

Lee/Whiteside ROSC Council Meeting Minutes

Location -Virtual

October 25, 2023 3:00 pm

Attendance: Ben Rudolph, Christa Cornelius, Danny Sourbis, Gerald Lott, Melanie Marrantino, Samantha Petty, Sandra Toomsen, Lisa, Stewart, Stevie Carney, Ashley Dober, Daniel Stewart, Steve Howell. Carlee Kelly, Liz Cardello

Absent: Andy McFarlane, Hilary Hanna, Jarrett Burton, Lisa Hart, Michelle Elmendorf, Mike Wilcox, Rebecca Johanning, Sam Ramirez, Wyatt Zakosak

Meeting was called to order 3:05 by Gerald Lott

General Business:

- Introduction explanation of staff changes with Amanada no longer with the company
- How to Recommend new ROSC, its ok to have visitors if you think they may like to possibly join the council
- \$25 a month stipend to 3 people with lived experience per ROSC council.
- LWRC Facebook send any flyers or upcoming events to Sandy and she will work with our Outreach Coordinator to have it posted on our page.
- Whatsap has been used and seems to be beneficial to those that have been searching for treatment for others.

Liz Cardello RpH One Box Presentation

One Box is a product helping communities make naloxone (Narcan) more easily available and confidence to administer Narcan with a step-by-step video.

Gerald Old Business

We will revisit the left-over initiatives and asked to revisit them next month.

Ben Rudolph talked about the Statewide ROSC Meeting in Springfield on October 17 and 18. This is what we are doing and what we need help within our community. We met other ROSC from across the state and spoke on Substance Use Disorder, Mental Health, Gambling, Domestic Violence, etc.

We as ROSC members are looking for the pathways to filling in the gaps in our communities.

We can also share not just challenges but things that worked and brought victories in their communities and implement those in our communities.

Dr. Mary Roberson from Faces and Voices of Recovery will be sponsoring an event next year 2024 in Chicago which is a national event so everyone in ROSC Substance Use Disorder across the country will be coming to Region 2! More information to come on that.

What can we do to support each other RCO/ Organizations in our community

Lisa Stewart- Sinnissippi- Rock of Recovery will be at Dixon YMCA on Wednesdays from 2;00-4;00 and Fridays at Coffee Crush 2;00-4;00

Stevie Carney – Sinnissippi- Narcan trainings k-12 at the schools because they need to have them in there by January 2024 Goal is to have Narcan in every first aid kit in every classroom.

Ashley Dober – NICIL- Syringe access program in collaboration with the Lee County Health Dept. and Narcan distribution thanks to SVVOR and how to connect with the population that could use that. Compile a list of Substance Disorder support groups or activity groups for referrals for people in recovery trying to get to recovery or still using that are not ready to stop but are searching for connection.

Samantha Petty - KSB hospital is good

Crista Cornelius – SIU Internship opportunities for the students in the CRSS program when they get done in May 2024 – looking for where they can provide peer support for people that struggle with Mental health or substance use disorder challenges. Do we have a live resource book or database. Provide a space for resources for Tri-county, Food Pantries, Gambling, etc.

Melanie Marrandino- How can we help children whose parents have substance use disorders to process their feelings and possibly find a meeting place a safe place for the children talk about it. Possibly with Rock of Recovery may be a great resource for that to occupy children to feel more comfortable to talk and express their feelings in a non-clinical setting.

Chief Howell Dixon Police Department- still in the beginning stages of searching for a social worker – 5 applicants- hopefully sometime next month they may fill the position.

Share any upcoming events and flyers with Sandy to post so we can all do our part and support each other in the community.

Think of your own talents/ interests and passions