



## **ROSC Strategic Plans**

### **ROSC 3 Year Strategic Implementation Plan**

#### **Ongoing Activities 2022- 2024**

#### **Goal A: Develop and maintain DuPage County ROSC Council meetings.**

**Objective 1: Develop ROSC Council, meeting monthly. Members will have a 75 attendance rate (2022-ongoing)**

**Activity 1:** Host meetings with new partners and members to build participation

**Activity 2:** Set ROSC Council meeting calendar

**Activity 3:** Identify key organizations and individuals to join

**Activity 4:** Establish and review yearly new member orientation that clarifies membership roles, terms of service, responsibilities, meeting attendance requirements

**Objective 2: Identify existing resources and gaps to address goals (2022-ongoing)**

**Activity 5:** Implement and refine a yearly strategic recruitment plan to ensure DuPage ROSC Council involvement is diverse and strengthens the foundation to build RCO Council.

**Activity 6:** Establish efforts to strengthen existing partnerships and assist the DuPage ROSC Council in changing community norms regarding negative perceptions of individuals with SUD and COD; welcome individuals to recovery.

**Activity 7:** Develop communication plan, goals and objectives to expand existing targeted area community stakeholders, businesses, schools, law enforcement, persons with lived experience, and their families.

**Objective 3: Enhance the leadership skills of the ROSC Council Action Committees**

**Activity 8:** Establish and refine recruitment plan for action committees and develop an assessment recruitment measurement online tool.

**Activity 9:** Develop a transformative sustainability plan to maintain strategies and outcomes of ROSC memberships.

**Activity 10:** Conduct future meetings, establish committees and community partners for strategic planning, training on the strategic prevention framework, meeting management, presentation skills, cultural competency, media advocacy, and sustainability.

**Activity 11:** Design and adopt a ROSC Council leadership succession plan and RCO leadership plan.

#### **Objective 4: Strengthen Collaboration with other ROSC Coalitions in Chicagoland area and the State of Illinois (2022-ongoing)**

**Activity 12:** Attend statewide ROSC Council members to develop one cooperative activity and policy initiative yearly.

**Activity 13:** Implement a ROSC joint public awareness effort/media campaign on a common component of ROSC.

### **Goal B: Increase the Awareness of the ROSC Council: Its Mission and Purpose**

#### **Objective 5: Track the number of: assessments, website reviews, webinar participants, pre and post surveys, presentations, monthly ROSC Council updates completed, and participants in key ROSC Council meetings (2022-ongoing)**

**Activity 14:** Conduct community outreach to increase visibility of ROSC Council and awareness of problem.

**Activity 15:** Create shared ROSC Council Facebook page and develop forms to include information from all council recovery services.

**Activity 16:** Provide intense presentation skills training to committee members on role of providers involved in the ROSC.

**Activity 17:** Committee members provide presentations to organizations and partners in their service, business, school and other community stakeholder areas.

**Activity 18:** Develop and post webinar email on ROSC education for committee members and general public.

**Activity 19:** Deliver a monthly ROSC Council update to council representatives, action team members, and their organization's leadership team via email.

**Activity 20:** Host bi-annual ROSC Summit throughout the community to increase engagement.

## **Goal C: Increase Credibility of ROSC Council**

### **Objective 6: Increase education and understanding of the importance of ROSC Council Membership (2022-ongoing)**

**Activity 21:** Data workgroup will conduct a community presentation to increase knowledge of committee members about Recovery Oriented Systems of Care and the importance of the DuPage ROSC Council with a trends presentation will also be developed as an email video.

**Activity 22:** Develop and distribute an Annual Progress Report of the ROSC Council that also depicts data trends at a town hall meeting.

**Activity 23:** Host volunteer training for all Council members/volunteers addressing Recovery Oriented Systems of Care.

**Activity 24:** Conduct focus group with diverse individuals in recovery to determine effective messages for recovery and engagement methods.

**Activity 25:** Conduct recovery directed communication campaign using social media and business incentives.

**Activity 26:** Conduct and engage DuPage County Small Business Association, Choose DuPage – Economic Development Alliance, Impact DuPage, Giving DuPage, Continuum of Care in activities that increase ROSC visibility through education, prevention, and recovery marketing.

## **Goal D: Increase ROSC Knowledge Base**

### **Objective 7: Increase perception of Peer Educators, PLE, SUD involvement and participation in ROSC Council and the development of an independent RCO. (2022-ongoing)**

**Activity 27:** Develop support for Peer Educators/Recovery Coaches, PLEs and recovering individuals and obtain incentives for their work in the communities

**Activity 28:** Train Recovery Coaches in the DuPage County community to provide peer support and community education. Education community of the role of Recovery Coaches

**Goal E: Develop additional support systems for people in recovery and their families. (2023-ongoing)**

**Objective 9: The ROSC Council will develop three - four Recovery Coach trainings per year.**

**Activity 29:** Work with our Persons with Lived Experience (PLE's) to create a directory of additional alternative recovery meetings within the county.

**Activity 30:** Work with families of PLE's to obtain a better understanding of their needs.

**Objective 10:** Within three years, the ROSC Council will expand prevention education and stigma reduction programs within DuPage County school district and develop a support groups that will support children of parents with substance use disorder.

**Activity 31:** Meet with local school administrators to discuss possible options for support for students.

**Activity 32:** Share information and collaborate with DRCO to plan prevention education programs for DuPage Schools

**Goal F: The ROSC Council will assist in increasing SUD/COD intervention and treatment support options in the county. (2024-ongoing)**

**Objective 8:** The ROSC Council Administration will facilitate the formation of Recovery Coaching within hospitals and first responders within next two years.

**Activity 33:** Coordinate a meeting between key stakeholders in the county including local hospitals and first responders, to determine feasibility of implementing a Recovery Coaching alliance

**Activity 34:** Within two months of the feasibility meeting, distribute findings to ROSC members as well as DRCO

**Activity 35:** Within six months of the feasibility meeting, identify partner sites and begin planning with them

**Objective 9:** The ROSC Council Administration will coordinate efforts to improve transportation for treatment services.

**Activity 36:** Meet with the appropriate stakeholders to gather a needs assessment for those needing treatment, as well as transportation to those services.

**Activity 37:** Within one month of the above meeting, meet with treatment providers to determine meeting the county's needs.

**Activity 38:** Identify possible sources of funding for transportation services

## **Goal G: The ROSC Council will work to decrease stigma related to substance use and mental health challenges in DuPage County. (2024-ongoing)**

Objective 10: The ROSC Council Administration will find opportunities for persons with lived experience to share their stories with the public.

Activity 39: Commit time at monthly ROSC meetings to spotlight local person in recovery

Activity 40: ROSC will work with DRCO to find persons with lived experience to speak at local schools for prevention education

Activity 41: ROSC will use website and social media to center voices of people in recovery in DuPage County through regular posts

Activity 42: ROSC will work to create a podcast within the next year that will feature persons with lived experience in DuPage County.

Objective 9: The ROSC Council will work on another stigma reduction campaign within the next year

Activity 43: ROSC will work with DuPage Health Department to study data which will identify the effectiveness of FY23's collaborative stigma reduction/fentanyl awareness campaign

Activity 44: ROSC will meet with appropriate stakeholders and partner organizations to discuss collaboration on stigma reduction campaign

Activity 45: ROSC and partners will create stigma reduction campaign that will be featured on all websites, socials, etc

Activity 46: ROSC will host townhall meeting to kick off stigma reduction campaign featuring stakeholders and persons with lived experience

## **Goal H: The ROSC Council will work to improve access to recovery services for persons incarcerated in DuPage County. (2023-ongoing)**

Objective 10: The ROSC Council will expand activities within DuPage County Jail.

Activity 47: Continue four recovery related classes led by persons with lived experience

Activity 48: ROSC will add two more classes within the next year (domestic violence and SMART Recovery)

Activity 49: ROSC will work with DRCO to provide recovery support services for those requesting them in DuPage County jail

Objective 11: ROSC will work to create industrial painting training program inside DuPage County Jail

Activity 50: Work with partners in jail administration to discuss feasibility of specific jobs training programs

Activity 51: Identify funding sources for painting supplies (\$2000 secured as of 10/2023)

Activity 52: Work with College of DuPage to determine certification process for class graduates

Activity 53: Training program implemented quarterly in FY24

**Goal I: The ROSC Council will work to improve access to harm reduction materials for DuPage County residents. (2023-ongoing)**

Objective 10: The ROSC Council will provide Narcan wall-boxes for community partners.

Activity 54: Continue to supply Narcan for boxes at three community partner sites (West Suburban Fellowship Club, 360 Youth Services, Stony Brook Clinic)

Activity 55: ROSC will work to identify three more partner sites for box installation within the next year

Activity 56: ROSC will work with DRCO to provide harm reduction trainings for partner sites

Objective 11: ROSC will install two more Narcan vending machines in DuPage County in FY24

Activity 57: Work with DuPage Health Department, DuPage Sheriff and DuPage Coroner to identify locations in DuPage County where overdose rates are higher than average

Activity 58: Identify locations in DuPage County where there are gaps in services and low access to Narcan, inequality of services, etc.

Activity 59: Work with community stakeholders to identify funding sources (Hope For Healing currently one funding source for partnership)

Activity 60: Installation of machines by end of FY24

Objective 12: Lower stigma related to harm reduction services in DuPage County

Activity 61: Use de-stigmatizing language when talking about harm reduction at ROSC events

Activity 62: Frame harm reduction services as a public health matter when providing trainings and educations for community

Activity 63: Provide at least two presentations from local harm reduction practitioners at ROSC meetings within FY24

**Goal J: The ROSC Council will expand the type of presentations and educations for community (2024-ongoing)**

Objective 13: The ROSC Council will expand the scope of presentations and spotlight more pathways to recovery.

Activity 64: ROSC will assess stakeholders to determine what type of educations they're seeking.

Activity 65: ROSC will provide presentations on less-traditional pathways to recovery (psychedelics, ketamine therapy, EMDR, nature therapy, holistic approaches, etc)

Activity 66: ROSC will spotlight paths to recovery that may be stigmatized (methadone).

Activity 67: ROSC will continue to promote multiple pathways to recovery in all planning and presentations.

**Goal K: The ROSC Council will increase collaborative efforts among organizations to provide improved access to services (2023-ongoing)**

Objective 13: The ROSC Council will maximize use of What's App Referral Hub

Activity 68: Promote services available through Referral Hub on social media, request stakeholders promote via their channels

Activity 69: Create sub-groups on Referral Hub for specific types of referrals (eg: detox, IOP, therapists, etc)

Activity 70: Expand types of referrals taken on Referral Hub to include other areas on recovery continuum: jobs, legal, spiritual, housing, etc.

Activity 71: Collect data weekly on the types of referral requests, outcomes, etc to identify strengths and gaps in the service

Activity 72: ROSC will coordinate with DRCO to provide RSS follow up on referral requests.