

**MCDAC Recovery Council**  
**Membership Protocols**  
**March 2023**

**General Membership Information**

The Recovery Oriented System of Care (ROSC) Council of Massac County (known as MCDAC Recovery Council) was formed in 2022 as a part the Massac County Drug Awareness Coalition that was established in 2012 in order to begin the important work of building a community system that supports prevention and recovery. All community members willing to support the vision, mission, values, and goals of MCDAC are welcome as members of the group.

ROSC Guiding Principles:

- Recovery is possible. People can and do recover.
- Recovery happens in communities, and as such, support of recovery is a community responsibility and value.
- Recovery supports and services provided through ROSC initiatives shall be identified and determined by individuals and families. No decisions regarding supports and services for individuals with lived experience will be made without input from those individuals.
- MCDAC members are committed to showing respect to one another and avoiding making judgments of those community members either seeking or maintaining recovery or those who have not yet been educated regarding recovery systems.

**Inclusion and Role of Nonparticipants**

Membership in MCDAC is open. It is MCDAC's goal to be inclusive rather than exclusive. There will be no "nonparticipant" distinction at this time. It shall be the right of Council to change membership protocols at such a time as the Council determines change is necessary. Such changes will be made only by majority vote at a MCDAC meeting.

## **Vision and Mission**

MCDAC will evaluate all new strategies and programs to ensure their adherence to the vision and mission statements.

### **MCDAC Vision:**

Massac County youth, families, and communities will be safe, healthy, and drug free.

### **MCDAC Mission:**

Massac County Drug Awareness Coalition (MCDAC) is determined to reduce substance misuse by providing prevention and recovery education and resources to the youth and adults in our communities.

## **Recruitment**

MCDAC Recovery Council, led by the ROSC Coordinator, will be responsible for recruitment of new members. Membership in the group will be inclusive and will remain open to anyone interested in helping to build a community system that supports recovery.

The ROSC Coordinator will be responsible for:

- Ensuring that MCDAC members are kept informed of the progress related to outreach strategies outlined in the ROSC Outreach and Communication Plan.
- Developing an Outreach presentation to be used by MCDAC members during outreach efforts in the community.
- Developing an Outreach Packet to be disseminated during outreach efforts in the community.
- Developing social media posts, website posts, email blasts, media releases, trainings, and other materials intended to recruit membership in MCDAC.
- Develop a plan for member retention.

The Council members will be responsible for:

- Attending trainings developed to assist in recruitment.

- Utilizing other group meetings and events as opportunities to recruit membership in MCDAC.
- Assisting the ROSC Coordinator in scheduling outreach presentation opportunities and participating in presentations as time allows.

## **Orientation**

Retention of MCDAC members is crucial to effective strategy implementation and longevity of the project. As such, careful consideration should be given to the provision of effective orientation of the MCDAC members. The ROSC Coordinator will oversee the orientation of new members, with assistance from current Council members. The ROSC Coordinator will be responsible for the following:

- Developing materials for new members to inform them about the purpose, history, structure of the MCDAC ROSC Council
- Developing materials for new members to inform of MCDAC's vision, mission, goals, objectives, and strategies
- Encourage new members to follow the MCDAC social media and website posts
- Including "New Member Introductions" at each MCDAC meeting
- Reaching out to all new members frequently to encourage continued participation

## **Training**

Training of MCDAC and community members will be vital for the success of MCDAC's goals. The ROSC COordinator will be responsible for providing training opportunities for both MCDAC and community members. Training topics will include:

- Defining Recovery
- Reducing Stigma
- What is a ROSC?
- Stories of Hope from other communities in their work to create and support a ROSC

Additional topics will be determined through analysis of assessment data and with input from individuals, families, MCDAC members, and community members.

Training will be provided through webinars and in-person training sessions.

### **Recovery Council**

The Recovery Council is a group of individuals with lived experience and holds meetings on a separate schedule. The results of those meetings are shared with the coalition and members of the Recovery Council are encouraged to attend and participate in the coalition meetings.

### **Community Needs Assessment**

MCDAC will conduct a community needs assessment on an annual basis. The ROSC Coordinator will be responsible for all aspects of the needs assessment. The assessment process will include written surveys, focus groups, key interviews, and other means determined by the Coalition and the ROSC Coordinator. Consideration will be given to ensuring participation of all community sectors in gathering assessment data, particularly those individuals with lived experience and their families.

A summary of the assessment data will be available to MCDAC members and the public through the website, meeting minutes, and media releases.

### **Strategic Plan**

MCDAC's Strategic Plan has been developed based on data gathered during the assessment process. Data was analyzed and used to develop goals, objectives, and strategies which are specific, measurable, attainable, realistic, and time-bound. The ROSC Coordinator and coalition members will be responsible for developing, implementing, and evaluating strategies included in the plan. All strategies are aligned with MCDAC's vision and mission, as well as long-term goals and pertinent grant deliverables.

Outcome data has been gathered, assessed, and shared with MCDAC members and any other interested parties.

Changes to the strategic plan will be permitted by majority vote during a regular MCDAC meeting.