MOULTRIE/SHELBY COUNTY ROSC DECEMBER NEWSLETTER



Greetings!

ROSC COUNCILS BUILD COLLABORATIONS IN THEIR COMMUNITIES THAT CONNECT EVERYONE WHO CAN SUPPORT RECOVERY.

Upcoming Events

12–07–23 Recovery Wellness Group

12-05-23 Monthly ROSC Council Meeting

12–21–23 Recovery Wellness Group

11–28–23 PLE Advisory Meeting



Tuesday, December 5th, 2023 3:30pm - 4:30pm Shelbyville Outpatient, 155 S Morgan St, Shelbyville IL

For the zoom link, or more information: Contact Tess Miller @ tessm@hourhouserecovery.org

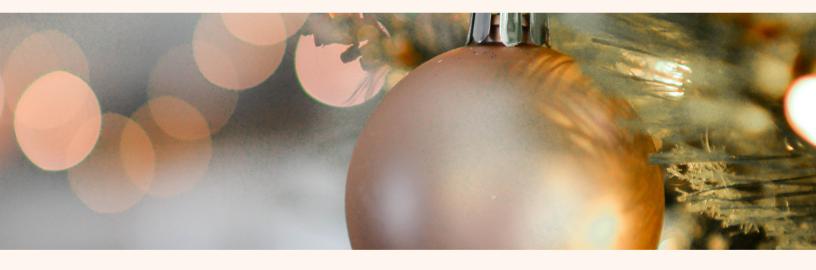


Funding for this project in whole or in part by the Illinois Department of Human Services (IDHS), Division of Substance Use Prevention and Recovery (SUPR).



Recovery Navigator Resource Skylar can connect community members with community resources, recovery and/or substance use education, and encouragement that recovery is possible through personal testimony.

Contact Skylar Miller at skylark@hourhouserecovery.org for further information.

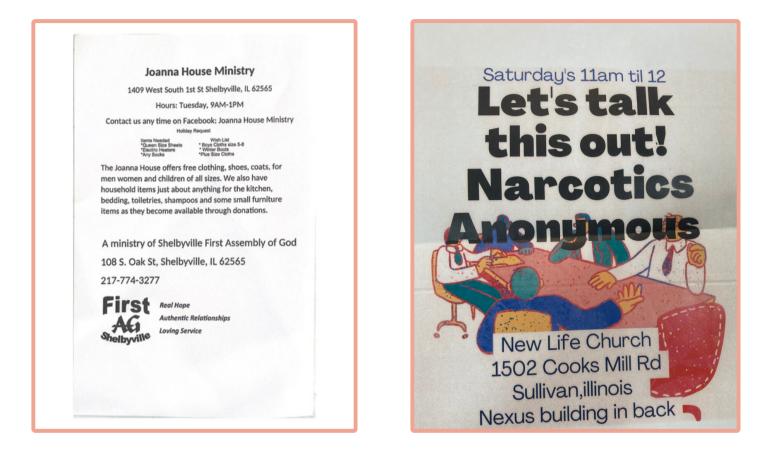


WHAT DOES RECOVERY MEAN TO YOU?

"IT MEANS THAT I GET THE CHANCE TO ENJOY LIFE. IT MEANS A HEALTHY FAMILY. IT MEANS LEARNING WHO I AM AND WORKING TOWARDS BECOMING HER. IT MEANS REACHING OUT TO OTHERS. RECOVERY MEANS LOVING MYSELF AND KNOWING THAT ON THE DAYS THAT I DON'T FEEL LIKE I AM ENOUGH OR I AM TOO MUCH, I AM STILL WORTH IT." PLE, KELLEY.



We provide Narcan training and Narcan distribution through the DOPP program. Contact Tess Miller for more information at tessm@hourhouserecovery.org



IF YOUR BUSINESS, AGENCY, GROUP, MEETING, ETC. WOULD LIKE TO ADD A FLYER/ANNOUNCEMENT/EVENT ON OUR MONTHLY NEWSLETTER, PLEASE EMAIL TESS OR SKYLAR ANYTIME!

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