

MOULTRIE/SHELBY COUNTY ROSC DECEMBER NEWSLETTER



Greetings!

ROSC COUNCILS
BUILD
COLLABORATIONS
IN THEIR
COMMUNITIES
THAT CONNECT
EVERYONE WHO
CAN SUPPORT
RECOVERY.

Upcoming Events

12-07-23

Recovery Wellness Group

12-05-23

Monthly ROSC Council Meeting

12-21-23

Recovery Wellness Group

11-28-23

PLE Advisory Meeting



Shelby & Moultrie
ROSC Council Meeting

Tuesday, December 5th, 2023
3:30pm - 4:30pm
Shelbyville Outpatient, 155 S
Morgan St, Shelbyville IL

For the zoom link, or more information:
Contact Tess Miller @
tessm@hourhouserecovery.org



Funding for this project in whole or in part by the Illinois Department of
Human Services (IDHS), Division of Substance Use Prevention and
Recovery (SUPR).





**MOULTRIE/SHELBY ROSC
RECOVERY WELLNESS GROUP**

Topic
Family Matters Part Two

When & Where
12-7-23 via Zoom
12-21-23 via Zoom
(RSVP for link)

Time
12:00 pm to 1:00 pm

To RSVP, contact Skylark at
Skylark@hourhouserecovery.org
or 217-549-7519

**Free Narcan and training available upon
request!**

Recovery
IS POSSIBLE

Funding for this project is provided in whole or in part by the Illinois Department of Human Services (IDHS), Division of Substance Use Prevention and Recovery (SUPR).

Recovery Navigator Resource
Skylar can connect community members with community resources, recovery and/or substance use education, and encouragement that recovery is possible through personal testimony.

Contact Skylar Miller at
skylark@hourhouserecovery.org for
further information.



WHAT DOES RECOVERY MEAN TO YOU?

“IT MEANS THAT I GET THE CHANCE TO ENJOY LIFE. IT MEANS A HEALTHY FAMILY. IT MEANS LEARNING WHO I AM AND WORKING TOWARDS BECOMING HER. IT MEANS REACHING OUT TO OTHERS. RECOVERY MEANS LOVING MYSELF AND KNOWING THAT ON THE DAYS THAT I DON’T FEEL LIKE I AM ENOUGH OR I AM TOO MUCH, I AM STILL WORTH IT.”
PLE, KELLEY.



We provide Narcan training and Narcan distribution through the DOPP program. Contact Tess Miller for more information at tessm@hourhouserecovery.org

Joanna House Ministry
1409 West South 1st St Shelbyville, IL 62565
Hours: Tuesday, 9AM-1PM
Contact us any time on Facebook: Joanna House Ministry
Holiday Request

Items Needed	Wish List
*Queen Size Sheets	* Boys Cloths size 5-8
*Electric Heaters	* Winter Boots
*Any Socks	*Plus Size Cloths

The Joanna House offers free clothing, shoes, coats, for men women and children of all sizes. We also have household items just about anything for the kitchen, bedding, toiletries, shampoos and some small furniture items as they become available through donations.

A ministry of Shelbyville First Assembly of God
108 S. Oak St, Shelbyville, IL 62565
217-774-3277

First AG Shelbyville Real Hope
Authentic Relationships
Loving Service

Saturday's 11am til 12
Let's talk this out!
Narcotics Anonymous

New Life Church
1502 Cooks Mill Rd
Sullivan, Illinois
Nexus building in back

IF YOUR BUSINESS, AGENCY, GROUP, MEETING, ETC. WOULD LIKE TO ADD A FLYER/ANNOUNCEMENT/EVENT ON OUR MONTHLY NEWSLETTER, PLEASE EMAIL TESS OR SKYLAR ANYTIME!

Funding for this project is provided in whole or in part by the Illinois Department of Human Services (IDHS), Division of Substance Use Prevention and Recovery (SUPR).

