



**MASSAC COUNTY ROSC
RESOURCE ASSESSMENT
FY24**

The purpose of the following resource assessment is to evaluate and identify the available resources within the community that support individuals in their journey to recovery from substance use and mental health challenges. The assessment aims to provide a clear understanding of the existing strengths, gaps, and opportunities within the local system of care.

MASSAC COUNTY DEMOGRAPHICS

Massac County's population is 14,169. The population is 89.9% white, 6.5% black, 3.1% Hispanic, 2.5% more than one race, 0.6% American Indian/Alaskan Native, and 0.5% Asian. As far as age, 5.4% are under 5, 21.3% are under 18, and 21.6% are 65 and over.

In regards to education, 87.3% have a high school diploma and 13.1% have a Bachelor's degree or higher. The number of people living in poverty is 16.5%. The Illinois Health Ranking for Massac county is 95 out of 102 counties for Health Outcomes. The population decreased by 8.2% from 2010 to 2020. The unemployment rate for November 2022 was 4.9%.

Resources

Recovery Support Services & Groups

- MCDAC Recovery Resource Center-Peer Recovery Support Services
- Alcoholics Anonymous - There are two separate A.A. meetings in different locations that are available three evenings a week.
- Narcotics Anonymous- There are two NA meeting in Massac County that is offered in the evening two days a week.
- 3D Life Recovery- 3D is a faith-based recovery program with meetings one evening a week.

Medication Assisted Recovery

- Rural Health, Inc.
- Massac Memorial Hospital Integrated Care

Substance Use Disorder Treatment

- Massac County Mental Health (MCMH) has an outpatient SUD counseling program.
- MAR is offered by two local agencies Rural Health & MMH Integrated Care (listed above)
- Arrowleaf (located in Johnson County) offers Substance Use Prevention and Recovery outpatient programs and serves Massac County residents.
- Massac County does not have an in-patient center, however there are locations within a 50-mile radius
 - Gateway Foundation-Carbondale, IL
 - Fellowship House-Anna, IL
 - Lifeline Recovery Centers-Paducah, KY
 - Center Point-Paducah, KY

Naloxone Training & Distribution

- Massac County Drug Awareness Coalition- Registered D.O.P.P. Provider
- Massac County Mental Health-Registered D.O.P.P. Provider
- Southern 7 Health Department

Health Care Providers

- Massac Memorial Medical Clinic
- Rural Health INC.
- Southern 7 Health Department
- Baptist Health Clinic

Mental Health Providers

- Massac County Mental Health (MCMH)
- Arrowleaf (located in Johnson County)

Domestic Violence Assistance

- Guardian Family Services

Prescription Medication Disposal

- Massac County Sheriff's Office
- Massac County Drug Awareness Coalition has provided free drug disposal (deactivation) bags at several locations across Massac County.
- Massac County regularly participates in the DEA's drug take back days.

Job Training

- General Assistance- Offers an Employment and Training Program through SNAP

Identified Strengths

- Local Hospital with existing involvement in recovery and prevention efforts.
- Local MAT Program
- Mental Health Clinic with multiple levels of treatment and programming, with the desire and ability to better serve the community's needs.
- Multiple food pantries available in Massac County, one of which sets up in all 3 communities in Massac County.
- Prevention programs established in the school system.
- Community support for implementation of new resources being made available to those in need.
- Support from local government and officials in all three communities within Massac County.
- Willingness to collaborate amongst stakeholders.
- Community partners willing to make Narcan available at their organizations.
- Increase in available recovery meetings.
- Increase in peer support services since FY23.

Identified Gaps

- Lack of recovery resources for individuals in or seeking recovery.
- Peer Recovery Support Services minimally available.
- No residential treatment available locally.
- No transitional housing for individuals leaving treatment or jail, making sustainable recovery extremely difficult.
- No recovery meetings/programs in the county jail.
- Need for more recovery meetings to open availability for even more for individuals to be able to attend meetings.
- Lack of efficient transportation to ensure ability to make it to recovery-oriented meetings/appointments to sustain and grow in recovery.
- Need recovery/SUD oriented training for the local faith community who are willing to help but may not know how.