

MCDAC ROSC

Gap Analysis

FY 24

The following is an analysis of the gaps that were identified through the resource assessment completed for FY 24. The list includes gaps across the continuum of care along with an illustration of each.

- 1. Recovery Support Services/Groups:** Massac Co has increased in both peer support services and support groups such as NA and AA but is still a lack of availability and accessibility because they are still minimal.
- 2. Housing:** The lack of safe and supportive housing options for individuals in recovery poses significant challenges for those seeking to maintain their sobriety and rebuild their lives after treatment.
- 3. Transportation:** Currently there is one, limited, public transportation system. The need for public transportation is greater than what the system is able to fulfill alone. Individuals in recovery have a significant need for transportation surrounding any legal/justice system involvement as well as healthcare appointments and employment. The lack of access to reliable transportation contributes to the inability to achieve or maintain recovery.
- 4. Stigma Reduction:** Stigma surrounding substance use in recovery creates significant barriers to individuals seeking help and support, perpetuating a cycle of shame and isolation. While Massac County has made some progress in this area, there is still a need to address stigma in order to create a community that embraces and empowers individuals in recovery.

5. Residential Treatment/Detox Available Beds: There is currently no local residential treatment centers or detox beds in Massac Co. The areas surrounding the county have limited bed availability, making this a high demand. This is a crucial need that plays a role in individuals having the necessary support and resources to begin their journey to recovery