



Southland Recovery Coalition ROSC Meeting Agenda

Wednesday, October 25, 2023 | 9:30 a.m. to 10:30 a.m.

FYI: SRC ROSC Council Meetings occur the last Wednesday of every month via Zoom unless noted otherwise in the FY24 meeting schedule below.

Mtg ID: 836 3638 1377 | Passcode: 746782



Welcome & Introductions | Angelia F. Smith

Brief Introduction of New Attendees: Name & Organization

Putting Our Strategic Plans in Action/Review of SRC's FY24 Goals | All

- Pop Ups> Implement at least 1 per quarter
- Opportunities for Underserved and Under-resourced communities
- Health Disparities> Setting up a Focus Group and/or Surveying
- Expand awareness about best practice models
- Re-establish SRC's in-person Recovery Conference
- Re-establish SRC monthly meetings in-person on a quarterly basis

What's Happening in the Political Climate | Kathryn Straniero

Trends, topics, and happenings in Bremen Township

Who Do You Know? Getting Others Involved | Yvonne M. Orr

Expanding Our Network, Recruiting ROSC Members and MOUs

Announcements | All

- Breaking Down Barriers: Self Care vs Self Destruction
A moderated panel led by Zion Richardson, SRC's 2023 Recovery Champion
Location: Cornerstone CDC, 943 East Lincoln Highway on 11/29/23

Closing Remarks | Angelia F. Smith

SRC ROSC Council Meeting Schedule

July 26, 2023	October 25, 2023	January 31, 2024	April 24, 2024
August 30, 2023	*November 29, 2023	February 28, 2024	*May 29, 2024 (Recovery Conference)
September 27, 2023	December 27, 2023 (pop up)	*March 27, 2024	*June 26, 2024

INDICATORS: **upcoming meeting** * in-person meeting

To be added to the SRC ROSC Council as a member, please email angelia@southlandrecovery.org or yvonne@southlandrecovery.org

SOUTHLAND RECOVERY COALITION
 943 EAST LINCOLN HWY + FORD HEIGHTS, IL 60411
 708.758.2565 | WWW.SOUTHLANDRECOVERY.ORG

Changing Communities...Restoring Lives!
SRC ROSC COUNCIL PARTNER AGENCIES
 Cornerstone Community Development Corporation, NFP (Lead Fiscal Agent)
 Indigenous Community Service Center • Together We Cope (Partner Agencies)



Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery



Southland Recovery Coalition ROSC Meeting Agenda

Wednesday, October 25, 2023 | 9:30 a.m. to 10:30 a.m.

FYI: SRC ROSC Council Meetings occur the last Wednesday of every month via Zoom unless noted otherwise in the FY24 meeting schedule below.

Mtg ID: 836 3638 1377 | Passcode: 746782



Attendees:

1. Angelia F. Smith, Executive Director, Cornerstone CDC (Lead Partner Agency)
 2. Kathryn Straniero, Executive Director, Together We Cope (Partner Agency)
 3. Yvonne Orr, Executive Director, ICSC (Partner Agency)
 4. Kamil Walton, Deputy Director, Cornerstone CDC
 5. Capucine Walls, Workforce Dev Coordinator, Cornerstone CDC
 6. April Haymond, Director of Programs, Cornerstone CDC
 7. Aubrey Adams, Community Navigator, Cornerstone CDC
 8. Zion Richardson, ICSC
 9. Dr. Michele Ferraro, PsyD, Bremen Township, Mental Health & Wellness
 10. Christine Cornacchia, Permanent Housing, TWC
 11. May Salman, TWC
 12. Yasmeen Hishmeh Together We Cope
 13. Bridgett Carter, Carter & Carter Consulting, Former IDPH Administrator
 14. Eula Burge, PCS
 15. Leslie Gates-Durr, UIC, Collaborative Health
- Angelia Smith opened the meeting at 9:34 AM
 - New attendees introduced themselves.
 - Christine Cornacchia, Permanent Housing, TWC
 - May Salman, TWC
 - Yasmeen Hishmeh Together We Cope
 - Bridgett Carter, Carter & Carter Consulting (invited by ICSC)
 - Former IDPH Administrator Eula Burge, PCS (invited by ICSC)
 - Angelia reviewed the agenda and explained why Yvonne was unable to facilitate the meeting due to meeting at the eye clinic. Engaged the Council with reviewing our strategic plan.
 - After review of the goals noted on the agenda, it was suggested to do pop ups at least once a quarter.
 - That would entail partnerships with local organizations and companies like the local Walgreens... they would allow us to put up a table and a tent outside of their store.
 - Since SRC has already done 3 pop ups this year, the goal is to expand our outreach efforts. Angelia encouraged those that want to participate with us, to please let us know. A schedule of proposed dates and locations will be sent at a later date. It was noted that this will be an opportunity for Council members to pass out information about their specific organization or entity as well.

SOUTHLAND RECOVERY COALITION
943 EAST LINCOLN HWY + FORD HEIGHTS, IL 60411
708.758.2565 | WWW.SOUTHLANDRECOVERY.ORG

Changing Communities...Restoring Lives!
SRC ROSC COUNCIL PARTNER AGENCIES
Cornerstone Community Development Corporation, NFP (Lead Fiscal Agent)
Indigenous Community Service Center • Together We Cope (Partner Agencies)



Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery



Southland Recovery Coalition ROSC Meeting Agenda

Wednesday, October 25, 2023 | 9:30 a.m. to 10:30 a.m.

FYI: SRC ROSC Council Meetings occur the last Wednesday of every month via Zoom unless noted otherwise in the FY24 meeting schedule below.

Mtg ID: 836 3638 1377 | Passcode: 746782



- Kathy Straniero mentioned> We're always open at the township the second Friday of every month. I know we had one scheduled and an emergency came up so it didn't happen this past month, but for our food distribution, this would be a great thing to have an SRC table set up for community members to get info.
- Angelia Smith inquired if anyone working any other organizations or of any others that you may know of that might be willing to allow us to come and do a pop up.
- The Council shared ideas regarding opportunities for underserving and under-resourced communities with activities that we should be engaging in.
- One of the other things that we're going to be doing is setting up some focus groups for to really address the health disparities that we often encounter in some of our underserved communities.
- We'll be doing that in partnership with the Ford Heights/Chicago Heights Neighborhood Network, which is a new network.
- We will also be doing some focus groups and community cafes. And this will be a great opportunity to come out and share. And then that way any concerns, issues or recommendations that may come up as relates to recovery will be shared back with our with the with the SRC Coalition.
- A discussion was had about SRC is also offering free First Aid CPR Trainings for all member organizations of SRC.
- We are looking into, re-establish our monthly in-person meetings, and we're looking at doing that for the month of November and we will have a panel discussion.
- Zion Richardson mentioned that the panel would be focused on discussing different barriers that we face within the youth generation and, additionally, going to be providing members and viewers with ways that we cope through a lot of the different scenarios that we're facing today. So it'll be live streamed, and we're looking forward to a good turnout as well.
- We will have refreshments, and we will be sending out notices in addition to the flyers that go out each month.
- Dr. Michelle mentioned that she is working on future activities with Governor State on recovery issues especially, concerning our youth, and Fentanyl is one that, of course, foremost in her mind is, you know, suicide and drug abuse and the correlation, maybe between the mental health issues that she sees in her counseling practice. And that's really picking up right now.
- Any clients in Bremen Township can have access to these free workshops and open Bremen Township residents.
- Another SRC member noted the tension and concern arising around the migrant crisis and their needs.
- Yvonne reminded the group that we are more than just recovery in the sense of aiding and raising awareness about those with substance use issues. Recovery is about mental health and overall wellness as well, and so certainly you know the situation with the migrants.

SOUTHLAND RECOVERY COALITION
943 EAST LINCOLN HWY + FORD HEIGHTS, IL 60411
708.758.2565 | WWW.SOUTHLANDRECOVERY.ORG

Changing Communities...Restoring Lives!
SRC ROSC COUNCIL PARTNER AGENCIES
Cornerstone Community Development Corporation, NFP (Lead Fiscal Agent)
Indigenous Community Service Center • Together We Cope (Partner Agencies)



Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery



Southland Recovery Coalition ROSC Meeting Agenda

Wednesday, October 25, 2023 | 9:30 a.m. to 10:30 a.m.

FYI: SRC ROSC Council Meetings occur the last Wednesday of every month via Zoom unless noted otherwise in the FY24 meeting schedule below.

Mtg ID: 836 3638 1377 | Passcode: 746782



- All of these contribute to mental health and stress, even from an environmental perspective, whether you're directly involved in those various situations going on across the globe they contribute to anxiety. What we call fear-raised tension is exactly why SRC is about recovery awareness in all of those aspects.
- Angelia noted that as Yvonne mentioned about the environmental issues, some of those environmental issues include homelessness, not having employment, not having food to put on the table. And that's why, with Together We Cope especially, and Cornerstone being a primary agency. The ROSC is great because we are a comprehensive social service agencies, and for the most part clients, can have all of the supportive services met in one form or another, whether it's internally at the agency or by referral.
- We'll talk more about the HUB at our December meeting. But everything that we're doing is focused on building a strong cohesive community, all the communities and making sure that any needs that individuals have are met, or their strong referrals for them to get the services that they need, which **affects mental health and well-being.**
- **This will be our first in person meeting since Covid-19** and we want to encourage everyone to attend.
- Everyone should invite at least one person to attend so that we can have a really great meeting. And people can get some of the good information that's going to be shared during the pound discussion that's going to be led by Zion Richardson. Again, the title is "Breaking Down Barriers: self-care versus self-destruction".
- Yvonne mentioned> I think if we could just have a brief what I would call like a mini session during our December meeting on outreach, and what that outreach and recruitment looks like and sounds like. Similarly to what we talked last year in our strategic plan about having these postcards done, we will **circle back to fulfill that action plan to provide everyone with talking points.**
- **Since we added on different things for this year's strategic plan, we can use the results of the Community Survey to determine gaps in services based on what the community wants/need.**
- **We've always had informative postcards, but we don't necessarily have where our members outside of the partner agencies, have been distributing them. So you all will be getting a stack of outreach materials at our December meeting to help you as you go about your day sharing info about the ROSC-- both in your professional arena as well as just your individual places and stops that you make. And so recovery is about just making sure that there's wellness going on amongst everyone, and to just begin to learn how to talk up on your advocacy as a volunteer member of this organization, and how people can help support us.**
- We will be sending out MOUs to those that need them. I did put my name and email in the chat as well. So even though the comment says, to send me your ideas if you need to complete an MOU, which is otherwise known as a memorandum of understanding. This is just to ensure that you're aware of our partnership, and from time to time, you know, our meetings are recorded. Of course, when we do them virtually, but from time to time, when we're doing pop-ups and things of that nature as well as our conference, our in-person meetings, we will, we will take different images to help promote and spread awareness about the work that Southland Recovery coalition is doing.

SOUTHLAND RECOVERY COALITION
943 EAST LINCOLN HWY + FORD HEIGHTS, IL 60411
708.758.2565 | WWW.SOUTHLANDRECOVERY.ORG

Changing Communities...Restoring Lives!
SRC ROSC COUNCIL PARTNER AGENCIES
Cornerstone Community Development Corporation, NFP (Lead Fiscal Agent)
Indigenous Community Service Center • Together We Cope (Partner Agencies)



Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery



Southland Recovery Coalition ROSC Meeting Agenda

Wednesday, October 25, 2023 | 9:30 a.m. to 10:30 a.m.

FYI: SRC ROSC Council Meetings occur the last Wednesday of every month via Zoom unless noted otherwise in the FY24 meeting schedule below.

Mtg ID: 836 3638 1377 | Passcode: 746782



- Council member mentioned> You never know who is a person with lived experience. That is not just necessarily a person that is in recovery right now. It's also a person that has been impacted by someone in recovery or struggling to get into recovery. And so I think if we just spend maybe 10 min or so just talking about outreach and recruitment.
- It is a requirement as part of our deliverables to the State for us to continuously recruit new members. We did bring on 2 new members this quarter. "Yay!"... but we want to continue that effort. But most importantly, to get the word out to the community in a more targeted type of manner.

Re: Pop Ups

- It'd be nice for us to also have materials to pass out. So that's our focus. We do have a conversation going on with Walgreens and Sock Village. So we are also waiting them to provide a date which will be in December.

The next schedule pop up is December tenth. It will actually be at American Gyro, which is across the street from Walgreens in Sauk Village and their joint parking lot with U.S. Bank. Most of our pop ups occur in the afternoon. Most likely it'll be 9 AM to 1 PM, but I am awaiting to have that confirmed, and notices will go out by mid-November for the pop up that is set for December tenth.



PCS Team

- Hi, everybody! Hi, Angelia! Yvonne! I haven't talked to you in years, but I think I think this would be a great group for proactive to join.
- Been doing walks by the community. And it's kind of like the same concept of pop up and we have some funding to do opioid prevention. So let's talk about how PCSs can join the group and how we can do some things together, because for years we've been doing structured outreach or HIV and a prevention.
- And I think this ties into some of the things that we have already been doing.

Announcements/additional comments

- An elementary school had to be closed in Bridgeview, due to bomb threats. Because it is a Muslim school.
- So there is a need to keep people in our south suburban communities uplifted. We need to bring back humanity just in general.
- SRC might want to consider doing a peace circle or healing session, or something like that to come. Self-care has been a focal point of SRC for a while.

Bridgett LaMar-Carter

Hi! Hi, everyone! This is Bridget Carter wanted just to say, it's so wonderful to be here today. And again. Thank you, Yvonne, for the invite and for our conversation the other day. And, Angelia, you know I've always

SOUTHLAND RECOVERY COALITION
943 EAST LINCOLN HWY + FORD HEIGHTS, IL 60411
708.758.2565 | WWW.SOUTHLANDRECOVERY.ORG

Changing Communities...Restoring Lives!
SRC ROSC COUNCIL PARTNER AGENCIES
Cornerstone Community Development Corporation, NFP (Lead Fiscal Agent)
Indigenous Community Service Center • Together We Cope (Partner Agencies)



Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery



Southland Recovery Coalition ROSC Meeting Agenda

Wednesday, October 25, 2023 | 9:30 a.m. to 10:30 a.m.

FYI: SRC ROSC Council Meetings occur the last Wednesday of every month via Zoom unless noted otherwise in the FY24 meeting schedule below.

Mtg ID: 836 3638 1377 | Passcode: 746782



respected the work that you have done over the years. I mean, you are just a gem in the community, and you know, I've always loved working with you all over the years when I was at Cook County Department, Public Health. So I'm really looking forward to this opportunity of learning more about what you're doing and your mission and how I can support you along as Eula just mentioned.

- But strengthening our partnerships has always been one of the things that I've always really, really treasured. So I just wanted to say, Thank you so much. And, Angelia, you've always done such a wonderful job there at Cornerstone. And so, I'm just happy to be here looking forward to strengthening my relationship with you all at SRC.

Angelia Smith

Thank you so much. I feel the same way, Bridget. I'm just so happy that you still have a giving heart, even though you're, you know, a consultant. A lot of this is still volunteerism. So we appreciate you as well.

Next meeting: 11/29/23 at Cornerstone Community Development Corporation at 9:00 AM

SOUTHLAND RECOVERY COALITION
 943 EAST LINCOLN HWY + FORD HEIGHTS, IL 60411
 708.758.2565 | WWW.SOUTHLANDRECOVERY.ORG

Changing Communities...Restoring Lives!
SRC ROSC COUNCIL PARTNER AGENCIES
 Cornerstone Community Development Corporation, NFP (Lead Fiscal Agent)
 Indigenous Community Service Center • Together We Cope (Partner Agencies)



Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery