
Call Center Available
Afterhours

Golden Circle

Services Provided:

Offers home delivered meals, legal assistance, in-home services, congregated meals, arranges transportation through RIDES for the senior center, and assistance in managing senior health insurance programs.

Services:

Adults 60+ & disabled adults 18+

Hours of Operation:

8AM - 2PM (M-F)

Contact Information:

Pope County
217 Adams St.
Golconda, IL 62938
Phone: 618-683-7741

Hardin County

129 IL Route 146E
Elizabethtown, IL 62931
Phone: 618-287-5592



Social & Human Services

Aging

Lutheran Social Services

ccrrjalc.com

Services Provided:

Offers care, early childhood development, mental health services, alcohol and drug treatment, home care for seniors, affordable senior housing, residential programs for people with developmental disabilities, and programs that help formerly incarcerated individuals integrate back into society.

Payer Sources:

No fees unless program specifies

Services:

All ages

Hours of Operation:

8:30AM - 4:30PM (M-F)

Marion Children's Programs

1616 W. Main St.
Marion, IL 62959
Phone: 618-997-9196
Fax: 618-997-6843

Marion Family Ministry Office

102 E. Deyoung St.
Marion, IL 62959
Phone: 618-997-9076
Fax: 618-998-0604

Vienna Children's Programs

45 Industrial Dr.
Vienna, IL 62995
Phone: 618-658-9512
Fax: 618-658-8151

Shawnee Alliance for Seniors

shawneehealth.com

Services Provided:

Helps older adults and their caregivers connect to services available in the community, which enables them to maintain their independence in the following areas; function, physical health, behavioral health, medication, nutrition, transportation, home environment, financial, legal, and spiritual/social.

Payer Sources:

Medicaid, Medicare, Private Insurance, and Sliding Fee Scale Available

Services:

Adults ages 60+ and those with disabilities

Contact Information:

6355 Brandhorst Dr.
Carterville, IL 62918
Phone: 618-985-8322
800-642-7773

Branch Offices In:

Anna, Golconda, & Metropolis

Hours of Operation:

8:30AM - 4:30PM (M-F)

Social & Human Services

Aging

Shawnee Development Council, Inc.

shawneedevelopment.org

Services Provided:

Some program applications include Senior Nutrition funds, Senior Companion, Weatherization, Residential Energy Assistance, Community Care, CETA, J.T.P.A., Transportation, and dozens of other extended and short-term community programs

Payer Sources:

Each program has different requirements

Services:

All ages

Contact Information:

Administrative Office

530 W. Washington St.
Karnak, IL 62956

Phone: 618-634-2201

Fax: 618-634-9551

Hardin County

147 N. Main St.

Elizabethtown, IL 62931

Phone: 618-287-7071

Pope County

12 Decatur St.

Golconda, IL 62938

Phone: 618-683-2107

Pulaski County

124 N. Oak St.

Mounds, IL 62964

Phone: 618-745-6388

Union County

Choate Mental Health Center

1000 N. Main St.

Anna, IL 62906

Phone: 618-833-7431

Hours of Operation:

8AM - 4PM (M-TH)

8AM - 1PM (F)

Southern Pride Senior Program

Services Provided:

Offers congregated and home delivered meals, health promotions, fitness programs, in-home respite, benefit applications, home visits, home modifications, nutritional education, transportation services, Medicare Part D assistance, etc.

Contact Information:

Alexander County

Happy Days

2728-B Martin Luther King Dr.

Cairo, IL 62914

Phone: 618-734-1050

Johnson County

Whistlers & Whittlers

60 St. Route 37N

Vienna, IL 62995

Phone: 618-658-8140

Massac County

Happy Hearts

701 Market St.

Metropolis, IL 62960

Phone: 618-524-9755

Pulaski County

Smiles Senior Center

412 Blanche St.

Mounds, IL 62964

Phone: 618-745-6149

Union County

Sunshine Inn

1921 E. Market St.

Anna, IL 62906

Phone: 618-833-6734

Payer Sources:

Suggested donation of \$3 per meal

Services:

Adults 60+ and adults 18+ with disabilities

Hours of Operation:

8AM - 2PM (M-F)

Social & Human Services

Child and Family Services

Caritas Family Solutions

caritasfamilysolutions.org

Services Provided:

Provides a variety of family services aimed at addressing the social/emotional needs of persons of all backgrounds. Offers a wide range of family services including adoption services and pregnancy care as well as help for families seeking to adopt.

Payer Sources:

Private pay unless a DCFS case

Services:

All ages

Contact Information:

10286 Fleming Rd.
Carterville, IL 62718
Phone: 618-985-2000
Fax: 618-985-2033
Toll-Free: 800-997-9381

Hours of Operation:

8:30AM - 4:30PM (M-F)

Child & Family Connections

cfc24.org

Services Provided:

If concerned about a child's development, offers evaluations & assessments, additional testing, developmental monitoring, direct therapy sessions, and assistive technology.

Payer Sources:

Free initial assessment.
Medicaid, Private Insurance, Sliding Fee Scale, & Self-Pay

Services:

Birth to 3 years of age

Contact Information:

Early Intervention Services
2751 W. Main St.
PO Box 1180
Carbondale, IL 62901
Phone: 618-529-3147
Fax: 618-549-8137
Toll-Free: 888-340-6702

Hours of Operation:

8AM - 4PM (M-F)

Child Care Resource & Referral

ccrrjalc.com

Services Provided:

Dedicated to enhancing the quality of children's lives in the southern fifteen counties in Illinois. Provides information, referrals, and financial assistance to families, resources and support for child care and early education programs as well as training, education, etc.

Contact Information:

John A. Logan College
Mailing Address:
700 Logan College Dr.
Carterville, IL 62918

Office Location:

607 S. Greenbriar
Carterville, IL 62918
Phone: 618-985-5975
Toll Free: 800-548-5563

Payer Sources:

No fees to apply. Co-pay may be required and based on income.

Services:

Low income working families or students and child care providers.

Hours of Operation:

Summer Hours:
7AM - 4:30PM (M-TH)
Normal Hours:
8AM - 4:30PM (M/W-F)
10:30AM - 4:30PM (T)

Social & Human Services

Child and Family Services

Illinois Department of Child & Family Services

illinois.gov/dcfs

Services Provided:

The mission of Illinois DCFS is to protect children who are reported to be abused or neglected and to increase their families' capacity to safely care for them; provide for the well-being of children in our care; provide appropriate, permanent families as quickly as possible for those children who cannot safely return home; support early intervention and child abuse prevention activities and work in partnerships with communities to fulfill this mission.

Saline County

324 E. Raymond St.
Harrisburg, IL 62946
Phone: 618-253-7604
Fax: 618-253-3813

Williamson County

2309 W. Main St.
Marion, IL 62959
Phone: 618-993-7100
Fax: 618-993-5467

Alexander County

1315 Washington Ave.
Cairo, IL 62914
Phone: 618-734-0858

Massac County

200 W. 5th St.
Metropolis, IL 62960
Phone: 618-524-2428

Union County

108 Denny Industrial Dr.
Anna, IL 62906
Phone: 618-833-4449

Child Abuse Hotline:

1-800-25-ABUSE

1-800-252-2873

Lutheran Social Services

ccrrjalc.com

Services Provided:

Offers care, early childhood development, mental health services, alcohol and drug treatment, home care for seniors, affordable senior housing, residential programs for people with developmental disabilities, and programs that help formerly incarcerated individuals integrate back into society.

Payer Sources:

No fees unless program specifies

Services:

All ages

Hours of Operation:

8:30AM - 4:30PM
(M-F)

Marion Children's Programs

1616 W. Main St.
Marion, IL 62959
Phone: 618-997-9196
Fax: 618-997-6843

Marion Family Ministry Office

102 E. Deyoung St.
Marion, IL 62959
Phone: 618-997-9076
Fax: 618-998-0604

Vienna Children's Programs

45 Industrial Dr.
Vienna, IL 62995
Phone: 618-658-9512
Fax: 618-658-8151

Social & Human Services

Emergency Assistance & Relief

American Red Cross

redcross.org

Services Provided:

Shelters, feeds and provides emotional support to victims of disasters; conducts blood drives; teaches skills that save lives; and supports military members and their families. From small house fires to multi-state natural disasters, the American Red Cross goes wherever needed, so people can have clean water, safe shelter and hot meals when they need them most. As part of the world's largest humanitarian network, Red Cross Red Crescent teams provide relief and hope in nearly every corner of the globe.

Payer Sources:

No fees

Services:

All ages.

Contact Information:

South Central Illinois - Springfield Office

1045 Outer Park Dr.
Springfield, IL 62704
Phone: 217-787-7602
Toll-Free: 800-753-2767
Available 24/7

Arrowleaf

myarrowleaf.org

Services Provided:

Immediate access to basic resources, as available, to assist with identification documents, housing assistance, linkage and referral to temporary shelters and other relief programs, clothing, food, and hygiene products. Assist with the process of obtaining long-term housing through programs such as Projects for Assistance in Transition from Homelessness (PATH) and Housing First (215).

Alexander County Office

1401 Washington Ave.
Cairo, IL 62914
Phone: 618-734-2665
Fax: 618-734-1999

Hardin County Office

147 N. Main St.
Elizabethtown, IL 62931
Phone: 618-287-7010
Fax: 618-287-7016

Johnson County Offices

101 Oliver St.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2501

300 Redbud Ln.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2759

Hours of Operation
8:30AM - 4:30PM (M-F)
24/7 Hotline Available

Pope County Office

125 N. Market St.
PO Box 759
Galconda, IL 62938
Phone: 618-683-2461
Fax: 618-683-2066

Union County Office

204 South St.
Anna, IL 62906
Phone: 618-658-3079

Additional locations available

Payer Sources:

Medicaid, Medicare, Private Insurance, Self-Pay, and Grant Based Programs

Services:

All ages



arrowleaf®

Growth. Community. Transformation.

Social & Human Services

Emergency Assistance & Relief

Salvation Army

salvationarmyusa.org

Services Provided:

Earthquakes, hurricanes, tornadoes, wildfires, droughts, floods, and other major disasters pose a great threat to our country. We're here to help — in any given year, The Salvation Army provides support, hope, and healing to more than 500,000 disaster survivors.

Payer Sources:

No fees

Services:

All ages.

Contact Information:

Marion Office

906 B Tower Square
Marion, IL 62959
Phone: 618-997-9355

National Headquarters

615 Slaters Lane,
Alexandria, VA 22314
Phone: 1-800-SAL-ARMY
1-800-725-2763

Shawnee Development Council, Inc.

shawneedevelopment.org

Services Provided:

Some program applications include Weatherization, Residential Energy Assistance, Community Care, CETA, J.T.P.A., Transportation, and dozens of other extended and short-term community programs

Payer Sources:

Each program has different requirements

Services:

All ages

Contact Information:

Administrative Office

530 W. Washington St.
Karnak, IL 62956
Phone: 618-634-2201
Fax: 618-634-9551

Hardin County

147 N. Main St.
Elizabethtown, IL 62931
Phone: 618-287-7071

Pope County

12 Decatur St.
Golconda, IL 62938
Phone: 618-683-2107

Pulaski County

124 N. Oak St.
Mounds, IL 62964
Phone: 618-745-6388

Union County

Choate Mental Health Center
1000 N. Main St.
Anna, IL 62906
Phone: 618-833-7431

Hours of Operation:

8AM - 4PM (M-TH)
8AM - 1PM (F)



Social & Human Services

Employment & Legal Assistance

Illinois Department of Employment Security

ides.illinois.gov

Services Provided:

Offers unemployment insurance, job development services, recruitment of job seekers, hiring events & job search workshops, veterans employment services, migrant seasonal farm workers program, re-entry employment services program, bonding, and work opportunity tax credit.

Payer Sources:

No fees

Services:

Adults

Contact Information:

333 Potomac Blvd
Suite E
Mt. Vernon, IL 62864
Phone: 800-244-5631

Southern IL Workforce
Development Board
Illinois Star Center
3000 W. Deyoung St.
Suite 800B
Marion, IL 62959
Phone: 618-998-0970
TTY: 866-322-8357

Southern 14 Workforce
Investment Board
216 Industrial Ave.
Carmi, IL 62821
Phone: 618-252-6020
618-382-8869

Hours of Operation:
8:30AM - 4:30PM (M-TH)

Land of Lincoln Legal Aid

lincolnlegal.org

Services Provided:

Provides eligible low-income and senior residents of central and southern Illinois with high quality civil legal services in order to obtain and maintain their basic human needs through advice, representation, advocacy, education, and collaboration.

Payer Sources:

Free civil legal services; not including criminal charges, traffic violations, personal injury & workman's compensation.

Services:

Eligible
low-income
residents

Contact Information:

First Mid Bank and Trust
Third Floor
509 S. University Ave.
#100
Carbondale, IL 62901
Phone: 618-457-7800
800-642-5335

Hours of Operation:
9AM - 5PM (M-F)

Man-Tra-Con

mantracon.org

Services Provided:

Career services to help you find a job to support yourself and fit your skills and interests. Services include: career coaching, job search assistance, college training, workforce training, linkage and referral to educational programs and benefits assistance, and more. Services available for youth ages 16 to 24 experiencing applicable barriers to employment include: tutoring, paid and unpaid internship experience, secondary school and GED classes, leadership development, and more.

Contact Information:
3117 Civic Cir Blvd.
Suite B
Marion, IL 62959
Phone: 618-998-0970

Hours of Operation:
8:30AM - 4:30PM (M-F)

Payer Sources:
No fees

Services:
Ages 16+

Social & Human Services

Health Related Needs

Alzheimer's Association

act.alz.org

Services Provided:

Mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

National Help Line

800-272-3900 (Available 24/7)

Payer Sources:

No fees

Services:

Those with Alzheimer's as well as caregivers and professionals providing assistance

Contact Information:

Southern IL Office

805 W. Deyoung St.

Suite B

Marion, IL 62959

Phone: 618-985-1095

Hours of Operation:

8AM - 5PM (M-F)

Call Center Available

Afterhours

American Cancer Society

cancer.org

Services Provided:

Programs and services to help one manage cancer treatment, recovery, and find the emotional support needed such as transportation, advocacy, cancer information, and lodging.

Help Line

800-227-2345 (Available 24/7)

Payer Sources:

No fees

Services:

All ages

Live Chat Online:

www.cancer.org
(Available 24/7)

Contact Information:

4503 W. Deyoung St.

Suite C-200

Marion, IL 62959

Phone: 618-998-9898

Hours of Operation:

8AM - 5PM (M-F)

The Autism Program of Illinois (TAP)

tap-illinois.org

Services Provided:

The Autism Program of Illinois serves and supports persons with autism spectrum disorder and their families through a coordinated network of providers, parents, and university programs while developing, utilizing, and sharing best and promising practices.

Payer Sources:

No fees for most as long as grant funds are available

Services:

All ages

Contact Information:

Central Office

Hope Pavilion

5220 S. 6th Street,

Suite 2300B

Springfield IL 62703

Phone: 217-953-0894
ext. 30477

Hours of Operation:

8:30AM - 4:30PM (M-F)

Social & Human Services

Health Related Needs

The Autism Program of Illinois (TAP)

tap-illinois.org

Services Provided:

The Autism Program of Illinois serves and supports persons with autism spectrum disorder and their families through a coordinated network of providers, parents, and university programs while developing, utilizing, and sharing best and promising practices.

Payer Sources:

No fees for most as long as grant funds are available

Services:

All ages

Contact Information:

Central Office
Hope Pavilion
5220 S. 6th Street,
Suite 2300B
Springfield IL 62703
Phone: 217-953-0894
ext. 30477

Hours of Operation:

8:30AM - 4:30PM (M-F)

Center for Autism Spectrum Disorders - SIU

casd.siu.edu

Services Provided:

A multidisciplinary research and training center that provides high quality leadership in the study of autism spectrum disorders. Services include autism screening and diagnostics and clinical services.

Payer Sources:

No fees for most as long as grant funds are available

Services:

All ages

Contact Information:

625 Wham Dr.
Carbondale, IL 62901
Phone: 618-453-7130

Hours of Operation:

8:30AM - 4:30PM (M-F)

Illinois Home Healthcare

lhcgroupp.com

Services Provided:

Offers highly skilled home care professionals under direct supervision of a physician delivering in the comfort of your home: skilled nursing, physical therapy, occupational therapy, pain management, medication management, speech therapy, infusion therapy, chronic disease management, fall prevention, etc.

Payer Sources:

Medicare, Private & Long-Term Care Insurance, & Self-Pay

Services:

Individuals 18+ and those who are homebound

Contact Information:

906 Skyline Dr.
Suite 200
Marion, IL 62995
Phone: 618-997-6565

Hours of Operation:

8AM - 5PM (M-F)
24 Hour Call Center

Social & Human Services

Health Related Needs

Lions of Illinois Foundation

lionsofillinoisfoundation.org

Services Provided:

Provides services to the people of Illinois for the detection, treatment, and rehabilitation of visual and hearing impairments

Payer Sources:

Locates resources to get a reduced cost for eye glasses and hearing aids

Services:

Men, women, and children

Contact Information:

700 N. Peace Rd.
Suite B
DeKalb, IL 60115
Phone: 815-756-5633
Fax: 815-748-9087

Hours of Operation:

9AM - 2PM (M-F)



Social & Human Services

Housing Assistance

Habitat for Humanity

habitat.org

Services Provided:

Working locally and international whose vision is of a world where everyone has a decent place to live. Habitat works toward this vision by building and improving homes in partnership with individuals and families in need of a decent and affordable place to live. Because of Habitat's no-profit, no-interest loans, and because houses are built principally by volunteers, mortgage payments are affordable for those unable to obtain conventional financing for a home.

Cape Girardeau County:
2365 Rust Ave.
Cape Girardeau, MO 63703
Phone: 573-651-9080

Hours of Operation:
9AM - 5PM (TH/F)
10AM - 2PM (SAT)

Jackson & Union Counties:
93 Lilac Lane
PO Box 1064
Carbondale, IL 62903
Phone: 618-713-4958
juchabitat.org

Hours of Operation:
No set office hours. Need to leave a message.

Williamson County
PO Box 754
Marion, IL 62959-0754
Phone: 618-997-3134
habitat-williamsoncounty.org

Hours of Operation:
No set office hours. Need to leave a message.

Housing Authority

hud.gov

Services Provided:

Committed to providing quality, affordable housing, that is decent and safe, to eligible families in the community. Strives to make the best use of all available resources so that residents may live in an environment that is clean, well maintained and attractive. The goal is to manage public housing units in a that is consistent with good, financially sound property management practices.

Payer Sources:

Rent is dependent on income. To have a pet, there are additional fees each month plus a pet security deposit.

Services:

Men, women, and families. Limited availability for those with felonies, past due rent, or unpaid utility bills.

See Page 38 for a list of Local Housing Authority Offices

Social & Human Services

Local Housing Authority Offices

Alexander County

acha734.org
110 Halliday Ave.
Cairo, IL 62914
Phone: 618-734-19101

Franklin County

1007 Fairland St.
Benton, IL 62812
Phone: 618-439-2601

302 E. Elm St.
West Frankfort, IL 62896
Phone: 618-932-2124

Gallatin County

117 W. Wilson Ave.
Shawneetown, IL 62984
Phone: 618-269-3080 ext. 0

Hardin County

355 E. Walnut St.
Elizabethtown, IL 62931
Phone: 618-287-2786

Jackson County

jacksoncountyhousingauthority.org
300 N. 7th St.
Murphysboro, IL 62966
Phone: 618-684-3183

Johnson County

501 N. 4th St.
Vienna, IL 62995
Phone: 618-658-58111

Massac County

massaccountyhousingauthority.org
1209 E. 5th St.
Metropolis, IL 62960
Phone: 618-524-8411

Perry County

perrycountyhousing.org
120 S Walnut St.
Du Quoin, IL 62832
Phone: 618-542-5409

Pope County

popeco-il.com
802 Franklin St.
Golconda, IL 62938
Phone: 618-683-4791

Pulaski County

hapulaskico.org
130 Richland Terrace
Mounds, IL 62964
Phone: 618-745-6330

Saline County

918 W. Barnett St.
Harrisburg, IL 62946
Phone: 618-252-6381

Union County

myucha.com
131 Hillside Terrace
Anna, IL 62906
Phone: 618-833-5129

Williamson County

ilwcha.org
300 E. Hickory St.
Carterville, IL 62918
Phone: 618-985-2422

Social & Human Services

Support Services & Organizations

Center for Empowerment and Justice

Services Provided:

The Center is a place where individuals from the community can come to share and receive support for their vision of self-empowerment and service to the betterment of the community. The center offers court support, laundry services, bike repair, housing assistance, clothing and other resources, and employment assistance - aims to support those released from prison or rehabilitation centers.

Contact Information:

213 N Washington St,
Carbondale, IL 62901
Phone: 618-457-2777

Hours of Operation:

9AM - 4PM (M-F)

NAACP

apcountynaacp.org
carbondalenaacp.org

Services Provided:

The mission of the National Association for the Advancement of Colored People is to ensure the political, educational, social, and economic equality of rights of all persons and to eliminate racial hatred and racial discrimination.

Contact Information:

800 Washington Ave.
First National Bank
Cairo, IL 62914
Phone: 618-734-9188

P.O. Box 3303
Carbondale, IL 62901
Phone: 618-457-7722

Rainbow Cafe LGBTQ Center

rainbowcafe.org

Services Provided:

Rainbow Cafe has served the queer community in Southern Illinois for over 20 years, providing a safe and welcoming environment for those who are lesbian, gay, bisexual, trans/gender expansive, queer, intersex, asexual, or questioning their orientation and/or gender identity, and their friends and family, by creating a space in which they are affirmed and offered non-judgmental support and access to personal, community, spiritual, and health resources.

Contact Information:

118 N. Illinois Ave.
Carbondale, IL 62901
Phone: 618-525-9922

Hours of Operation:

6PM - 8PM (W)
7PM - 10PM (F)
6PM - 10PM (SAT)

Massac County Drug Awareness Coalition

massacdrugawareness.com

Services Provided:

provides leadership, education, and resources to build and sustain communities of knowledgeable citizens, particularly the youth in our community, who make healthy and safe choices by reducing substance abuse.

Contact Information:

506 Market St.
Metropolis, IL 62960
Phone: 618-524-1393

Mental Health

Inpatient - Adult

Inpatient psychiatric care is the most intensive level of treatment for individuals with mental illness. It offers 24-hour care in a safe and secure facility, making it best for patients with severe mental health who require constant monitoring. Some locations offer partial hospitalization options.

Advocate Medical Center

advocatehealth.com

Services Provided:

Offers comprehensive psychological services to help you cope with life's challenges. Experts provide assessment, testing, medication management, and inpatient adult care. Each treatment program is completely individualized, with the goal of providing compassionate care through services structured to support the patient's prompt, successful return home.

Payer Sources:

Medicaid, Medicare, Private Insurance, Sliding Scale Fees, and Self-Pay

Contact Information:

1304 Franklin Ave.
Normal, IL 61761
Phone: 800-3-ADVOCATE

Hours of Operation:

8AM - 5PM (M-F)
Call Center Available Afterhours

Services:

Adults 18+

Blessings Hospital System

blessinghealth.org

Services Provided:

Provide inpatient treatment for adults coping with emotional, behavioral and mental health. Adult Psychiatric Services (APS) is a 16 bed, secure, inpatient behavioral health unit to treat adults with chronic mental illness who may be in crisis and need stabilization and treatment. Behavioral Medicine Services (BMS) is 10 bed unit to treat adults for depression, anxiety, grief and other issues with which they are struggling to cope.

Payer Sources:

Medicaid, Medicare, Private Insurance, Sliding Scale Fees, and Self-Pay

Contact Information:

1005 Broadway St.
Quincy, IL 62301
Phone: 217-223-1200
Ask for Inpatient Behavioral Health Intake

Hours of Operation:

Open 24/7 for Evaluation

Services:

Adults 18+

Choate Mental Health & Development Center

Services Provided:

Offers a variety of services including: psychiatric, psychological, medical/physical, social, educational, vocational/rehabilitation, recreational, speech, language/hearing, pharmacy, dental, and more.

Payer Sources:

Medicaid, Medicare, and most insurances

Contact Information:

1000 N. Main St.
Anna, IL 62906
Phone: 618-833-5161

Hours of Operation:

Open 24/7 for Evaluation

Services:

Adults ages 19 to 75

Mental Health Inpatient - Adult

Deaconess Cross Pointe

deaconness.com

Services Provided:

Develops a plan of care to stabilize the symptoms that led to hospitalization and creates a path to partial hospitalization, outpatient programs, or discharge.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Adults 18 and older

Contact Information:

7200 E. Indiana St.
Evansville, IL 47715
Phone: 812-476-7200
Toll Free: 800-947-6789

Open 24 hours for evaluation

Gateway Regional Medical Center

gatewayregional.net

Services Provided:

Psychiatric adult and geriatric unit offering cognitive and dialectical behavior therapies, couples/family/individual therapy, medication management, etc.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Adults 18 and older

Contact Information:

Resource Center
2100 Madison Ave.
Granite City, IL 62040
Phone: 618-798-3000

Open 24 hours for evaluation

Harrisburg Medical Center - Mulberry Center

harrisburgmc.com

Services Provided:

Offers quality psychiatric care in an environment where comprehensive medical care is available.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Adults 18 and older

Contact Information:

100 Dr. Warren Dr.
Harrisburg, IL 62946
Phone: 618-253-7671
Referrals: 618-252-0999

Open 24 hours for evaluation

Harsha Behavioral Center

harshacenter.com

Services Provided:

Offers acute inpatient psychiatric hospital that provides crisis treatment and medication management.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Adults 18 and older including geriatrics

Contact Information:

1980 E. Woodsmall Dr.
Terre Haute, IN 47802
Phone: 812-298-8888
Fax: 812-231-5283

Open 24 hours for
evaluation

Mental Health Inpatient - Adult

Mercy Health - Lourde's Hospital

mercy.com

Services Provided:

Offers quality psychiatric care in an environment where comprehensive medical care is available.

Payer Sources:

Medicaid, Medicare, most insurances, and self-pay

Services:

Adults 18 and older

Contact Information:

1530 Lone Oak Rd.
Lourdes Hospital, Sixth floor
Paducah, KY 42003
Phone: 270-444-2250

Open 24 hours for evaluation

The Pavilion

pavilionhospital.com

Services Provided:

Acute adult and senior inpatient care, partial hospitalization programs, residential programs, addiction treatment services and intensive outpatient programs

Payer Sources:

Medicaid, Medicare, most insurances, and self-pay

Services:

Adults 18 and older

Contact Information:

809 W. Church St.
Champaign, IL 61820
Phone: 217-373-1700
Toll-Free: 800-373-1700
Fax: 217-373-1737

Open 24 hours for evaluation

Presence Covenant Medical Center - OSF Healthcare

osfhealthcare.org

Services Provided:

Offers quality psychiatric care for adults at risk of harm to themselves or others. Provides linkage with outpatient services upon discharge to stabilize symptoms.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Adults 18 and older

Contact Information:

1400 W. Park St.
Urbana, IL 61801
Phone: 217-337-2130
Fax: 217-337-2745

Open 24 hours for evaluation

Southeast Behavioral Health Center

southeastbehavioral.com

Services Provided:

Provides an adult inpatient program that specializes in depression, bipolar disorder, anxiety and other mood disorders. Offers treatment for patients who struggle with co-occurring MH and SU disorders.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Adults 18 and older including geriatrics

Contact Information:

639 S. Silver Springs Rd.
Cape Girardeau, MO 63703
Phone: 573-708-5000
Ask for admissions

Open 24 hours for evaluation

Mental Health Inpatient - Adult

St. Mary's Hospital

ssmhealth.com

Services Provided:

Offers inpatient psychiatric services including medical monitoring and social work

Payer Sources:

Medicaid, Medicare, most insurances, and self-pay

Services:

Adults 18 and older including geriatrics

Contact Information:

400 N. Pleasant St.
Centralia, IL 62801
Phone: 618-436-8000

Open 24 hours for evaluation

Touchette Regional Hospital

touchette.org

Services Provided:

Our inpatient services are for individuals age 18 and older who need an intensive level of care and a safe treatment environment to reintegrate into their family life and community. Whether clients have medical issues related to aging, problems coping with the day-to-day stresses of life, or a major mental illness that's intruding into their lives, treatment plans are personalized to address their goals and objectives.

Payer Sources:

Medicaid, Medicare, most insurances, and self-pay

Services:

Adults 18 and older including geriatrics

Contact Information:

5900 Bond Avenue,
Centreville, IL 62207
Phone: 618-332-3060
Fax: 618-332-5256

Open 24 hours for evaluation



Mental Health Inpatient - Youth

Acute youth inpatient psychiatric treatment provides crisis stabilization for children and adolescents who may benefit from consistent care in a secure therapeutic environment.

Deaconess Cross Pointe

deaconess.com

Services Provided:

Develops a plan of care to stabilize the symptoms that led to hospitalization and creates a path to partial hospitalization, outpatient programs, or discharge.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Youth ages 10 to 17

Contact Information:

7200 E. Indiana St.

Evansville, IL 47715

Phone: 812-476-7200

Toll Free: 800-947-6789

Open 24 hours for evaluation

Harsha Behavioral Center

harshacenter.com

Services Provided:

Offers acute inpatient psychiatric hospital that provides crisis treatment and medication management.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Youth starting at age 3

Contact Information:

1980 E. Woodsmall Dr.

Terre Haute, IN 47802

Phone: 812-298-8888

Fax: 812-231-5283

Open 24 hours for evaluation

Lincoln Prairie Behavioral Center

lincolnpairiebhc.com

Services Provided:

Offers a number of mental health treatment programs and a full continuum of care including inpatient, partial hospitalization, and dual diagnosis (MISA).

Payer Sources:

IL Medicaid, Medicare, most insurances, and self-pay

Services:

Youth starting at age 3

Contact Information:

5230 S. Sixth Rd.

Springfield, IL 62703

Phone: 217-585-1180

Fax: 217-585-4745

Toll Free: 888-501-1180

Open 24 hours for evaluation

Mental Health Inpatient - Youth

Southeast Behavioral Health Center

southeastbehavioral.com

Services Provided:

Offers inpatient care for adolescents who struggle at home and school due to an acute mental health disorder or co-occurring substance use issue. Inpatient treatment provides a structured and supportive treatment environment, which promotes self-acceptance and helps young patients stabilize so they can return home or to a less intensive level of care with new coping skills.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Youth ages 13 to 17

Contact Information:

639 S. Silver Springs Rd.
Cape Girardeau, MO 63703
Phone: 573-708-5000
Ask for admissions

Open 24 hours for evaluation

Streamwood Behavioral Healthcare System

streamwoodhospital.com

Services Provided:

Offers acute inpatient psychiatric hospital that provides crisis treatment and medication management.

Payer Sources:

IL Medicaid, Medicare, and most insurances

Services:

Youth starting at age 3

Contact Information:

1400 East Irving Park Rd.
Streamwood, IL 60107
Phone: 630-837-9000

Open 24 hours for evaluation



Mental Health Outpatient Centers

Outpatient services are provided to treat behavioral health disorders and serious mental illness. Many services can be provided in office, in the community, and some through telehealth formats.

Arrowleaf myarrowleaf.org

Services Provided:

Offers adult and youth outpatient and crisis intervention that covers a wide range of services that address the holistic needs of the person, their natural environment, relationships, and support systems.

Payer Sources:

Private Insurance, Medicaid, Grants, and Self-Pay

Services:

Youth ages 3-17, adults, families, and caregivers

Hours of Operation:

8:30AM - 4:30PM (M-F)

24/7 Crisis Line: 618-658-2611

Alexander County Office

1401 Washington Ave.
Cairo, IL 62914
Phone: 618-734-2665
Fax: 618-734-1999

Hardin County Office

147 N. Main St.
Elizabethtown, IL 62931
Phone: 618-287-7010
Fax: 618-287-7016

Johnson County Offices

101 Oliver St.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2501

300 Redbud Ln.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2759

Pope County Office

125 N. Market St.
PO Box 759
Golconda, IL 62938
Phone: 618-683-2461
Fax: 618-683-2066

Union County Office

204 South St.
Anna, IL 62906
Phone: 618-658-3079

Additional locations available

Carbondale Counseling Associates

carbondalecounseling.com

Services Provided:

Utilizes creative, innovative, and individualized approaches to therapy which makes therapy a fun and relaxing experience, while still contributing to personal growth and change. Assists you and/or your children to navigate the struggles of childhood, adolescence, and adulthood. Whether an ongoing issue such as autism or mental illness, or an acute issue like a recent trauma or loss, we are honored to be a part of your healing and wellness journey.

Payer Sources:

Most private insurances including HealthAlliance, Blue Cross Blue Shield, Cigna, and United Healthcare. Self-Pay.

Services:

All ages

Contact Information:

PO Box 2625
209 W. Commercial Dr. #H
PO Box 2625
Carterville, IL 62918
Phone: 618-351-9701

Hours of Operation:

9AM - 8PM (M-TH)

Mental Health Outpatient Centers

Centerstone

centerstone.org

Services Provided:

A not-for-profit mental health care provider that provides emotional counseling, behavioral counseling, psychological care, drug and alcohol addiction treatment

Payer Sources:

Private Insurance, Medicaid, Grants, and Self-Pay

Services:

Youth and adults

24/7 Crisis Line: 855-985-0911

Contact Information:

Administrative Office
200 N. Emerald Ln.
Carbondale, IL 62901

Multiple Sites Available

Initial Appointments:

855-608-3560
Fax: 618-549-3734

Hours of Operation:

9:00AM - 5:00PM (M-F)

Egyptian Mental Health

egyptian.org

Services Provided:

Multiple youth and adult outpatient services. Offers full-service, outpatient treatment programs for adults of any age who are facing depression, anxiety, or other mental health concerns.

Payer Sources:

Private Insurance, Medicaid, Grants, and Self-Pay

Services:

Youth and adults

Contact Information:

Main Office
1412 US 45N
Eldorado, IL 62930
Phone: 618-273-3326
Fax: 618-273-2808

Multiple Sites Available

Hours of Operation:

8AM - 5PM (M/W/F)
8AM - 8PM (T/TH)

Harrisburg Medical Center - Behavioral Health

harrisburgmc.com

Services Provided:

Offers diagnostic interviews, psychiatric consultations, medication management, psychological testing and assessments, and behavioral therapy.

Services:

Adults, youth ages 6+

Hours of Operation:

8:30AM - 4PM (M-F)

Payer Sources:

Medicare, Medicaid,
Private Insurance,
Grants, Self-Pay, and
Payment Plans

Contact Information:

HMC Clinic at Harrisburg
901 S. Commercial St.
Phone: 618-252-0411
Fax: 618-252-3246

HMC Clinic at Marion

3106 Outer Dr.
Marion, IL 62959
Phone: 618-997-4332
Fax: 618-997-6205

Eldorado Primary Care

1007 Route 45N
Eldorado, IL 62930
Phone: 618-273-7723
Fax: 618-252-4027

Mental Health Outpatient Centers

Massac Mental Health

mcmhc.com

Services Provided:

Offers individual and group counseling, marriage and family counseling, consumer support group and individual, crisis intervention, etc.

Payer Sources:

Medicaid, Private Insurance, and Self-Pay

Services:

All ages

24/7 Crisis Line: 618-524-9368

Contact Information:

206 W. Fifth St.
Metropolis, IL 62960
Phone: 800-851-1251
Fax: 618-524-9551

Hours of Operation:

8:00AM - 5:00PM (M-F)
Tuesday Evenings
by Appointment

Rural Health, Inc.

ruralhealthinc.org

Services Provided:

Offers outpatient behavioral health counseling with licensed professionals and provides psychiatric services.

Payer Sources:

Medicare, Medicaid, Private Insurance, Sliding Fee, Discounts

Services:

Youth and adults

Contact Information:

Anna Location

513 N. Main St.
Anna, IL 62906
Phone: 618-833-4471
Fax: 618-833-6267

Vienna Location

803 N. 1st St.
Vienna, IL 62995
Phone: 618-658-2811
Fax: 618-658-2439

Metropolis Location

1003 E. 5th St.
Metropolis, IL 62960
Phone: 628-524-7499
Fax: 618-524-7509

Hours of Operation:

Anna

8:30AM - 5PM (M/W/F)
8:30AM - 8PM (T/TH)
8AM - 2PM (SAT)

Metropolis

8:30AM - 5PM (M, W-F)
8:30AM - 8PM (T)

Vienna

8:30AM - 5PM (M, W-F)
8:30AM - 8PM (T)

Two Rivers Child Advocacy Center

tworiverscac.org

Services Provided:

Designed to coordinate a multi-disciplinary approach to the investigation and prosecution of child abuse, while keeping the child victim the priority. Provides follow-up care and support to children and their families, as well as community education. Referral has been given through State's Attorney, law enforcement, or DCFS.

Services:

Youth who have experienced childhood abuse

Payer Sources:

No Fees

Contact Information:

109 Denny Dr.
Anna, IL 62906
Phone: 618-833-7470
Fax: 618-833-7579

Hours of Operation:

8:30AM - 4PM (M-F)

Substance Use Treatment Services

Prevention, intervention, treatment and recovery support services for individuals with Substance Use Disorders, those in recovery and those at-risk.

Outpatient Services

Arrowleaf

myarrowleaf.org

Services Provided:

Substance Abuse Prevention and Recovery (SUPR): for individuals who have a psychoactive substance use disorder diagnosis or individuals who have a family member or significant other who has a substance use problem. Special consent needed for youth under 12 years of age. Level I & II Outpatient Care.

Payer Sources:

Private Insurance, Medicaid, Grants, and Self-Pay

Services:

Ages 12+

Hours of Operation:

8:30AM - 4:30PM (M-F)

24/7 Crisis Line: 618-658-2611

Alexander County Office

1401 Washington Ave.
Cairo, IL 62914
Phone: 618-734-2665
Fax: 618-734-1999

Johnson County Office

300 Redbud Ln.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2759

Union County Office

204 South St.
Anna, IL 62906
Phone: 618-658-3079

*Additional locations
available*

Centerstone

centerstone.org

Services Provided:

A not-for-profit mental health care provider that provides emotional counseling, behavioral counseling, psychological care, drug and alcohol addiction treatment

Payer Sources:

Medicare, Medicaid, Private Insurance, State SUPR Contract, Sliding Fee, Discounts

Services:

Youth and adults

24/7 Crisis Line: 855-985-0911

Contact Information:

Administrative Office
200 N. Emerald Ln.
Carbondale, IL 62901

Multiple Sites Available

Initial Appointments:

855-608-3560
Fax: 618-549-3734

Hours of Operation:

9:00AM - 5:00PM (M-F)

Substance Use Treatment Services

Outpatient Services

Christopher Rural Health

crhpc.org

Services Provided:

In collaboration with Egyptian Health Department, offers Medication Assisted Treatment (MAT) for those with alcohol and opioid substance use disorders.

Payer Sources:

Medicaid, Medicare, Private Insurance, Sliding Fee, Discounts

Services:

Adults

Contact Information:

1401 US Hwy 45 N
Eldorado, IL 62930
Phone: 618-273-2951
Fax: 618-273-2726

Hours of Operation:

7:30AM - 5PM (M-F)

Community Health & Emergency Services (CHESI)

chesi.org

Services Provided:

Alcohol/Substance Abuse Prevention, Outpatient Treatment, and Outpatient Intensive Treatment

Payer Sources:

Medicaid, Private Insurance, SUPR Contract, and Self-Pay

Services:

Adolescents and adults

Contact Information:

Cairo Megaclinic
13245 Kessler Road
Cairo, IL 62914
Hours: 8AM - 6PM (M)
8AM - 5PM (T-F)

Cedar Court Clinic
1340 Cedar Court
Carbondale, IL 62901
Phone: 618-457-3862
Hours: 8AM - 5PM (M-F)

Hardin County Medical
IL Route 146 Building 2
Elizabethtown, IL 62931
Phone: 618-285-6833
Hours: 8:30AM - 5PM (T/TH)

Pope County Clinic
217 S. Adams
Galconda, IL 62938
Phone: 618-683-3781
Hours: 8:30AM - 5PM (M/W/F)

Harrisburg Community Health Center
205 North Main Street
Harrisburg, IL 62946
Phone: 618-253-8450
Hours: 8:30AM - 5PM (M-F)

Pulaski Clinic
100 Market Street
Pulaski, IL 62976
Phone: 618-342-6767
Hours: 9AM - 5PM (W)

Tamms Community Health Center
290 Railroad Street
Tamms, IL 62988
Phone: 618-747-2391
Hours: 9AM - 5PM (M-TH)

Substance Use Treatment Services

Outpatient Services

Egyptian Health Department

egyptian.org

Services Provided:

To assist those that are experiencing increased stress or consequences in life due to, or increased by, substance use disorders by offering comprehensive assessments and personalized treatment plans that help individuals understand and manage their addiction with the help of an interdisciplinary team providing counseling services. Special consent for youth under 12 years old. Level I & II Outpatient Care.

Payer Sources:

Private Insurance, Medicaid, Grant Funding, and Self-Pay

Services:

Youth 12+ and adults

Contact Information:

Main Office

1412 US 45N
Eldorado, IL 62930
Phone: 618-273-3326
Fax: 618-273-2808

Multiple Sites Available

Hours of Operation:

8AM - 5PM (M/W/F)
8AM - 8PM (T/TH)

The Hour House

hourhousercovery.org

Services Provided:

Offers Alcohol/Substance Abuse Prevention and Illinois SUPR Outpatient Treatment & Outpatient Intensive Treatment. Special consent needed for youth under 12 years of age. Level I & II Outpatient care.

Payer Sources:

Private Insurance, Medicaid, Grant Funding, and Self-Pay

Services:

Youth 12+ and adults

Contact Information:

635 Division St.
Charleston, IL 61920
Phone: 217-348-8108

Hours of Operation:

Services available 24/7

Multiple Sites Available

Massac County Mental Health Center

mcmhc.org

Services Provided:

For individuals who have a psychoactive substance use disorder diagnosis or individuals who have a family member/significant other who has a substance use problem. Special consent needed for youth under 12 years of age. Level I & II Outpatient Care.

Payer Sources:

Private Insurance, Medicaid, Grant Funding, and Self-Pay

Services:

Youth 12+ and adults

Contact Information:

206 W. Fifth St.
Metropolis, IL 62960
Phone: 800-851-1251
Crisis Line: 618-524-9368
Fax: 618-524-9551

Hours of Operation:

8AM-5PM (M-F)
Tuesday Evening by
Appointment

Substance Use Treatment Services

Outpatient Services

New Season: Cape Girardeau Metro Treatment Center

newseason.com

Services Provided:

Provides opioid addiction treatment and recovery in the following: Medication Assisted Treatment (MAT), Counseling (individual, group, and family), medically supervised withdrawal and outpatient services. MAT medications are only available within the facility.

Payer Sources:

No fees for medical and counseling services. Client is only responsible for in-house medication costs. No insurance accepted.

Services:

Adults

Contact Information:

760. S. Kingshighway
Suite F
Cape Girardeau, MO 63703

New Patients Phone:

877-284-7074

Existing Patients Phone:

573-335-4333

Fax: 573-335-4345

Hours of Operation:

5:15AM - 1:30PM (M-F)

6AM - 9AM (SAT)

6AM - 8AM (Holidays)

The WISH (Women & Infants Substance Help) Center

ssmhealth.com

Services Provided:

Located on the campus of SSM Health St. Mary's Hospital in St. Louis, the WISH Center's multidisciplinary team offers MAT and a full two-year program that extends care for new moms after the baby is born when the risk of relapse is the greatest.

Payer Sources:

Illinois Medicaid including Managed Care and accepts most private insurances

Services:

Pregnant women with substance use disorder

Contact Information:

1035 Bellevue Ave.
Suite #205
St. Louis, MO 63117
Phone: 314-768-8230

Hours of Operation:

8AM-4PM (M-TH)



Substance Use Treatment Services

Residential/Inpatient Services

Brentwood Springs

brentwoodsprings.com

Services Provided:

4-bed facility offering outpatient and inpatient services including medically assisted detox and therapeutic interventions for substance use disorders. Includes virtual intensive outpatient for teens.

Contact Information:

4488 Roslin Rd.
Newburgh, IN 47630
Phone: 812-641-8645
812-858-7200

Payer Sources:

Indiana Medicaid, Medicare, Most Private Insurances

Hours of Operation:

Open 24 Hours

Services:

Adults & adolescents

CenterPointe Hospital

centerpointehospital.com

Services Provided:

Addiction treatment offering a full continuum of care: detoxification, 4-week residential treatment, dual diagnosis, intensive outpatient program/partial hospitalization, medication-assisted recovery, family services, and aftercare

Contact Information:

4801 Weldon Spring Pkwy
St. Charles, MO 63304
Toll Free: 800-345-5407
Admissions: 636-477-2136

Payer Sources:

Medicare and accepts most commercial insurance

Hours of Operation:

Open 24 Hours

Services:

Pregnant women with substance use disorder

Centerstone Fellowship House Campus

centerstone.org

Services Provided:

Offers an array of services including Substance Use Prevention, Adult Inpatient/Outpatient Treatment, Detox Center, Adolescent Outpatient and Family Program. Services include assessment, referral, education, and individual and family counseling as well as provides alcohol and drug education, communication skills, introduction to Al-anon, co-dependency, and other relevant information for family/significant others affected by substance use

Contact Information:

800 N. Main St.
Anna, IL 62906
Phone: 877-467-3123

Hours of Operation:

Services available 24/7

Services:

Detox Center:
Men/Women 18+
Adult Inpatient: Only
Men 18+

Payer Sources:

Medicaid, State SUPR Grant

Substance Use Treatment Services

Residential/Inpatient Services

Chesnut Health Systems

chesnut.org

Services Provided:

Comprised of the following four core service areas: substance use treatment and prevention; mental health treatment and housing for persons with mental illness; applied behavioral research, training, and publications; primary care treatment and preventive services.

Payer Sources:

Medicaid, SUPR Contract

Contact Information:

12 N. 64th St.
Belleville, IL 62223
Phone: 618-397-0900

50 N. Gate Industrial Dr.
Granite City, IL 62040
Phone: 618-877-4420

Detox Center Open 24 Hours

Comprehensive Connections

comconnect.org

Services Provided:

Offers non-medical, medically monitored detox services and provides transportation to and from detox in 18 counties of Southern Illinois in addition to offering residential and outpatient treatment.

Payer Sources:

Medicaid

Services:

Adults that are a resident of Illinois. Proof of residency required.

Contact Information:

16338 N. IL Hwy 37
Mt. Vernon, IL 62864
Phone: 618-242-1510

Detox/Residential Option 4
Outpatient Option 3

Hours of Operation:

8:30AM - 4:30PM (M-F)

Detox Center Open 24 Hours

Gateway Foundation Drug and Alcohol Treatment

gatewayfoundation.org

Services Provided:

Offering a dual diagnosis treatment center to help those struggling with both addiction and mental illness. Multiple residential age groups. Includes the new Women's Trauma and Substance Use Disorder Program.

Payer Sources:

Medicaid, Some Private Insurance, Payment Plans, and State SUPR Contract

Services:

Adults & adolescents

Contact Information:

1080 E. Park St.
Carbondale, IL 62901
Phone: 877-381-6538 or
618-319-7523

Hours of Operation:

Services available 24/7

Substance Use Treatment Services

Residential/Inpatient Services

The Pavilion

pavilionhospital.com

Services Provided:

Based on the 12-step model, addiction treatment includes inpatient medical detoxification to help patients manage the acute withdrawal, dual diagnosis treatment for those struggling with substance abuse and mental health issues, and residential or partial hospitalization treatment.

Payer Sources:

Medicaid, Medicaid Managed Care, State Contract, and Most Private Insurances

Services:

Youth (12+) & Adults

Contact Information:

809 W. Church St.
Champaign, IL 61820
Toll Free: 800-373-1700
Local: 217-373-1700

Hours of Operation:

Free assessments
available 24/7

Union County Hospital

unioncountyhospital.com

Services Provided:

Detox: inpatient medical stabilization & withdrawal management services for adults with drug, alcohol, and related health issues. Can be admitted through the Emergency Room 24 hours a day.

Payer Sources:

Medicaid, Medicare, and Private Insurance

Services:

Adults

Contact Information:

517 N. Main St.
Anna, IL 62906
Phone: 618-833-4511

Hours of Operation:

8AM-5PM (M-F)



Family & Recovery Support Groups

Recovery-oriented care and recovery support systems help people with substance use disorders manage their conditions successfully.

Hardin County

Hardin County Gargoyle
TUES @ 7PM
United Methodist Church
303 Fifth St.
Rosiclare, IL 62982
Phone: 618-285-6914

Jackson County

Here's How Group
M/T/TH @ 12PM
Gaia House of Interfaith Center
913 S. Illinois Ave.
Carbondale, IL 62901
Phone: 618-549-7387

The Turning Point Group
TUES @ 5:30PM
Southern Illinois Center for
Independent Living
2135 W. Ramada Ln.
Carbondale, IL 62901
Phone: 618-457-3318

A New Way to Fly Group
WED @ 7PM
Murphysboro Group
SAT @ 10AM
United Methodist Church
1500 Pine St.
Murphysboro, IL 62966
Phone: 618-687-2317

Jackson County (cont.)

Wednesday Wonder's Men's
Group
WED @ 7:30PM
First Presbyterian Church
310 S. University Ave.
Carbondale, IL 62901
Phone: 618-549-2148

Keep It Simple Sister's
(Women)
THURS @ 6PM
St. Xavier Catholic Church
303 S. Poplar St.
Carbondale, IL 62901
Phone: 618-457-4556

Miracles Do Happen Group
THURS @ 6:30PM
The View Church
725 S. Lewis Ln.
Carbondale, IL 62901
Phone: 618-351-0811

The Wesley Foundation
FRI @ 8PM
816 S. Illinois Ave.
Carbondale, IL 62901
Phone: 618-457-8165

St. Francis Xavier Church
TUES @ 7:30PM
303 S. Poplar St.
Carbondale, IL 62901
Phone: 618-457-4556

The Potter's Group
SUN @ 2PM
First Baptist Church
206 2nd St.
Grand Tower, IL 62942
Phone: 618-565-2527

Park Street Meeting
MON @ 7PM
Gateway Foundation
1080 E. Park St.
Carbondale, IL 62901

Johnson County

The Renegades Group
MON @ 7PM
First Baptist Church
608 W. Main Street
Goreville, IL
Phone: 618-995-2127

There Is A Solution Group
WED @ 6PM
Vienna Group
THURS @ 7PM
U of I Extension Building
208 Main St.
Vienna, IL 62995
Phone: 618-658-5321

Pope County

Golden Circle Office
TUES @ 7PM
217 Adams St.
Golconda, IL 62938
Phone: 618-253-9163
Phone: 618-979-1099

Arrowleaf
MON @ 6PM
125 N. Market St.
Golconda, IL 62938
Phone: 618-658-3079

Saline County

First Presbyterian Church
Annex "Harrisburg AFG"
SUN - FRI @ 7PM
W/F @ 11:00AM
21 W. Locust
Harrisburg, IL 62946
Phone: 618-253-8955

Union County

Anna Downtown "G.H." Group
MON @ 7:00PM
Glum Lot We're Not Group
FRI @ 7PM
First Evangelical Presbyterian
Church
315 South St.
Anna, IL 62906
Phone: 618-833-5225

Family & Recovery Support Groups

Williamson County

Cartersville Lions Club

SUN @ 5PM & 7PM
300 E Illinois Ave.
Cartersville, IL 62918
Phone: 618-985-6868

Fellowship in Christ Church

SAT @ 6PM
1204 Pin Oak Dr.
Cartersville, IL 62918
Phone: 618-967-9575

First United Methodist Church

MON @ 7PM
301 Pine St.
Cartersville, IL 62918
Phone: 618-985-4511

Little Egypt Satellite Group

THURS @ 7PM
Helen Honey's Building
808 E. Herrin St.
Herrin, IL 62948
Phone: 618-988-8178

Little Egypt Group

TUES @ 7PM
First Presbyterian Church
421 N. 14th St. Herrin, IL 62948
Phone: 618-942-6176

Herrin Church of Christ

FRI @ 6PM
3101 S. Park St.
Herrin, IL 62948
Phone: 618-942-3413

First Christian Church

WED @ 7:30PM
2804 S. Park St.
Herrin, IL 62948
Phone: 618-942-2955

Herrin House of Hope

SAT @ 11AM
112 N. 14th St.
Herrin, IL 62948
Phone: 618-942-8500

Little Egypt Satellite Group

SUN @ 9:30AM
Herrin Hospital
201 S. 14th St.
Herrin, IL 62948
Phone: 618-942-2171

Marion Friendship Group

WED @ 8PM
Marion VA Medical Center
2401 W. Main St.
Marion, IL 62959
Phone: 618-997-5311

Friendship Group

SUN @ 9AM
Boyton Street Community Center
501 West Boyton St.
Marion, IL 62959
Phone: 618-997-1113

The Stable of the Darkhorse

THURS @ 10:30AM
210 E. Union St.
Marion, IL 62959
Phone: 618-969-7275

First United Methodist Church

M/TH @ 7PM
208 W. Main St.
Marion, IL 62959
Phone: 618-993-5421
Note Use rear entrance to basement

Twelve by Twelve Study Group

MON @ 7PM
Incommon Group
FRI @ 7PM
SOS- Serenity on Saturday
SAT @ 7PM
First United Methodist Church
208 West Main St.
Marion, IL 62959
Phone: 618-993-5421



Family & Recovery Support Groups

Al-Anon | (al-anon.org)

A group for family members/ friends concerned about a loved one's substance use. Provides an opportunity to learn from the experiences of others who have faced similar problems.

Jackson County

"Stepping Stones AFG"
WED @ 7PM
1618 Edith Street
Murphysboro, IL 62966
Phone: 618-687-2317
*Use door off of back parking lot-room 105

Saline County

First Presbyterian Church
Annex "Harrisburg AFG"
THURS @ 11AM
21 West Locust
Harrisburg, IL 62946
Phone: 618-253-8955

Williamson County

St. Francis Xavier Church
"Steps to Serenity AFG"
SUN @ 7PM
303 South Poplar Street
Carbondale, IL 62901
Phone: 618-457-4556

First Presbyterian Church
"Little Egypt AFG"
TUES @ 8PM
421 North 14th Street
Herrin, IL 62948
Phone: 618-942-6176

Gamblers Anonymous
gamblersanonymous.org/ga/
12 step recovery program for individuals with gambling problems.

Jackson County
United Methodist Church
THURS @ 6PM
1500 Pine St.
Murphysboro, IL 62966
Phone: 618-687-2317

Massac County
First United Methodist
THURS @ 6PM
100 E. 5th St.
Metropolis, IL 62960
Phone: 618-524-9325

SMART Recovery
smartrecoverytest.org/local
Mutual support meetings are free and open to anyone seeking science-based, self-empowered addiction recovery.

Saline County
Harrisburg Library
WED @ 2PM
THURS @ 6PM
2 West Walnut Street
Harrisburg, IL 62946
Phone: 618-638-8747

Celebrate Recovery
www.celebraterrecovery.com
Christian-based 12 step recovery program. Uses 8 recovery principles found in the Bible. Membership of the church not required.

Saline County
Harrisburg First Baptist
FRI @ 7PM
204 N. Main St.
Harrisburg, IL 62946
Phone: 618-252-7491

Williamson County
Christian Covenant Fellowship
SAT @ 6PM
1025 S. Division St.
Carterville, IL 62918
Phone: 618-985-4011

Cornerstone Church
WED @ 6:30PM
2705 Walton Way
Marion, IL 62959
Phone: 618-997-7884

Emergency Shelters & Domestic Violence Centers

Including short-term and long-term shelter assistance for individuals experiencing homelessness or fleeing from domestic violence. Provides abuse survivors and their children/families with immediate protection from danger and safe, emergency shelter and longer term transitional housing.

Bethany Village

Services Provided:

20-unit Bethany Village Transitions Apartments offer temporary and permanent, supportive housing, and assistance in transitioning from homelessness to homes. Families may stay in the transitions program up to 24 months or permanent supportive housing indefinitely. The Transitions Residency Program is highly structured, providing life-skills training, job training, work service, educational opportunities, and case management.

Contact Information:

414 E. Davie St.
Anna, IL 62906
Phone: 618-833-1777
Fax: 618-833-1610

Hours of Operation:

9AM-12PM & 1PM - 4PM (M-F)

Payer Sources:

Housing cost at 30% of income if someone has income

Services:

Women, men, and children. No couples.

Cairo Women's Shelter

Services Provided:

Offers emergency shelter, adult domestic violence counseling, assistance in obtaining orders of protection, children's counseling, assisting in independent living and provides transportation and referrals.

Contact Information:

911 Cedar St.
PO Box 911
Cairo, IL 62914
Phone: 618-734-4357

24/7 Crisis Line: 618-734-4357

Hours of Operation:

8:30AM - 5PM (M-F)

Payer Sources:

No fees

Services:

Men, women, and adults with children (up to 17 years of age)

Crisis line available 24/7

Carbondale Warming Center

cwcentered.org

Services Provided:

Connects individuals in crisis to resources to meet their immediate physical and/or financial needs. Provides shelter to those in need and connects individuals to long-term support services.

Contact Information:

608 E. College St.
Carbondale, IL 62901
Phone: 314-312-2539

Payer Sources:

No fees

Hours of Operation:

Shelter available 24/7

Services:

Women, men, and children.

Emergency Shelters & Domestic Violence Centers

Christian Community Compassion Center (4Cs)

4cshbg.org

Services Provided:

Connects individuals in crisis to resources to meet their immediate physical and/or financial needs. Provides a food pantry and homeless shelter to those in need.

Contact Information:

632 N. Jackson St.,
Harrisburg, IL 62946
Phone: 618-252-2374

Payer Sources:

No fees

Hours of Operation:

8AM-4PM (M-F)

Services:

Women, men, and children. No couples.

Good Samaritan

goodsamcarbondale.com

Services Provided:

Provides an emergency shelter, a transitional housing program, a soup kitchen, a food pantry, and an emergency assistance program. Testing positive for drugs and alcohol disqualifies admission.

Contact Information:

701 S. Marion St.
Carbondale, IL 62901
Phone: 618-457-5794
Fax: 618-549-5138

Payer Sources:

No fees.

Hours of Operation:

9AM - 5PM (M-F)

Services:

Women, men, and children.

Shelter is operational 24/7

Guardian Family Services

Services Provided:

Offers referrals for general assistance and domestic violence counseling along with assisting in obtaining orders of protection. Provides emergency shelter.

Payer Sources:

No fees

Services:

Women, Men, and Children. Shelter only accepts women and children.

Contact Information:

Hardin County Office
147 N. Main St.
Elizabethtown, IL 62931
Phone: 618-638-3447

Massac County Office

117 W. 10th St.
Metropolis, IL 62960
Phone: 618-524-4357

Pope County Office

125 N. Market St.
Golconda, IL 62938
Phone: 618-638-3447

Hours of Operation:

Open 24 hours

Emergency Shelters & Domestic Violence Centers

Lifeboat Alliance

lifeboatalliance.org

Services Provided:

Connects individuals in crisis to resources to meet their immediate physical and/or financial needs. Provides immediate shelter for those in need. Connects individuals to caseworkers daily and provides transportation for job interviews, work and medical appointments. Three meals a day are provided as well as access to a fully equipped laundry room.

Payer Sources:

No fees

Services:

Women, men, and children.

Contact Information:

1717 Jefferson Ave.
Mt Vernon, IL 62864
Phone: 618-244-4088

Hours of Operation:

Shelter operational 24/7

The Lighthouse Shelter

thelighthouseshelter.com

Services Provided:

Serves homeless as a faith-based organization dedicated to promoting the general welfare of the homeless in Southern Illinois. The shelter has three wings which serve up to 60 men, women, and families that can stay up to 30 days or later on a case-by-case basis. Drug and alcohol tests and background checks are required. May accept those with felonies.

Payer Sources:

No fees.

Services:

Women, men, and children.

Contact Information:

1101 N. Madison St.
PO Box 732
Marion, IL 62959
Phone: 618-993-8180
Fax: 618-997-3625

Hours of Operation:

8AM - 3PM (M-F)
Shelter Open 24/7

Intakes may be provided during the weekend for domestic violence cases.

Merryman House - Domestic Crisis Center

merrymanhouse.org

Services Provided:

36-bed emergency shelter, a central administration/counseling and dining area, and an outreach and counseling services building. Committed to improving the lives of those affected by domestic violence: women, men, and children. Assist victims to find refuge from the risk of death and serious physical injury, provide food and shelter, support them in court, and help them become financially stable and visibly strong

Payer Sources:

No fees

Services:

Women, men, and families

Contact Information:

PO Box 98
Paducah, KY 42002
Phone: 618-244-4088

Hours of Operation:

Shelter operational 24/7

The Night's Shield

thenightsshield.org

Services Provided:

The Night's Shield has been committed to providing a safe haven for children in need. Provides immediate shelter to those in crisis as well as transitional youth services. In addition, we have helped provide food, clothing, formula, diapers and other household needs to families in crisis within our local communities.

Payer Sources:

No fees

Services:

Youth and young adults ages 12 - 24. Women, men, and families with children. up to age 24.

Contact Information:

301 E. Garland St.
West Frankfort, IL 62896
Phone: 618-932-6400

Hours of Operation:

Shelter operational 24/7

Emergency Shelters & Domestic Violence Centers

River City Mission

rivercitymission.org

Services Provided:

Community & faith based organization in Paducah KY, that provides shelter to the homeless, food to the hungry, and provides opportunities for work and counseling.

Payer Sources:

No fees

Services:

Adults 18+

Contact Information:

1466 Bechtold Rd.
Paducah, KY 42003
Phone: 270-442-7921

Hours of Operation:

Shelter operational 24/7

Southern Illinois Coalition for the Homeless

sihomelesscoalition.org

Services Provided:

Provides assistance in obtaining permanent and transitional housing for low income and homeless families and singles including case management services. Services homeless or those at-risk of becoming homeless. Opportunities for housing are open to all sub-populations, including ex-felons and persons living with HIV/AIDS.

Payer Sources:

No fees for assistance. Rent is based on income; no fees up to 30% of income

Services:

Men, women, and families

Contact Information:

1009 W. Cherry St.
Marion, IL 62959
Phone: 618-993-0094

Executive Director:

Camille Dorris

Hours of Operation:

8AM - 6PM (M-TH)

The Survivor Empowerment Center

empoweringsurvivors.org

Services Provided:

Provides safe shelter, transportation, child care, parental services, employment assistance, economic assistance, education assistance, life skills, transitional housing, referrals, in-person and telehealth counseling, individual and group counseling, substance use services, crisis intervention, community education, advocacy services, and more.

Services:

All adults and adults with children in Franklin, Gallatin, Jackson, Johnson, Perry, Saline, Williamson, and Union Counties.

Payer Sources:

No fees

Contact Information:

Carbondale Center
610 S. Thompson St.
Carbondale, IL 62901
Phone: 618-549-4507
Fax: 618-529-1802

Harrisburg Office
540 N. Commercial St.
#192
Harrisburg, IL 62946
Phone: 618-294-8641

Marion Outreach Center
1111 Anker Dr.
Marion, IL 62959
Phone: 618-997-0949
618-993-0803

Hours of Operation:

Open 24/7

**24-Hour Hotline:
800-334-2094**

Clothing, Food, & Household Assistance

Local community and faith-based organizations providing outreach services to connect individuals and families to basic needs including food, hygiene products, clothing, and household goods.

Anna First Baptist Church

Services:
Union County

Services Provided:
Drive-thru food pantry.

Contact Information:
409 Morgan St.
Anna, IL 62906
Phone: 618-833-5416
Fax: 618-833-4156

Hours of Operation:
2nd Thursday starting at 11AM
until food is gone.

Anna United Methodist Church

Services:
Anyone

Services Provided:
Soup Kitchen and/or Food Pantry

Contact Information:
111 W. Monroe St.
Anna, IL 62906
Phone: 618-833-2234

Hours of Operation:
Every 3rd Tues. from
5PM - 6:30PM

Arrowleaf

Services:
Anyone

Services Provided:
Client-Choice Food Pantry and Community Closet including clothing and household items as donations allow.

Contact Information:
Alexander County Office
1401 Washington Ave.
Cairo, IL 62914

Johnson County Office
101 Oliver St.
Vienna, IL 62995

Phone: 618-658-3079
Fax: 618-658-2501

Hours of Operation:
8:30AM - 4:30PM (M-F)

Bethany Village

Services:
Anyone

Services Provided:
Food pantry and thrift shop on site. Offers clothing vouchers. Clothing at reasonable prices.

Contact Information:
414 E. Davie St.
Anna, IL 62906
Phone: 618-833-1777
bethanyvillageinc@gmail.com

Hours of Operation:
Food Pantry
9AM - 4PM (T-TH)
12PM - 2PM (W)

Thrift Shop
10AM - 5PM (M-F)
9AM - 1PM (SAT)

DCP: The Kitchen Table

Services:
Anyone

Services Provided:
The Kitchen Table is a soup kitchen that supplements families in need of food.

Contact Information:
1001 Washington Ave.
Cairo, IL 62914
Phone: 618-734-0178
618-734-9441

Hours of Operation:
11:30AM - 1PM (T-F)

Daystar Community Program

Services:
Southern Seven Counties

Services Provided:
Mobile food pantry, veteran's program, outreach, rental assistance, and help with medical bills. Identification of some kind required for each person in the household.

Contact Information:
909 Washington Ave.
Cairo, IL 62914
Phone: 618-734-0178

Hours of Operation:
9:30AM - 1PM (M/T/TH/F)

Clothing, Food, & Household Assistance

DCP: The Kitchen Table

Services:
Anyone

Services Provided:
The Kitchen Table is a soup kitchen that supplements families in need of food.

Contact Information:
1001 Washington Ave.
Cairo, IL 62914
Phone: 618-734-0178
618-734-9441

Hours of Operation:
11:30AM - 1PM (T-F)

Dongola First Baptist Church

Services:
Union County

Services Provided:
Food Pantry: no restrictions, can receive assistance once per month. Call Monday before date of pantry and give name, phone number, and number of people in household. All households may receive food once a month.

Contact Information:
203 E. Cross St.
Dongola, IL 62926
Phone: 618-827-4391

Hours of Operation:
10AM - 11AM on the 1st
Wednesday of the month

Faith Alive

Services:
Southern Seven Counties

Services Provided:
As funds are available, offers thrift store, emergency utility assistance, and emergency food services.

Contact Information:
112 N. 4th St.
Vienna, IL 62995
Phone: 618-658-7110
618-658-4501

Hours of Operation:
9AM - 3PM (TH/F)
9AM - 12PM (SAT)

Feed My Lambs Ministry

Services:
Massac County

Services Provided:
Food pantry

Contact Information:
818 W. 10th St.
Metropolis, IL 62960
Contact: Jim Davis
Phone: 618-309-2427
618-309-2562

Hours of Operation:
11AM - 6PM (TH)

First Baptist Church of Karnak

Services:
Pulaski County

Services Provided:
Food pantry

Contact Information:
309 E. Main St.
Karnak, IL 62956
Phone: 618-638-4676

Hours of Operation:
1st & 3rd Wednesdays
2PM - 4PM

First Baptist Church of Vienna

Services:
Johnson County

Services Provided:
Drive-thru food pantry. Photo ID, proof of income, and family size needed.

Contact Information:
301 N. 7th St.
Vienna, IL 62995
Phone: 618-658-3741

Hours of Operation:
Third Saturday of the Month
9AM - 11AM

Good Samaritan

Services:
Anyone

Services Provided:
The food pantry provides canned goods and perishables to people in need. Area churches and civic organizations provide food and augment federal commodities. The soup kitchen provides nutritionally balanced meals served three times a day, every day of the year, to residents of the emergency shelter as well as people from the community who are hungry.

Contact Information:
Food Pantry:
Kathleen Gallivan
University Baptist Church
700 S. Oakland St.
Carbondale, IL 62901
Phone: 618-457-0323

Soup Kitchen:
Coordinator: Aaron Barnett
701 S. Marion St.
Carbondale, IL 62901
Phone: 618-457-5794

Hours of Operation:
Food Pantry
9:30AM - 12:30PM (F)
Soup Kitchen
5:30PM (M-F)

Clothing, Food, & Household Assistance

Golden Circle

Services:

Adults starting at 60 years and disabled individuals 18 +

Services Provided:

Offers home delivered meals, legal assistance, in-home services, congregated meals, arranges transportation through RIDES for the senior center, and assists in managing senior health insurance programs.

Contact Information:

129 IL Route 146 E
Elizabethtown, IL 62931
Phone: 618-287-5590

217 S. Adams St.
Golconda, IL 62938
Phone: 618-683-7741
Fax: 618-683-6402

Hours of Operation:

8AM - 3PM (M-TH)
8AM - 2PM (F)
Congregated meals at the center every day at 11:30AM

Goreville Ministerial Alliance

Services:

Goreville Area

Services Provided:

Food pantry and thrift store. Nominal charges with waivers for emergencies

Contact Information:

114 S. Broadway St.
Goreville, IL 62939
Phone: 618-995-9360

Hours of Operation:

9AM - 4PM (T/TH)
9AM - 12PM (SAT)

Jesus Es El Senor Methodist Church

Services:

Anyone

Services Provided:

Drive-thru Food Pantry and Clothing. May receive food once per month. Spanish speaking available.

Contact Information:

7780 Old Highway 51N
Cobden, IL 62920
Phone: 618-893-2050
Email: jeescof@live.com

Hours of Operation:

Clothing:
1st Saturday from
9AM - 2PM

Food Pantry:

3rd Saturday
10AM - 12PM

Lighthouse Assembly of God

Services:

Massac County

Services Provided:

Drive-thru Food Pantry; must fill out a waiver and form with current address, phone number, and number in household.

Contact Information:

670 Airport Rd.
Metropolis, IL 62960
Phone: 618-524-2256

Hours of Operation:

2nd & 4th Tuesday of the Month
6PM - 7:30PM

Potters Church

Services:

Anyone

Services Provided:

Clothing and food pantry. Need to complete a proxy letter (provided at the pantry) in order to pick up for someone else.

Contact Information:

590 N. Mill St.
Cave-in-Rock, IL 62919
Phone: 618-289-4869

Hours of Operation:

Last Saturday of the month from 9AM - 11AM. Moved up one week if it lands on a holiday.

Salem Lutheran Church

Services:

Anyone

Services Provided:

Food pantry and free meals

Contact Information:

101 E. Market St.
Jonesboro, IL 62952
Phone: 618-833-0704

Hours of Operation:

Food Pantry:
2nd & 3rd Tuesdays
4PM - 5PM

Free Meal:

Last Wednesday
5PM - 6PM



Clothing, Food, & Household Assistance

Salvation Army

Services:
Johnson & Williamson Counties

Services Provided:
Thrift store and curbside food pantry. Need ID and proof of residency. Nominal charges at thrift store. No fees for food pantry.

Contact Information:
906 B Tower Square
Marion, IL 62959
Phone:
618-997-9355 (Thrift Store)
618-993-5854 (Food Pantry)

Hours of Operation:
Thrift Store:
9AM - 5PM (M-SAT)
Food Pantry:
9AM - 11:30AM (W/F)

Shawnee Development Council

Services:
Anyone

Services Provided:
Surplus Food/Commodities Distribution Program; food pantries to help reduce hunger among low-income individuals.

Contact Information:
Hardin County Outreach
147 N. Main St.
Elizabethtown, IL 62931
Phone: 618-287-7071

Pope County:
Housing Community Center
922 Adams St.
Golconda, IL 62938

Union County Outreach Office
(Choate Mental Health Center)
1000 N. Main St.
Anna, IL 62906
Phone: 618-833-7431

Hours of Operation:
Hardin County:
9:30AM - 2:30PM (W)

Pope County:
9:30AM - 12:30PM (T)

Union County:
9AM - 11AM & 1PM - 3PM (W)

Southern Pride Senior Program

Services:
Adults age 60 years old and disabled individuals 18+

Services Provided:
Congregated and home delivered meals, health and fitness programs, in-home respite, benefits applications, home visits, home modifications, nutritional education, transportation services, Medicare Part D assistance, family caregiver assistance, grandparents raising grand-children, etc. Suggested donation of \$3 per meal. Additional services have no fees.

Contact Information:
60 State Route 37N
Vienna, IL 62995
Phone: 618-658-9669
Fax: 618-658-8203

Hours of Operation:
8AM - 2PM (M-F)

Weaver Creek

Services:
Anyone

Services Provided:
Food pantry

Contact Information:
2997 North Ave.
Metropolis, IL 62960
Phone: 618-524-4863

Hours of Operation:
2nd Tuesday of the Month
9AM - 3PM



Medical Services

Dental Services

Don Akridge, DDS

Services Provided:
Offers general dentistry.
Payer Sources:
Payment plans, discount plans, and most dental insurances
Services:
Youth and adults.
Contact Information:
35 Old Bloomfield Rd.
Vienna, IL 62995
Phone: 618-658-9732

Aspen Dental

aspental.com
Services Provided:
Offers general dentistry.
Payer Sources:
Payment plans, discount plans, and most dental insurances
Services:
Youth and adults.
Contact Information:
2702 W. Deyoung St.
Marion, IL 62959
Phone: 618-993-9092
Hours of Operation:
8AM - 6PM (M-W)
10AM - 7PM (TH)
8AM - 2PM (F)
8AM - 3PM (SAT)

Barnes Family Dentistry

Services Provided:
Offers general dentistry.
Payer Sources:
Payment plans, discount plans, and most dental insurances
Services:
Youth and adults.
Contact Information:
901 N. Carbon St.
Marion, IL 62995
Phone: 618-993-3775
Hours of Operation:
8AM - 5PM (M-W)
8AM - 4PM (TH)

Brunk Family Dental Care

Services Provided:
Offers general dentistry.
Payer Sources:
Payment plans, discount plans, and most dental insurances
Services:
Youth and adults.
Contact Information:
805 Market St.
Unit B
Metropolis, IL 62960
Phone: 618-940-0542
Hours of Operation:
8AM - 5PM (T-TH)

Carterville Dental Center

cartervilledental.com
Services Provided:
Offers general dentistry, oral surgery, Invisalign, dentures, and more.
Payer Sources:
Payment plans, discount plans, and most dental insurances
Services:
Youth and adults.
Contact Information:
501 Plaza Dr.
Suite 1
Carterville, IL 62918
Phone: 618-985-2400
Hours of Operation:
8AM - 5PM (M-TH)

Dogwood Dental Care

Services Provided:
Offers general dentistry and Invisalign
Payer Sources:
Payment plans, discount plans, and most dental insurances
Services:
Youth and adults.
Contact Information:
1111 E. Walnut Street
Suite A1
Carbondale, IL 62901
Phone: 618-529-2471
Hours of Operation:
8AM - 5PM

Dennis Fredrickson, DMD

Services Provided:
Offers general dentistry.
Payer Sources:
Payment plans, discount plans, and most dental insurances
Services:
Youth and adults.
Contact Information:
1001 E. Main St. Suite 3A,
Carbondale, IL 62901
Phone: 618-457-2522
Hours of Operation:
8AM - 4PM (M/W/F)
7AM - 4PM (T/TH)

Hardin County Dental Clinic - CHESI

chesi.org
Services Provided:
Offers general dentistry
Payer Sources:
Medicaid, most dental insurances, self-pay and sliding fees
Services:
Youth and adults
Contact Information:
226 Main St.
Rosiclare, IL 62982
Phone: 618-285-3930
Fax: 618-285-3931
Hours of Operation:
8AM - 4PM (M/W/TH)
8AM - 12PM
(Friday - Hygiene Only)

Medical Services

Dental Services

Harrisburg Community Health Center - CHESI

chesi.org

Services Provided:

Offers general dentistry

Payer Sources:

Medicaid and most insurance plans

Services:

Youth and adults.

Contact Information:

205 N. Main St.

Harrisburg, IL 62946

Phone: 618-253-8450

Fax: 618-253-8454

Hours of Operation:

8AM - 4PM (M-TH)

8AM - 12PM (F)

Hughes Dental Arts Centre

hughesdentalarts.com

Services Provided:

Offers general dentistry

Payer Sources:

Medicaid and most insurance plans

Services:

Youth and adults.

Contact Information:

501 Rushing Dr.

Herrin, IL 62948

Phone: 618-993-3100

Hours of Operation:

8AM - 4PM (M/W)

7AM - 4PM (T/TH)

Jammie Stricklin, DDS

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances and self-pay

Services:

Youth and adults

Contact Information:

300 Small Street #D

Harrisburg, IL 62946

Phone: 618-252-1725

Fax: 618-252-5437

Hours of Operation:

8AM - 5PM (M-TH)

John Shelton, DMD

Services Provided:

Offers general dentistry, root canals, implants, etc.

Payer Sources:

Care Credit, self-pay, and most dental insurances

Services:

Youth and adults

Contact Information:

1015 Market St.

Metropolis, IL 62960

Phone: 618-524-8011

Fax: 618-524-5129

Hours of Operation:

8AM - 5PM (M/W/TH)

8AM - 6PM (T)

Marion Dentures & Dental

Services Provided:

Offers general dentistry and dentures

Payer Sources:

Most dental insurances and self-pay

Services:

Youth and adults.

Contact Information:

210 E. Deyoung St.

Marion, IL 62959

Phone: 618-993-7505

Fax: 618-993-6756

Hours of Operation:

9AM - 5PM (M-F)

Marion Family Dentistry

marionfamilydentistry.com

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances and self-pay

Services:

Youth and adults.

Contact Information:

1504 Sioux Dr.

#5209

Marion, IL 62995

Phone: 618-997-0127

Hours of Operation:

8:30AM - 5PM (M-F)

Massie Dental

massiedental.com

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances and self-pay

Services:

Youth and adults.

Contact Information:

200 N. Giant City Rd.

Carbondale, IL 62902

Phone: 618-529-2711

Hours of Operation:

8AM - 6PM (M/TH)

8AM - 5PM (T/W)

8AM - 4PM (F)

Mowery Family Dentistry

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances and self-pay

Services:

Youth and adults.

Contact Information:

310 Lick Creek Rd.

Anna, IL 62906

Phone: 618-833-2411

Hours of Operation:

8AM - 5PM (M-F)

Medical Services

Dental Services

Robin Wetherell, DMD

Services Provided:

Offers general dentistry

Payer Sources:

Most dental insurances

Services:

Youth and adults.

Contact Information:

805 N. 1st. St.

Vienna, IL 62995

Hours of Operation:

8AM - 5PM (M-TH)

Rural Health Inc.

ruralhealthinc.com

Services Provided:

Prevention is a primary focus of a dental program that offers a variety of services including general dentistry.

Payer Sources:

Medicaid and most insurance plans, sliding fees

Services:

Youth and adults.

Contact Information:

[Anna-Main Site](#)

513 N. Main St.

Anna, IL 62906

Phone: 618-833-4475

Fax: 618-833-3764

Hours of Operation:

7:30AM - 5PM (M/W/F)

8AM - 5PM (T/TH)

Shawnee Health Service

shawneehealth.com

Services Provided:

Offers a variety of services including general dentistry.

Payer Sources:

Medicaid and most insurance plans, sliding fees

Services:

Youth and adults.

Contact Information:

402 S. Lewis Ln.

Carbondale, IL 62901

OR

6115 Williamson County Pkwy

Marion, IL 62959

Phone: 618-529-9200

Hours of Operation:

7:30AM - 5PM (M/W/F)

8AM - 5PM (T/TH)

SIU Dental Hygiene Clinic

Services Provided:

Students offer general dentistry; exams, cleanings, x-rays, etc.

Payer Sources:

Fee for service only. Sliding fee scales

Services:

Youth and adults.

Contact Information:

1365 Douglas Dr.

Carbondale, IL 62901

Phone: 618-453-8826

Fax: 618-453-8827

Hours of Operation:

8AM - 5PM (M-F)

Fall & Spring Semesters

University Place Dental

Services Provided:

Offers general dentistry including implants, extractions, and root canals

Payer Sources:

Care Credit, self-pay, and most dental insurances

Services:

Youth and adults

Contact Information:

1366 E. Main St.

Carbondale, IL 62901

Phone: 618-440-5814

Fax: 618-549-0182

Hours of Operation:

8AM - 6PM (M)

7AM - 5PM (T/W)

8AM - 5PM (TH)

8AM - 12PM (F)



Medical Services

Vision Services

Brush Optometrist

brushoptical.com

Services Provided:

Offers patients of all ages comprehensive eye exams, eyeglass fittings, contact lenses and treatment of eye diseases and conditions including LASIK pre- and post-op surgical care.

Payer Sources:

Medicaid, Medicare, most vision insurance plans, and self-pay options

Services:

Adults, youth, and infants.

Contact Information:

1801 E. 5th St.
Metropolis, IL 62960
Phone: 800-851-3601

Hours of Operation:

9AM - 6PM (M/W/F)
10AM - 7PM (T)
9AM - 5PM (TH)

Saturday By Appointment

Complete Family

Eyecare

Services Provided:

Offers services in eye resources, contact lenses, lenses and frames, and eye health & disease.

Payer Sources:

Most insurances, Medicaid, self-pay, and payment plans

Services:

Youth, adults, and infants.

Contact Information:

960 S. Commercial St.
Harrisburg, IL 62946
Phone: 618-253-7057
Fax: 618-252-1632

Hours of Operation:

8AM - 5PM (M/W/F)
8AM - 6PM (T/TH)

Marion Eye Center

marioneye.com

Services Provided:

A comprehensive practice offering cataract surgery, laser vision correction, eye care, corneal transplant surgery, oculoplastic surgery, & disease care.

Payer Sources:

Medicaid, most vision insurances, & self-pay

Services:

Adults, youth, & infants

Contact Information:

Anna Location

165 Plaza Dr.
Anna, IL 62906
Phone: 618-833-8359
Fax: 618-833-8365

Carbondale Location

1001 N. Beadle Dr.
Carbondale, IL 62901
Phone: 618-549-2282
Fax: 618-549-6017

Harrisburg Location

5 Eye Center Dr.
Harrisburg, IL 62946
Phone: 618-252-5377
Fax: 618-252-3028

Herrin Location

321 S. Park Ave.
Herrin, IL 62948
Phone: 618-942-2900
Fax: 618-942-4199

Marion Location

1200 W. Deyoung St.
Marion, IL 62959
Phone: 618-993-5686
Fax: 618-997-5505

Vienna Location

1005 W. Vine St.
Vienna, IL 62995
Phone: 618-658-2195
Fax: 618-658-3094

Jacob and Crabtree: The Doctors of Optometry

Services Provided:

Specializes in general optometry, ocular disease, and contact lens services.

Payer Sources:

Accepts some vision insurances, payment plans (requires half to be paid at start of services)

Services:

Adults, youth, and infants.

Contact Information:

Anna Location
316 S. Main St.
Anna, IL 62906
Phone: 618-833-3777

Carbondale Location

1001 N. Beadle Dr.
Carbondale, IL 62901
Phone: 618-529-4817

Herrin Location

223 N. Park Ave.
Herrin, IL 62948
Phone: 618-942-6887

Marion Location

1508 N. Sioux Dr.
Marion, IL 62959
Phone: 618-993-8787

Hours of Operation:

8AM - 5PM (M-F)

Herrin Location

9AM - 5PM (T-TH)

Medical Services

Vision Services

Moreland Eye Care

morelandeyecare.com

Services Provided:

A full-scope optometric practice offering primary eye care including spectacle and specialty contact lenses and ocular disease management.

Payer Sources:

Medicare, most vision and medical insurances

Services:

Youth, adults, and infants.

Contact Information:

100 Peach Ridge Rd.
Anna, IL 62906
Phone: 618-833-9208

Emergency Contact:

618-521-9679

Hours of Operation:

8AM - 7PM (M)
8AM - 5PM (T/TH/F)

Vision Works / Doctors of Optometry

visionworks.com

Services Provided:

Provides glasses, contact lenses, and comprehensive eye exams.

Payer Sources:

Most insurances.

Services:

Youth, adults, and infants.

Contact Information:

3910 Hinkleville Rd
Paducah, KY 42001
Phone: 270-443-2090

3042 William St

Cape Girardeau, MO 63701
Phone: 573-339-2008

Hours of Operation:

9AM - 7PM (M-F)
9AM - 4PM (SAT)



Medical Services

Hospitals

Baptist Health

baptisthealth.com

Services Provided:

Offers comprehensive services such as emergency care, laboratory, imaging & diagnostics, rehabilitation, heart care, mother & baby care, women's services, neuroscience and stroke care, respiratory therapy, health information, and risk management.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

2501 Kentucky Ave.
Paducah, KY 42003
Phone: 270-575-2100

Hours of Operation:

11AM - 9PM (Visiting Hours)
Open 24/7

Carbondale Memorial Hospital

sih.net

Services Provided:

Offers comprehensive services featuring cancer care (treatment and diagnostic), birthing center, heart and vascular, weight loss, neurosciences, rehabilitation, and plastic surgery.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

405 W. Jackson St
Carbondale, IL 62901
Phone: 618-549-0721
Fax: 618-529-0449

Hours of Operation:

12PM - 8:30PM (Visiting Hours)
Open 24/7

Ferrell Hospital

ferrellhosp.org

Services Provided:

Offers comprehensive services such as breast services, diabetes, digestive/gastro services, emergency care, heart care, imaging/radiology, lab services, pain management, podiatry, rehabilitation services, respiratory/pulmonary services, rheumatology services, urology and wound care.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Contact Information:

1201 Pine St.
Eldorado, IL 62930
Phone: 618-273-3361
Fax: 618-273-2571

Hours of Operation:

8AM - 8PM (Visiting Hours)
Open 24/7

Services:

All ages

Medical Services

Hospitals

Hardin County General Hospital

ilhcggh.org

Services Provided:

Offers comprehensive services such as emergency care, laboratory, radiology, rehabilitation, respiratory therapy, health information, risk management, medical/nursing, dietary, and social services.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

6 Ferrell Rd.
Rosiclare, IL 62982
Phone: 618-285-6634
Fax: 618-285-3564

Hours of Operation:

Visiting Hours vary
Open 24/7

Harrisburg Medical Center

harrisburgmc.com

Services Provided:

Accelerated therapy center, home health, laboratory, radiology, respiratory therapy, surgery, cardiology services, in-patient dialysis, pain management, STAT heart program, hospitalist program, cardiac rehabilitation, stroke program, urology, and wound care.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

100 Dr. Warren Tuttle Dr.
Harrisburg, IL 62946
Phone: 618-253-7671
Fax: 618-253-0198

Hours of Operation:

8AM - 8PM (Visiting Hours -
No Children Under 12)
Open 24/7

Heartland Regional Medical Center

heartlandregional.com

Services Provided:

Community healthcare provider and 98-bed facility offering a comprehensive range of health and hospital services to the residents of greater Williamson County including diagnostic, medical, surgical, and emergency services.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

13333 W. Deyoung St.
Marion, IL 62959
Phone: 618-998-7000

Hours of Operation:

Visiting Hours
8AM - 2PM
4PM - 6PM
8PM - 8:30PM

Open 24/7

Medical Services

Hospitals

Herrin Hospital - SIH

sih.net

Services Provided:

Offers comprehensive services featuring rehabilitation and emergency services such as: Chest Pain Center, cancer care (treatment and diagnostic), birth center, weight loss, neuroscience, and plastic surgery.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

201 S. 14th St.
Herrin, IL 62948
Phone: 618-942-2171

Hours of Operation:

12PM - 8:30PM
(Visiting Hours)
Open 24/7

Massac Memorial Hospital

massachealth.org

Services Provided:

Offers comprehensive services such as outpatient clinic, cardiopulmonary, emergency medicine, inpatient care, laboratory, radiology, cardiac rehab, rehabilitation services, transitional care, sleep disorders, New Beginnings and outpatient surgery.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

28 Chick St.
Metropolis, IL 62960
Phone: 618-524-2176

Hours of Operation:

8AM - 8:30PM
(Visiting Hours)

Open 24/7

Mercy Health - Lourdes Hospital

mercy.com

Services Provided:

Offers an encompassing set of services with featured services in: primary care and family medicine, heart and vascular care, orthopediatrics, sports medicine, spinal care, cancer care, and oncology.

Payer Sources:

Most medical insurances, financial assistance, may accept Medicaid

Services:

All ages

Contact Information:

1530 Lone Oak Rd.
Paducah, KY 42003
Phone: 270-444-2444

Hours of Operation:

11AM - 8:30PM
(Visiting Hours)

Open 24/7

Medical Services

Hospitals

Southeast Health Hospital

sehealth.org

Services Provided:

Offers services in brain and spine, cancer, children's services, heart and vascular, orthopedics, rehabilitation services, women's services, and imaging and radiology.

Payer Sources:

Illinois Medicaid for ER visits, Medicare, & most insurances

Services:

All ages

Contact Information:

1701 Lacy St.
Cape Girardeau, MO 63701
Phone: 573-334-4822

Hours of Operation:

11AM - 8:30PM
(Visiting Hours)

Open 24/7

St. Francis Medical Center

sfmc.net

Services Provided:

Offers a wide array of comprehensive services such as cancer treatment, heart health, emergency medicine, women and children's services, orthopedic services, etc.

Payer Sources:

Most insurances, Medicare, self-pay, payment plans, and accepts limited Illinois Medicaid

Services:

All ages

Contact Information:

211 Saint Francis Dr.
Cape Girardeau, MO 63703
Phone: 618-524-2176

Hours of Operation:

8AM - 8PM
(Visiting Hours)

Open 24/7

Union County Hospital

unioncountyhospital.com

Services Provided:

Services include cardiac care, chest pain center, care clinic and family practice, emergency services, general surgery, infusion services center, medical drug and alcohol detox, pain management, podiatry services, and pulmonary and respiratory health.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Contact Information:

517 N. Main St.
Anna, IL 62906
Phone: 618-833-4511

Hours of Operation:

11AM - 8PM
(Visiting Hours)

Open 24/7

Medical Services

Primary Care

CHESI Clinic

chesi.org

Services Provided:

Offers a broad range of medical and dental services including general practice, internal medicine, pediatrics, obstetrics-gynecology, well women care, podiatry, radiology, certified high complexity, laboratory, mammography, nutritional counseling, clinical social work/counseling, bone densitometry, respiratory therapy and a Wellness on Wheels van.

Payer Sources:

Medicaid, Medicare, most insurances, self-pay, and sliding fee grant

Services:

All ages

Contact Information:

Cairo Megaclinic

13245 Kessler Rd.
Cairo, IL 62914
Phone: 618-734-4400
Hours: 8AM - 6PM (M)
8AM - 5PM (T-F)

Hardin County Medical

IL Route 146
Building 2
Elizabethtown, IL 62931
Phone: 618-287-6191
Hours: 8:30AM - 5PM (T/TH)

Pope County Clinic

217 S. Adams St.
Golconda, IL 62938
Phone: 618-683-3781
Hours: 8:30AM - 5PM
(M/W/F)

Pulaski County Clinic

100 Market St.
Pulaski, IL 62976
Phone: 618-342-6767
Hours: 9AM - 5PM (W)

Tamms Health Center

290 Railroad St.
Tamms, IL 62988
Phone: 618-747-2391
Hours: 9AM - 5PM (M-TH)

Additional Sites Available

Christopher Rural Health - Eldorado

crhpc.org

Services Provided:

To provide accessible, comprehensive, quality health care to all within the communities we serve.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Contact Information:

1401 US Hwy 45 North
Eldorado, IL 62930
Phone: 618-273-2951
Fax: 618-273-2726

Hours of Operation:

7AM - 5PM (M/TH)
7:30AM - 6PM (T)
7:30AM - 5PM (W/F)

Hardin County General Hospital - Clinic

ilhcg.org

Services Provided:

Offers services in family practice, daycare, sports, school, Department of Transportation and employment physicals, therapeutic injections, referrals to specialists, well baby checks, and child and adult immunizations.

Payer Sources:

Medicare, Medicaid, private insurance, sliding fee scale, and discounts available

Contact Information:

6 Ferrell Rd.
Rosiclare, IL 62982
Phone: 618-285-2800
Fax: 618-285-2804

Hours of Operation:

9AM - 5PM (M-F)

Services:

All ages

Massac Memorial Clinic

massachealth.org

Services Provided:

Provides services to treat minor cuts, minor injuries, infections, rashes, general health, chronic disease management, small wound debridement, and school and sports physicals.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Contact Information:

1204 W. 10th St.
Metropolis, IL 62960
Phone: 618-524-3572

Hours of Operation:

8AM - 4:30PM (M-F)

Medical Services

Primary Care

Rural Health

ruralhealthinc.org

Services Provided:

Services include primary care services, immunizations, well and sick child care, family planning, school and sports physicals, health maintenance, chronic disease management, behavioral health services, pregnancy testing, infant and child development screening, health education, immunizations, and social services.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Contact Information:

Anna Clinic (Main Site)

513 N. Main St.

Anna, IL 62906

Phone: 618-833-4471

Fax: 618-833-6267

Hours: 8:30AM - 5PM (M/W/F)

8:30AM - 8PM (T/TH)

8AM - 2PM (SAT)

Dongola Medical Clinic

318 N. Old Hwy 51

Dongola, IL 62926

Phone: 618-827-3545

Fax: 618-827-4891

Hours: 8:30AM - 5PM (M-W/F)

8:30AM - 8PM (TH)

Goreville Medical Clinic

400 S. Broadway

Goreville, IL 62939

Phone: 618-995-1002

Fax: 618-995-1133

Hours: 8:30AM - 5PM (M/W-F)

8:30AM - 7PM (T)

Metropolis Clinic

1003 E. 5th St.

Metropolis, IL 62960

Phone: 618-524-7499

Fax: 618-524-7509

Hours: 8:30AM - 5PM (M/W-F)

8:30AM - 7PM (T)

Vienna Medical Clinic

803 N. 1st St.

Vienna, IL 62995

Phone: 618-658-2811

Fax: 618-658-2439

Hours: 8:30AM - 5PM (M/W-F)

8:30AM - 8PM (T)

Shawnee Health Care

shawneehealth.com

Services Provided:

Provides urgent care services to treat minor cuts, minor injuries, infections, and rashes, as well as comprehensive pediatric, adolescent, and adult health management. Services include medication management, counseling, physicals, lab services, women's health and gynecology, and more.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Hours of Operation:

8AM - 4:30PM (M-F)

Contact Information:

404 S. Lewis Ln.

Carbondale, IL 62901

1006 S. Division St.

Cartersville, IL 62918

3111 Williamson County

Pkwy, Marion, IL 62959

Phone: 618-519-9200

Southern Illinois Healthcare - SIH

sih.net

Services Provided:

Offers services in pediatrics, immunizations, well child exams, adolescent care, gynecology and women's health, minor procedures, cryosurgery, radiology services, lab services, school and sports physicals, counseling, psychotherapy, and EKGs.

Payer Sources:

Medicare, Medicaid, private insurance, and financial assistance

Services:

All ages

Contact Information:

Herrin Location

405 Rushing Dr.

Herrin, IL 62948

Phone: 618-993-3300

Hours: 8AM - 4:30PM (M-F)

Anna Location

98 Peach Ridge Rd.

Anna, IL 62906

Phone: 618-614-1400

Hours: 8AM - 4:30PM (M-F)

Harrisburg Location

117 E. Clark St.

Harrisburg, IL 62946

Phone: 618-252-8625

Hours: 8AM - 8PM (M-TH)

8AM - 5PM (F)

8AM - 4PM (SAT)

Carrier Mills Location

7211 US Hwy 45S

Carrier Mills, IL 62917

Phone: 618-252-8625

Hours: 8AM - 8PM (M-TH)

8AM - 5PM (F)

8AM - 4PM (SAT)

Transportation

Independent and public transportation organizations
serving the southern seven counties of Illinois

RIDES Mass Transit

ridesmtd.com

Services Provided:

Provides door to door and established route service. The fleet consists of lift equipped and ramped vehicles making the system fully accessible. Serves Hardin, Pope, Saline, and Gallatin along with additional southern and central Illinois counties. All vehicles are wheelchair accessible.

Payer Sources:

Medicaid
In-County OneWay Case Fares: Adults (11+): \$2
Children (6-10), Persons with Disabilities/60+: \$1
Children (0-5): Free
Additional passes available

Services:

All ages. Some minors may need to be accompanied by an adult.

24 Hour Advance Registration Suggested

Contact Information:

Administration
30 Veterans Dr.
Harrisburg, IL 62946
Phone: 618-253-8761
Fax: 618-252-2754

Saline County Call Center

1310 Frank Leberman Rd.
Harrisburg, IL 62946
Phone: 618-252-4662
Fax: 618-252-2168

Schedule a Ride:

844-220-1243

Hours of Operation:

6AM - 3PM (M-F)
6AM - 12PM (SAT)

Shawnee Mass Transit

shawneemtd.com

Services Provided:

Offers shuttle service in Anna, Jonesboro, Metropolis, and Vienna. Also offers shuttle routes from Cape to Cairo and from Carbondale to Cairo. Monthly passes available. All vehicles are wheelchair accessible.

Payer Sources:

Medicaid
Monthly Shuttle Pass: \$30
Senior Citizens and/or Veterans: \$20
Inter-City Fare: \$3
In-Town Service Fare: \$1

Services:

All ages. Some minors may need to be accompanied by an adult.

24 Hour Advance Registration Suggested

Contact Information:

100-102 Smart Dr.
Vienna, IL 62995
Phone: 618-658-8380
Toll Free: 866-577-6278
Fax: 618-658-8398

Hours of Operation:

7:30AM - 4PM (M-F)

Dispatch Hours:

6AM - 5PM (M-F)
8AM - 2PM (SAT)



Referral Form

Complete information requested below and select any/all services you may be interested in receiving. Submit completed form by any of the following options:

Once a referral submission has been received, you will receive a response within 48 business hours. If you feel that you need immediate assistance, please contact Arrowleaf at its 24/7 Crisis Hotline at 618-658-2611 or call 911.

Drop off/mail to either location:

Arrowleaf
101 Oliver St.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2501

Arrowleaf
300 Red Bud Ln.
Vienna, IL 62995
Phone: 618-658-3079
Fax: 618-658-2759

Submit electronically via email to: info@myarrowleaf.org

Submit electronically via website submission at:
<https://myarrowleaf.org/southern-illinois-community-resource-guide>

NAME: _____ **DATE OF REFERRAL:** _____

PHONE NUMBER: _____ **EMAIL:** _____

PARENT/GUARDIAN NAME (OPTIONAL): _____

PARENT/GUARDIAN PHONE NUMBER (OPTIONAL): _____

SERVICE REFERRED TO/INTERESTED IN: _____
