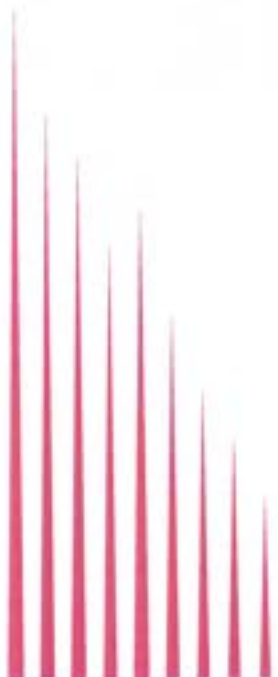




NOVEMBER
21th, 2023



Approval of Minutes

- Approval of minutes from October

New Member Introductions

- Who are You?
- What's your role in the community?
- Why ROSC?

**TOGETHER
RECOVERY**



DON'T FORGET TO SIGN
THE ROSTER!



SHARE YOUR NAME, TITLE,
AND EMAIL IN THE CHAT!





MACCOUNPIN COUNTY

Parents Events



»»» ALL WOMEN ARE WELCOME »»»
**Domestic Violence
Support Group**

WEDNESDAY 11/29 AT 5PM
Carlinville Police Department
570 N BROAD ST. | CARLINVILLE

Macoupin County
Public Health Department



MACCOUNPIN COUNTY NETWORKING ALLIANCE MEETING



THIS MEETING IS FOR THE PURPOSE OF MACCOUNPIN COUNTY BUSINESSES, PROGRAMS, COMMUNITY MEMBERS, FACILITY EMPLOYEES, ETC. WHERE THEY COME TO NETWORK WITH OTHERS IN THE COUNTY AND TO LEARN MORE ABOUT THE SERVICES OFFERED IN OUR AREA TO BETTER ASSGT THOSE THEY SERVE.

WHAT

THE FIRST TUESDAY OF THE MONTH 10:30 AM STARTING AUGUST 1ST.

WHEN

CARLINVILLE PUBLIC SAFETY CENTER IN THE COMMUNITY ROOM

WHERE

ADDRESS: 225 NORTH BROAD STREET CARLINVILLE



CONTACT INFORMATION:
LINDAY AMOR: LAMOR@MCHD.NET
ELYSE SCHORK: ESCHORK@MCHD.NET



First Aid &

CPR Certification Training

2nd Tuesday of Every Month
205 Oakland Avenue, Carlinville
4:30-7:30PM

Sign-Up

Call: (217) 854-3223
• Email: safefamilies@mcphd.net



Macoupin County Public Health Department provides
Heartsaver CPR training for individuals and groups.
Please contact us for detailed information.



THURSDAYS

Experience a safe place to find freedom from any of
life's hurts, hang-ups, and habits.

Free Meal 5:30
Main Session 6:15
Small Groups 7:15



1255 S. Hackman
***This is an open program,
for any adult.*

MOM AND TOTS
2nd Wednesday of every month
— 9:30-10:45 am —
at Net Community Church

Mourning to Morning



Grief Support Group

Grief is experienced in so many ways -- physical, emotional, financial, and spiritual. One needs a place to recognize that these reactions are part of the journey of grief. Being with other grieving people can reaffirm that one is experiencing a natural process. While every loss is unique, through this support group one can experience comfort in the support of others who have experienced loss, and understand.

Groups are held every Thursday from 4:30 to 5:30 PM, weather permitting, except holidays. The group meets at the Montgomery County Health Department.

Ron Howard, M.A., Facilitator
Montgomery County Health Department
1191 IL Rt. 185, Hillsboro, IL 62049
(317) 532-2001

MONTGOMERY
COUNTY
Events

Online

&

OUT OF COUNTY

NEW RECOVERYS MEETINGS

Coming to Bond County



The Healers Community

(Restoration Recovery)

2nd & 4th Saturday of
the month at 11am
Bond County Senior Center
1001 E. Harris
Greenville, IL

Open to anyone in Recovery
Coffee served
Starting June 10, 2023

Sponsored

By:



Finding Freedom

Every Thursday at 12:30pm
Bond County Senior Center
1001 E. Harris
Greenville IL

Open Meeting
Coffee Served

Starting May 11, 2023



LIVING FREE

12 STEP RECOVERY

Every Tuesday at 6pm
Tamalco Christian Church
(house across the street)
1798 Tamalco Ave.
Keysport, IL

Open to EVERYONE
Starting May 30, 2023

618-381-0831
mbrunions@christus.org

Community Support Meetings

Al-Anon Meeting
every
Thursday at 6:30
p.m. at Cross
Over Ministries
Living Room
Hillsboro, IL

Emotions
Anonymous
Meeting
every Thursday
from 6-7 PM at
Beacon Church
Litchfield, IL

AA Meeting
every Friday
6:00pm at
Episcopal
Church
Carlinville, IL

AA Virden Group
First Baptist
Church Monday
10:00am
Virden IL

NA Virden Group
First Baptist
Church Saturday
11:00am
Virden IL

Mourning to
Morning Grief
Support Group:
Thursday
4:30pm-5:30pm,
Montgomery
County Public
Health
Department
Litchfield IL

NAMI Family
Support Group:
Third Wednesday
of the Month
6:00pm-7:30pm,
Ave, Carlinville IL

Macoupin County
Networking
Alliance: The first
Tuesday of
every month
10:30am-12pm
Carlinville Public
Safety Center,
Community Room
Carlinville IL



MICHELLE DETTWILLER

AMERICORPS: RECOVERY CORE
RECOVERY PROJECT
COORDINATOR



- 
- A graphic of a brown clipboard with a gold clip at the top. The clipboard contains a list of items.
- End of Year Goals
 - Stigma Campaign
 - Donation Drive
 - Sober Event
 - Resource Hub

What do YOU want to see?

Congrats!

BRIAN POLLO, RN BSN

SITE SUPERVISOR
St. Francis Way



Contingency Management at St. Francis Way



ST. FRANCIS WAY
Clinic
805 St. Francis Way
217-250-2380





Give a Warm Welcome

DANIELLE GARNIER, RN



Substance abuse, Safe Sharps Disposal and Narcan Use

Danelle Garner BSN-RN Nursing Student
Herzing University- Online
NSG 323-8D Community and Public Health Nursing
Presented on: 11/27/2023

Audience

- Community members
- ROSC (Recovery Oriented Systems of Care) committee
- Meeting attendees



Pre Quiz Time!

Objectives

- Bring awareness to the community regarding substance abuse in the surrounding area
- Educate regarding safe sharps disposal in the home and in the public
- Educate regarding narcotic usage
- Provide resources in the surrounding areas for each topic covered

A little about me

- Where I grew up
- Why these topics are important to me
- How I can foresee helping others

Did you know?

According to the National Drug Institute on Drug Abuse (NIDA), **20.4 million** people in the US were diagnosed with substance use disorder (SUD) in 2022 (NIDA IC Fact Sheet 2022 | National Institute on Drug Abuse, 2021).

What is a “substance”
as in the term
“substance abuse
and/or use”?

Substance Use Facts

“Substance use disorder (SUD) is a treatable mental disorder that affects a person’s brain and behavior, leading to their inability to control their use of substances like legal or illegal drugs, alcohol, or medications,” (*Substance Use and Co-Occurring Mental Disorders*, n.d.).

Substance abuse/substance use disorder was thought to be a “lifestyle” issue and not treated within the healthcare system until the 2008 Mental Health Parity and Addiction Equity Act and the Affordable Care Act in 2010 (McLellan, 2017).

Safe sharps disposal



According to the FDA, used needles/syringes should NOT go in the regular trash/wastebasket (*Illinois - Safe Needle Disposal*, 2023).

“The US Food and Drug Administration (FDA) recommends that used needs should be placed in FDA-cleared sharps disposal containers,” (*Illinois - Safe Needle Disposal*, 2023).

In addition to FDA-cleared sharps containers, individuals can utilize needle clippers (*Illinois - Safe Needle Disposal*, 2023).

Safe Sharps Disposal (continued)

There are alternatives if a FDA-cleared container is not available.

“Place sharps in a strong, plastic container, like a laundry detergent or bleach bottle” (*Illinois - Safe Needle Disposal*, 2023).

Used needles should not be placed in soda bottles or water bottles as those bottles are not puncture-resistant.

If your trash agency is reluctant to take the sharps container call the Bureau of Land's. “The Bureau of Land's general switchboard number is (217) 524-3300. Choose option 4 and the operator will direct your call to the appropriate person,” (*Bureau of Land Contacts*, n.d.).



What is Narcan/naloxone?

- Medication to rapidly reverse an opioid overdose (*Naloxone DrugFacts* | *National Institute on Drug Abuse*, 2023)
- Opioid antagonist
- Has no effect on individuals that do not have opioids in their system (*Naloxone DrugFacts* | *National Institute on Drug Abuse*, 2023)

Narcan Usage

“Naloxone should be given to any person who shows signs of an opioid overdose or when an overdose is suspected,” (*Naloxone DrugFacts | National Institute on Drug Abuse, 2023*).

Available in two forms: injectable and nasal spray (*Naloxone DrugFacts | National Institute on Drug Abuse, 2023*)

Injectable brands-

- Typically must be drawn up from a vial (*Naloxone DrugFacts | National Institute on Drug Abuse, 2023*)
- injected with a needle into muscle
 - may be administered into a vein or under the skin (*Naloxone DrugFacts | National Institute on Drug Abuse, 2023*)

• Prepackaged Nasal Spray- “FDA-approved prefilled, needle-free device that requires no

assembly and is sprayed into one nostril while the person lays on their back. This device can also be easier for loved ones and bystanders without formal training to use,” (*Naloxone DrugFacts | National Institute on Drug Abuse, 2023*).

What you can do- Resources

Be prepared

Be educated

Attend meetings and trainings



Post Quiz Time!

Audience Q&A

References

- Bureau of Land Contacts.* (n.d.). <https://epa.illinois.gov/about-us/contact-us/land-contacts.html>.
- IDHS: Substance Use Prevention & Recovery.* (n.d.). <https://www.dhs.state.il.us/page.aspx?item=29759>.
- Illinois - safe needle disposal.* (2023, October 13). Safe Needle Disposal. <https://safeneedledisposal.org/states/illinois/>.
- Macoupin County Public Health Department.* (2023b). Retrieved November 16, 2023, from <https://mcpd.net/health-wellness-center-recovery-center/>.
- McJellan, A. T.* (2017). *Substance Misuse and Substance use Disorders: Why do they Matter in Healthcare?* PubMed Central (PMC). <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5525418/#:~:text=In%20this%20paper%20a%20%E2%80%9Csubstance.and%20social%20problems%2C%20including%20addiction.>

References

- Naloxone DrugFacts* | National Institute on Drug Abuse. (2023, June 1). National Institute on Drug Abuse. <https://nida.nih.gov/publications/drugfacts/naloxone>.
- NIDA IC Fact Sheet 2022* | National Institute on Drug Abuse. (2021, May 28). National Institute on Drug Abuse. <https://nida.nih.gov/about-nida/legislative-activities/budget-information/fiscal-year-2022-budget-information-congressional-justification-national-institute-drug-abuse/fc-fact-sheet-2022>
- Substance use and Co-Occurring mental disorders*. (n.d.). National Institute of Mental Health (NIMH). <https://www.nimh.nih.gov/health/topics/substance-use-and-mental-health>.

NEXT ROSC MEETING

DEEG ?



Scan me



*to complete the
evaluation survey*

