

Recovery Oriented Systems of Care Membership Protocols Randolph and Washington County Healthy Communities Alliance Fiscal Year 2024

Goal:

The goal of the membership protocols is to explain the conduct and procedures to follow in different situations. Generally, we should always display respect to anyone in recovery, from a mental illness or substance use disorder, at the Healthy Communities Alliance (HCA) or ROSC council meetings or related events. The goals of HCA and specifically the ROSC council are to:

- Inform, educate and empower individuals and communities.
- Determine existing services available as well as the needs to expand necessary service in the areas of prevention, treatment, peer recovery supports, and systems improvement.
- Develop rich and diverse partnerships.
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability.

HCA Mission:

Increase awareness and education to enhance physical and mental well-being through community partnerships

Illinois ROSC Vision Statements:

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.

Illinois ROSC Values:

- Recognize the right of a person to direct their own recovery.
- Recognizing that there are many models of and paths to recovery.
- Operate with integrity and a sense of personal responsibility.
- Include the voice of peers, family members, and the community in planning and decision making.
- Implement programs with competency and good stewardship.
- Empower individuals and families.
- Embrace cultural diversity.

Membership Recruitment:

It will be the responsibility of the Recovery Coordinator to successfully recruit, educate, and empower members. The Recovery Coordinator will assure representation from all stakeholders categories provided by the State in order maintain a diverse representation on the Council. Member recruitment can include, but is not limited to: email distributions, social media outlets, press releases, town hall meetings, pamphlets, radio interviews, and other community presentations. The current ROSC Council members will assist in the continued recruitment of new members. This Council is meant to be inclusive, but there will be membership protocols to guide the recruitment and inclusion of current and future members.

Membership Protocols:

- Membership in the Healthy Communities Alliance and in the ROSC HCA Recovery Advisory Group is open to any and all persons who understand and agree with the mission without regard to age, race, sex, creed, gender, sexual orientation, values or physical challenges.
- Persons on the ROSC Council who serve in the capacity of PLE (Persons with Lived Experience) or a family member of a PLE should not have judgement or criticism placed on them in any situation.
- PLE's must be sober, drug-free, and actively involved in his/her own recovery program.
- Members must be willing to collaborate with other persons or organizations for the purpose of helping persons in recovery.
- Members will remain open minded and flexible in their thinking and willing to learn from one another.
- Members must maintain confidentiality and respect the privacy of all members; personal stories and situations that may be shared need to be kept within the council.
- All members will have an understanding of the definitions of "ROSC", "addiction" and "recovery" as they pertain to the ROSC Council, and additional trainings on these ideas will be offered as needed.
- Protocols must remain flexible and the ROSC Council will consider issues not addressed as they arise on a case by case basis. After agreement is reached and if revision is in the best interest of the Council as a whole, this document may be modified. Unity remains an important component.

Orientation and Training:

New member engagement is necessary to the longevity of the ROSC Council. Understanding the council's history, vision, goals, objectives, and structure is important. Through orientation of new members, the council can create a more educated membership and a more productive council. A successful orientation will include but is not limited to:

- Informing new members about the ROSC history, purpose and structure.
- Informing new members about the ROSC Council's vision, goals and objectives.
- Sharing the ROSC Council website and information on other Illinois Councils.
- Acquainting all new members at ROSC Council meetings.
- Encouraging new members to return.

By following these protocols, ROSC Council members will ensure:

- New members know the council and are able to share with others the purpose.
- Members understand their rights and responsibilities.

Inclusion and role of non-member participants:

- All meetings are open to the public and interested parties are welcome to attend.
- Council and community members are encouraged to provide input to Recovery Coordinator or other HCA members if they cannot attend meetings. Agendas, minutes and information are posted on state ROSC website.
- We will outreach to specific individuals and groups we need to hear from such as recovery groups in community.
- We continue to outreach to individuals in each county and others to create diverse sector representation

Community Needs Assessment and Strategic Plan:

Members will assist in the annual updating of a Community Needs Assessment (CNA) through work at a Council meeting in order to identify current strengths and needs in our region. This assessment will inform the annual updating of the Council's strategic plan and priorities for the Council's yearly work plan.