



**Franklin/Williamson County ROSC**  
**(Hybrid) Meeting Minutes**  
**12/20/23 @ 9:00 AM**

**Attendees:**

Chrystal Cantrell- CPRS, Assistant Director TAT [chrystalc@takeactiontoday.net](mailto:chrystalc@takeactiontoday.net)

Mandy Hagen- PRS, TAT ROSC Assistant [mandyh@takeactiontoday.net](mailto:mandyh@takeactiontoday.net)

Sherry Smedshammer- Centerstone Crisis Resource Developer  
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Madison Odom- Perry/Jackson ROSC Coordinator [madisono@takeactiontoday.net](mailto:madisono@takeactiontoday.net)

Michelle Wilson- PRS, TAT JCity Site Supervisor [michellew@takeactiontoday.net](mailto:michellew@takeactiontoday.net)

Wendy Lambert- Vermillion County ROSC Coordinator; CEO STEP Recovery Center  
[wlambert@vercounty.org](mailto:wlambert@vercounty.org)

Dorie Warren- PRS, TAT Carbondale Site Supervisor [doriew@takeactiontoday.net](mailto:doriew@takeactiontoday.net)

Mike Tyson- CPRS, Executive Director, TAT [mtyson@takeactiontoday.net](mailto:mtyson@takeactiontoday.net)

Aaron Seibert- Outreach Liaison, Centerstone [aaron.seibert@centerstone.org](mailto:aaron.seibert@centerstone.org)

Jason Thrash- Empowerment Pastor, Cornerstone Church [jthrash@cornerstone.com](mailto:jthrash@cornerstone.com)

Kat Houghton- ROSC Region 5 Mentor/Egyptian [khoughton@egyptian.org](mailto:khoughton@egyptian.org)

Beverly Holland- ROSC Region 5 TA/Chestnut [bgholland@chestnut.org](mailto:bgholland@chestnut.org)

Brent Van Ham- Project Coordinator, Center for Rural Health and Social Service Development at SIU School of Medicine [bvanham49@siumed.edu](mailto:bvanham49@siumed.edu)

Elaina Holland - PLE, CRSS Student [sobriety050522@gmail.com](mailto:sobriety050522@gmail.com)

Dan Pyles- CPRS; Recovery Services Coordinator, TAT [danp@takeactiontoday.net](mailto:danp@takeactiontoday.net)

Lindsey Shroeder- Family and Youth Services Program Director  
[lindsay.schroeder@thenightsshield.org](mailto:lindsay.schroeder@thenightsshield.org)

Shatara Travis- Outreach/Diversion Program Coordinator, Southern Illinois Coalition for the Homeless [shatara.travis@yahoo.com](mailto:shatara.travis@yahoo.com)

### **Welcome and Introductions:**

Shara thanked everyone for being a part of FWRC this year.

### **Overview:**

What is ROSC?

- ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resiliencies of individuals, families, and communities to achieve recovery and improved health, wellness, and quality of life for those with or at risk of substance use disorders.

### **Approval of November meeting minutes:**

- 1<sup>st</sup> motion to approve by Chrystal Cantrell
- 2<sup>nd</sup> motion to approve by Madison Odom

### **Discussion:**

Shara asked everyone to share personal/agency achievements or milestones for 2023.

- Kat: She got married this year, has been working at Egyptian Health Dept since March, and began working with all ROSC for the lower 33 counties.
- Madison: TAT opened 2 new resource centers and warming centers, TAT hosted its 1<sup>st</sup> Annual Winter Banquet, and started 2 new ROSC.
- Sherry: Started working at Centerstone in August and is gathering information from everyone as she attends meetings. This includes titles, roles and agency procedures that are in the community. In addition, accumulating resources in the community to share with others.
- Aaron: Started working at Centerstone over a month ago and enjoyed the CRTH Open House and sharing the revamping of Centerstone with the community.
- Jason: The Empowerment Ministry Team partnered with 274 families this year- helping them navigate resources for jobs, housing, Celebrate Recovery and Tiny Houses program. (He will be presenting in the future during a ROSC meeting on what Cornerstone really is doing so that all of us can know what resources they have to offer the community.)

- Michelle: Excited she has completed Smart Recovery Friends and Family and will be starting a group meeting soon.
- Elaina: Opened an in-person NA meeting in Elkhart 3 months ago and its going really good. She is getting ready to graduate from Jackson County Drug Court and also has completed her first semester of the CRSS Program through SIU School of Medicine.
- Dorie: Started a new AA meeting on Mondays at 6PM at the Carbondale TAT location and is looking forward to starting an NA and/or Alanon meeting this upcoming year.
- Lindsey: The Knight Shield opened an Outreach Shelter in November and received a small grant expansion for their homeless program, bringing on new caseloads, and more shelter beds. They have had an 85% success rate moving kids into stable homes.
- Shatara: Southern Illinois Coalition for Homeless depleted all their diversion funding which means they helped hundreds of families this year. They still have rapid re-housing funds available for Perry, Williamson, Franklin, Saline, and Jackson counties.
- Brent Van Ham: SIU Carbondale has had multiple SUD projects including the CRSS training program 2<sup>nd</sup> cohort. DOP organization training courses have been quite successful. PMP is current and updated. MAR NOW effort IDHS Illinois opiate help line is going well. The help line allows people to start a prescription and be referred to a long-term treatment program. It also helps people struggling with alcohol. They have helped 80-90 people struggling with opioids this year and have been doing opioid training for organizations.

Shara discussed that the ROSC deliverables are due in March of 2024 so we will still be working on collecting information for those to be completed.

- Hosting "Focus Groups" throughout the months of December and January
- During the Focus Group we are asking engagement questions such as:
  1. Do you live or work in Franklin or Williamson County?
  2. Do you know what an RCO is?
  3. Do you know what a ROSC is?
  4. How does substance use, and homelessness affect your community?
  5. What gaps and barriers do you see in your community?
  6. What are some ideas they think would help fill these gaps?
  7. What does recovery look like to you?
- We hosted a Focus Group in Benton on 12/19 and had 3 attendees. They all either had personal experiences with themselves or family members and each one of them gave very good input and were interested in the conversation.
- Gathering SWOT information through information obtained from the focus groups.
- Reiterating that 51% of our ROSC council should be built up of PLE's.

Aaron recommended sending the Focus Group fliers to the local Chamber of Commerce and asking them to email blast the information on to everyone. He also

recommended reaching out to Shawna Rhine from Southern 7 Health Dept and sharing the group information with her and asking her to spread the word.

Shatara recommended the “5 Whys” are good for focus group questions in identifying root causes and holistic solutions.

### **Old Business:**

- Shara would like everyone in an organization to present what your organization is doing so everyone can be informed. Also, anytime there is an event please make sure we have fliers to help spread the word so we can all support one another in what we're doing in the community.
- SMART Recovery every Tuesday at 6PM at Marion TAT location.
- Celebrate Recovery every Wednesday night at Cornerstone Church.
- SHINE Group every Monday at 5PM at Marion TAT location.
- The Lighthouse Shelter is discussing allowing transportation to pick up those interested in attending the SMART Recovery meetings.
- Went over our membership protocols.
- Went over our mission and vision statement.

### **New Business:**

- January 30<sup>th</sup> from 10:00am – 2:00pm FWRC PJRC ROSC Evidence Based Speaker Event at John A Logan College. International Speaker/Trainer/Consultant & Recovery Leader Mark Sanders will be giving a presentation about Evidence Based Recovery Coaching and Counseling in a Recovery Oriented System of Care (ROSC). CEU's will be available for those attending.
- March 13<sup>th</sup>-14<sup>th</sup> Southern Illinois Drug Awareness Conference is hosting its first in person conference since COVID on at SIU Student Center. This two-day seminar provides opportunities to bring local agencies together to discuss the intersectionality of substance use, mental health, and homelessness issues that Southern Illinois is experiencing. (Flyer attached)
- Kat Houghton shared that there will be a Mental Health Conference hosted at John A Logan coming up also.
- Chestnut Health Systems has a new program. Engaging Illinois Faith Community to engage support training with congregations. (Flyer attached)

**Next Meeting: January 17<sup>th</sup> 9:00am – 10:00am**

**Join in person or Video call link: <https://meet.google.com/say-apio-zja>**

**Or dial: (US) +1 260-475-9013 PIN: 335 018 683#**