

- ◆ Introduction of shared logo board representing participating organizations within Macoupin and Montgomery County ROSC
 - ◆ Requests for participating organizations to send in logos if they're interested in showing involvement
- ◆ Coverage of Macoupin, Montgomery, Virtual, and Out of County Events such as:
 - ◆ Domestic Violence Support Group offered in Carlinville, IL
 - ◆ CPR Certification (open to public) hosted by Macoupin County Public Health Department
 - ◆ Celebrating Recovery Group offered in Staunton, IL
 - ◆ Mom and Tots Family Class offered at Net Community Church
 - ◆ Mourning to Morning Grief Group offered in Macoupin County
 - ◆ The Healers Community at Bond County Seniors Center
- ◆ Follow Up on Various 12-Step Programs such as Alcoholics Anonymous, Narcotics Anonymous, Emotions Anonymous, offered throughout the week in county
- ◆ Introduction of Michelle Dettweiler, Recovery Project Coordinator through Recovery Core, and her current projects including:
 - ◆ Creation of a resource hub accessible to community members, community organizations, and treatment centers to locate information on available inpatient beds, open food pantries, etc. with greater ease
 - ◆ Facilitation of a Holiday Donation Drive internally within MCPHD for hats, gloves, socks, and underwear which will benefit SFW patients
 - ◆ Planning and hosting of a community sober event
- ◆ Michelle is looking for feedback, participation, and collaboration in planning and development of projects, and offered ROSC members the opportunity to leave contact information in a separate sign up sheet
- ◆ Elyse Schoen introduced Brian Pollo, RN BSN, as the new site supervisor for SFW Clinic
- ◆ Elyse Schoen spoke on Brixadi, a new injectable treatment option for individuals experiencing Opioid Use Disorder, as an alternative to Sublocade, which had been an incredibly painful injection as the solution was very viscous and injected through a 19 gauge $\frac{5}{8}$ inch needle. Sublocade often left welts under the skin, caused patients to pass out due to the injection pain, and, and could only be administered in the stomach. Brixadi is a more fluid consistency, offers a smaller needle, and can be injected at 4 different sites. It will be offered at SFW and appears to be less expensive than Sublocade which should improve its coverability through insurance.
- ◆ Elyse Schoen spoke on Contingency Management, a new program offered at SFW Clinic as a treatment option for individuals diagnosed with Stimulant Use Disorder as no current medication based treatment options exist. CM is an evidence based system that utilizes extrinsic reward to motivate patients to complete required weekly tasks such as attending counseling, groups, meeting with case management, and decreasing use. If all tasks are met patients will be given a \$10 Walmart gift card (restricted from purchase of alcohol, tobacco, firearms, and lotto). The program maxes out at \$75 per patient.
- ◆ Savannah Welch spoke briefly on the recent success of the community closet out of SFW as the caseworkers have worked hard to organize and sticker the clothing

- ◆ Savannah Welch introduces featured speaker, Danelle Garner, RN, who is working toward her BSN in nursing, at Herzing University. She is completing a community project on SUD and chose to speak at the ROSC meeting on SUD, Safe Sharps Disposal, and Narcan Use
- ◆ Danelle introduced herself prior to administering a pre quiz which asked 5 basic questions related to awareness of substance usage, sharps disposal, and treatment options in the US
- ◆ Danelle covered pertinent definitions related to SUD as well as statistics such as 20.4 individuals were dx with SUD, and 4.3 million died of an overdose in 2019.
- ◆ Danelle spoke on important acts and laws related to SUD and mental health, such as the 2008 Mental Health Parity and Addiction Equity Act which shifted thinking toward addiction as a medical condition rather than a lifestyle choice which required treatment coverage through insurance
- ◆ Danelle spoke briefly on why SUD is important to her, her community experience and lived experience, and how she plans to use her degree
- ◆ Danelle covered facts related to safe sharps disposal such as the premise that used sharps should ideally be stored in a FDA approved sharps container which can be purchased from pharmacies, med supply companies, and even online
- ◆ She spoke on alternative devices such as “needle clippers” which are devices that remove the needle from a syringe and store it. They can store up to 1500 needles and then should be disposed of through the Bureau of Land. These clippers can be purchased through the same retailers as FDA approved containers
- ◆ Danelle discussed alternative options such as using empty laundry detergent bottles and bleach bottles, the primary factor being that the bottle is made from a thick plastic that will not be punctured. Once full, they should be taped shut, labeled as “DO NOT RECYCLE”, and the Bureau of Land or your local disposal company should be contacted for further instruction.
- ◆ Danelle applauded gas stations such as Loves Travel Stop and MotoMart for equipping restrooms with Sharps Containers as they are a harm reduction effort
- ◆ She shifted her focus to Naloxone and described the impact of the medication on reversing the effects of Opioids. She detailed that Narcan will not harm or affect an individual with no Opioid in their system, and should rather be given to anyone suspected of an overdose.
- ◆ Danelle recognized that Narcan exists as a nasal spray and an injectable (Zimhi). She points out that the nasal spray is more accessible and easier to use for the lay public with lack of medical training. She explains that Overdose can still take effect even after Naloxone is administered so EMS should still be contacted and multiple doses may need to be administered.
- ◆ Danelle administered and covered the answers to the Post-Test which detailed similar questions to the Pre Test

- ◆ Savannah Welch thanked Danelle for her presentation, and addressed the ROSC Consortium for their preference on a date for the December ROSC meeting as it had been scheduled to fall on Christmas Day. The 18th was elected democratically. Carissa offered to send out calendar invitations
- ◆ Kevin Schott announced the next Community Wellness Committee meeting for December 13th, 6 p.m. in the County Board Room
- ◆ Lindsay Minor announced the addition of a new outdoor Narcan Cabinet on a pole behind the Emergency Department at Carlinville Hospital, raising the total to 5 cabinets in Macoupin and Montgomery counties
- ◆ Savannah Holthaus shared a story related to a family in temporary emergency housing who had been in recovery for a short period of time. Savannah H. had connected her with a recovery program which did not appear to be a good fit for her. The individual in recovery felt safe enough to be honest that the program was not working well, and Savannah H. was able to help her locate a different program that was a better fit. Savannah H. called attention to how grateful she is to have access to multiple programs to choose from in the community
- ◆ Savannah Welch announced that the December meeting would be focused on the TASC Choices Deflection Initiative, and called the Consortium to action if they are able to bring law enforcement to the table as their presence is vital at the meeting
- ◆ Jennifer Carron announced that she accepted a position with Crossover Ministries as an Executive Director