



Greene & Scott County R.O.S.C.

Recovery Council

GSRC Strategy Plan

Year 2 (2023-2025)

Overview of GSRC

The Greene & Scott County Recovery Council (GSRC) will work to build a thriving coordinated network of community-based services and supports (or infrastructure) that are person-centered. GSRC works as an advocate because people can and do recover in our community and recovery is a community responsibility and value.

GSRC Mission:

Empowering and improving connections to ourselves, our families, and our communities within the Greene and Scott County areas to improve recovery outcomes, reduce stigma and educate our community, therefore, improving health, wellness, and the quality of life for all.

GSRC Vision

To build a thriving recovery system within Greene and Scott County that will reduce the risk of substance use and mental health challenges to improve recovery outcomes for all.

Strategy Timeline:

Each objective and strategy outlined in this plan will be targeted for completion by the end of the FY as noted. The fiscal year will be determined in collaboration with the Illinois Department of Human Services SUPR Division, currently running July 1-June 30. Year 1 runs from October 1, 2022, to June 30, 2023

Goal 1: Expand the GSRC's Reach

Year 2-3 – 2023-2025

Objective: Maintain the Councils development and growth

Strategy 1: Council will continue to meet monthly to discuss stakeholder's vision, action plan, events, stigma reduction campaigns, and cultural barriers to recovery supports in the community

Strategy 2: Facilitate discussions and solicit feedback from existing stakeholders about key organizations and agencies not presently represented on the ROSC council and utilize council members to solicit participation

Strategy 3: Maintain regular contact with existing council members to ensure they are aware of upcoming meetings and activities

Strategy 4: Continually solicit and follow up on advice from existing stakeholders on other agencies, organizations or community members who should be invited to ROSC Council (i.e., continuous recruitment)

Strategy 5: Establish a framework for reviewing the Strategic Plan annually and adjust as needed

Strategy 6: Achieve a sustained growth of 5% with an average attendance of 15 members monthly

Outcome Measurements:

Did we successfully achieve sustained growth at the established targets?

Did we increase involvement from PLEs?

Did our Council serve as a forum for expanded awareness of recovery supports within our community and region?

Did we maintain monthly meeting minutes, post meeting recording and other documents?

Goal 2: Expand Access to Recovery Support Options

Year 2 -3 2023-2025

Objective: Continue efforts to build a variety of self-help groups in all communities 7 days a week

Strategy 1: Identify a sub-committee to research the usefulness and accessibility of forming the following support groups, Women for Sobriety, Moderation Management, Secular Organizations for Sobriety (SOS), Write to Recover, etc.

Strategy 2: Start a support group for new recoverees and family members and identify recovery leaders to lead up efforts

Strategy 3: Create flyers and other marketing materials as necessary to communicate new meetings or online forums to recovering people (treatment centers, 12-step announcement boards, etc.) via the ROSC Facebook page, radio ads and word-of-mouth. New members know the council and can articulate its purpose

Strategy 4: Increase and enhance psychiatric services and medication availability to those diagnosed with co-occurring disorders in a timely manner

Strategy 5: Establish a sub-committee that will be used to explore RCO (Recovery Community Organization) development

Strategy 6: Bring together leading agencies to hire psychiatrist(s) dedicated to diagnosing and treating recoverees with co-occurring disorders

Strategy 7: Develop and host educational seminars for SUD and mental health education/awareness and stigma reduction

Strategy 8: Collaborate with ROSC council to gain consensus on subjects to present. Examples include, but are not limited to the following: new members know the council and can articulate its purpose

- Disease of Addiction/Stigma Reduction
- Mental Health afflictions
- SUD interwoven with CODs
- Recovery as a process and journey
- Relapse Prevention
- Common paths of recovery – 12-step, CR, SMART, etc.
- Popular, powerful treatment movies such as Pleasure Unwoven and Unguarded. Members understand their rights and responsibilities

Outcome Measurements:

Did we successfully achieve sustained growth at the established targets?

Did we increase involvement from PLEs?

How many new recovery options was developed?

Did our Council serve as a forum for expanded awareness of recovery supports within our community and region?

Did we maintain monthly meeting minutes, post meeting recording and other documents?

Goal 3: Reduce Stigma

Year 2-4 2023-2025

Strategy 1: Identify and host education events with leaders from the recovery community

Strategy 3: Continue efforts to engage the community by participating in community events

Strategy 3: Identify and host speakers in local schools

Outcome Measurements:

Number of events ROSC staff hosted or participated in and promotional materials

Number of individuals connected to resources

Number of community partner meetings

Number of speakers or PLEs in ROSC events

Goal 4: Improve Basic Living Needs

Objective: Acknowledging there is a need in the recovery community to support basic living, work to remove barriers to recovery including transportation, food security, employment, and housing.

Year 2-3 2023-2025:

Strategy 1: Identify and meet with a local organization that would potentially establish a presence within Greene/Scott County for Recovery Housing

Strategy 2: Identify a community organization that has the capacity to develop additional supports to establish partners to existing services such as SNAP partners

Strategy 3: Establish a relationship with faith-based organizations willing to help develop support systems within our region

Strategy 4: Host educational events for PLEs on money management, employment, skills training, and interviews

Outcome Measurements:

Number of individuals connected with resources

Notes from meetings

Number of events hosted

Did we expand access?