



Greene County Health Department

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BOARD OF HEALTH PRESIDENT

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PUBLIC HEALTH ADMINISTRATOR

Greene & Scott County Recovery Council

Date of Meeting: 12/19/2023

Time of Meeting: 3 PM

Location of Meeting: Greene County Health Department – North Greene

Format: Hybrid

Attendees:

RS – Project Director GCHD

BK – PLE/Gateway

CD - Memorial

AM – GSRC

BB – PLE

JY - SIU

MM – GCHD

KC- Bto5 IL

SD – Centerstone

LS – JCH

JP – Statewide ROSC

KF – TASC

SC – JCH

BB – Recovery Corps

Key Points:

- NA support groups begin on January 25th at 6 PM. Right now, meetings will be held at the North Greene Office - 205 S Morse St Roodhouse, IL 62082.
- A new partnership project that will work to create one application for all services in our community was launched. This will help break down barriers within the different sectors. The first phase is planning which will take roughly a year before implementation.
- A new resource line – The HELP Line is live! People can call or text 217-702-2396 to connect with a recovery support specialist, community health worker, or health educator.
- In 2024, we will integrate gambling outreach into our work, helping us become even more inclusive as recovery is a self-defined journey.
- The Council approved the advertising campaign targeting youth yearbooks. This coupled with our new texting line is meant to expand reach in connecting people to resources they need.
- The push/work to expand clinical supports is ongoing
 - SIU continues to work with their Lawyers on the contracting process
 - Centerstone partnership is live. This focuses on our youth

Minutes:

- I. The meeting was called to order by Project Director/Community Health Manager Ron Sprong. Heather is still out but returns on Friday.

- II. Roundtable introductions by meeting participants
- III. The Council unanimously approved the November meeting minutes for submission to the State of IL. Adopted as drafted.
- IV. In November, we hosted Dr. Jason Roop and Jennifer Russel at Walnut Hall Estates for a non-traditional meeting. The presentations were well received within our community and there were various sectors in attendance.
 - a. Dr Roop’s tools provided:

Addiction and Leadership: How Transformative Leaders are Emerging from the Adversity of Substance Use Disorder’ -
<https://www.addictiontherjournal.com/articles/jatr-aid1022.pdf>



‘Unexpected Heroes: How People in Addiction Recovery can help solve the crisis of The Great Resignation’
<https://www.alkindipublisher.com/index.php/ibms/article/view/3831>



- i.
- V. Coffee Talk is an opportunity for partners to connect with people in the recovery community. During our last one, held on Nov 15th we had a very deep conversation about reflection and the recovery journey. IT was a rewarding experience that coincided with Coffee with a Cop. The goal of these events was to break stigma and we feel like this is working as when we walked through the door, everyone knew who we were, and what we were doing there, and we had a space to do it. The next one is in Scott County at Rural Cyclery in Winchester at 10AM on January 19th.
- VI. 2024 meetings are slated to continue for the 3rd Tuesday of the month at 3 PM. PLE events are held on the 2nd and 3rd Wednesday of the month at 6 PM.
- VII. Other Updates from ROSC & CH
 - a. The team was notified that we had been awarded a grant. This is being done in partnership with Birth to 5. The platform would create a singular application for all the services in the community. This work is really an extension of our work together on ROSC.
 - b. SIU is still working with their lawyers to facilitate a contract for clinical mental health and substance use services
 - c. Centerstone is accepting clients and we have actually used them numerous times. We are working to lend credibility to them by using our name to push this resource connection. Centerstone is going to help us get new chairs in our telehealth resource room, creating a more comfortable environment.
 - d. NARCAN training and distribution is available at our offices in Carrollton, Roodhouse, and the office in Winchester.
 - i. New packaging for NARCAN was required by the FDA
 - e. The department just changed over to a new phone system that creates a unified environment for the CH Team and the rest of the department. This new system allows the phone system to be one system, meaning someone calls the office – our phones ring in Roodhouse & Carrollton. It also is the platform we are using for our new Help Line.
 - f. CPR 2024 schedules are now out and the Environmental Health Food Sanitation classes will be coming out soon. If someone in the recovery community is interested, someone from Ron’s team can help get that set up at no cost to them
 - g. The team is off due to office closures on Dec 20th – Dec 25 – Dec 26 – January 1 – and January 15. We will still be available by phone
- VIII. RCO Development

- a. It has become increasingly clear as the team learned more about RCO from IDHS and Statewide ROSC that our phased approach is a good one but rather than focusing on development we need to be focused on sustainability.
- b. RCOs have 3 components – Educate – Advocate – and provide Recovery Support Services. We the Community Health Team are already in that position thanks to our partnership with the Recovery Corps and the recovery community. By gaining a better understanding of the state’s position and the process by which we do things, the team at GCHD has realized development isn’t and shouldn’t be the focus but rather sustainability. – Council members in attendance agreed.

IX. Recovery Support – Community Health/GCHD

- a. There must be accountability in the team’s coaching, mentoring, and advocacy. A big focus for our MAR expansion has been improving data accuracy and continuity of care coordination. Since our program will rely on peer connections, Ron has been working to find areas of opportunity within our systems. IN August, we was introduced to the Recovery Corps methods of coaching and tools and that gave us a platform to utilize as our foundation of ours.
 - i. Since this work began around May/June, there has been a 68% increase in the accuracy of the team’s reporting. Our target is 90% and last month we hit 93.68%, exceeding the target.
 - ii. We also introduced recovery capital outcome tracking for resource support as well. Since this work began recovery capital, self-efficacy, and quality of life have all shown a significant increase. It is important to note that there has been a decline in self-esteem, however, an influx of participants will weight our metrics down, which is what is happening here.
 - iii. Our case count process has been perfected and we found opportunities in the status of clients about recovery support vs. resource request, which has been adjusted. Currently, we are hitting roughly 38 individuals per team member.
 - iv. There are currently 58 people working with the recovery support team whether that be building recovery capital through resources, support groups or activities the council sponsors, or with a recovery navigator.

X. The Council unanimously approved the sponsorship of an ad that will be ran in the jurisdiction’s yearbooks. The team will submit this to the state for approval



a.

- XI. The team introduced a new resource line called “The Help Line”. This line can be used for calls/text and will connect individuals to a member of the RSS/Community Health Team. The team feels that this will be a huge benefit especially for youth who often prefer text over calls and with running the ads in the yearbook we can help connect more people to more places.
- XII. The Council approved incorporating gambling into our work moving forward.
- XIII. Motion to adjourn passed unanimously