

Moultrie and Shelby County ROSC

When: November 7, 2023

Time: 3:30 PM

Where: Elizabeth Titus Memorial Library/Zoom

Note taker: Skylar Kamerer-Miller

Attendees: Tess Miller, Skylar Miller, Richard Hood, Julie Pohlman, Kelley Sneyd, JR Greer, Michelle Eaton, Suzie Kensil, Angie Durbin, Karen Cook, Crystal (The Salvation Army, Johanna House), Ambrosia Roberts

Minutes

November Newsletter

Skylar mentioned that she attended the Candy Run in Shelbyville on October 30th. Multiple materials were passed out, and we handed out 1 box of Narcan.

Skylar also stated that the Shelby/Moultrie ROSC has our 3rd laundry day on the 17th, and she will share her story at Okaw Valley High School.

Please refer to the Newsletter for more information

Spotlight Speaker/Agency: **Karen Cook, ROSC Program Supervisor**

Karen provided information on the Stabilization and Transition Unit (STU) at the Hour House, which started in August of this year. She mentioned that eligibility can include people who are actively using, not using, but believing their sobriety is at risk, needing detox, and/or needing residential treatment. Regardless of the specific need, the STU is available. It is fully staffed with recovery navigators. Your stay will consist of 3-5 days in detox/stabilization.

The Hour House assessed 37 individuals across 19 counties in the first month. Of the 37, 23 went to residential, and 2 went outpatient. Karen mentioned that there are 9 beds; they are split between detox and stabilization and can be shifted as needed. If anyone has further questions about the Stabilization and Transition Unit, contact **Skylar** or **Tess** for the Healthcare Coordinator.

Strategic Plan- FY24

Tess discussed **objective 10**, providing information campaigns to reduce stigma and provide support to persons with substance use disorders, and **objective 14**, providing Naloxone training and distribution within the community.

Tess mentioned that she will be going over two or three objectives of the strategic plan for the subsequent meetings to have an in-depth review of our strategic plan. She also stated always to feel free to ask her any questions regarding the document.

Tess discussed the Drug Overdose Prevention Program (DOPP) sites in Moultrie/Shelby Counties. They are listed below.

- Shelbyville Spillway Motel
- Shelbyville Salvation Army
- Moultrie County Sheriffs Dept.
- Sullivan Public Library
- Christ Tabernacle Church in Herrick
- Family Drug Pharmacy in Shelbyville
- Lovington Library
- Sullivan Pharmacy

Tess also discussed our partnerships with local pharmacies. They are listed below.

- Family Drug Pharmacy in Shelbyville
- Moweaqua Pharmacy
- Sullivan Pharmacy

Tess discussed a recent Narcan training with the Okay Valley High School staff on November 8th.

*If you know of any agency that would like Narcan training, please let **Tess** or **Skylar** know*

PLE Advisory Committee

Tess mentioned our PLE advisory meeting at 3:30 pm on October 26th at ICED in Shelbyville. We discussed what our PLE's think we need for the community. They delivered great feedback, for instance, a back-to-school bash, resource bags, an educational panel, and a second-chance employers' job fair. We are excited to bring the ideas to life. However, we are still in the planning stages and will be provided with updates periodically.

Our next PLE meeting is scheduled for Tuesday, November 28th, @ 3:30 at ICED in Shelbyville

November Discussion

Tess mentioned resource bags for those going into treatment. We could keep them in the cars of the PLEs who help ROSC with transportation.

Tess mentioned Bonnie's idea of a back-to-school bash. How could we correlate this event with recovery? We could offer haircuts and supplies to children while providing resources to their parents.

Tess stated having an educational panel would reduce the stigma surrounding SUD. We have identified a few PLEs, and Skylar is willing to speak at our event.

Tess mentioned our Second Chance Employers Job Fair and Business Clothes Drive. The council discussed ideas for organizations to attend.

Kelley discussed her excellent proposal with the council. If you would like more information, we can provide it.

Skylar discussed agency highlights and PLE highlights in a monthly newsletter. We also opened the floor for anyone who would like to give their agency update.

Crystal stated that the Salvation Army is doing bell-ringing this month. That is where most of their donations come from! You can check out their Facebook page for updates/more information.

Recovery around the Holidays

Tess mentioned that ROSC is holding a radio campaign – positive words from individuals in recovery are encouraged.

Karen shared the amazing Hour House commercials that will air soon with the MSCRC!

Update on Recovery Navigator Resource

Skylar shared that she has two Wellness groups via Zoom this month; the Topic is "Family Matters," part one. As discussed, she created a group on Facebook connected to the East Central ROSC page specifically for Moultrie and Shelby County. Please add anyone from the area! With the help of our ROSC Council and PLE, we got someone a bed in the Hour House and a ride there. The individual is still in contact with Skylar.

Next steps

Who can we bring to the next Council Meeting?

If you would like us to include your agency highlights, meeting updates, flyers, etc. Please contact Tess or Skylar!

Next Meeting: December 5th @ 3:30 at Shelbyville Outpatient

Where to Find Past Minutes: <https://www.govst.edu/ROSC-GSU/ROSCC>