



**Perry/ Jackson ROSC Council**  
**(Hybrid) Meeting 12/20/2023 @ 1:00 PM**

**Attendees**

Chrystal Cantrell- CPRS, Assistant Director TAT [chrystalc@takeactiontoday.net](mailto:chrystalc@takeactiontoday.net)

Mandy Hagen- PRS, TAT ROSC Assistant [mandyh@takeactiontoday.net](mailto:mandyh@takeactiontoday.net)

Kat Houghton- ROSC Region 5 Mentor/Egyptian [khoughton@egyptian.org](mailto:khoughton@egyptian.org)

Beverly Holland- ROSC Region 5 TA/Chestnut [bgholland@chestnut.org](mailto:bgholland@chestnut.org)

Shara Robinson- FWRC Coordinator [sharar@takeactiontoday.net](mailto:sharar@takeactiontoday.net)

Sherry Smedshammer- Centerstone Crisis Resource Developer  
[sherry.smedshammer@centerstone.org](mailto:sherry.smedshammer@centerstone.org)

Wendy Lambert- Vermillion County ROSC Coordinator; CEO STEP Recovery Center  
[wlambert@vercounty.org](mailto:wlambert@vercounty.org)

Courtney Furgeson- PLE

Kelli Corner- Kelli Corner - SIH Tobacco Disparities Program

**Welcome and Introductions**

Everyone introduced themselves and welcomed anyone here for the first time. Madison thanked everyone for being a part of PJRC this year.

**Overview**

What is ROSC?

ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resiliencies of individuals, families, and

communities to achieve recovery and improved health, wellness, and quality of life for those with or at risk of substance use disorders. The central focus of a ROSC is to create an infrastructure, or “system of care”, with the resources to effectively address the full range of substance use problems within communities.

Aaron asked if anyone has reached out to First Circuit for judicial support yet and he will reach out to Jeff Watkins and Judge Gill to see about getting some connection to help build judicial sectors for our ROSC.

### **Approval of Minutes**

- Approval of October meeting minutes:
  - 1<sup>st</sup> motion to approve by Shara Robinson
  - 2<sup>nd</sup> motion to approve by Aaron Seibert

### **Discussion**

Madison asked everyone to share personal/agency achievements or milestones for 2023.

- Kat: She got married this year, has been working at Egyptian Health Dept since March, and began working with all ROSC for the lower 33 counties. She has enjoyed getting to know everyone and networking with all the different organizations.
- Mandy: TAT opened 2 new resource centers and a warming center, TAT hosted its 1<sup>st</sup> Annual Winter Banquet, and started 2 new ROSC.
- Aaron: Started working at Centerstone over a month ago and enjoyed the CRTH Open House and sharing the revamping of Centerstone with the community.
- Beverly- She has been the Technical Assistant for 1 year now and has been a part of Chestnut for 2 years. She has enjoyed having the opportunity to build relationships with such high-quality individuals- “there is just something special that comes together when a group of people come together with the same purpose.”
- Courtney- He is thankful for having the chance to attend this meeting and continue his recovery journey.
- Shara- She has enjoyed her new position as FWRC Coordinator and loving the relationships and passion that she has ran across. She loves being able to present and attend events in the community.
- Madison: She can’t believe that just 3 years ago she was living in addiction and homelessness and now she is PJRC Coordinator and is very grateful for her new opportunity in life.
- Kelli: Is excited about the smoking cessation grant and everyone who has requested classes including TAT.

Wendy is interested in finding out more information on the smoking cessation classes and will reach out to Kell.

Shara shared about taking the smoking cessation training and will be putting out information to having classes available at a later date.

Madison discussed that the ROSC deliverables are due in March of 2024 so we will still be working on collecting information for those to be completed.

- Hosting "Focus Groups" throughout the months of December and January
- During the Focus Group we are asking engagement questions such as:
  1. Do you live or work in Franklin or Williamson County?
  2. Do you know what an RCO is?
  3. Do you know what a ROSC is?
  4. How does substance use and homelessness affect your community?
  5. What gaps and barriers do you see in your community?
  6. What are some ideas they think would help fill these gaps?
  7. What does recovery look like to you?
- Gathering SWOT information through information obtained from the focus groups.
- Reiterating that 51% of our ROSC council should be built up of PLE's.

### **Old Business:**

SMART Recovery every Tuesday at 6PM at Marion TAT location.

SHINE Group every Monday at 5PM at Marion TAT location.

Madison went over membership protocols.

Madison went over the mission and vision statement.

### **New Business**

January 30<sup>th</sup> from 10:00am – 2:00pm FWRC PJRC ROSC Evidence Based Speaker Event at John A Logan College. International Speaker/Trainer/Consultant & Recovery Leader Mark Sanders will be giving a presentation about Evidence Based Recovery Coaching and Counseling in a Recovery Oriented System of Care (ROSC). CEU's will be available for those attending.

March 13<sup>th</sup>-14<sup>th</sup> Southern Illinois Drug Awareness Conference is hosting its first in person conference since COVID on at SIU Student Center. This two-day seminar provides opportunities to bring local agencies together to discuss the intersectionality of substance use, mental health, and homelessness issues that Southern Illinois is experiencing. (Flyer attached)

Kat Houghton shared that there will be a Mental Health Conference hosted at John A Logan coming up also.

Chestnut Health Systems has a new program. Engaging Illinois Faith Community to engage support training with congregations. (Flyer attached) For more information please contact [recovery@takeactiontoday.net](mailto:recovery@takeactiontoday.net)

There is a new AA meeting being held at Take Action Today's Carbondale Resource Center. For more information, please contact Dorrie Warren at [doriew@takeactiontoday.net](mailto:doriew@takeactiontoday.net)

TAT Crisis Warming Center is open in Benton (903 W Washington St.- the old Edison Room)

Wendy is interested in learning the steps to getting a warming center up and running- Madison will send her Paul Tart's information so they can collaborate. Shara recommends her getting city officials and law enforcement on board with the idea

**Next meeting will be held on January 17<sup>th</sup>, 2024 @ 1:00 PM**

**Join us IN PERSON at 809 W. Main St. Carbondale, IL or:**

**<https://meet.google.com/qvo-jreu-izg>**