



MCDAC ROSC

Strategic Plan

The ROSC in Massac County has discovered five gaps across the continuum of care concerning recovery support through our community needs assessment, a public survey, and key interviews with stakeholders and local agencies. The gaps found include: minimal peer support groups and services, housing, transportation, stigma, residential treatment/detox available beds.

1. Increase peer recovery support services and recovery group meetings in Massac County.

Goal 1: Increase recovery meetings available in Massac County in both number and diversity by two before April 2024.

Strategy:

- a. Continue to involve and encourage PLE involvement in the ROSC and its goals in order to find an individual to facilitate a new meeting.
- b. Connect individuals with facilitator training opportunities.
- c. Support individuals in finding a location to hold meetings.
- d. Provide materials to get a new meeting started.

Goal 2: Initiate a recovery support group meeting in the Massac County Jail by August 2024.

Strategy:

- a. Continue existing relationships with the Sheriff's Office and county jailer and discuss benefits of recovery support groups for incarcerated individuals.
- b. Find an individual to facilitate meetings.
- c. Foster connection between potential facilitator and Sheriff's Office and county jailer.

- d. Provide materials for approved recovery support group meetings.

Goal 3: Increase Certified Peer Recovery Support Specialists in Massac County by three before January 2025.

Strategy:

- a. Utilize IL Recovery Corps to provide positions for recovery navigators in order to get local PLE training.
- b. Inform involved PLE's of CRSS SUCCESS programs at universities across the state and support in the application process.

2. Increase housing availability for individuals in recovery.

Goal 1: Develop a "Recovery-Friendly Rental" landlord list by June 2024.

Strategy:

- a. Develop relationships with with local landlords and realtors, encouraging involvement in the ROSC.
- b. Give PLE's opportunities to share their recovery journey with landlords and realtors in order to reduce stigma and increase buy-in.

Goal 2: Initiate Oxford House in Massac County by January 2025.

Strategy:

- a. Continue to foster connection and relationship with Oxford House IL Outreach Coordinator and relevant community stakeholders.
- b. Include discussions concerning Oxford House in meetings when applicable.
- c. Be looking for new ROSC Council members that may be interested in investing in property to partner with Oxford House Inc.
- d. Get buy-in and support from the general community by continuing to advocate for the need and potential of transitional sober housing.

3. Implement reliable and efficient transportation to aid in increased recovery capital for individuals and fill this gap in Massac County.

Goal 1: Lease/Purchase a vehicle by January 2025.

Strategy:

- a. Research options to find the most financially sound route, purchasing vs. leasing.
- b. Make contact with dealerships concerning desired terms and work on agreeable contract to meet the needs.
- c. Work with local insurance agency to insure transportation vehicle appropriately.

Goal 2: Develop transportation program to meet most prevalent needs for individuals in or seeking recovery by January 2025.

Strategy:

- a. Map out routes for most efficient way to transport individuals to court, probation, and/or support meetings.
- b. Hire a committed individual to be the driver.

4. Decrease stigma surrounding substance use/recovery across Massac County.

Goal 1: Complete three community education/trainings presentations on substance use and/or recovery by March 2024.

Strategy:

- a. Target audiences to boost lacking ROSC sectors, like the faith community.
- b. Narcan training at local civic groups, churches, and businesses.
- c. Hold an open forum community education on substance use and the effects it has on children (Drug Endangered Children).

Goal 2: Run "Recover Out Loud" Campaign featuring six local individuals recovery story by July 2024.

Strategy:

- a. Get PLE's with the desire to share their story in this way.
- b. Establish outline to reach the overarching goal of decreased stigma.
- c. Speak with Metropolis Planet about featuring these stories, as well as social media.

Goal 3: Produce two new stigma reduction campaign featuring different recovery positive messages by January 2025.

Strategy:

- a. Create a new ad for billboard lease renewal.
- b. Create and run social media ads.
- c. Create new recovery positive message for magnets, stickers, and window clings to distribute to local businesses and community supporters.

5. Increase accessibility to treatment for individuals ready to seek recovery.

Goal 1: Increase local awareness of available treatment centers in surrounding areas by February 2024.

Strategy:

- a. Establish relationships with these centers and obtain information concerning their programs.
- b. Add new center's information to resource sheets and disseminate at local events.

- c. When individuals are accepted into centers connect them with transportation.

Goal 2: Present to local potential stakeholders alongside mental health professionals concerning the possibility of crisis/detox beds being made available by June 2025.

Strategy:

- a. Continue developing relationship with potential stakeholders and encourage participation in the ROSC.
- b. Meet with local mental health professionals to prepare a presentation.
- c. Schedule meeting to involve all stakeholders concerning the potential for crisis beds being made available in Massac County.