

**Healthy Communities Alliance  
Recovery Advisory Group  
October 2, 2023, 3:30-4:30**

| <b>Present Name &amp; Role</b>                               |   | <b>Sector</b>   |
|--|---|---|
| John Reith, ComWell, ROSC Coordinator                        |   | Staff   |
| Rhonda Wilson, HCA Chair Natl. Alliance Mental Illness SW IL |   | Health  |
| Shelley LaChance, Reiki                                      |   | Health  |
| Robert Essman, Volunteer                                     |   | Community   |
| Beverly Holland, TA ROSC Region 5                            |   | Health  |
| Jennifer Grafton, ComWell, Psychiatric Manager               |   | Staff   |
| Dennis Trask, ComWell, Prevention Coordinator                |   | Staff   |
| Sandy Prange, ComWell, Value Based Care Coordinator          |   | Staff   |
| Eric Wright, Volunteer                                       |   | Community   |
| <b>Item</b>  | <b>Discussion</b>   | <b>Timeline &amp; Responsible Person(s)</b>                 |
| Welcome, Introductions & Old Business<br><b>John</b>         | <p>September was Recovery month. Four pop-up events were held to share recovery resources, have conversations and enjoy a pork steak meal. The events were held in Nashville, Steeleville, Chester &amp; Coulterville and all went well. There were nine engagements with possible future involvement. We aim to do more in the future, possibly in the public housing area. It was agreed that food &amp; giveaways are good for drawing interest. The goal is to meet people where they are.</p> <p>Recovery shirts were ordered and will be given away.</p> <p>A sticker campaign was held at Sparta &amp; Coulterville Dairy Queens with 10% of sales from 4-10 pm going to recovery. This is helping to get the message out.</p> |   |
| Updates and Information<br><b>John</b>                       | <p>A recovery home is still in the planning stage.</p> <p>Update on the Randolph County Care Center – they are currently working on the parking lot. The next step will be to remodel the residential side of the building. There may be a possibility of placing a recovery home on property adjacent to the RCCC.</p> <p>John explained that ROSC is administrative and RCO is boots on the ground.</p> <p>There is still a need for transportation and John advised we can reapply for funds through SUPR. This would help individuals make it to their appointments. The idea of field trips was also suggested.</p>  | <b>Help is still needed for the 9/20 Coulterville event</b> |
| Deliverables<br><b>John</b>                                  | John is working on deliverables and has several plans. A membership roster is a requirement. Currently most categories are filled but there are some vacancies. We do need to increase the volunteer list.  |   |

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| <p>Future event<br/><b>John &amp; Sandy</b></p>  | <p>The Recovery group is interested in co-hosting a SUDS event with the Support group at a local laundry mat. We hope to hold the event in early November in Chester or Percy. We would pay for a couple of loads of laundry (wash &amp; dry) for each family and while they wait, recovery &amp; Narcan information would be shared. We would also like to involve Edda to reach the Spanish speaking individuals.</p> |  |
| <p>Personal testimony<br/><b>Eric Wright</b></p> | <p>Eric shared his testimony and asked about opportunities for involvement. Rhonda is willing to give a face-to-face overview of the Alliance &amp; Recovery groups. Beverly shared information about Our Brothers' Keepers in the Metro East area. She also asked if Eric would have interest in becoming a Certified Peery Recovery Specialist.</p>   |  |
| <p>Other business</p>                            | <p>Shelley shared that she will be having a hat &amp; glove drive if anyone would like to donate. She gives these items out to people in need.</p> <p>Jennifer provided an update on MAR. We are getting referrals and people are required to be in counseling simultaneously to receiving Suboxone.</p>  |  |
| <p>Next meeting</p>                              | <p>October 6, 2023 @ 3:30-4:30</p>  |  |
|  | <p>*Meetings are held monthly on the first Monday of each month from 3:30-4:30</p>  |  |
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