

*When small community organizations
pull their resources together,*

BIG
Things Can Happen

BUILDING A SUSTAINABLE ENVIRONMENT OF CARE

Presented By Alliance Partners:



BUILDING A SUSTAINABLE ENVIRONMENT OF CARE

Sustainable Environment

The integration of environmental stewardship, social equity and fiduciary responsibility to support healthy, equitable and resilient environments and communities over time.

American Hospital Association (www.aha.org/sustainability)

- **Environmental Stewardship** – Taking care of the world around us. Especially our little corner of this Earth.
- **Social Equity** – Minimizing Health Disparities
- **Fiduciary Responsibility** – Acting in the Best Interest of Our Customers
- **Equitable Environment** – Equal Access to Services
- **Resilient** – Adaptable to Change Overtime

Who We Are

We are group of people living and/or working in **Randolph** or **Washington County, Illinois.**

Our group consists of:

- Health Care Workers
- People With Lived Experience
- Educators
- Law Enforcement Officers
- Parents
- Youth
- Business Owners
- Service Organization Members
- Faith Based Leaders
- Volunteers
- Government Employees
- And Other Concerned Individuals



Community Events



Randolph County



Washington County



Youth Programs

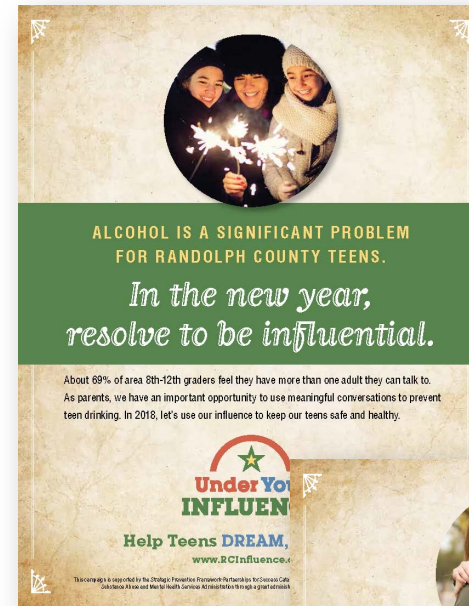
Where it began...

October 2017

- **Partners for Prevention of Teen Drinking**
- Established by ComWell in response to data from the Illinois Student Survey showing Randolph County had a higher rate of alcohol use than the state average.
- **Mission:** Prevention of teen drinking in Randolph County.
- **Actions:** Town hall meetings, Teen Summits, Trained School Staff and Police to deliver youth prevention education, Messaging for Adults

Survey Question	Illinois	Randolph County	Higher Rate
Past 30 Day Use	29%	35%	6%
Annual Use	46%	56%	10%
Drunk Driving Annual	10%	23%	13%
Bing Drinking Past 2 Weeks	14%	20%	6%

Illinois Student Survey Data 2016, 8, 10, 12 graders.



Where it began...

March 2018

- ***Southern Illinois Substance Abuse Alliance (SISAA)*** formed which included Washington County.
- **Mission:** Prevention of teenage alcohol and drug use in Randolph and Washington Counties.



SISAA Actions...

- Advocated for opting out of local recreational marijuana sales
- Continued Teen Summits, training over 80 students
- 6 schools sharing prevention lessons
- Communication campaigns increasing awareness of drugs and alcohol
- **Increased opportunities to meet housing needs for those entering recovery**
- **Job-readiness training for those in recovery**
- **Support access to pathways to enhance recovery**
- **Sustaining programs like Drug Court**
- **Support for students in recovery**



WHAT WOULD IT TAKE TO MAKE OUR
COMMUNITIES
RECOVERY-READY

PREVENTION

Utilization of evidence-based prevention and early intervention strategies to ensure youth and the public understand the dangers of substance use and where to find help if struggling

HOUSING

Increased opportunities to meet the need for supportive, safe, and accountable housing for those entering recovery and sustaining long-term recovery

EMPLOYMENT

Job-readiness training for those in recovery combined with opportunities to obtain stable and gainful employment to further support those in recovery

Access to supportive environments and the many pathways to enhance recovery for both individuals and communities

SUPPORT

LAW ENFORCEMENT

Sustaining programs like problem-solving courts, law enforcement-assisted diversion, jail-based Substance Use Disorder treatment and oversight to ensure best-practice adherence

Ensure equitable and fair access to educational opportunities, including support for students in recovery

EDUCATION

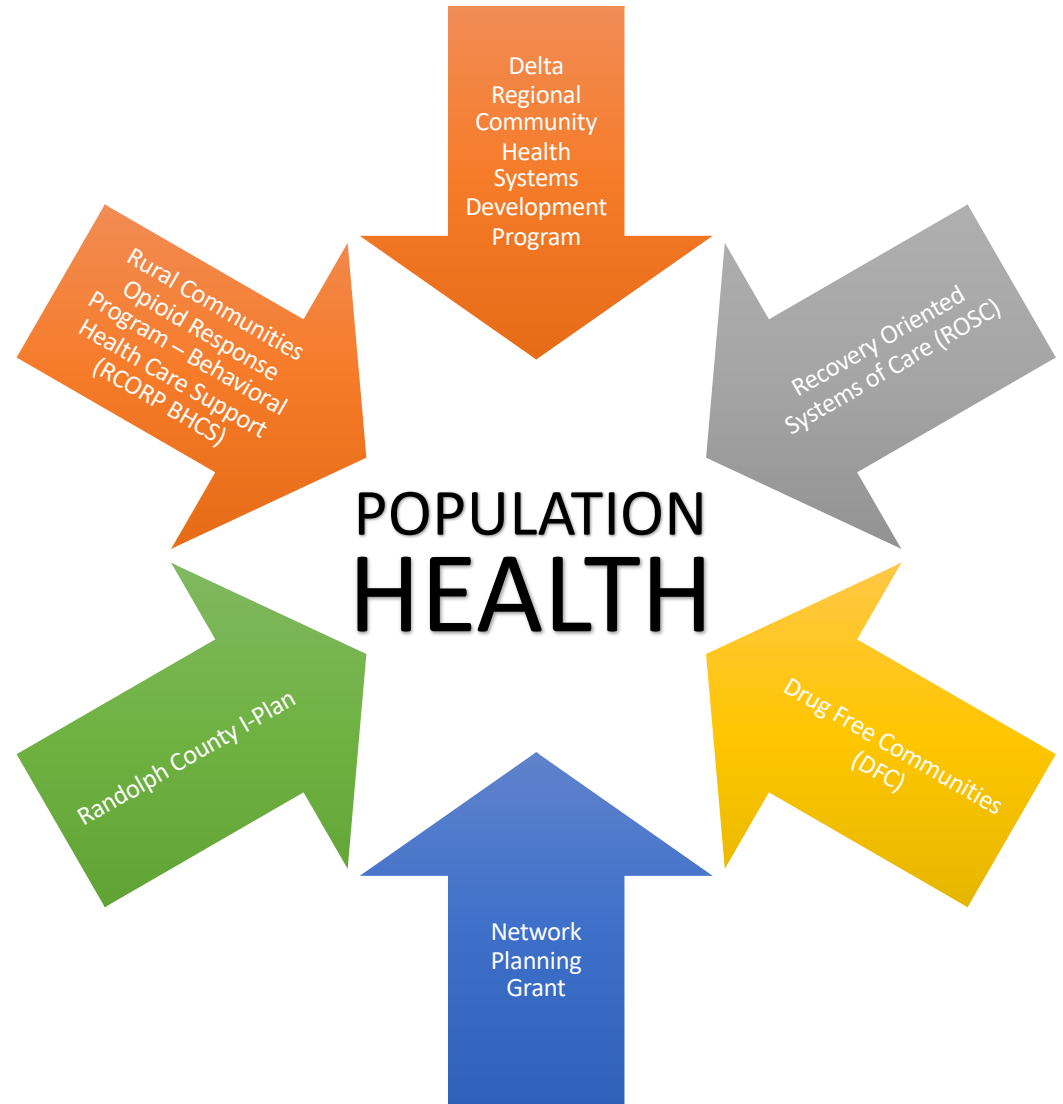
TREATMENT

Equitable and affordable access to evidence-based treatment as indicated for the individual, not the masses



- **Housing**
- **Prevention**
- **Employment**
- **Support**
- **Education**
- **Treatment**
- **Law Enforcement**

Grants



Collaboration Is Key



Strategic Planning



Collected &
Analyzed Data



Identified
Opportunities



Identified Threats



Developed Goals
& Objectives



Developed
Sustainability Plan

CRL  Consulting


National
Rural Health
Resource Center

Where we are now...



Our Mission:

Increase **awareness** and **education** to enhance physical and mental well-being through community partnerships.

Our Vision:

Create a healthy environment where our community can thrive and flourish.

PREVENTION
SUPPORT
RECOVERY





Executive Committee

Alliance Coordinator | Chairperson | Vice-Chairperson
Prevention Chair | Support Chair | Recovery Chair

Non- Specific Grant Staff

PREVENTION

- Education and/or training
- Reducing unhealthy exposures
- Eliminate racial, ethnic and socio-economic disparities

SUPPORT

- Improve and increase access to quality care

RECOVERY

- Responsive and respectful recovery systems

PREVENTION PRIORITIES 2023

- 1 **Support Schools in Building Protective Factors. Developing Youth Prevention Leaders and Peer-to-Peer Support**
- 2 **Decrease Stigma Regarding Mental Health, Addiction and Recovery**
- 3 **Support and Build Positive Parenting Opportunities**
- 4 **Build a Community Environment That Reflects Healthy Norms**
- 5 **Reduce the Use and Impact of Meth on Our Community**



PREVENTION

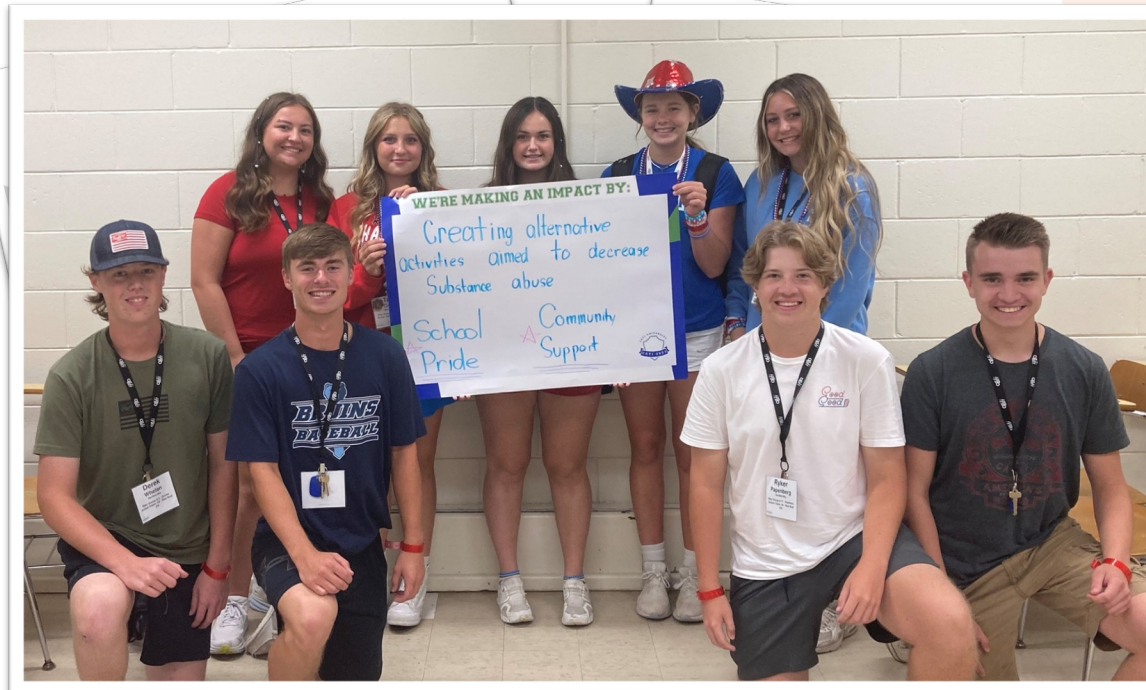
RECOVERY

SUPPORT

PREVENTION PRIORITIES 2023

1

Support Schools in Building Protective Factors. Developing Youth Prevention Leaders and Peer-to-Peer Support



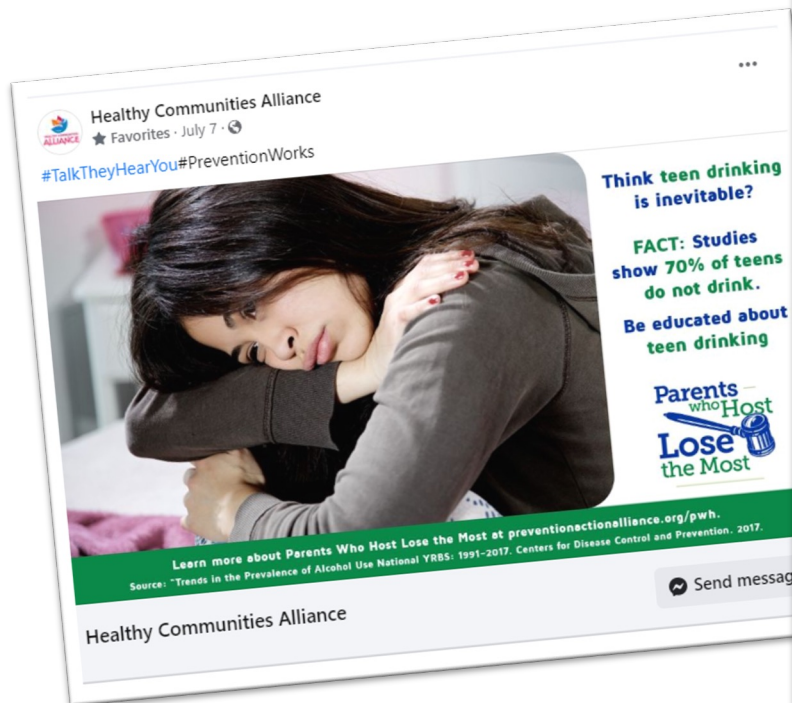
PREVENTION

RECOVERY

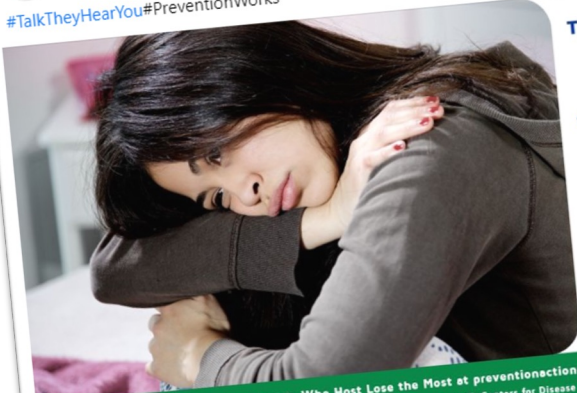
SUPPORT

PREVENTION PRIORITIES 2023

2 Decreasing Stigma Regarding Mental Health, Addiction and Recovery



Healthy Communities Alliance
★ Favorites · July 7 · 🌐
#TalkTheyHearYou #PreventionWorks



Think teen drinking is inevitable?
FACT: Studies show 70% of teens do not drink.
Be educated about teen drinking

Parents who Host Lose the Most

Learn more about Parents Who Host Lose the Most at preventionactionalliance.org/pwh.
Source: "Trends in the Prevalence of Alcohol Use National YRBS: 1991-2017. Centers for Disease Control and Prevention. 2017."

Send message

Healthy Communities Alliance



Healthy Communities Alliance
★ Favorites · July 7 · 🌐
#TalkTheyHearYou #PreventionWorks

Substance Use Prevention July 2023

MAKE SUMMER SPARKLE WITH PREVENTION



JULY IS MINORITY MENTAL HEALTH AWARENESS MONTH

- Mental health conditions do not discriminate based on race, color, gender or identity. Anyone can experience the challenges of mental illness regardless of their background. However, background and identity can make access to mental health treatment much more difficult.
- Multicultural communities often face unique issues when getting care for mental health.
- At 28.3%, American Indians and Alaska Natives have the highest rate of mental health conditions among all communities.
- To learn more, visit: <https://www.chow.org/july-is-minority-mental-health-month/>

TIPS TO HELP TEENS STAY SAFE AND DRUG FREE THIS SUMMER

- Set Summertime Rules: Make clear your rules regarding unsupervised time spent with friends, as well as your expectations surrounding drinking, smoking and other risky behaviors.
- Supervise: Be physically present when you can, and when you cannot, ask a friend, neighbor or relative to randomly check in. Research shows that unsupervised youth are three times more likely to use alcohol or other drugs.
- Monitor: Know with whom and where your child is at all times. Ask WHO, WHAT, WHEN, WHERE and WHY daily. Randomly call and text your child to check in, and don't be afraid to check up on your child by calling other parents. It truly takes a village.
- Stay Involved: Show your child you care by taking time out of your busy schedule to do something fun together.
- Source: <https://bradfordhealth.com/teen-summertime-substance-abuse/>

Would you like to involve your school in more prevention efforts? Email me at hcreasy@hoyleton.org

HOYLETON Youth & Family Services



PREVENTION PRIORITIES 2023

3 Support and Build Positive Parenting Opportunities



SUPPORT

PREVENTION

RECOVERY

PREVENTION PRIORITIES 2023

4 Build a Community Environment That Reflects Healthy Norms

- Support and promote Drug Take Back Days/Events.
- Deter social hosting by adults.
- Develop ordinance to counteract vaping violations and use in schools and enforce not selling of items to minors.
- Participating in events to share resources.
- Development of community gardening sub-committee.



PREVENTION PRIORITIES 2023

5 Reduce the Use and Impact of Meth on Our Community



**METH SMALL TOWNS,
BIG PROBLEM**

SEPTEMBER 28 | Sparta Lincoln Middle School
6:30 PM
*Q&A TO FOLLOW
Everyone is Welcome!

HEALTHY COMMUNITIES ALLIANCE

Join us for an open conversation with those from the front-line, and learn how YOU can make a difference! Panelist include:

- Honorable Jeremy Walker
- Randolph County Sheriff's Office
- MedStar Ambulance
- ComWell Crisis & Recovery



PREVENTION

RECOVERY

SUPPORT

SUPPORT PRIORITIES 2023

1

Continue to Research, Develop and Provide Resources for Our Community

2

Work with Partners to Develop Solutions for Homelessness

3

Provide Support to the Prevention and Recovery Pillars of the Alliance

4

Support First Responders in Randolph & Washington Counties

5

Promote Solutions to Address Health Disparities and Bring Cultural Awareness

SUPPORT



PREVENTION



RECOVERY



SUPPORT PRIORITIES 2023

1 Continue to Research, Develop and Provide Resources for Our Community

SUPPORT



RANDOLPH COUNTY, ILLINOIS RESOURCE GUIDE

RANDOLPH COUNTY, ILLINOIS RESOURCE GUIDE 2023
THIRD EDITION

SCAN FOR DIGITAL GUIDE

CELL PHONE SafeLink**
Services: Free cell phone and minutes program

Randomly selected phone numbers:
..... (800) 723-3546
..... (800) 232-4636
..... (618) 443-4317

or are afraid you might hurt another, go referrals to thousands of
..... (800) 4 A Child (800) 422-4453

Abuse Reporting Hotline**
(800) 25 ABUSE (800) 252-2873
TTY (800) 368-5117

..... (618) 277-1134
..... (618) 626-1033

..... (618) 708-3490

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WASHINGTON COUNTY, ILLINOIS RESOURCE GUIDE 2023


Map locations: Okawville, Covington, New Minden, Hoyleton, Irvington, Addleville, Plum Hill, Nashville, Richview, Beaucoup, Ashly, Radom, Du Bois, Lively Grove, Oakdale, Pilot Knob, Bole.

Bringing people and services together.

RANDOLPH COUNTY, ILLINOIS

RESOURCE GUIDE 2023

THIRD EDITION


SCAN CODE 

Bringing people and services together.

WEB LINK: [BIT.LY/21RCRG1](https://bit.ly/21RCRG1)

WASHINGTON COUNTY, ILLINOIS

RESOURCE GUIDE 2023

SCAN CODE 

Bringing people and services together.

WEB LINK: bit.ly/WashCoGuidell

SENIOR RESOURCES

HEALTHY COMMUNITIES ALLIANCE

Serving Randolph & Washington Counties in Illinois

The Alliance

Promotes healthy choices by offering education and/or training and by reducing unhealthy exposures. We further aim to eliminate racial, ethnic and socio-economic disparities that contribute to poor health.

SUPPORT PRIORITIES 2023

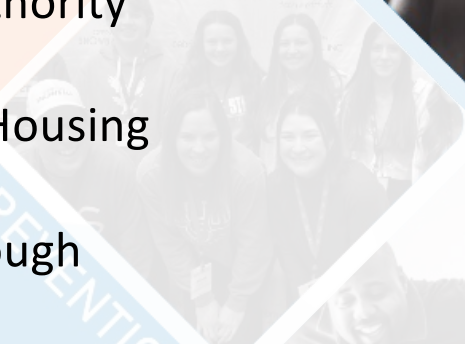
2 Work with Partners to Develop Solutions for Homelessness

- Networking with Randolph County Housing Authority and ComWell Crisis Navigator
- ComWell now provides a case manager at the Housing Authority to assist those in subsidized housing
- Work to promote energy savings programs through Western Egyptian
- Actively present at food pantry lines to share resources and connect with individuals. BUILDING TRUST

SUPPORT



PREVENTION



RECOVERY



SUPPORT PRIORITIES 2023

3

Provide Support to the Prevention and Recovery Pillars of the Alliance

SUPPORT



SUPPORT PRIORITIES 2023

4

Support First Responders in Randolph & Washington Counties

SUPPORT



RECOVERY is for Everyone!

Substance Misuse & Recovery

Alcoholics Anonymous

If you are experiencing a CRISIS call ComWell 24/7 at (888) 855-0034

For More Resources Scan the Code: 

ComWell
2517 State St., Chester, IL 62233, (618) 826-4547
10257 State Route 3, Red Bud, IL 62278, (618) 282-6233
6, (618) 443-3045

Centerstone South: (618) 457-6703
2311 S. Illinois Ave., Carbondale, IL 62903 | <https://centerstone.org/>

Chestnut Health Systems: (618) 397-0900
12 North 64th St., Belleville, IL 62223 | <https://www.chestnut.org/>

Gateway Foundation
600 West Lincoln Ave., Caseyville, IL 62232, (618) 345-3970
1080 East Park St., Carbondale, IL 62901, (618) 944-3805
<https://www.gatewayfoundation.org/>

Take Action Today: (618) 212-3171
Recovery Community Organization | <http://www.takeactiontoday.net>

Illinois Helpline for Opioids & Other Substances
24/7 (833) 234-6343 or text "HELP" to 833234

Narcotics Anonymous
24 Hour Help Line (618) 322-3178

Substance Abuse & Mental Health Services Admin.
(800) 662-HELP (4357) | TDD (800) 487-4889
<https://www.samhsa.gov/find-help/national-helpline>

Alcoholics Anonymous
Sparta, IL 62286
11 Railroad St., Cutler, IL 62238
497-2953
5-5407 or (636) 441-7300
Charles, MO 63304

SUPPORT PRIORITIES 2023

5 Promote Solutions to Address Health Disparities and Bring Cultural Awareness

- Percy Resource Fair – Spring 2022
- Chester Resource Fair – April 2023
 - Both assisted and shared information with the Spanish Speaking individuals in those communities. Worked with Hoyleton Youth and Family Services, “Bridges of Hope” liaison.
- “Recover from Summer” back to school event in Prairie du Rocher – August 14, 2023

SUPPORT



RECOVERY PRIORITIES 2023

- 1 To reduce stigma in our communities through outreach efforts
- 2 To help identify the need and advocate for a Mental Health/Drug Court in Randolph County
- 3 To educate employers on Substance Use Disorder and promote Recovery Friendly Workplaces (RFWs)
- 4 To research and advocate for local transitional Recovery Housing for those newly into Recovery
- 5 Advocate for a local Recovery Community Organization (RCO)



RECOVERY PRIORITIES 2023

1 To reduce stigma in our communities through outreach efforts

RECOVERY AND SUPPORT GROUPS

ALCOHOLICS ANONYMOUS
CHESTER
Peace Lutheran Church
125 Opdyke Street 618.826.3140

COULTERVILLE
Fire Station
215 East Maple St. 618.758.2341

SPARTA
Alano Club
215 West Jackson St. www.aa-district14.org
Sundays 2:00pm, Mondays 8:00pm,
Wednesdays 8:00pm, Thursdays 7:30pm,
Fridays 8:00pm

STEELEVILLE
Mondays 6:00pm via Zoom
www.soilsober.com

TILDEN
First Baptist Church
106 North Center St.
618.587.5541

SUBSTANCE MISUSE, RECOVERY, & SUPPORT
NARCOTICS ANONYMOUS - SPARTA
Alano Club - 215 W. Jackson St.
Tuesdays 1pm and Saturdays 10am

CELEBRATE RECOVERY - CHESTER
719 State St. | ChesterFBC.org
Wednesdays 6:00pm | Free Meal 5:00pm

CELEBRATE RECOVERY - CUTLER
301 Railroad St. | 497-2953
Wednesday 7:00pm

LIFE RECOVERY - CHESTER
1701 High Street | Thursdays 6pm-8pm
Fellowship Hall Behind Church

NAMI Family Support Groups - ZOOM
Thursdays @ 7:00pm-8:30pm
Email Pat for link: silverlining@charter.net

NAMI Connection - ZOOM
Wednesdays 6:30-8:00pm
<https://us02web.zoom.us/j/5757670313>



SUPPORT

RECOVERY



RECOVERY PRIORITIES 2023

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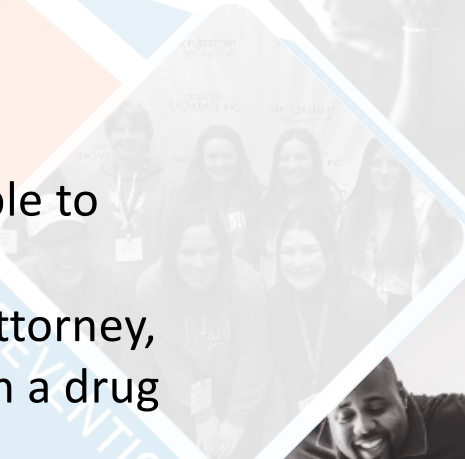
To help identify the need and advocate for a Mental Health/Drug Court in Randolph County

- Washington County has a Drug Court
- The Committee is using this as an example to create a Drug Court in Randolph County.
 - Working with Judge Walker, States Attorney, and Sheriff's Department to establish a drug court.
 - Goal is to reduce future criminal activity by providing an accountability program to help them abstain from substance use.

SUPPORT

PREVENTION

RECOVERY

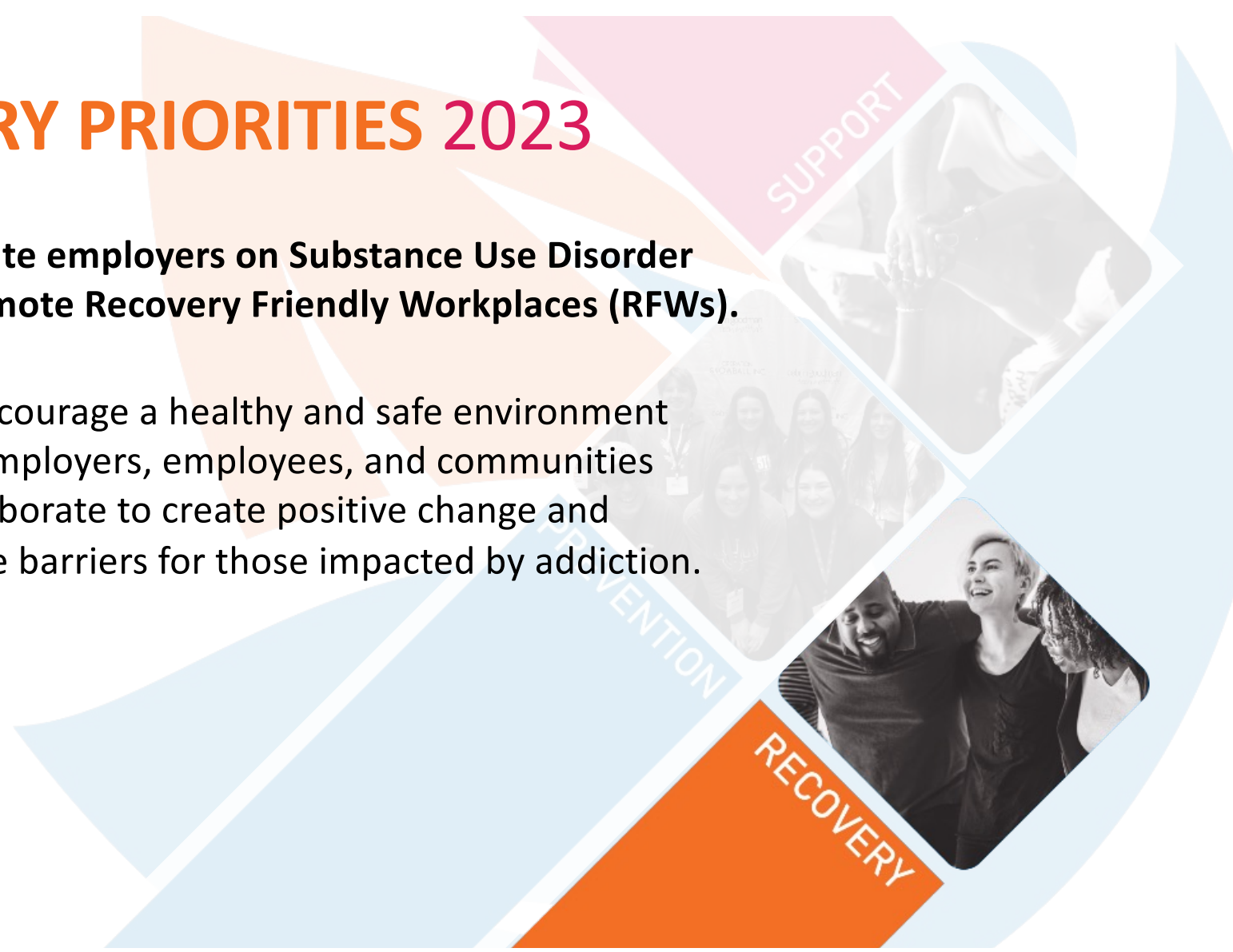


RECOVERY PRIORITIES 2023

3

To educate employers on Substance Use Disorder and promote Recovery Friendly Workplaces (RFWs).

RFWs encourage a healthy and safe environment where employers, employees, and communities can collaborate to create positive change and eliminate barriers for those impacted by addiction.



RECOVERY PRIORITIES 2023

4

To research and advocate for local transitional Recovery Housing for those newly into Recovery



Other Projects in the Works



Randolph County Care Center

- “YES” Vote Received on Randolph County Care Center on November 8, 2022 ballot.
- Now working with County Commissioners, State of Illinois and ComWell to help transition the Nursing Care Center into a dual purpose facility, providing Nursing and Behavioral Health Care.
- \$6M of the needed \$8M funds for renovations have been procured with grant writing still occurring to fill the remaining \$2M need.
- Plans to start on geothermal units this fall and then parking lot.
- **Goal is for the Behavioral Health side to be completed around 2025.**



OUR PARTNERS

28 Leading Members | 90+ Volunteers | 40+ Agencies

AGENCIES REGULARLY REPRESENTED AT MEETINGS

(does not include those whom the HCA has collaborated with on various projects):

Healthcare

- MedStar Ambulance Inc.
- Memorial Hospital – Chester
- Randolph County Health Department
- Red Bud Regional Hospital
- Sparta Community Hospital
- Washington County Health Department
- Washington County Hospital

Behavioral Health

- ComWell
- Hoyleton Youth & Family Services
- Lincoln Prairie Behavioral Health
- NAMI-SWI (National Alliance on Mental Illness, Southwestern IL)

Education

- Chester High School (Superintendent)
- Coulterville Schools (Guidance Counselor)
- Okawville High School
- Red Bud Schools (Admin., Superintendent, Teachers, Students)
- Regional Office of Education
- Southern Illinois University
- Southwestern Illinois College
- Sparta High School (Admin., Superintendent)
- Steeleville Schools (Admin.)

Law Enforcement

- Coulterville Police Department
- Red Bud Police Chief
- Washington County Circuit Judge
- Washington County Sheriff's Department

Other

- ARCHnet
- SLU AHEC
- Bond, Clinton, Marion, Washington Community Action Agency
- Marion VA
- Master Gardener
- Methodist Church
- Monroe Randolph Transit District
- Okawville Times
- Randolph County 4-H
- Randolph County Housing Authority
- St. John Lutheran Church, Red Bud (Pastor)
- St. Peters, Food Pantry
- South Central Transit
- United Church of Christ, Plum Hill
- Violence Prevention Center
- Western Egyptian Economic Opportunity Council
- Wolters Cabinets

BIG

Things are Happening...

PREVENTION

- Randolph County Vaping Ordinance and School Policies

SUPPORT

- Randolph and Washington County Resource Guides and First Responder Kits

RECOVERY

- Randolph County Behavioral Health Center
- Randolph County Drug Court Advocacy