



Perry/ Jackson ROSC Council
(Hybrid) Meeting 11/15/2023 @ 1:00 PM

Attendees

Madison Odum – Perry/Jackson County ROSC Coordinator, Take Action Today

Mandy Hagen - ROSC Assistant Perry/ Jackson County; PRS, Take Action Today
mandyh@takeactiontoday.net

Dorie Warren – PRS, Take Action Today doriew@takeactiontoday.net

Chrystal Cantrell – CPRS, Assistant Director of Take Action Today
cantrellc@takeactiontoday.net

Shara Robinson- Franklin/ Williamson ROSC Coordinator sharar@takeactiontoday.net

Kelli Corner - SIH Tobacco Disparities Program

Mike Tyson - CPRS; Executive Director; Take Action Today

Elaina Holland - PLE, CRSS Student sobriety050522@gmail.com

Kendra Watkins - Executive Assistant, Carbondale United welcomeeacu@gmail.com

Sherry Smedshammer - Centerstone Crisis Resource Developer

sherry.smedshammer@centerstone.org

John Reith - Randolph/ Washington ROSC Coordinator, ComWell jreith@comwell.us

Brent Van Ham - Project Coordinator, Center for Rural Health and Social Service
Development at SIU School of Medicine bvanham49@siumed.edu

Jordan Strong - MCDAC, Massac County ROSC Coordinator
jordans@massacdrugawareness.com

Tor Neal - Prevention Service Coordinator, Arrowleaf tor.neal@myarrowleaf.org

Aaron Siebert - Outreach Liaison, Centerstone aaron.seibert@centerstone.org

Chris Massey - Center for Rural Health and SIU MAR Program Coordinator

cmassey98@siumed.org

Beverly Holland - ROSC Technical Asst. Specialist, Region 5 bgholland@chestnut.org

Ronni Craig Welcher - Second Chance Recovery

Joshua Welcher - Second Chance Recovery

Pam Dierks - Second Chance Recovery pdierks@secondchancepavestheway.org

Dan Pyles - CPRS; Recovery Services Coordinator, Take Action Today

danp@takeactiontoday.net

Marcella Woodson – Community Trauma Consultant, AphroZentrics Holistic Health & Wellness, aphrozentricsgmail.com

Welcome and Introductions

Everyone introduced themselves and welcomed anyone here for the first time.

Overview

Presentation on ROSC:

- Definition of ROSC
- ROSC Values and Goals
- Becoming a Healing Forest

Old Business

Approval of October meeting minutes:

- 1ST motion of approval by Shara Robinson
- 2ND motion of approval by Chrystal Cantrell

Sectors for Council Members:

- We are trying to build our council for Perry County.
- The more sectors we have the stronger we are.
- If you know of any agencies, or anyone in Perry County that you think would be interested in being a part of our council please contact Madison Odum at madisono@takeactiontoday.net

*Shara recommended a Pastor in DuQuoin that she has in mind and she will get the info to Madison.

*Madison shared that PJRC will be visiting Perry County to hand out resources and information at a later date. Anyone interested in helping please let her know.

*Pam recommended Brandy Resnick who is the CR Leader for Cutler, IL

Information on ROSC Council:

- Duties and responsibilities of each council member.
- We all share an equal part in what we are doing so please bring forth any ideas anyone has and share them here so we can build on them together.

*Pam Dierks shared an upcoming meeting with Shawnee Health and invited Madison and Chrystal to go with her. The meeting will be 11/30/23 @ 10 am.

Recovery meeting updates:

- Smart Recovery meetings- every Tuesday 6-7:30 pm @ 1805 W Main St. Marion, IL
- Trauma Group meetings- every Monday 5:00 pm @ 1805 W Main St. Marion, IL

SWOT Analysis:

- Information we have already obtained is attached.
- We will be holding weekly Focus Groups in December to gather more data to help in the development of the strategic plan.
- Information on the Focus Groups will be shared once the dates are chosen. -.
- There will be a survey monkey posted to our FB page that can also be shared and completed by council members.
- PLE's who participate in person will be given a stipend.

New Business

Briefly discuss Membership Protocols (attached). Will review in detail during the December council meeting.

Went over our Mission and Vision Statements

Mission: We will build and empower communities of recovery by developing a council comprised of recovery allies, community leaders and people with lived experience working together to reduce the stigma surrounding substance use and other co-occurring disorders, while embodying the philosophy that there are countless pathways to recovery.

Vision: To sustain recovery support within the community by unity and intentional collaboration among all allies, stakeholders, and those in or seeking recovery.

- Madison shared that she would like to see us develop outreach brochures for events everywhere.

Discussion

- Mike Tyson discussed that RCO 501c3 not for profits bridge the gap between agencies and people from the community. He also discussed that there are a lot of activities happening in the communities. Make sure we continue to pull together so we can all know what is going on and can support each other. In doing this we can show the

community how much we have grown together. That network that we build will thrive and flourish in the community inviting others to want to be on board.

- Madison Odum discussed Stigma: Jackson County vs Perry County. She believes continuing education is important in our communities, especially with MAR (medicated assisted recovery).
- Chrystal Cantrell shared on MAR education for the communities and the talks we talk at the table need to continue outside of the room to spread awareness to everyone in the community.
- Elaina Holland shared that River 2 River NA will allow MAR participants to attend and be a part of the program but Gateway NA meeting will not allow any MAR participants attend their meetings. She also said that if anyone has any flyers they would like hung up please contact her at sobriety050522@gmail.com and she will hang them up in the Rick Warren Public Library in Elkhart, IL.

Next meeting will be held on December 20th @ 1:00 PM

Join us IN PERSON at 809 W. Main St. Carbondale, IL or:

<https://meet.google.com/qvo-jreu-izg>