



BB2L BOUNCE BACK 2 LIFE
Recovery Oriented System of Care (ROSC)
Recovery Network

"Dedicated to Making Lives Better"

FY24

MEMBERSHIP PROTOCOLS

RECOVERY ORIENTED SYSTEM OF CARE

Lights of Zion Ministries

11636 S. Halsted

Chicago, IL 60628

WHAT IS ROSC

ROSC stands for **Recovery-Oriented Systems of Care**; it is a network of formal and informal services developed and mobilized to sustain long-term recovery for individuals and families impacted by severe substance use disorders [and mental illness]. The system in ROSC is not a treatment agency, but a macro-level organization of a community, a state, or a nation. (*William White*)

BOUNCE BACK 2 LIFE RECOVERY NETWORK (BB2L)

BB2L is comprised of two High Functioning Faith-Based Organizations, Lights of Zion Ministries, as the lead agency and Southland Ministerial Health Network. The objective of this ROSC will be to create an infrastructure with the resources to effectively address the full range of substance use problems within these targeted communities. The Network serves as a middle ground to coordinate a network of community-based services and supports that connect individuals and families to services and activities that directly address substance use disorders and their impact on the ten targeted communities located in our service area, which are in (*but not limited to*) Greater Roseland Community, Thornton Township Cook County, Illinois: Harvey, Riverdale, Dolton, Dixmoor, Phoenix, Hazel Crest, East Hazel Crest, Markham, Posen, South Holland, and Robbins.

General Protocol Information

By definition, a protocol is a system of rules that explain the correct conduct and procedures to follow in different situations. We can add further that it covers anything that is proper etiquette and not in distaste for other people's opinions or lifestyle choices. We will respect one another and not put forth judgment amongst our peers.

We should always display proper respect to anyone that is in recovery at the ROSC council meetings or related events. In no way will we pass judgment or criticize a person for their mental illness or substance use issue.

Mission

Our mission is to provide a system of services focused on encouraging families and individuals to enhance the quality of their lives, become self-reliant, and create lasting changes that affect the whole community.

Our Motto is "**Dedicated to Making Lives Better**" by creating change, changes to attitudes, and changes to people's potential to influence their outcomes.

VALUES

“Collaborating to build and empower communities of recovery.”

- Improving health, wellness, and recovery for individuals and families with or at risk of substance use problems.
- To promote healthy and safe communities.
- To provide adequate supports for recovery to happen in the community.

ROSC VISION:

“To create a person-centered recovery path with strength-based involvement of families, friends, caregivers, allies and the community as a whole.”

- People can and do recover. Develop Community Success Stories
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.

ROSC GOALS:

- Inform, educate and empower individuals, communities, & Faith Based Leaders
- Determine existing services available as well as the need to expand necessary services in the areas of prevention, treatment, peer recovery support, and systems improvement
- Develop Partnerships that are rich and diverse
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability
- Fully involve clients and families in orienting on the South Side of Chicago & Surrounding Suburbs. toward a Recovery-Oriented System of Care
- Develop supportive communities that foster growth, respect, and understanding of those who have issues in the areas of substance use and mental health.
- Implement effective community integration and mobilize the community as a resource for healing
- Facilitates a culture of peer support and leadership throughout the communities.
- Promote hope, and encourage community stakeholders to commit to implementing and sustaining a recovery-oriented system of care
- Motivate, inspire, and energize people to overcome challenges

HOW TO BECOME A MEMBER OF THE BB2L RECOVERY NETWORK

1. Attend an informational session to become informed about the Criteria of The BB2L ROSC Council
2. Commit to becoming a part of the ROSC council, and Sign an MOU
3. Share Platforms and Resources to inform our Community about ROSC

○ EXPECTATIONS OF THOSE IN THE ROSC COUNCIL MEMBERS

- Participate in our monthly meetings to share ideas on how to assist our communities
- Join ROSC activities, such as newsletters, sharing new ideas, data, best practices, and other important and relevant news related to ROSC.
- Participate in community improvement projects and collaborations,
- Embrace the concept of multiple pathways to recovery, peer-supported recovery, person-centered services, client choice, and, health and wellness.
- Be active in the community providing resources for individuals and families.
- Link to the ROSC website from their organization's website.
- Actively initiate and participate in collaborative activities to achieve success for all.

This coalition is important because it will allow our ROSC Council to develop relationships with people, programs, and processes that will strengthen our community resources and move the entire county toward positive social change.

It will also be every member of the ROSC Council's responsibility to recruit by word of mouth. The goal of our ROSC Council is to be inclusive rather than exclusive. It is encouraged to bring new people to our council.

- **All ROSC Members are asked to participate in the following:**
 - Learning the Mission and Purpose of our ROSC
 - Understanding the responsibilities of our ROSC Council
 - Develop Partnerships that will assist those in Recovery
 - Spread the News about BB2L

MEMBERSHIP BENEFITS.

Members and volunteers will be educated on the principles underlying a ROSC, which is to bring awareness to and educate our communities about substance use and dual diagnosis.

- 1) Our Network will adequately seek finances to permit access to a full continuum of services, ranging from prevention, early intervention, and treatment to continuing care and recovery support.

2) Promote Inclusion of the voices and experiences of recovering individuals, youth, family, and community members the voices and experiences of all community stakeholders will contribute to the design and implementation of our network.

3) People in recovery, youth, and family members will be included among decision-makers and have oversight responsibilities for service provision. Recovering individuals, youth, family, and community members will be prominently and authentically represented on advisory councils, boards, task forces, and committees at state and local levels.

3) Our network will coordinate and/or integrate efforts across service systems, particularly with primary care services, to achieve an integrated service delivery system that responds effectively to the individual's or the community's unique constellation of strengths, desires, and needs.

4) BB2L will seek services that promote health and wellness that will take place within the community to enhance its availability and support.

5) Our Network will be guided by recovery-based processes and outcome measures.

6). Outcomes will focus on individual, family, and community indicators of health and wellness, including benchmarks of quality-of-life changes for people in recovery.

OTHER BENEFITS INCLUDE:

- Members will be able to participate in free training and earn CEU's
- Participate in Increasing the ROSC status in the community
- Become more qualified to Increase recovery awareness in the community
- Develop collaboratives in Identifying individuals in the community with expertise in recovery
- Build relationships with individuals with lived experience
- Assistance with Project planning
- Assist in Developing focus groups that will enhance community involvement
- Advocating for the utilization of peer support services
- Build strong Coalitions that will strengthen agencies
- Use the referral System to ensure that those in Recovery have more access

REGULAR MEETINGS

Regular meetings will be held every 3rd Wednesday of the month. Additional meetings will be held at a time and place agreed upon by the ROSC Council members. The number of ROSC Council members may be changed from time to time by the Council members without further amendment of the written protocol.

SPECIAL PLANNING MEETINGS

Special meetings may be requested by the Council members at a place and time to be determined by the membership. Notice of any special meetings will be given to members at least two (2) days before the meeting date.

COMPENSATION

The ROSC Council members shall not receive any stated salary or compensation for their membership.

AMENDMENTS

The membership protocol may be amended by the Council members when deemed appropriate.

INCLUSION AND ROLE OF NONPARTICIPANTS

It is the goal of the ROSC Council to be inclusive rather than exclusive. Participation is encouraged. There is no need to define the role of nonparticipants as all community members are invited to join the council at any time. Rich and diverse community involvement will aid in the success of the ROSC Council.

BB2L CONTACT INFORMATION.

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“JOIN THE MOVEMENT”