

Minutes

Attendance and Introductions

Coles County ROSC Recovery Navigator, Whitley Grayson

Coles County ROSC Recovery Coordinator Dana Tell

Wingman Ministries, Gary Stephen

Illinois Family Resource Center, Nancy Phillips

Family Guidance Center, Kristin Davis

Dial A Ride, Stephanie Burton

Lake Land College & Charleston ELKS, Tomoko Jo

Community Member, Brendan Hartley

Community Member, Todd Brooks

Community Member, Abbigail Evans

Edgar County ROSC, Ambrosia Branson - Zoom

Douglas County ROSC, Leanna Morgan

Vermillion County ROSC, Wendy Lambert – Zoom

SIU School of Medicine/Center for Rural Health and Social Service Development - Liesl Wingert - Zoom

Community Recovery Technical Assistance Specialist Region 4, Julie Pohlman - Zoom

IDHS-ROSC Coordinator, Johanna Gonzales - Zoom

Welcome and Introductions:

Dana introduced herself, and everyone introduced themselves. Dana asked the Council to review the agenda and minutes to approve or correct them. Dana informed the Council that she had been told that the spelling of Brendan's name needed to be fixed. Gary motioned to approve both by correcting Brendan's name in the minutes. Todd seconded. Everyone agreed.

Guest Speaker:

Dana reminded our Council that in the past, the Council wanted to hear from people with lived experience so we could listen to their stories of recovery. Dana then reintroduced Brendan Hartley as this month's guest speaker. Brendan shared his recovery story with the ROSC council. Dana thanked him for sharing his story. Then Dana reintroduced Whitley for the Navigator news.

Navigator News:

Jail Update- Whitley told the Council that we are not holding education and resource groups yet, but we met with the sheriff again. We will have them as soon as we get the okay to go into the jail to hold educational groups.

Probation: Whitley shared with the Council that we have a working agreement with Probation. She will work with the drug court participants to provide education and resource linkages.

The Haven Update- Whitley told the ROSC Council that she is holding educational groups on Friday mornings at the Haven again after a short break in the schedule due to staffing changes.

Educational Groups- Whitley shared the topic schedule with the Council. December is Recovering during the holidays. January is Stigma and the Disease Concept. February is Cross Addiction. These groups are held at the Mattoon and Charleston libraries each month.

Goal Status:

Strategic Plan- Dana shared with the Council that she and Whitley met and reviewed the Strategic Plan. Our Council is doing great in meeting our goals with our objectives and activities. Dana said the most rememberable was that the Charleston Police Department recently began a Safe Passage, hoping to get into the jail soon, and we are working with Safe Passage in Mattoon, Drug Court, and Probation, and have been working to reduce stigma in the community through the DOPP sites.

Who else needs to be at the table? Dana asked the Council who else should be at the table. She encouraged everyone at the meeting to invite someone else to the meeting. Gary said it would be nice to have Law Enforcement at the meeting. Dana said that she has a good relationship with all the departments in Coles County (CPD, MPD, OPD, CCSO, EIU, and LLC) and feels she could call on them to assist us and that they stay current with what is going on with our Council. She said we also have a good relationship with our faith-based community. Dana said that she can call on them if we need a location to have an event.

Commented [KC1]: Okay, so this is what you feel, but how does the council feel? Do they feel supported? If not how can we change that?

Commented [KC2]: Again, these are feelings from you. I was not at the meeting so I do not know what the council said in response.

Activity Updates:

Charleston Safe Passage Program- Dana shared with the Council that Charleston has agreed to be a site for Safe Passage. December 1st was the kickoff. There was an article in the Journal Gazette about the Safe Passage Program. Nancy asked if the flyers had gone out. She suggested we find places for them and possibly on the back of bathroom stalls in the community.

Narcan Distribution Site- Dana shared with the Council that we have 35 locations in Coles County. She said this might be the last month the list is only one page. Next month, we will most likely have 2 pages for the list. Dana highlighted that we now have Narcan in Mattoon, Charleston, Cooks Mills, Oakland, and Ashmore. The Coles County ROSC Administration is still looking for other locations to have Narcan on site for community members to pick up.

Narcan Training Locations and Dates- Dana said there will be community training at EIU and Lake Land College in the Spring, namely in April and May. Dana shared that she met with the leadership of First Presbyterian Church to discuss giving out Narcan to the community since they hold several 12-step programs at their location. They also invited a Charleston Firefighter so they could ask him questions regarding Narcan.

After the presentation and a question and answer session, they decided to ask each 12-step group if they had someone trained to use Narcan. If they did, they would proceed to have Narcan available, but if not, they would ask Dana to offer Narcan training for those who need it. Dana is waiting to hear back from someone at First Presbyterian Church to see which direction they will go.

The Winter Clothing Drive- Dana asked Tokomo Jo if she wanted to give an update on the Winter Clothing Drive since she was a member of the ELKS Club of Charleston. Tomoko shared with the Council that she had become the Treasurer at the ELKS over the summer and found out that they offer a grant for Coat Drives. She heard about our Coat Drive as the Grant deadline was approaching, so she applied for it and was awarded the grant. The ELKS purchased the Coats, hats, gloves, and Scarves. Boxes were set out at the Mattoon Public Library, Charleston Library, Mattoon Moose, and Charleston ELKS so community members could donate coats. On November 30th, Members of the ELKS, Moose Lodge in Mattoon, United Christian Church, and Coles County ROSC Admin met to move the Winter items from the ELKS to the United Christian Church West Campus, sorted them, and hung them by size. Charleston Middle School, Charleston High School, and Mattoon Middle School received coats. The Hour House residential, Mattoon Haven, St. Mary's House, Hope House, Wingman Ministries, and Coats for Kids received items. We also contacted Matthew 25 and Mattoon High School; they did not need coats.

Resource Bags for ROE#11- Dana explained that we are working with Teresa from the ROE to provide them with these resource bags. Dana informed the Council that we are still collecting items for the resource bags. We will pack the bags as soon as the items that ROSC ordered arrive. The bags will contain necessary items and resource information to help at-risk students directly. Teresa let the Council know that the ROE has been putting families in hotels and asked for recommendations from the Council on how to help families with food. She said they have microwaves but need food to fix for meals. The Council suggested can openers so they can have a wider variety of food to choose from since only a tiny selection comes in pop-up cans. Dana asked if there was anyone that we knew who could purchase the 100-can openers. Leanna suggested that we ask Dollar Tree to put up boxes for their customers to purchase and donate to our cause. Dana asked if anyone had experience doing this. No one had done that before. Gary asked if it was possible to get a bulk purchase discount. Dana said she would get that information and let him know if they could do that.

The Land of Lincoln Expungement and Sealing Event- December 18th at Sarah Bush Lincoln Hospital Education Rooms- Land of Lincoln will present on Expungement and Sealing.

Drug Endangered Children Training- These events will be January 25th and March 14th. Both events will start at 6 pm on the dates mentioned previously at Sarah Bush Lincoln Hospital in the Educational Center. Liesl Wingert will lead these. Liesl explained that January 25th will be the

Commented [KC3]: Do you have a bookmark that highlight different resources kids could call etc?

DEC Core training, and it will last about 2 hours. March 14th will be the DEC Approach training, which will be shorter.

Understanding ACEs- Jill Duden, Prevent Child Abuse Illinois, will present for this event. This event will be at Buck Grove Community Church on Monday, February 12th, from 1 pm to 3 pm. This training was requested at October's Building a Road to Resilience event. We discussed inviting those who are guests at the Haven, Matthew 25, Wingman Ministries, and The Mission House.

Suicide Prevention- This will be our April Event with the presentation from Amber Clark of Suicide Prevention and Alcohol Awareness. Dana shared that the date and location details have yet to be planned. Nancy informed the Council that April was also Child Prevention Month. Amber was absent to share more information about the presentation.

Parenting Tips and Resources- This will be our May Event with the presentation from Cali Rice from Choices Pregnancy Center. Dana shared that the date and location details have yet to be planned for this event.

Grandparents Raising Grandchildren – This will be our June Event with the Presentation from Nancy Phillips. Dana asked Nancy if she wanted to share anything about the event. Nancy said that the date and location details have yet to be set for this event, but it would be about Grandparents raising grandchildren.

Hobby Fair- Dana told the Council she was working with EIU and Lifespan to have this in the fall of 2024.

Any other events in Coles County? Dana asked the Council if there was anything else they wanted to do or if there was anything they thought we should be doing that we weren't doing. No further comments were made. Gary asked Dana if they could meet afterward to discuss the can openers. Dana said that was okay. Nancy asked that everyone see the Family Resource Center Newsletter. The newsletters were passed around, and Dana asked if they were in digital form so she could send them out through email to the rest of the Council.

Other Business:

Time and Meeting Location: We will be back at our regular meeting schedule, so our next meeting will be on January 22nd at noon or by Zoom at the same time.

Time: Jan 22, 2024 12:00 PM Central Time (US and Canada)

Feb 26, 2024 12:00 PM

Join Zoom Meeting

<https://zoom.us/j/96781724024?pwd=b3hFWDV1cExYa0pEa1BqTUx6ejJLUT09>

Meeting ID: 967 8172 4024

Passcode: 611963