

# Logan/Mason ROSC Meeting Notes

November 16<sup>th</sup>, 2023

## **Attendance:**

Liane Baker (Fulton-Mason Crisis)  
Abby Behrens (Brightpoint)  
Jarrett Burton (DuPage County ROSC)  
Kara Davis (Logan County Health Department)  
Alex Dawson (Community Volunteer)  
Cassie Delaney (Memorial Behavioral Health)  
Kami Garrison (Chestnut Health Systems)  
Carrie Henry  
Grace Irvin (Chestnut Health Systems)  
Denise King (Trillium Place)  
Nadia Klekamp (Chestnut Health Systems)  
Samantha Martini (Chestnut Health Systems)  
Molly McCain (Lincoln Memorial Hospital)  
Tristan McGrew (Recovery Support Group)  
Beth Nestler (Sojourn Shelter & Services, Inc.)  
Tim Mollet (Center for Human Services)  
Danny Sourbis (DuPage County ROSC)  
Sue Tisdale (Trillium Place an affiliate of Carle Health)  
Frankie Ward (Chestnut Health Systems)  
Tyler Wenger (Chestnut Health Systems)  
Naomi Willis (Gateway Foundation)  
William Hovendon (SIU)

## **New Business:**

Tristan McGrew has helped start a Recovery Support Group in Havana. In Havana, the Recovery Support Group has made the decision to turn directions and go with Celebrate Recovery starting next week in Havana at the Church of Christ. Flyers and other materials will be made.

Tristan shared his personal story of recovery.

## **On-Going Projects:**

The ROSC would like input if changes need to be made to the Strategic Plan. The Strategic Plan will be submitted to the state at the end of November.

The goals for the next three to five years are centered around four main concepts: Access, Opportunities, Awareness, and Advocacy.

Goal 1 is to improve access to recovery supports and services.

Goal 2 is to increase opportunities for people in recovery.

Goal 3 is to increase awareness around recovery.

Goal 4 is to create a culture of advocacy for recovery.

Grace will send out the Strategic Plan to the ROSC council. If you have any questions or would like something to be edited, please reach out to Grace.

The Men's Oxford House in Lincoln currently has one opening. The Oxford House had an open house recently, which was successful. If you know anyone who would benefit from The Oxford House, please reach out to Diamond Armstrong.

Sue Tisdale hosts a harm reduction vending machine in Lincoln. There's also a vending machine in Peoria and Canton. The vending machine in Lincoln was initiated on May 1<sup>st</sup>, 2023. It provides nasal NARCAN, fentanyl test strips, and xylazine test strips. If any other organizations would like to provide other harm reduction items to the machine, please let Sue know.

To date, there have been 441 boxes of NARCAN accessed, 469 fentanyl test strips accessed, and 409 xylazine test strips accessed since May 1<sup>st</sup> at the Lincoln vending machine.

The Havana Public Library will have a harm reduction shelf available soon.

The Logan County Health Department also has harm reduction resources.

Flyers and cards are available for Recovery Meeting locations and times. If you need flyers or cards, let Grace know.

### **Recovery In Action:**

At Tuesday's Recovery in Action Meeting, there were two that attended. At the meeting, the Christmas Parade was discussed and will be held on December 7<sup>th</sup> at 6:30 p.m. As of now, there are about four or five people who are willing to walk in the parade. Parade attendees will meet on Wyatt St.

Also discussed at the meeting was a phone recovery list. There are eight or nine people willing to be on a phone list. Jeanette plans to put this list on the QR code, which will display phone numbers after scanning. If people need someone to talk to, help trying to find a meeting, etc., this phone list can be helpful.

Suggestions for future trainings people would like to have available include a NARCAN training and a suicide training (December 6<sup>th</sup> on Zoom; through Illinois Behavioral Health; registration is free; Samantha has more information). Samantha will send the suicide training information to Grace, and Grace will forward this on to the ROSC council.

Please spread the word about Recovery in Action. The next meeting for the Recovery in Action group is December 12<sup>th</sup> at 4:30 p.m. at 200 5<sup>th</sup> St. Lincoln, IL.

**Contact Info:**

- Jeanette Davis- Recovery Specialist
  - [jedavis@chestnut.org](mailto:jedavis@chestnut.org) ; 217-871-3208
- Grace Irvin- Prevention Coordinator
  - [gcirvin@chestnut.org](mailto:gcirvin@chestnut.org) ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
  - [nfklekamp@chestnut.org](mailto:nfklekamp@chestnut.org) ; 309-824-3765

**Next Meeting:**

- Thursday, December 21<sup>st</sup> at 2:00 p.m.
  - Join Zoom Meeting:  
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
  - Meeting ID: 935 6172 7220 / Passcode: 395255

**End of Meeting:** 3:00 p.m.