

Minutes

Attendance and Introductions

Coles County ROSC Recovery Navigator, Whitley Grayson

Coles County ROSC Recovery Coordinator Dana Tell

Wingman Ministries, Gary Stephen

Community Member, Brendon Hartley

Community Member, Tiffany Butera

Community Member, Jenna Foreman

Welcome and Introductions:

Dana introduced herself, and everyone introduced themselves. Dana asked the Council to review the agenda and minutes to approve or correct them. Gary made a motion to approve both as written. Whitley seconded.

Guest Speaker:

Dana reminded our council that in the past, the council wanted to hear from people with lived experience so we could listen to their stories of recovery. Dana then reintroduced Tiffany Butera as this month's guest speaker. Tiffany shared her recovery story with the ROSC council. Dana thanked her for sharing her story.

Then Dana reintroduced Whitley for the Navigator news.

Navigator News:

Jail Update- Whitley told the Council that we are not holding groups in the jail yet, but we met with the sheriff again. We are expecting groups to begin in December/January.

Probation: Whitley shared with the Council that we have a working agreement with probation. She will work with the drug court participants to provide education and resource linkages.

The Haven Update- Whitley told the ROSC Council that the Haven has hired a new Shelter Services Coordinator, who started today. Dana talked with Chris this morning and told Whitley that groups could begin again. She will be holding educational groups on Friday mornings.

Educational Groups- Whitley shared the topic schedule with the Council. November is Narcan Education. December is Recovering during the holidays. January is Stigma and the Disease

Concept. February is Cross Addiction. These groups are held at the Mattoon and Charleston libraries each month.

Goal Status:

Strategic Plan- Dana asked that the Council review the strategic plan in the printed packet to discuss our goals. Goal A, Activity 5 states that Within 48 hours of each Council meeting, send meeting minutes to all ROSC Council Members. Dana said that this should be "Within one week of the Council Meeting," and Activity 7 should say "the day of" instead of Three days Prior." Everyone agreed.

We reviewed what we were doing and checked to see if there was anything we needed to focus on that we were not focusing on. Dana asked if there was anything that needed to be added. No suggestions were made.

Who else needs to be at the table? Dana went over the sectors and explained that some groups, like faith-based groups and law enforcement, had contacted her but could not attend the meeting. We discussed getting more people in recovery to the council meetings.

Activity Updates:

Narcan Distribution Site- We have 30 locations in Coles County, listed in the newsletter handed out in the printed packet. Dana highlighted that we now have Narcan in Mattoon, Charleston, Cooks Mills, Oakland, and Ashmore. The Coles County ROSC Administration is still looking for other locations to have Narcan on site for community members to pick up.

Narcan Training Locations and Dates- This month, Narcan training will be the topic for both library groups, the American Legion, and Lake Land College Staff Development Day.

Charleston Safe Passage Program- Dana shared with the Council that Charleston has agreed to be a site for Safe Passage. The Charleston Police Department and Hour House are meeting to explain the intake process. Mattoon Police Department already has this program. The ROSC Council is checking in to see if they need volunteers to drive people to treatment or gas cards to give volunteers who take them to treatment.

The Land of Lincoln Expungement and Sealing Event- December 18th at Sarah Bush Lincoln Hospital Education Rooms- Land of Lincoln will present on Expungement and Sealing.

Drug Endangered Children Training- These events will be January 25th and March 14th. Both events will start at 6 pm on the dates mentioned previously at Sarah Bush Lincoln Hospital in the Educational Center.

Liesl Wingert will lead these.

Understanding ACEs- Jill Duden, Prevent Child Abuse Illinois, will present for this event. This event will be at Buck Grove Community Church on Monday, February 12th, from 1 pm to 3 pm. This training was requested at October's Building a Road to Resilience event. We discussed

inviting those who are guests at the Haven, Matthew 25, Wingman Ministries, and The Mission House.

The Winter Clothing Drive- The boxes are set up at the Mattoon and Charleston libraries. Tokomo Jo, a ROSC member who is also a member of the ELKS Club of Charleston, contacted Dana and inquired about the clothing drive.

She then suggested that she apply for a grant from the ELKS National Organization to support the coat drive. The grant awarded \$4000 for coats distributed in Coles County.

The local ELKS club members will shop for coats and donate them. Dana has also talked to Raelene Lane from the local church in Mattoon that distributed "coats for kids" at the West Campus of United Christian Church. When we distribute the coats from our drive, they will supply them to kids who need them. Dana will work on having a meeting with Raelene and Tokomo.

Resource Bags for ROE#11- Dana told the Council that we are still collecting items for the resource bags. The bags will contain necessary items and resource information to help at-risk students directly.

Hobby Fair- Dana told the Council that she was working with EIU and Lifespan to have a meeting to discuss the Hobby Fair. Tiffany asked, "What is a Hobby Fair." Dana explained it would be like a resource fair with different businesses but with tables with other hobbies displayed at each table. Tiffany said that sounded interesting. Jenna asked where the event would take place. Dana explained that it would be at LifeSpan Center due to the ease of parking and the zipline to help with transportation. She said she used to work at EIU and agreed about the parking.

Any other events in Coles County? Dana asked explicitly if there was anything else we wanted to do besides the events we had each month. Dana mentioned that previously, she had heard feedback that there was nothing for those in recovery to do; Dana suggested sharing more community events through the ROSC Council. We discussed events in the community, and Tiffany asked how Dana knew about those events. Dana explained that they are on Facebook on the EIU, Lake Land College, City Tourism, and activities pages and that she tries to share them on the Recovery is Possible page. Tiffany said she saw the Narcan training on the EIU page but needed to follow the Recovery is Possible page. Whitley pointed out our FB page listed at the bottom of the agenda. With all we have coming up, no one has suggested adding anything.

Next Steps:

- **PLE Speaker:** Whitley will find a PLE to speak at the December meeting.
- **MOU:** If you still need to turn them in, please return them to Dana.
- **Narcan Training and DOPP Site-** Please let Dana know if you or your organization would like Narcan training or to distribute Narcan.
- **Resource bags-** Dana will continue to collect items and then schedule a day to pack and distribute.
- **Understanding ACEs-** Create a flyer, Share the flyer and invite people to the event.
- **Sealing and Expungement-** Promote the event, share the flyers, and invite people to the event.

- **Hobby Fair**- figure out our partnership's schedule and have a meeting.
- **Winter Clothing Drive**- Set up meeting with United Christian Church and ELKS.
- **Drug Endangered Children training**- create Flyer, and promote the event.

Other Business:

Time and Meeting Location: Due to the holidays primarily, our December meeting was scheduled for Christmas Day, so the next Council meeting is December meeting will be at the LifeSpan Center on December 4th at noon or by Zoom at the same time.

Time: Dec 4, 2023 12:00 PM Central Time (US and Canada)

Jan 22, 2024 12:00 PM

Feb 26, 2024 12:00 PM

Join Zoom Meeting

<https://zoom.us/j/96781724024?pwd=b3hFWDV1cExYa0pEa1BqTUx6ejJLUT09>

Meeting ID: 967 8172 4024

Passcode: 611963