

EDGAR COUNTY ROSC MEETING MINUTES

December 20th, 2023

5:15 PM

Paris Hospital Conference Room A and Zoom

Attendees: Dr. Marilyn Frey, Karen Cook, Leanna Morgan, Lexanna Kocher, Connor Dotson, Jonathan Burns, Dennis Eveland, Scott Foster, Janice Watson, Nicki Hanks, Ambrosia Branson, Cory Hanks, Lisa Foster, and Doug Hassler

Spotlight Agency/Program: Illinois Family Resource Center:

Nancy was unable to attend this evening, but will be back at one of our future meetings!

Recap of 2023:

Ambrosia and Nicki provided a list of all of the things the Edgar County ROSC council has accomplished in the year 2023.

- Provided a newsletter, assisted in a t-shirt design contest with CARE, ECPHD, and HRC Prevention for Red Ribbon Week
- Hosted 7 Free Laundry Days in 2023 with the total following numbers:
 - 445 wash cycles
 - 384 dry cycles
 - 18 boxes of Narcan
 - 6 deterra pouches
 - Had \$2067.50 donated
- Hosted a SUCCESSFUL Recovery Picnic with community partners. Had over 100 people in attendance, had food donated, and over 40 adult and kiddo prizes
- Nicki was able to assist and see 10 individuals this year
- We hosted a Family Resource Night in partnership with the Edgar County Public Health Department. Had 15 families in attendance and over 20 agencies set up a resource booth. Also had a Hidden in Plain Sight Event there.
- Nicki was able to partner with a domestic violence shelter and assist in recovery educational groups for the individuals that live there, with most of them being from Edgar County.
- We were able to partner with the Health Department and train some of the Kansas and Shiloh school staff, train Lakeview College of Nursing students and staff, Lakeland Adult Education staff, as well as some community members from pop-up trainings and laundry days
- Were able to give out 346 boxes of Narcan at display sites since April of 2023
 - April-82
 - May- 42
 - June- 57

- July- 51
- August- 51
- September- 21 (+9 at Recovery Picnic)
- October- 38
- Nicki hosted recovery educational groups in Chrisman, Kansas, and Paris this year
- We hosted a Recovery Rocks event and had 15 people in attendance. We still plan to put the snake out again in the spring.
- Did Paint the Town Purple where we tied purple ribbons in Paris for National Recovery Month to reduce stigma surrounding SUD and show that recovery is possible
- We are finishing up our sock and underwear drive but have been able to already give out some of the donations to the schools
- Nicki has been able to get resource bags out to those in need this year
 - Nicki explained that she has 50 resource bags and if there are any other places we can think of bring these to? She noted that she already talked to Probation and planned to bring some by there, the to the jail. Council members suggested bringing them to the ER and the Living Room program.
- Ambrosia and Nicki gave a huge THANK YOU to the council as this all was a product of their hard work and dedication to the community.

Newsletter Update:

Ambrosia noted that before the update that Nicki and herself would be off from December 22nd until January 1st and that they would respond to emails promptly when they returned. Ambrosia let the council know that in the month of November they had 52 boxes of Narcan taken from display sites. Ambrosia asked for other places to have Narcan display sites, and the council mentioned reaching out to The Junction in Kansas and possibly putting them in the blessing boxes. We then discussed that we would need to put the Narcan in weather/temperature-controlled environments to be sure it did not freeze or get too hot. Nicki explained that she was able to share her story with kiddos at Shiloh School, the 6th-8th grade. The kids were very receptive to the presentation and asked wonderful questions. We were also able to host a Christmas Movie Night. We had 2 families in attendance and gave out free hot chocolate and popcorn. We also hosted another free Laundry Day in November. Lake Ridge provided funds for the event and transportation. We were able to do 97 wash cycles, 91.5 dry cycles, provide transportation for one individual, gave out 3 boxes of Narcan, and served 26 individuals. Ambrosia then discussed that ROSC would finally be getting the podcast started in January. Equipment is being ordered and the first episode will be on an employer's experience with hiring someone in recovery. The purpose of the podcast is to reduce stigma and educate the community on SUD.

Subcommittee Meetings Update:

Recovery Housing:

Ambrosia said for the monthly recovery housing subcommittee meeting they discussed a few things. First, they discussed they are still collecting data for the homelessness awareness campaign. Ambrosia shared the numbers they currently had with the

subcommittee members. They shared and made some updates to the current landlord list. Discussed a potential warming shelter opportunity. And Ambrosia mentioned that ROSC was able to secure 25 free bus tokens from Rides Mass Transit. Scott mentioned that there is potential for Rides to develop a zipline or loop route with 16 stops that would start after the 1st of the year.

Educational Trainings and Events:

In this monthly meeting we discussed the upcoming events that we want to have through the end of the fiscal year (July 2024). Committee members discussed wanting to host an educational panel and a hobby fair, in one large event in the month of April. The hobby fair part of the event would consist of individuals who were involved in specific hobbies coming and setting up a booth for people to learn safe, sober hobbies they can get involved with. Some examples would be like someone who does gardening showing people how to garden or quilting or yoga. For the panel, we threw around the idea of having it at the same location of the hobby fair to bring in more people. The topic is going to be about how addiction affects families, and targets the strategic goal related to providing education to families and the community about addiction and recovery. Ambrosia discussed they are looking at having a family member of someone in recovery/addiction on the panel, an educator, professionals in the SUD treatment field. Ambrosia asked the council what other perspectives we wanted to have on the panel. Some suggestions were the health department or law enforcement.

The next thing discussed in the subcommittee meeting was doing more Hidden in Plain Sight events in the community. Kansas school has expressed interest in a Hidden in Plain Sight at a softball or baseball game in the spring. Ambrosia also mentioned doing Narcan trainings at Banks. She has reached out to some banks and just waiting to hear back from them.

Paris City Council recognition:

Ambrosia thanked Doug Hassler, a member of the city council, for attending the ROSC council meeting. She asked Doug if there was something that he thought the ROSC council needed to be doing based off of what he has heard about ROSC and learned in the meeting, or anything the ROSC could do to support the Paris City council. He mentioned that the work our program is doing is astounding and that we need to continue to let people know about it. He said that we should come to city council meetings to show support.

Agency Update:

ECPHD: no update

Neighborhood Watch: Scott noted to be on the lookout for porch pirates, so people stealing stuff off of porches.

Recovery Court: N/A

HRC: Jonathan talked about the Living Room Program and how it is going to 24/7 at January 1st, 2024. The program is for those in crisis, giving them shower/snacks, and a couch.

CARE Coalition: N/A

Human Trafficking Training: Doug will be giving a recap at the next meeting.

Next Meeting: February 27th, 5:15 PM at Paris Hospital Conference Room A and Zoom