

Massac County Drug Awareness Coalition
Monthly Coalition Meeting
Wednesday, December 13, 2023, 8:00 a.m.
Metropolis City Hall
MINUTES

1. Welcome
 - a. In-person- Robbin McDaniel (Exec Committee), Sydney Shelton (Southern 7 Health Educator), Rick Neighbors (Community Member), Holly Windhorst (Director), Jasmine Robinson (Prevention Coordinator), Jordan Strong (ROSC Coordinator), Evon Croft (RecoveryCorps Project Coordinator), Lasha Vincent (RecoveryCorps Recovery Navigator)
 - b. Zoom- Melissa Monte (Aviary Recovery Center), Steve Miller (Civic Sector Rep), Toni Miller (Exec Committee), Tor Neal (Arrowleaf), Johanna Gonzalez (IDHS), Beverly Holland (Region 5 ROSC), Kat Houghton (Region 5 ROSC)
2. Approve Old Minutes- No changes were noted to the minutes. Robbin McDaniels motioned to approve the old minutes, Rick Neighbors seconded the motion. All in favor, none opposed. Motion carries to approve the old minutes.
3. Executive Committee Report- Jim Corry resigned from the Executive Committee due to a new job and inability to attend meetings. We want to thank him for two and a half years on the committee. The Executive Committee voted in a new member to fill this role. Congratulations, Robbin McDaniel! Everything talked about in the committee meeting will be covered today.
4. Fundraising/Sustainability
 - a. County Opioid Settlement- As mentioned in the last meeting, we received the County Opioid Settlement. Thank you, Josh Stratmeyer and the County Commissioners, for your support.
 - b. Fundraising- As mentioned last meeting, we canceled the Trivia Night due to issues with the date and low attendance last year. We didn't want to take that day away from another fundraiser that could make a lot of money. We are looking for different fundraising ideas for the new year. The Youth Advisory Council has mentioned doing a 5K. We usually do two fundraisers per year, so if we end up just not picking Trivia back up for next year, we need to find another fundraiser to replace it.
5. Prevention

- a. Youth Advisory Council updates- We are still working to get a Youth Advisory Council in Joppa Schools. The original goal was for it to start in January or February of 2024, but it seems to be more towards next school year when this will be able to take root. The MCHS YAC has been going well, and we have a meeting today in which we will be doing a team-building exercise. We have also been talking to a gentleman from Chestnut named Keith Kinder, and he wants to do a focus group with MCHS students on what they see with different issues revolving around substance use.
 - b. Alternative to Suspension- Evon and Jasmine are working on an alternative to suspension for vaping. The idea is for students, instead of being out of school suspended for vaping, could be educated about vaping and how to quit. We are looking at Truth Initiatives Vaping: Know the Truth Education. There are four lessons that could last 15 to 30 minutes each and walk the student through what nicotine is and the history behind it, marketing tactics the tobacco companies use, what addiction is, how to beat addiction, and the resources available. We want to approach the schools with this near the end of the school year.
 - c. Alcohol Policy update- As mentioned in the last meeting, we are still looking at the Social Host ordinance. While we were not able to get into the Alcohol Policy Academy, we are still looking at getting into the next cohort of the Academy or being able to do it on our own with help from the Alcohol Policy Resource Center that we have connections with. It was suggested to speak with a community who has done an ordinance to see what issues arose, if any, when they passed it.
 - d. Too Good For Drugs- We want to thank Sydney Shelton with Southern 7 Health Department and Avery Martin with Massac County Mental Health for teaching Too Good for Drugs for the 5th and 6th graders this semester. It was the 3rd year for the program and we hope to expand it.
 - e. Drug Endangered Children- We are planning an event directed to Grandparents and Foster parents who are taking care of children who have been affected by parents in addiction. We hope to have a teen talking about the youth perspective and hopefully a panel of grandparents and others on their side to give support while their kids are being looked after. We are also hosting a Lunch and Learn for authorities to learn how to start a Drug Endangered Children Alliance.
6. Recovery-ROSC
 - a. Recovery Council update-

The recovery council started as a focus group to collect information from people with lived experience and has been successful in growing over the last year. We have around 17 people on the council with 4 that have just been added to our group chat in the last week, 2 of which showed up to the meeting for the first time last night. The meeting that took place last night had a lot of material to cover and those in attendance had a lot of input. The “Recover Out Loud” campaign we are working on implementing as part of a stigma reduction campaign was presented to the council and two people were able to fill out the outline during the meeting while others agreed to fill it out later. We are working on a new billboard campaign and asked the recovery council to think about possible ideas for a new recovery positive message to put on it. The council also scanned the QR code on the Narcan box to check out the link tree that Jasmine created and see if they had any suggestions for things to add or remove from it. We have created a group on Whatsapp to avoid having to re-create group chats everytime a new person signs up to be on the list.

- b. Resource Center update-ROSC itself does not provide direct service but with internship opportunities through the CRSS Success Program and Recovery Corps Recovery Navigator positions we have been able to utilize these to create a recovery peer support program that MCDAC has been implementing over the last few months. This is a way we are also able to boost ROSC visibility and involvement with both PLE and treatment providers/other agencies. Over the last few months we have interacted with 18 individuals, most of which were ready to or were required to go to treatment and needed some assistance to begin and go through the process. There are a few we are actively engaged with that continue to connect for different reasons and are at different places in their recovery. The Resource Center has increased collaboration due to the nature of recovery peer support with Massac Mental Health and Guardian Family Services.
- c. Narcan Outreach-Narcan Outreach and distribution has been very successful. Chris Dennis at Egyptian Health Department got a Narcan distribution box for Massac and asked where would be a good place to put it. Lasha did some networking and was able to get the manager at BP gas station on 12th Street to agree to place it in their gas station. It has been well-received by both the community and individuals that need it. It was placed in the gas station 11/2 and has already been filled up again. It holds around 45 Narcan kits. With our ROSC grant, we have purchased 4 more Narcan boxes to place one in Joppa, one in Brookport and 2 more in Metropolis on different sides of town to cover the most area and be placed

in target spots. We had the graphic made for the boxes that had the QR code to the linktree. They are all ready to go other than the sand to fill them and keep them anchored.

- d. Rides to Recovery - Volunteers Needed! This is one area where we have struggled to get people to sign up for this program. It is just a text chain that is utilized when an individual has a bed date but has no means for transportation and no commitment to provide a ride is needed; it's more about availability. We had 2 members of the recovery council sign up for rides to recovery last night and will continue working to grow this over the coming months.
 - e. Jail Christmas Bags/Exit Bags- Evon spoke on her projects and shared that the Christmas care package project for the jail has been overwhelmingly successful. We have plenty of donations and thanked all of those that have shown support for not only the project but the individuals that will receive it. The overflow are items that can be utilized for the jail exit bags as that will be a continual project.
7. Public Comment/Other
- a. We have 18 locations in Massac County with Drug Disposal Bags available to the public. We appreciate the agencies who have agreed to provide these.
 - b. SIDAC Conference- March 13 and 14 at SIU-E
 - c. Prevention Summit- March 26 and 27 at John A. Logan
 - d. We have been in contact with an employee at the Vienna prison concerning possibly partnering with Arrowleaf/Johnson County ROSC to do a presentation to the inmates.

Meeting Adjourned at 9:09 on Wednesday, December 13, 2023.

Next Meeting: Wednesday, January 17, 2023, 8:00 a.m., Metropolis City Hall