



**Recovery Oriented System of Care**

**Membership Protocols FY 24**

# Recovery Oriented System of Care

## Membership Protocols

### General

We will respect one another and not put forth judgement amongst our peers. We share expectations of conduct and procedures to follow in different situations.

We should always display proper respect to anyone that is in recovery at the ROSC council meetings or related events. In no way will we pass judgement or criticize a person for their mental health challenge or substance use issue.

### Mission, Values and Goals

It is the duty of every ROSC Council member to adhere to the mission, values, and goals.

We strive to improve the understanding in the two counties we serve that recovery happens within the community. The development and sustainability of a collaborative Recovery Oriented System of Care will work to create a culture that builds and nurtures recovery.

**ROSC Mission:** Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason Counties to reduce stigma and improve recovery outcomes.

**ROSC Values:** We strongly believe:

- Recovery is possible!
- Individuals may have many paths to recovery and recovery can look different for everyone.
- People in recovery and their families can and should determine the services they need.
- Strong recovery communities translate to improved community health outcomes.
- Addressing co-occurring mental health, economic, and social issues to create an integrated approach to recovery can improve outcomes for people struggling with Substance Use Disorder.
- Words matter. Addressing stigma around recovery, Medicated Assisted Recovery (MAR), and substance use disorder (SUD) can help increase understanding and opportunities for life in long-term recovery.

### ROSC Goals:

- Goal 1: Improve ACCESS to recovery supports and services.
- Goal 2: Increase OPPORTUNITIES for people in recovery.
- Goal 3: Increase AWARENESS around the challenges of recovery and the resources in place to combat these challenges.
- Goal 4: Create a culture of ADVOCACY for recovery and offer ways for new advocates to add their voices to the recovery conversation.

## **Recruitment**

The ROSC Council will recruit by informing, educating and empowering our communities. The lead agency ROSC team along with established and dedicated council members will recruit via the ROSC website, email blasts, telephone calls, and in-person meetings, distribution of brochures, social media, presentations, and community discussions. The importance of recruitment is to build our coalition and have representation across community sectors.

It will also be every member of the ROSC Council's responsibility to recruit by word of mouth. The goal for our ROSC Council is to be inclusive rather than exclusive. It is encouraged to bring new people to our council.

## **Orientation**

Involvement is crucial for the longevity of the ROSC Council. Understanding the council's history, goals, objectives and structure is important. By taking the time to orient new members to the privileges and responsibilities of membership, the council can create a more educated membership and a more productive council. Orientating new members will make a significant contribution to the ROSC Council. A successful orientation will include but is not limited to:

- Informing new members about the ROSC history, purpose and structure
- Informing new members about the ROSC Council's vision, goals and objectives
- Open access to all vital documents via the ROSC Council website
- Acquainting all new members at ROSC Council meetings
- Motivating new members to return

By following these tips, ROSC Council members will ensure:

- New members know the council and are able to articulate the purpose
- Members understand their rights and responsibilities
- The purpose of orientation is to gain effective members who make an efficient council

## **Training in the ROSC Framework**

Members and volunteers will be educated on the principles underlying a ROSC, which is to bring awareness to and educate our communities of substance use and dual diagnosis.

Members are encouraged to attend trainings when offered through the ROSC Council. This is not mandatory, but education will be a vital piece of conquering the stigmas surrounding substance use disorders in our communities.

- Increasing the ROSC status in the community
- Increasing recovery awareness in the community
- Identifying individuals in the community with expertise in recovery
- Identifying individuals with lived experience
- Project planning
- Recruiting focus group participants and soliciting community involvement
- Advocating for the utilization of peer support services

### **Adherence to Strategic Plan**

The development and updates to the strategic plan help guide the forward direction of the ROSC Council, to be reviewed yearly. ROSC council Members are asked to participate and provide feedback in the planning of and implementation of actions of the strategic plan.

### **Inclusion and Role of Nonparticipants**

It is the goal of the ROSC Council to be inclusive rather than exclusive. Participation is encouraged by all members of the council. There is no need to define the role of nonparticipants as all community members are invited to join the council at any time. Rich and diverse community involvement will aid in the success of the ROSC Council. Participation in sub-committees is highly encouraged for all community members.

### **Community Needs Assessment Process**

The community needs assessment will be updated annually and be available to all members of the ROSC Council as well as community members on the ROSC website. Members are asked to be active participants in the assessment process and community resource mapping and review of both.

**Annual Review:** The Membership protocols should be reviewed annually by the council.