

ROSC Council Meeting Minutes

December 13th, 2023

0:00-9:41

ROSC Coordinator Jarrett Burton begins this month's meeting by introducing himself and welcoming everyone to the meeting. He states that this meeting will be shorter due to the DuPage ROSC Holiday Party. He thanks everyone who came in person to the meeting. He then asks everyone to put their name and contact info in the online chat. He then starts by thanking everyone who donated to the winter clothing drive that ROSC has been doing for the past 2 months. He states that ROSC was able to collect 10 full garbage bags full of coats, scarves, hats, and gloves for **Peoples Resource Center**. He states that this is the second year they have done this, and this year was bigger than last year. He states that they really appreciate everyone's kindness and generosity. He states that as someone with lived experience, you spend a lot of time outdoors while struggling with substance use disorder. He states that warm clothes are things that we take for granted. He states that there will be another drive in the spring, as ROSC is trying to make drives a quarterly thing. He also states that they are open for ideas, opening it up to other programs and organizations.

ROSC Coordinator Jarrett Burton then moves on to promote upcoming events. He mentions next month's ROSC Council Meeting is on Wednesday, January 10th. The meeting will be at 3 PM, and will feature a presentation by **Nicole Janssen, Treatment Advocate from Recovery Centers of America**. Jarrett states that Nicole has attended the ROSC meetings since the beginning. Then Jarrett states that the following month will be about Gambling Addiction, and the one after that will be about Recovery Homes in the area.

ROSC Coordinator Jarrett Burton then promotes the upcoming first ROSC Game Night. It will be on Saturday, January 27th at 7 PM to 9 PM. He states that there will be Mario Kart with a personalized trophy for the winner. He states that there will be other video games, along with board games and non-gambling card games. He states that they want to provide safe and sober events for people in recovery.

ROSC Coordinator Jarrett Burton then promotes the Sober Skate Event that **Mark Mathews** puts on. It will be at Coachlite Skate Center in Roselle on January 21st at 4:30 PM to 6:30 PM. The event is \$10 for adults and \$5 for children. Skate rentals are \$4, or you can bring your own skates. The event will also have a sock drive. Jarrett states that all of the proceeds from this event, go back into the recovery community.

ROSC Coordinator Jarrett Burton then introduces **Becky Zeller of Naomi's House** to promote her upcoming event. Becky then states that once a month, she is doing **Street Reach Aurora** where they give out hot food, outreach bags, and free haircuts. This month's event is on Saturday, December 16th at 2 PM. She states that there will also be a resource table. She then states that **Wayside Cross Ministries** will be there. She states that there will be a lot of fellowship at the event and she wants Aurora to know that they are there. Her goal is spread

awareness of their services, and to spread hope. Becky then states that she is open for suggestions, volunteers, and warm clothes for people in the streets.

ROSC Coordinator Jarrett Burton then promotes the CCAR Recovery Coach Academy. The class starts on January 19th and goes to February 3rd. He states that this is an intensive training for people to gain a basic understanding of what it means to be a recovery coach. Jarrett states that it is perfect for people trying to get their foot in the door. Jarrett states that this class is great for people who are interested in recovery coaching. Jarrett then states that recovery coaching is a sector that is growing so much and will continue to grow over the next few years. The training is 3 consecutive weekends, and worth 30 CEUs. Jarrett states that he took the training and really enjoyed it. It is facilitated by **Holly Brunton of Serenity House** and it is very interactive. Jarrett states that the class is already half way full, so let him know if you are interested.

9:42-15:30

ROSC Coordinator Jarrett Burton then give the What's App Referral Group Update. Jarrett states that the referral group started as a group chat out of frustration of not being able to find services for people quickly. He states that it started with 13 people over a group text and has evolved to What's App and has over 70 people in the chat. He states that everyone is using it for multiple referrals a week. Jarrett states that a lot of the referrals are for detox, treatment, IOP, and specialized treatment. Jarrett then states that this week, there was a request for treatment for someone who only spoke Polish. Jarrett then states how that is an issue that has come up before for Spanish speakers and other language speakers. He then states that the chat is not only for members in DuPage, as there are members in Will and Kane Counties, as well as in Sauk Valley. Jarrett then states that ROSC appreciates everyone, because recovery doesn't end or begin in just DuPage County. He then states that if you are interested in joining the chat, you can talk to or email him.

ROSC Coordinator Jarrett Burton then states that **ROSC Co-coordinator Danny Sourbis** is the Mentor for Illinois ROSC Region 2. Jarrett then states that that means that Danny works with the other ROSCs in our region to help them with challenges that they are facing, as well as to boost their successes. Jarrett then states that Lake County got named as one of the hosts for the National Recovery Rally in 2024. He states that it is the first time that it has been in the state of Illinois. Jarrett then states that **Heart Life Ministries**, which serves Will and Grundy Counties, is offering a Love and Grief Care Virtual Meeting every third Tuesday of the month. They also had a National Conversation Piece actor Courtney B. Vance who did a presentation about men identifying their pain and reclaiming their power. Then Jarrett goes on to say that ROSC works with the **EDDR Foundation** in Winnebago County. Jarrett states that they have also started a What's App Referral Group, and they have also partnered up with **Live 4 Loli**, which is a harm reduction group. Jarrett states that they are working on getting a Stigma Crusher in Winnebago County to supply people with harm reduction supplies, treatment navigation, and recovery support services. Jarrett states that **Gerald of Sauk Valley** is on the meeting and opens the floor for him to give updates on **Sauk Valley Voices of Recovery**. Gerald states that Sauk Valley Voices of Recovery has 2 ROSC Councils, one for Lee/Whiteside Counties and one for Ogle/DeKalb Counties. Gerald states that they are still getting their feet on the ground and that

they have hired **Heather Tomlinson** to take over Ogle/DeKalb. Gerald then states that they are focusing on getting a Collegiate Recovery Community at NIU, and working with Task and the Center for Health and Justice to get their deflection program off the ground. He then states that they are trying to really build a community and tackle some of the issues that they are facing in the community. He then states that they have some amazing partnerships with other members in ROSC, including **Dr. White**. He states that right now there is a real line of care and support from the Southside of Chicago all the way to the Mississippi river. Jarrett then thanks Gerald, and states that ROSC is happy to be a partner with him in Region 2.

15:31-17:12

ROSC Coordinator Jarrett Burton then opens up the floor for anyone in person to give updates on what they are working on. No one had any updates, so Jarrett started to close the meeting. Jarrett then thanked everyone for coming, and reminded everyone of next month's meeting.