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# Creating a community that embraces and cultivates recovery while reducing the stigma of substance use disorders and mental health

## Minutes Lake County ROSC Council Meeting

Meeting Date: November 21, 2023, Time: 10:30 am – 12:00p

Location: Zoom Virtual Platform

### I. Call to Order: Dr. Mary Roberson EdD NIRCO

#### Sectors in attendance:

Persons with lived experience  
Nicasa BHS  
Chestnut ROSC Region 2  
DuPage County ROSC  
Faith Based Organization  
Veteran Organization- Community Engagement & Suicide Prevention Team  
Kalimba Foundation  
DuPage Federation  
NIRCO BCOR  
NEIU  
Peer Doula  
RFU  
Waukegan Township  
Lovell  
The Alliance for Human Services  
North Chicago Think Tank  
Lake County Public Defender Office  
Serenity House Counseling Service Lake  
County Health Dept.  
Lake County Probation Office  
Eddie Washington Center

## Meeting Agenda:

- Welcome and Introduction
- Warm-up activity (one word to describe gratitude)
- Holiday schedule
- ROSC Council and continued services through lake county
- Nofo funding growing ROSC Councils
- Status of MOU's and deliverables
- Presentation "Recovery and Peer Services" by Devin Stieber, LCSW, CADC, ACSW, PCGC, Local Recovery Coordinator with the Captain James A Lovell Federal Health Care Center
- Closing Remarks

## II. Council Presentation:

Recovery and Peer Services by Devin Stieber, LCSW, CADC, ACSW, PCGC, Local Recovery Coordinator with the Captain James A Lovell Federal Health Care Center Presented on Veterans. Started with his role at the VA and his job description. SAMHSA definition of recovery, principles of recovery, (SMI) server mental illness re-engagement. Each VA medical center must maintain the Local Recovery Coordinator (LRC) position first authorized in FY 2007 to help transform local VA mental health services to a recovery-oriented model of care, to sustain those changes, and to support further systemic change as new evidence becomes available on optimal delivery of recovery-oriented mental health care.

Non-stigmatizing language.

<https://www.shatterproof.org/sites/default/files/2021-02/Stigma-AddictionLanguageGuide-v3.pdg>

Mental Health Lived Experience Community of Practice, Peer Support Specialists.

Recommended read "What it takes: Wisdom from Peer Support Specialists & Supervisors"

Education and Advocacy:

- Yearly Mental Health Summit
- Mental Health Month in May
- Recovery Month in September
- Global Peer Support Celebration Day (third Thursday in October)

Considerations:

- Client Advisory Counsel
- Recovery incorporation into your Strategic Plan
- Consider having trainees.
- Consider having a committee to assess for client or employee risk.

Area Organizations

- Lake County Suicide Prevention Task
- Lake County Opioid Initiative

- Lake County Behavioral Health Alliance
- Northern Illinois Employee Assistance Professional Association (NIEAPA)

Open for Questions.

**III. Old Business**

January 1<sup>st</sup>, 2024, New Law that Probation and Parole members will not have mandatory drug testing without a strong suspicion of drug usage.

Obtaining fentanyl test strips

National Recovery Rally

**VI New Business :**

Volunteers for National Recovery Rally

Youth focus presentations

**Next Meeting: December 21, 2023 ---- virtual**

**Presenter: TBD**

**VII. Adjournment Dr. Mary  
Roberson Ed.D NIRCO**