

**Attendees:** Kristina Drum, Kyle Houser, Ambrosia Roberts, Wendy Lambert, Julie Pohlman, Jack Weber, Amy Shelton, Donnelle Darling, Andy Riggs, Paul Abraham, Carrie McKinzie, Eddie McFarland, Adam Lovell, Amber Clark, Rick Shelton

*Minutes*

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**Agenda Item:** Introductions/ Christmas Tradition

- What is your favorite Christmas tradition?
  - Kristina- Christmas Eve gathering with family
  - Kyle- Getting together with family, getting his daughter gifts, surprising his wife with gifts
  - Ambrosia- Watching her puppy learn to open presents
  - Wendy- Being with family and serving dinner at the Rescue Mission
  - Julie- Getting together with her kids
  - Jack- Being the one who wakes the kids up in the morning to open presents
  - Amy- Making memories with her kids
  - Donnelle-Spending time at home with her girls and husband
  - Andy- Eating lots of good food
  - Paul- Christmas movies
  - Carrie- Making cookies with her daughter and mom, spending time with family
  - Eddie- Seeing family and friends he doesn't see on a regular basis
  - Adam-When the holidays are over
  - Amber- Decorating and having both of her kids at home

**Spotlight speaker** –Amy Shelton/ President of the First Step Sober Lounge. The lounge is located at 208 S Franklin Street in Robinson. Amy provided a presentation with pictures of the sober lounge. Pictures included a kid's room with toys, a tv, and couch. In another room is an arcade table, a pool table, dart board, and a foosball table. There is a meeting room where they have NA meetings, AA meetings, youth group, and Light to the Dark women's group. They house at least one group every day. Amy states they are hoping to have every Saturday filled with new events to bring more people in. Faces of Recovery Photography project launched last September, it includes pictures view of what it is like in someone's active addiction and their actual recovery. Included is a shortened view of their testimony and are on display at the lounge. Amy and the others at sober lounge also help community members by assisting people get into treatment, offer a community computer for anyone who is needing to apply for jobs, build resumes, or apply for benefits, provide transportation to treatment. They have a 24- hour phone number for anyone in need of help or just wanting to talk day or night. They offer the community a safe place to have sober. They have recently become a Narcan distributor and have access to fentanyl testing strips. The First Step will be hosting a holiday carry-in

for their light in the darkness group tomorrow and has been recently awarded with an award from 100 Women Who Care.

**Recap of Last Year:** Had our first meeting in Marshall one year ago. Some things we have Done:

- Partnered with local businesses to have Narcan displays
- Participated in a resource fair
- Hosted 2 Hidden in Plain Sight Events
- Partnered with Liesl to host a human trafficking training
- Hosted 2 community wide Narcan Trainings
- Distributed 200 resource bags
- Held a Candlelight Vigil
- Hosted our first annual Recovery Picnic
- Hosted a Laundry Day in both counties
- Kyle and other person's in recovery started an NA meeting
- Kyle is providing education inside Clark County jail

**Recovery Navigator Update:** Request from Cumberland jail to get folders together with resources and meeting information. A short version of Kyle's testimony is included in the folders. In January he should be starting in Cumberland County Probation and hopefully that opens the door for the Cumberland County Jail

**Newsletter Update:** This Friday the Winter drive will end and we will have Laundry Day from 10-5 at Laundromat in Marshall. Our next laundry day will be in January in Cumberland County. The Clark County panel- topic shifted to focusing on the benefits of having a drug court.

**Subcommittee Update:** We will have our first panel in Cumberland County on Monday, February 26<sup>th</sup> at 5. The topic is the correlation between trauma and SUD. The event will be hosted at the 4-H building in Toledo.

**New Recovery Meeting in Greenup:** Recovery Meetings are being held at Noble Health Associates in Greenup twice a day on Tuesdays at 2 and 6. The meeting at 6 is an NA meeting.

**Deliverables:** Kristina and Kyle will go over these documents with the council beginning in January. We will go over a few objectives of the strategic plan each month.

**Reminders/Tasks:**

- Please Sign the MOUs and return them to Kristina Drum.
- Kristina will schedule additional opportunities to educate the community on the ROSC Concept.
- Who do we need at the ROSC Council meetings, and how do we get them here?
- Planning for events for the next Fiscal Year, such as the panel events. Council members are encouraged to participate in the planning to make them successful.

**Next Meeting: January 9<sup>th</sup>, 2024 4:30 p.m. at Calvary Tabernacle in Toledo Zoom**